

Girls After School Basketball

West 2010

Coach: Brandon

Coach: Chad

Thursday September 30 -Practice

Tuesday October 5th -Practice

Thursday October 7th **NO BASKETBALL /NO SCHOOL**

Tuesday October 12th -Practice

Thursday October 14th -Practice

Tuesday October 19th -Practice

Thursday October 21nd -Away @ Glacier Ridge Team #1

Tuesday October 26th -Practice

Thursday October 28th -Away @ South Elementary Team #2

Tuesday November 2rd -**NO BASKETBALL**

Thursday November 4th -Practice

Tuesday November 9th -Home Vs. Glacier Ridge Team #2

Thursday November 11th - Home Vs. Husmann

Tuesday November 16th -Practice

Thursday November 18^h -Home Vs. Indian Prairie

***Please contact the Park District weather hotline 815-459-PARK or your school for updates if weather conditions may warrant cancellation of this program**

*** If after school activities are canceled mid day due to the weather, all after school basketball participants will be allowed to attend the Crystal Lake Park District Extended Time Program at your school until 5PM.**

***SCHEDULES MAY CHANGE WITH LITTLE NOTICE DUE TO SCHOOL
DISTRICT 47 CALENDAR**



RULES

1. All games begin at 4pm.
2. All games will consist of four 10 minutes periods with a running clock.
3. Jump ball to start game, and alternating possession there after.
4. Half-time will be 2-3 minutes.
5. No defensive pressure above the top of the key on initial possession down court only. (Excludes fast breaks).
6. Person to person defense only.
7. Defense must get back after rebounds
8. Equal Playing time.
9. Each team has 1 timeout (no substitutions may be made)

****Parents are responsible for transportation to and from games.**

****Practices are from 3:30 - 5:00 PM.**

****If the weather may warrant cancellation of this program please contact the park district weather hotline 815-459-7275 or your school for updates.**

****On days District #47 is not in session or has ½ days, the after school program does not meet.**

****No Unsupervised adolescent spectators allowed. No exceptions!**

****Players should not arrive at the school prior to 3:30 PM**

****Canceled games will be rescheduled time and space permitting**

**** Extra Schedules will be available at your school or on the Internet at www.crystallakeparks.org**

Questions or Concerns? Please Contact Joe Davison, Athletic supervisor at 815-459-0680 x228 or via email at jdavison@crystallakeparks.org