



# ACTIVITY GUIDE



2022 CHILI OPEN

- DATE NIGHTS
- CHILI OPEN BACK AT MAIN BEACH
- LITTLE MEDICAL SCHOOL
- GALENTINE'S DAY BRUNCH

## WINTER/SPRING '22-'23

REGISTRATION OPENS DEC 9

[CRYSTALLAKEPARKS.ORG](http://CRYSTALLAKEPARKS.ORG)

*Serving the Residents of Crystal Lake, Unincorporated Crystal Lake and Lakewood*



# MAIN BEACH

CRYSTAL LAKE PARK DISTRICT



**FULL  
SERVICE BAR  
COMING  
SPRING '23  
PAGE 10**



## PROGRAMS

Adult & Senior Interest.....	18, 23, 59-62
Adult Dance.....	55
Adult Softball.....	36
Adult Trips.....	56-58
Art.....	30, 59-60
Barlina House Preschool.....	15
Boys Basketball League.....	33
Dance Academy.....	52-54
Dog Obedience.....	61
Extended Time.....	14
Fitness.....	46-49, 62
Gymnastics.....	34-35
Martial Arts.....	39
Nature .....	16-20
Palmer's Programs.....	23
Pickleball.....	43
Special Events.....	5-7
Tennis.....	41-42
Tot Variety.....	24
Tot Sports.....	25
Tot Dance.....	53-54
Yoga.....	50-51
Youth Sports.....	31-36
Youth Variety.....	26-30
Youth Volleyball.....	36

## FACILITIES

Beaches & Boats.....	44
Colonel Palmer House.....	22-23
Facility Rentals.....	10-11
Grand Oaks Active Adult Center..	63
Hound Town Dog Park.....	13
Lippold Family Golf Center.....	45
Lippold Park.....	12
Nature Center.....	16-20
Parks & Park Amenities.....	70-71
Picnic Shelters.....	71
Racket Club.....	41-43

## GENERAL INFORMATION

Affiliate Groups.....	37, 61
Birthday Parties.....	17, 45
Boundary Map.....	68-69
Business Hours.....	2
Commissioners.....	3
Environmental Committee.....	9
Garden Plots.....	8
NISRA.....	21
Park Hours.....	3
Park Police.....	67
Registration.....	64-65
Refund Policy.....	66
Scholarship Assistance.....	66
Staff Directory.....	2
Winter Fun (Sled & Skate info).....	4





## GENERAL INFO

### OFFICE

1 E. Crystal Lake Avenue  
Crystal Lake, IL 60014  
TEL: 815.459.0680  
FAX: 815.477.5005

### OFFICE HOURS

#### LOBBY

M-F 8:30 AM-5 PM

#### DRIVE THRU

YEAR ROUND  
M-F 8:30 AM-12 PM

APRIL-JULY  
SAT 9:30 AM-12 PM

#### CLOSED

Dec 23 & 26  
Dec 30 & Jan 2  
Feb 20

### WEBSITE

CRYSTALLAKEPARKS.ORG  
24 HOUR REGISTRATION  
SIGN UP FOR E-NEWSLETTERS

### SOCIAL



### ALERTS

RAINOUTLINE.COM  
815.410.4475

## STAFF DIRECTORY

### ADMINISTRATION/BUSINESS SERVICES

815.459.0680

Jason Herbster, Executive Director	jherbster@crystallakeparks.org	x1203
Tina Becke, Superintendent of Business Services	tbecke@crystallakeparks.org	x1206
Anna Olas, Human Resources Manager	aolas@crystallakeparks.org	x1202
Kim Dunn, Receivables Accountant	kdunn@crystallakeparks.org	x1233
Amanda Jaworskyj, Payables Accountant	ajaworskyj@crystallakeparks.org	x1208
Jodi Penczak, Payroll Accountant	jpenczak@crystallakeparks.org	x1207
Anne Sandor, Executive Assistant & Office Manager	asandor@crystallakeparks.org	x1204
Customer Service Coordinator	@crystallakeparks.org	x1211
Jenny Leech, Marketing Manager	jleech@crystallakeparks.org	x1212
Jacqui Weber, Marketing & Sponsor Coordinator	jweber@crystallakeparks.org	x1214

### RECREATION PROGRAM & FACILITY SERVICES

815.459.0680

Kurt Reckamp Supt of Recreation Programs & Facility Services	kreckamp@crystallakeparks.org	x1216
Sandra Thompson, Recreation Supervisor	sthompson@crystallakeparks.org	x1220
Donna MacCrindle, Barlina House Preschool Director	dmaccrindle@crystallakeparks.org	x2517
Heidi Stolt, Recreation Aquatics Supervisor	hstolt@crystallakeparks.org	x1213
Jennifer Peterson, Recreation Supervisor	jpeterson@crystallakeparks.org	x1219
Emma Koenig, Recreation Supervisor	ekoenig@crystallakeparks.org	x1228
Claire Naughton, Manager of Recreation Facilities	cnaughton@crystallakeparks.org	x1227
Rob Laue, Racket Club Manager	rlaue@crystallakeparks.org	x2014
Conni Slinek, Tennis Director	cslinek@crystallakeparks.org	x2015
Lauren Thibodeau, Facility Rental Supervisor	lthibodeau@crystallakeparks.org	x1226
Ian Booker, Athletic Supervisor	ibooker@crystallakeparks.org	x1210
John Fiorina, Interpretive Services Facility Manager	jfiorina@crystallakeparks.org	x4201
Will Sulphin, Nature Center Recreation Supervisor	wsulphin@crystallakeparks.org	x2401
Colonel Palmer House Supervisor	jfiorina@crystallakeparks.org	x4201

### PARK SERVICES

815.459.0680

Erik Jakubowski, Superintendent of Park Services	ejakubowski@crystallakeparks.org	x2101
Amy Olson, Manager of Park Planning & Development	aolson@crystallakeparks.org	x1217
Kyle Berge, Parks Maintenance Manager	kberge@crystallakeparks.org	x2104
Valarie Roberts, Parks Grounds Manager	vroberts@crystallakeparks.org	x2102
Preston Skultety, Manager of Natural Resources	pskultety@crystallakeparks.org	X2109
John Longo, Chief of Park Police	jlongo@crystallakeparks.org	815.356.2415

NON-EMERGENCY POLICE DISPATCH

815.356.1114

## PROGRAMS

Staff initials will be included in program listings in the event participants need to contact the program supervisor.

### STAFF REPRESENTATIVES

IB	IAN BOOKER
EK	EMMA KOENIG
CN	CLAIRE NAUGHTON

JP JENNIFER PETERSON

HS HEIDI STOLT

WS WILL SUTPHIN

ST SAM THOMPSON



## BOARD OF COMMISSIONERS

The Crystal Lake Park District Board Meetings are held at 6:30 pm on the third Thursday of each month. These meetings are open to the public and take place at the Park District Administration Office, 1 E. Crystal Lake Avenue.

Agendas, meeting minutes and board presentations are available for review at [crystallakeparks.org/boardinformation](http://crystallakeparks.org/boardinformation).



**CATHY CAGLE**  
President

[ccagle@crystallakeparks.org](mailto:ccagle@crystallakeparks.org)



**ERIC ANDERSON**  
Commissioner

[eanderson@crystallakeparks.org](mailto:eanderson@crystallakeparks.org)



**DEBBIE GALLAGHER**  
Treasurer

[dgallagher@crystallakeparks.org](mailto:dgallagher@crystallakeparks.org)



**JASON HEISLER**  
Asst. Treasurer

[jheisler@crystallakeparks.org](mailto:jheisler@crystallakeparks.org)



**KAREN JOHNSON**  
Commissioner

[kjohnson@crystallakeparks.org](mailto:kjohnson@crystallakeparks.org)



**LINDA MATTHIAS**  
Commissioner

[lmatthias@crystallakeparks.org](mailto:lmatthias@crystallakeparks.org)



**SARAH MICHEHL**  
Vice President

[smichehl@crystallakeparks.org](mailto:smichehl@crystallakeparks.org)

## PARKS OPEN DAWN-DUSK\*

The Crystal Lake Park District maintains 36 parks throughout the Crystal Lake/Lakewood areas. For more information, see the park amenities chart located at the back of this activity guide or visit our website to utilize our interactive map.

\*Main Beach opens at 9 am.

### BIKES

Bikes are welcome in all parks except Main and West Beaches (for the safety of our beach and park patrons.) A bike rack is located in the Main Beach parking lot across from the entrance.

### TRAILS

McHenry County has extensive walking/biking trails that connect through many of our parks. Visit our MAPS page on our website for details.

### FIREARMS

The Firearms Concealed Carry Act, which became state law in July 2013, requires an Illinois Concealed Carry License in order to carry a concealed firearm in Illinois.

The law forbids carrying a concealed weapon into government buildings, schools and parks. As a requirement of the law, Illinois State Police approved signs indicating the ban which are posted at the entrances of all Crystal Lake Park District parks and facilities.

### ANIMALS

Dogs and cats are welcome at all parks as long as they are on a leash and waste is picked up. Per the McHenry County Health Department, animals are not allowed at Main and West Beaches for health and safety precautions.



## OUR MISSION

Enriching All Lives  
Through Recreation,  
Parks and Nature

2018 - 2022  
Accredited  
Member



## FACILITIES

### BARLINA HOUSE PRESCHOOL

705 Barlina Road • 815.477.5403

### COLONEL PALMER HOUSE

660 E. Terra Cotta Avenue • 815.477.5873

### GRAND OAKS RECREATION & ACTIVE ADULT CENTER

1401 W. Route 176 • 815.356.2413

### LIPPOLD PARK COMPLEX

851 W. Route 176

### LIPPOLD FAMILY GOLF CENTER

1251 W. Route 176 • 815.477.5401

### MAIN BEACH

300 Lakeshore Drive • 815.477.5404

### MAINTENANCE GARAGE

305 Lakeshore Drive • 815.477.5007

### NATURE CENTER

330 N. Main Street • 815.455.1763

### OAKWOODS LODGE

46 E. Terra Cotta Avenue

### RACKET CLUB

9101 S. Route 31, ALG • 847.658.5688

### ROTARY BUILDING

431 N. Walkup Road

### SHAMROCK HILLS PARK

6204 Hillside Road

### SPOERL PARK BUILDING

7610 Pingree Road

### WEST BEACH

2330 Lake Avenue

### WOODSCREEK BUILDING

850 Willow Tree





**MAIN/WEST  
SKATE AREAS**

SIGNS POSTED AT EACH  
ENTRANCE WILL SIGNAL IF RINKS  
ARE OPEN (GREEN FLAG)  
OR CLOSED (RED FLAG)

SIGN UP FOR ALERTS AT  
[RAINOUTLINE.COM](http://RAINOUTLINE.COM) OR  
CALL 815.410.4475



**XC SKIING**

**LIPPOLD PARK**  
851 W. ROUTE 176

**VETERAN ACRES**  
RTE 176 & WALKUP AVE

**STERNE'S WOODS**  
HILLSIDE RD (EAST OF WALKUP)

**BUTTERNUT PRESERVE**  
ENTRANCE OFF OF BUTTERNUT DR

No Lights or Warming Facilities

**CONDITIONS  
AND CLOSINGS**

All winter activity areas are monitored on a daily basis to determine usability and safety. Updated reports on conditions and closings are available on [rainoutline.com](http://rainoutline.com).

The Park District staff inspect ice rinks daily. At each skating rink, ice thickness is averaged from measurements taken from six locations. A minimum of 5" is required to allow public skating.

**CRYSTALLAKEPARKS.ORG**

PHOTO CREDIT: BARBU RALUCA

**SLEDDING**

**VETERAN ACRES**  
RTE 176 & WALKUP AVE

Amenities:  
Lighted Sledding Areas (4-9 PM)  
Restrooms and Shelters

**ICE SKATING  
HOCKEY**

**MAIN BEACH**  
300 LAKESHORE DR

Amenities:  
Lighted Skating Areas (4-9 PM)  
Restrooms

**WEST BEACH**  
2330 LAKE AVENUE

Amenities:  
Lighted Skating Areas (4-9 PM)

**MAIN & WEST OPEN 9 AM-9 PM  
ALL OTHER PARKS OPEN DAWN-DUSK**





## SNOWBIRD SOFTBALL TOURNAMENT

**SAT FEB 4 9 AM-4 PM**

Ages 21 & Up  
Get a team together and enter our 16" Snowbird Softball Tournament. A single elimination with consolation division guarantees all teams a minimum of two games. **Beer truck on site!**

Reg Deadline: 1/27  
Location: Lippold Park Boncosky/IB

Fee: \$200 per team  
Reg Code: 230413-02



## CHILI OPEN (WE'RE HEADING BACK TO THE LAKE!)

**SAT FEB 18 8 AM-3 PM**

Ages 18 & Up  
Join us for this 53-year tradition, and play golf on the ice at Main Beach! Chili, music, games, and warming stations will be offered to all participants!

Foursomes are every 6 minutes starting at 8am. Please arrive 10 minutes early to tee time.

Reg Deadline: 2/17  
Location: Main Beach/EK

Fee: \$125 per foursome  
Reg Code: 230412



## SNOW VOLLEYBALL TOURNAMENT

**SAT FEB 18 10 AM-3 PM**

Ages 21 & Up  
Come join the coolest volleyball event! Only for adults 21 and older, this event includes organized volleyball games in the snow with breaks for adult beverages (included/limited.)

Bring your friends and compete in the 4-person recreation division or if you are competitive, join the 2-person tournament. All teams are guaranteed at least 4 games to 21 and make the playoffs too! Awards are for given to championship teams.

Reg Deadline: 2/15  
Location: Main Beach/HS

\$80	4 PERSON (2M/2F)	230410-01
\$40	2 PERSON (WOMEN)	230410-02
\$80	2 PERSON (MEN)	230410-03





**SPECIAL EVENTS**



**A TALE AS OLD AS TIME  
DAUGHTER DATE NIGHT**

**FEB 24 & 25 6-8 PM**

Ages 4-10  
Come spend an evening in the enchanted castle, as we relive a 'tale as old as time.' We invite each beast to accompany their beauty for our annual Daughter Date Night!

Enjoy an after-dinner night of dancing, desserts, crafts, and more! *And be sure to try the gray stuff, because it's delicious!*

Registration is per guest, not per pair, so be sure to register each person attending (\$10/additional daughter).

Location: Grand Oaks/EK

FRI	2/24	\$25/\$32	221404-05
SAT	2/25	\$25/\$32	221404-06



**LET'S  
DANCE!**



**HIGHLIGHT THE NIGHT  
SON DATE NIGHT**

**FRI APR 28 6-8 PM**

Ages 4-10  
Who's ready to Highlight the Night? Join us for our annual Son Date Night. This year we are celebrating with all things that glow in the dark! Dance under our black lights, enjoy our dessert bar, games and crafts!

All participants must register individually not as a pair (\$10/additional son).

Location: Grand Oaks/EK

Fee: \$25/\$32  
Code: 221406-03



**SOCIAL DANCE NIGHT**

**FRI & SAT 7-9 PM**  
MULTIPLE DATES-SEE PAGE 55

Ages 18 & Up  
Are you looking to learn ballroom/line dances and put them to use? Social Ballroom Nights are the perfect opportunity to put your dance skills to the test!

Each month we will have a different theme, where the music style for the night will be played, including line dance and partner lessons.

Each lesson is approximately 15 to 20 minutes, at a beginner level! Wear smooth-soled shoes and comfortable clothes for a night of fun, social dancing.

Lessons take place throughout the event, alternating with practice music. A partner is not required. Rotation during lessons encourages meeting new dancers. Instructor: Rachele Wieczorek/EK

Location: Grand Oaks

Fee: \$10/\$13





**GALENTINE'S DAY BRUNCH** NEW!

**SU FEB 12 11AM-1PM**

Ages 21 & Up  
Let's celebrate the lovely ladies in our lives! Join us for a Galentine's Bruch with your best gal friends.

Spend time making custom floral bouquets at the bouquet bar, sip mimosas together and enjoy a brunch buffet!

Location: Grand Oaks/EK

Fee: \$20/\$25  
Code: 221424-01



**MOTHER-DAUGHTER TEA**

**SUN APR 30**



Ages 7 & Up  
Enjoy several different teas, sandwiches and desserts as you spend a relaxing afternoon bonding with family and friends while learning about Victorian-era tea etiquette. This is a popular event—make sure to get your tickets early!

Location: Colonel Palmer House, 660 E. Terra Cotta Avenue

First Seating  
12:30-2 pm \$29/\$38 221909-01

Second Seating  
3-4:30 pm \$29/\$38 221909-02



**PUZZLEPALOOZA**

**SUN MAR 19**

Ages 8 & Up  
Race against other teams to finish the same 500 piece jigsaw puzzle! Bring snacks and enjoy time with family and friends. Ice cream sundae bar complements of Crystal Lake Baskin Robbins.

First, second and third place prizes will be awarded for fastest completion. Register as an individual or representative of a team or family (only one team member need register.)

Location: Grand Oaks/EK  
Fee: \$30 per team

CRYSTAL LAKE PARK DISTRICT  
**PUZZLE PALOOZA**  
JIGSAW PUZZLE TOURNAMENT



**NOW 2ND SEATING DUE TO DEMAND!**

**10 AM-12 PM  
COMPETITIVE\***

2 PERSON TEAM RCPUZZLE-01  
4 PERSON TEAM RCPUZZLE-02  
\*FOR THOSE WHO HAVE PLACED IN PREVIOUS TOURNAMENTS OR WANT TO BE CHALLENGED

**1:30 PM-3:30 PM**  
2 PERSON TEAM RCPUZZLE-05  
4 PERSON TEAM RCPUZZLE-06



Crystal Lake

Reg Deadline: 3/6

Contest rules can be found at [crystallakeparks.org](http://crystallakeparks.org)



## GARDEN PLOTS



# GARDEN PLOTS

### GET READY FOR THE GROWING SEASON AT HILL FARM COMMUNITY GARDENS

Registration is made in person at the Crystal Lake Administration Office, 1 E. Crystal Lake Avenue, CL. You will receive your 20' X 40' plot assignment at time of registration along with planting guidelines. An email address needs to be provided at time of registration to get up-to-date information during the growing season.

Location: Hill Farm Acres, 695 Barlina Road (behind Barlina House Preschool)

**Feb 1-Feb 17:** Returning gardeners register for same plot from last year

**Feb 20-Mar 3:** Returning gardeners register and may switch to a new plot

**Mar 6-10:** Registration is open to all Park District residents

**Mar 13:** Registration is open to the public

**Fee: \$40/\$55**  
**Senior Fee: \$20/\$40**  
**Code: 231601-03**



## MEET PRESTON

The Crystal Lake Park District is pleased to welcome Preston Skultety in the role of Manager of Natural Resources. The Manager of Natural Resources is a newly created role within the District and is responsible for overseeing all areas of natural resource maintenance, such as the prescribed burn crew, natural/native areas in parks, native plant installation, grants and any other job task or operation in this area.

Preston has spent over 20 years working in the restoration ecology field with 9 years as an International Association of Arboriculture (ISA) Certified Arborist. He comes to the Crystal Lake Park District from Hey and Associates, Inc. Preston has developed and implemented natural area restoration plans and habitat improvement projects throughout greater Chicagoland. In addition to vegetation management projects, Preston has performed botanical/biologic inventory, soil erosion and sediment control inspection, municipal tree inventory, tree inventory for development, tree protection planning, woodland management planning, hazard tree/emerald ash borer assessment, as well as arboricultural consulting and oversight related to tree planting and tree care best management practices. Even before coming to the Park District, Preston was involved as a contractor assisting in restoring high quality habitat at Sterne's Woods and Fen in Crystal Lake. Look for Preston to be out and about in the many natural areas of the Crystal Lake Park District. In his free time, Preston enjoys outdoor pursuits like fishing, hunting, hiking, biking, kayaking, as well as making and trying unique foods and exploring interesting places.



**PRESTON SKULTETY**  
**NATURAL RESOURCES MANAGER**  
pskultety@crystallakeparks.org



PHOTO CREDIT: HEY & ASSOCIATES





# CRYSTAL LAKE PARK DISTRICT ENVIRONMENTAL COMMITTEE NEWS



## FIREWOOD SALE

**SAT MAR 18 8 AM-11 AM**

The Crystal Lake Park District Environmental Committee hosts a spring and fall firewood sale each year. Wood consists mainly of oak, harvested from fallen trees in our parks and natural areas.

Location: Lippold Park Maintenance Garage  
(east of Mickey Sund fields)

**YOU LOAD AND HAUL  
RAIN OR SHINE**

<b>75 Pieces</b>	<b>150 Pieces</b>
<b>\$40</b>	<b>\$80</b>
<b>231602-11</b>	<b>231602-12</b>

The Environmental Committee uses the monies collected from the firewood sale to purchase plants that attract pollinator insects. The Park District staff is encouraged to help plant the pollinator garden in our parks. Last spring, a Pollinator Pocket garden was planted along the Veteran Acres trail near the base of the pond.



## COMMUNITY CLEAN UP DAY

**SAT APR 22 8:30 AM-1 PM**

The Crystal Lake Park District teams up with the Crystal Lake Chamber of Commerce to help clean up our community parks and neighborhoods. Hot cocoa and donuts are provided in the morning, followed by a hot dog lunch when you return.

The Chamber will offer document shredding and the Police Department will be providing the Prescription Rx Drug Take Back program.

For groups larger than 8, please contact  
Preston Skultety  
[pskultety@crystallakeparks.org](mailto:pskultety@crystallakeparks.org).

**RAIN OR SHINE  
PLEASE DRESS FOR WEATHER  
Details at [clchamber.com](http://clchamber.com)**



## FREE SEEDS!

As the Park District continues to support the Mayors Monarch Pledge, the Environmental Committee will be distributing seed packets to the community.

These packets will include a variety of colorful plants that will start your very own Pollinator Pocket garden! Varieties include:

- Partridge Pea
- Purple Prairie Clover
- Black Eyed Susan
- Hoary Vervain
- Butterfly Milkweed

Visit our table at the Community Clean Up Day or stop by the Nature Center after April 22 to pick up your free seeds!



**MAYORS  
MONARCH  
PLEDGE**



# Celebrate at the Lake!

## LOOKING FOR A UNIQUE VENUE FOR YOUR NEXT CELEBRATION?

Our community rooms are great for bridal and baby showers and family gatherings. Plus, our parks and beaches make a perfect backdrop for family reunions, outdoor weddings and more. We offer a variety of venues at affordable rates for you.

Shelters, picnic areas, buildings/rooms may be rented for a fee when they are not being utilized for a Crystal Lake Park District program. The Park District offers tiered pricing for various outside organizations. Reservations for shelters and picnic areas are booked in person at our Administration Building.

48 hour rental courtesy hold for Main Beach Pavilion



LAUREN THIBODEAU  
FACILITY RENTALS SUPERVISOR  
lthibodeau@crystallakeparks.org  
815.459.0680 x 1226



FULL SERVICE BAR COMING 2023!

Main Beach Pavilion  
300 Lakeshore Drive, CL



Outdoor Ceremony on Crystal Lake



West Beach  
2330 Lake Avenue, CL



### GRAND OAKS

Just west of Lippold Sports Complex, Grand Oaks offers a spacious auditorium with manufactured wood flooring, a large elevated stage, private restrooms, full kitchen and tables/chairs for banquet or theatre seating. This is a great location for social occasions, fundraisers, presentations or performances. Max. 160

### MAIN BEACH BAND SHELL

This unique structure may be rented to facilitate a special performance or ceremony in the Main Beach Park. The rental of this area must be approved by the Facility Rental Supervisor or Superintendent of Recreation Programs and Facility Services.

### OAKWOODS LODGE

Nestled in the basin near Veteran Acres pond, Oakwoods Lodge provides a breath-taking view of Veteran Acres through its big picture windows. This retreat includes a refrigerator, sink, tables/chairs, private restrooms and large brick fireplace (non-operational.) Newly renovated! Max. 30

### ROTARY BUILDING – UPPER LEVEL

The Rotary Building, steeped with Crystal Lake history and tradition, is a perfect place to host your event. Access to tennis courts, basketball court, private restrooms, Acorn Alley playground and splash pad within steps of the building. Freshly-remodeled full kitchen, flooring and sound baffles will make your group feel welcome. Max. 70

### SPOERL PARK BUILDING

Spoerl Park Building is a spacious building with natural light and high wood beam ceilings. A refrigerator, sink, tables/chairs and private restrooms are included. The playground is modern with a basketball court and pickleball courts located right outside the door. Max. 40

### WOODSCREEK BUILDING

This building offers access to the Crystal Castle playground and splash pad. Amenities include a full kitchen and restroom. Max. 30

**Tables/chairs included in all facility rentals**  
**Picnic tables included in all picnic shelter rentals**



**MAIN BEACH PAVILION**

Built in 1926, the Main Beach Pavilion is a registered historical site in McHenry County. The large architectural windows provide the perfect amount of natural sunlight. The high ceilings and beautiful beach setting make this building a treasure in Crystal Lake. New floors, windows and air conditioning provides comfort. Max. 140



**WEST BEACH**

West Beach boasts a newer building with event room featuring floor to ceiling windows overlooking picturesque Crystal Lake. Doors lead out onto a private sundeck/patio with small bistro tables and chairs. A sink and refrigerator are included. Make a statement by hosting your next event at this "gem" on Crystal Lake. Max. 50



**PICNIC AREAS & SHELTERS**

Picnic areas and shelters are located throughout our parks and may be reserved for private functions. Picnic Areas: Veteran Acres, Main and West Beach. Picnic Shelters: Sterne's Woods, Woodscreek Park and Veteran Acres. Rental fee based on group size and residency. See our parks grid in the brochure for amenity listings.



## LIPPOLD PARK



# LIPPOLD PARK

This 310 acre park features hiking trails, an 18-hole disc golf course, eight baseball fields, four softball fields with entire infields of synthetic turf, nine irrigated soccer fields, three football fields, Hound Town Dog Park, sand volleyball courts, batting cages, skate park, concession stands, 5+ miles of biking/walking trails including the Walt Herrick Sr. Trail and sixty acres of ponds and wetlands. Other amenities include restroom facilities, a playground, fishing piers, and a picnic shelter. Soccer and ball field rental is available by reservation only.

Many Park District affiliate groups, as well as other community groups call Lippold Park home including, Crystal Lake Little League, Babe Ruth Baseball, MCYSA World Series, The Soccer Federation, CL Raiders Football and the Crystal Lake Youth Lacrosse League.

### FIELD RENTALS

Based on availability and weather permitting, various athletic fields/facilities can be rented for your group. For additional information, contact the Administration Office at 815.459.0680.



### SAND VOLLEYBALL

Two sand volleyball courts are open during summer months.



### DISC GOLF

The Lippold Park disc golf course consists of rubber tees, some open holes and some with tricky tree-protected fairways. Flat terrain follows a fitness trail with rough on both sides. Bug spray advised. Course Length: 5,032ft  
Hole Length:  
Under 300ft: 12 | 300 - 400ft: 4 | Over 400ft: 2



### BATTING CAGES

OPEN DAWN-DUSK  
CLOSED WINTER MONTHS

The batting cage system features four token-operated dual function cages with fast and slow options. Tokens can be purchased at the batting cages for \$1/10 balls. During regular office hours, contact Ian Booker at 815.459.0680 x1210 for batting cage group reservations and information.



### SKATE PARK

The skate park features a half pipe, quarter pipe, 4' bank, skate table, grind bench, two step pad, kinked rail, flat grind rail and round grind rail. Skaters can also test their skills on a large pyramid consisting of a pyramid island, banked ramps, pyramid rails and pyramid stairs. The skate park is located on a 75' x 120' concrete pad. There is a small picnic shelter adjacent to the skate pad area available for rentals.



### OUTDOOR FITNESS AREA

The outdoor fitness area features eight pieces of exercise equipment designed for outdoor use and for all ages and abilities.





Hound Town is a three-acre park at our premier Lippold Park Sport Complex where dogs can socialize and run off leash. The park is entirely fenced and is open year-round, dawn to dusk.

**BEGINNING MAY 1, 2023**

Crystal Lake Park District residents and non-residents may re-activate or purchase a key card in the Administration Office, 1 E. Crystal Lake Avenue, Crystal Lake.

You will need to bring these documents with you:

- Proof of Residency
- Proof of Rabies vaccination from your veterinarian (dog tags are not acceptable)

**DOG OBEDIENCE CLASSES**  
**DOG THERAPY CLASS**  
**PAGE 61**

RATES	First Dog	Each Add'l Dog
Resident Fee	\$35	\$10
Senior Resident Fee (age 60+)	\$20	\$5
Non-Resident Fee	\$50	\$10
Senior Non-Resident Fee (age 60+)	\$35	\$5

**\$5 REPLACEMENT KEY FEE**

GATE KEY CARDS HALF PRICE FROM NOV 1, 2022-APR 30, 2023



PHOTO CREDIT: BIG BEN & TINY TIM



ASK ABOUT  
OUR JUNIOR  
LEADERS  
PROGRAM!

# EXTENDED TIME



## OUR MISSION

Extended Time is a unique, inclusive before/after school childcare service operated by qualified, experienced staff. With a mix of independent and organized activities, we provide the children opportunities to make appropriate choices.

Extended Time fosters growth and development of perseverance, curiosity and responsibility.

A \$50 non-refundable registration fee is due at time of registration.

A 5% discount is offered for 2nd and 3rd child from same immediate family.

## WE PROVIDE

- ◆ Independent and Organized Activities
- ◆ Indoor/Outdoor Play
- ◆ Homework Support
- ◆ Team Building Opportunities
- ◆ Physical Activity
- ◆ A Nurturing Environment
- ◆ Nutritional Snacks
- ◆ Assistance with preparing and escorting students to after school activities

## KINDERGARTEN – GRADE 5

AM SESSION 6:15 AM - 8:45 AM      PM SESSION 3:30 PM - 6:15 PM

DAYS / WK	AM / PM	FEE
5 DAYS	AM	\$280
5 DAYS	PM	\$325
5 DAYS	AM & PM	\$540
3 DAYS	AM	\$180
3 DAYS	PM	\$217
3 DAYS	AM & PM	\$342
10 PUNCH PASS	LIMITED SPOTS PER SCHOOL	\$430

FEES INCLUDE EARLY RELEASE DAYS, HALF DAYS, INSTITUTE DAYS, FIELD TRIPS, WINTER & SPRING BREAKS

TIMES MAY BE ADJUSTED TO COORDINATE WITH D47 HOURS

**CHILDREN MUST BE TOILET TRAINED  
NO PULL-UPS ALLOWED**

PROUDLY  
OFFERING CHILD CARE  
EXCELLENCE AT  
D47 ELEMENTARY SCHOOLS

---

GLACIER RIDGE  
COVENTRY/CANTERBURY  
HUSMANN  
INDIAN PRAIRIE  
NORTH  
WEST/SOUTH  
WOODS CREEK



**SAM THOMPSON**  
RECREATION SUPERVISOR  
sthompson@crystallakeparks.org





# PRESCHOOL

## REGISTRATION

Register via our website or at our Administration Office, 1 E. Crystal Lake Avenue.

A \$50 non-refundable registration fee is due at time of registration. If registering in August, the first month's tuition will be due.

A 5% discount is offered for 2nd and 3rd child from same immediate family.

Placement available for 3–5 year olds and is based upon your child's age as of Sept 1. To check class availability, contact Administration Office at 815.459.0680.

## OUR PHILOSOPHY

Barlina House Preschool provides opportunities that contribute to the social, emotional and intellectual development of a self-assured child.

## CURRICULUM

Through play and a semi-structured schedule, the children will have opportunities to engage in language, literacy, math and science activities along with art, music and dramatic play for self-expression.

CURRICULUM IN LINE WITH ILLINOIS EARLY LEARNING STANDARDS

LICENSED EXPERIENCED STAFF

CHILDREN MUST BE TOILET TRAINED  
NO PULL-UPS ALLOWED



**BARLINA HOUSE PRESCHOOL**

CRYSTAL LAKE PARK DISTRICT

**705 BARLINA ROAD, CL  
815.477.5403**

### 2023-24 3 YEAR OLD CLASSES

Main Room	T/TH	9 am-12 pm	R/NR: \$179/\$233	511308-01
Little Room	M/W/F	9 am-12 pm	R/NR: \$259/\$337	511308-02
Little Room	T/TH	9 am-12 pm	R/NR: \$179/\$233	511308-06

### 2023-24 4 YEAR OLD CLASSES

Upstairs	T/TH	9 am-12 pm	R/NR: \$179/\$233	511308-03
Main Room	M/W/F	9 am-12 pm	R/NR: \$259/\$337	511308-04
Upstairs	M/W/F	9 am-12 pm	R/NR: \$259/\$337	511308-05
Upstairs	4 DAYS	9 am-12 pm	R/NR: \$339/\$440	511308-07
Main/Upstairs	5 DAYS	9 am-12 pm	R/NR: \$380/\$494	511308-08
Upstairs	2 DAYS	9 am-12 pm	R/NR: \$179/\$233	511308-09



**DONNA MACCRINDLE**  
PRESCHOOL DIRECTOR

[dmaccrindle@crystallakeparks.org](mailto:dmaccrindle@crystallakeparks.org)







# NATURE CENTER



**330 N. MAIN STREET  
CRYSTAL LAKE  
815.455.1763**

## OUR MISSION

Our mission is to improve the quality of life for the community by providing high quality nature-based recreation opportunities which include formal and informal education programs and the preservation and restoration of native ecosystems.

At the Crystal Lake Park District Nature Center, you will connect your passions to nature and find your place in the past, present and future eco-systems of the Crystal Lake area.

Open year-round, we provide a unique opportunity for anyone to experience nature through progressive programs, hands-on activities, seasonal exhibits and volunteer opportunities. Located in Veteran Acres Park, the Nature Center is the ideal starting point for a hike through the Veteran Acres Woods and Wingate Prairie.

## GROUPS

Groups of 15 or more visiting the Nature Center should call at least one week in advance.

### Traveling Naturalists

Are you looking for a different idea for your organization's next meeting? Schedule one of our Traveling Naturalists to visit!

We have a variety of topics to present within these 1 to 2 hour programs, or we can tailor a program to meet your needs. Topics include: Formerly Living Things, Silly Science, Our Geological Past, Decomposers and many others. Fee: \$100

### Field Trips and Groups

School districts, preschools, home schools and more have benefited from our field trip programs. A typical program will last from 1-2 hours and may feature a hike and multiple educational stations covering select nature topics. Call for group rates.

## HIKING TRAILS

Hike the trails at Veteran Acres and Sterne's Woods and watch the beauty of prairie, forest and wetlands as they change from winter wonderland to sunny summer. Veteran Acres offers nine unique trails varying in length and difficulty. Trails markers are color coded and maps are available at the Nature Center.

## EQUIPMENT RENTAL

### Fishing Rods

As a member of the Illinois Department of Natural Resources Tackle Loaner program, we have a limited number of fishing poles and fly rods that can be borrowed, free of charge, for a fun-filled day of fishing. We also can supply bobbers and hooks but you will need to bring your own bait and valid Illinois fishing license.

### Binoculars

We have a limited number of binoculars that can be borrowed for a day to enhance your hike around our park.

### GPS Units

A few GPS units are available to borrow for a day if you are interested in geocaching. Please call ahead to make sure that they are not in use.

## BUTTERFLY HOUSE

Stop by the Nature Center and look at some of the interesting plants that are being grown in our greenhouse.

Whether we are keeping plants for this year's Butterfly House, starting seeds for the Colonel Palmer House garden, or growing a few plants that interest us as Naturalists come and enjoy some greenery. The Nature Center Greenhouse is open from October to April.

**FREE TO THE PUBLIC**

**OPEN 7 DAYS A WEEK**

**10 AM-5 PM**



## WOOD CARVING

### Seniors

For both the novice and experienced carver, this informal group is for anyone interested in woodcarving. There is no fee involved, but you need to bring your own tools. The group meets at the Nature Center twice a month.

For more information, contact Bill Markison at 815.459.5204.

## ORIENTEERING

Orienteering is a competitive sport in which participants find their way to various checkpoints with the aid of a map and compass. The winner completes the course in the lowest elapsed time.

We have FIVE different courses to keep you and your team busy! A limited number of compasses and maps may be borrowed to explore our course.

Feel free to ask an instructor about orienteering!

## SCOUTS

The Crystal Lake Nature Center offers a variety of programs to help complete advancements for Cub Scouts, Girl Scouts and Boy Scout Merit Badges. Contact Will Sutphin for details at 815.455.1763.



**KIM SHEAHAN**  
FACILITY SUPERVISOR

ksheahan@crystallakeparks.org



Our Birthday Party Programs are 2.5 hours and consist of 15 minutes for set-up, a one hour instructor led program, one hour of "free time" for gifts and cake (not provided) and 15 minutes for cleanup.

Fee: \$140 (includes up to 15 participants). Each additional guest will be charged \$6 at the time of the party. We kindly request two weeks notice. Please call the Nature Center to schedule your party.

### ANIMAL KINGDOM

Come discover the wonderful kingdom of animals with us! Pretend you are one of these amazing creatures as we play a game, search for something walking or crawling on a guided hike and learn about the wide world of creatures that share our planet with us. You may even meet one of the residents of the Nature Center up close! Have a favorite animal or insect? Share your love of it with us!

### CAMPFIRE CAPERS

Enjoy a crackling wood campfire with your friends while singing songs, telling stories and eating s'mores. You'll have a "roaring" time as you learn different techniques of starting fires and how to make a safe campfire. End the program by learning a little bit about the forest with a guided hike through the woods!

### EXPLORER

Explore the world with us! Whether you are searching for treasure or trying to discover a new species, this party will bring out the adventurer in you! Learn some tools and tricks of the trade and find your way through our forest with your new skills. Finish by putting your skills to the test with a challenge and find out some of the rewards adventurers can find along the way.

### FOSSIL FIND

If you like dinosaurs and other ancient creatures, then you are going to "dig" this party. You and your guests will examine real fossils, discover facts about dinosaurs and learn how paleontologists dig for fossils, and can take one home with you!

### NATURE TOTS

We will begin with a story of your choosing. Then, we will complete an activity and a craft based on the story read. Some of our favorite stories are *Bear Hunt*, *Hungry, Hungry Caterpillar*, *Ginko and Moon*, *Stellaluna* and more! If your tot has a favorite story, we would love to craft a party around it! Unsure which story to choose? Let us help by selecting one of our favorites.

### WOODLAND FAIRIES

We'll learn secrets about woodland fairies and explore the woods to see if we can find them! Along the way, we will discover a fairy house and other surprises. We'll use what we learn to make an age appropriate fairy craft.



# FREE DROP-IN EVENTS

## PULP CRAFTS

**All Ages** **1 Class**  
Paper in some form has been around for thousands of years. Join us as we show how paper is made and what all can be done with it once it has been made. You will be able to take home the crafts you make and even some paper you have made yourself!  
**Location: Nature Center**

Sa 2/18 10 am-2 pm

## SPRING EQUINOX

**All Ages** **1 Class**  
An equinox is when the path of the sun in our sky passes through the equator so the sun appears to rise "due east" and set "due west". Join us as we investigate this bi-annual phenomenon. We will have activities and crafts dedicated to unraveling this fantastic phenomenon.  
**Location: Nature Center**

Sa 3/18 10 am-2 pm

## EARTH DAY POLLINATORS

**All Ages** **1 Class**  
Join us as we celebrate Earth Day by looking at flowers and the creatures that pollinate them! Explore the world of bats, hummingbirds and insects as we celebrate all they do. Explore what foods we rely on pollinators for and learn how to plant your own pollinator pocket.  
**Location: Nature Center**

Sa 4/22 10 am-2 pm

# NATURE BUFFS

AGES 13 & UP 1 CLASS NATURE CENTER

## POTTERY / NATURE SCULPTING

For thousands of years, people have used earth to sculpt useful and beautiful objects. Early pottery was used for a variety of reasons and today much of it can be considered art. Earthenware, stoneware, terra-cotta and alma plain are examples of clay-based minerals harvested to make distinct pieces. Work with a variety of natural materials, learn the difference between early and traditional pottery and develop a variety of sculpting techniques while in this program. Instructor: Sarah Taylor/WS

DAY	DATES	TIMES	R/NR	CODE
Sa	3/25	1-3 pm	\$30/\$39	232348-01

## CREATIVE JOURNALS

Discovering the elements of a good story has shaped narrative writing for thousands of years. We'll engage in a variety of unforgettable historical scenarios through theatrical sets and learn what it takes to fuel your next work of art. Why not even create your very own unique journal? Instructor: Sarah Taylor / WS

DAY	DATES	TIMES	R/NR	CODE
Sa	4/8	1-3 pm	\$27/\$35	232349-01

## WIND CHIMES

Join us as we learn all about wind chimes. Together we will go through the materials before creating our own wind chimes to put in your yard. Instructor: Will Sutphin

DAY	DATES	TIMES	R/NR	CODE
Sa	4/29	10 am-12 pm	\$26/\$34	232347-01

MORE PROGRAMS YOU  
MIGHT LIKE!

BASTIK EASTER EGGS  
PRAIRIE PERFUMES  
ICEHOUSE  
THE CHOCOLATIER

COLONEL PALMER HOUSE  
PAGE 23

## MONTHLY CRAFT

Stop in and make a craft with us!

**JANUARY**

Winter Scene

**FEBRUARY**

Nature Valentine

**MARCH**

Budding Blossoms

**APRIL**

Recycling Craft



# NATURE TOTS

AGES 2-5

1 CLASS

NATURE CENTER

## BURROWSHIP

Which animals keep warm underground during winter? Learn about how they live and how they build their maze-like homes just beneath our feet. As you get to know your favorite burrowing buddy, create your own work of art for them to stay warm in during the winter months. Instructor: Sarah Taylor/WS

DAY	DATES	TIMES	R/NR	CODE
Sa	1/7	1-2:30 pm	\$15/\$20	212373-01

## BEAR DRAWS

Bear loves winter. Bear draws a circle. Bear draws a square. What kind of picture will bear draw? Together let's explore all the forest shapes Bear needs in order to finish his picture. Then, we will create a picture of our own! Instructor: Sarah Taylor / WS

DAY	DATES	TIMES	R/NR	CODE
Su	1/8	1-2 pm	\$12/\$16	212322-01

## I AM BUNNY

Nicholas is a bunny who is very curious about how seasons change. After we read more about this famous little bunny's adventure, find out who else is waking up from their long winter nap. Then, when we hop back to the Nature Center, we'll craft bunny ears of our very own! Instructor: Sarah Taylor / WS

DAY	DATES	TIMES	R/NR	CODE
Su	1/22	1-2 pm	\$12/\$16	212323-01

## SNOW DAY

What is snow and why is it cold during the winter? Where do all the plants and animals go? While we explore the season, find out how many ways we can create art using snow and ice. Together let's make a winter scene using blotto art! Instructor: Sarah Taylor/WS

DAY	DATES	TIMES	R/NR	CODE
Su	2/5	1-2 pm	\$12/\$16	212325-01



Reg Deadline  
3 days prior to start of class

## QUIET AS A MOUSE

How quiet is a mouse? Where do they live during winter? If we hear a mouse is it in the house? Together let's discover why some mice are awake during winter and what they are gathering. Can you be as quiet as a mouse while you gather things for your very own mouse house? Instructor: Sarah Taylor/WS

DAY	DATES	TIMES	R/NR	CODE
Su	2/19	1-2 pm	\$12/\$16	212324-01

## WHERE LAND MEETS WATER

What is a reflection and what are all the things you see when you look at water? As we explore everything that touches the land and meets the water, let's find out what is awake during winter and learn how to make a nature scene using a variety of impressionism techniques. Instructor: Sarah Taylor/WS

DAY	DATES	TIMES	R/NR	CODE
Su	4/1	1-2 pm	\$13/\$17	212327-01

## HELLO SPRING!

Good-bye winter. Hello spring! What do you see in the springtime? How is spring different from winter? After our story, let's find out what it takes to be spring! Why not even make your very own pop-up scene about everything we found? Instructor: Sarah Taylor / WS

DAY	DATES	TIMES	R/NR	CODE
Su	4/9	1-2 pm	\$12/\$16	212326-01





# NATURE EXPLORERS

AGES 6-12 1 CLASS NATURE CENTER

## WOODWORKING ELVES AND FAIRIES

Elves and fairies love to tinker and are known for their whimsical woodworking skills. Using your imagination and with a saw and hammer, create unique and quirky miniature tables, stools and shelves to match those of the mythical people. Instructor: Christina Rank/WS

DAY	DATES	TIMES	R/NR	CODE
Sa	2/11	1-2:30 pm	\$19/\$25	212368-01

## RIVER CRITTERS

Muskrats, beavers, river otters and minks are just a few that dwell in the water during the cold winter months. Find out their differences and how they influence natural habitats. Why not even make a lodge or your own? Instructor: Sarah Taylor/WS  
**Location: Oakwoods Lodge**

DAY	DATES	TIMES	R/NR	CODE
Sa	2/11	1-3 pm	\$18/\$23	212374-01

## FLOWER ART

**Ages 6-12 1 Class**  
 Create floral designs using all things natural! Seeds, pinecones, plant husks and other natural items can be arranged to create a beautiful floral design that will last the year round in your home. Instructor: Christina Rank/WS

DAY	DATES	TIMES	R/NR	CODE
Sa	2/25	1-2:30 pm	\$21/\$27	212372-01

## THE FROZEN FOREST

What happens to the forest during winter and where do the creatures that live in them go? How can you tell which tree is which after they shed all their leaves? Together we'll discover the frozen woodland area and create a bedazzling tree sculpture out of some of our favorite crystals.  
 Instructor: Sarah Taylor/WS **Location: Oakwoods Lodge**

DAY	DATES	TIMES	R/NR	CODE
Sa	2/25	1-3 pm	\$12/\$16	212375-01



Is your class cancelled last minute?  
 Sign up at [rainoutline.com](http://rainoutline.com) for alerts and stay informed!

## KOKODEMA FOR KIDS!

Learn the Japanese art of Kokodema make beautiful hanging moss balls to decorate your home and garden. Add some color with living plants and flowers that will last for months!  
 Instructor: Christina Rank/WS

DAY	DATES	TIMES	R/NR	CODE
Sa	3/11	1-2:30 pm	\$28/\$36	212371-01

## FAIRY GARDEN FUN

As winter turns to spring, fairies awaken and begin to garden. Delight the fairies in your home or favorite outdoor place by building your own take home fairy garden with colorful plants and charming accessories. Instructor: Christina Rank/WS

DAY	DATES	TIMES	R/NR	CODE
Sa	3/25	10-12 am	\$24/\$31	212369-01

## SUBTERRANEAN FAIRIES

Even fairies like to play in the dirt. What do they do? What do they build? How do they use soil, rocks and minerals in their everyday life? Be prepared to get your hands dirty in this program as we build a fairy house made from elements of the earth. Instructor: Christina Rank/WS **Location: Oakwoods Lodge**

DAY	DATES	TIMES	R/NR	CODE
Sa	4/22	1-3 pm	\$19/\$25	212370-01

## NATURE WORKSHOP

**Ages 11-17 1 Class**  
 Join us on an excursion through Veterans Acres as we explore a variety of species and habitats that exist in our world. From the soil to the sky, we shall explore it all! This workshop is available to all and will fulfill the requirements for the Nature Merit Badge.  
 Instructor: Christina Rank/WS

DAY	DATES	TIMES	R/NR	CODE
Sa	1/21	9 am-12 pm	\$15/\$20	212377-01

## FISHING WORKSHOP

**Ages 11-17 1 Class**  
 Cast your line and see what you catch with our Fishing Workshop! This program will show you how to set up your rig, and where to cast to catch the big one! Learn how to relax while your bobber floats! This program will cover all of the requirements for the fishing merit badge but is open to all.  
 Instructor: Sarah Taylor/WS

DAY	DATES	TIMES	R/NR	CODE
Sa	4/29	1-4 pm	\$28/\$36	212376-01





SOCIAL  
CULTURAL  
OUTDOOR  
SUMMER DAY CAMPS  
SPORTS & FITNESS  
SPECIAL EVENTS  
SPECIAL OLYMPICS  
TRIPS



**NISRA STAFF**

NISRA's full time professional recreation staff hold college degrees in Therapeutic Recreation or related fields, along with various certifications. Part-time staff and volunteers help people with disabilities learn new skills and have fun.

**ABOUT NISRA**

Since 1976, NISRA has provided recreational programs for children and adults with disabilities. Socializing, building physical skills, learning, relaxation and fun are some of the many benefits gained from participating in NISRA's year-round activities.



**PARK DISTRICT PROGRAMS**

NISRA staff will assist our staff with including residents with disabilities in our recreation programs. Types of support include staff training, adapted equipment, sign language assistance or a program aide. Call NISRA with questions about inclusion or the Park District to register for a program.

**OUR MISSION**

Enriching the lives of people with disabilities through meaningful recreation experiences

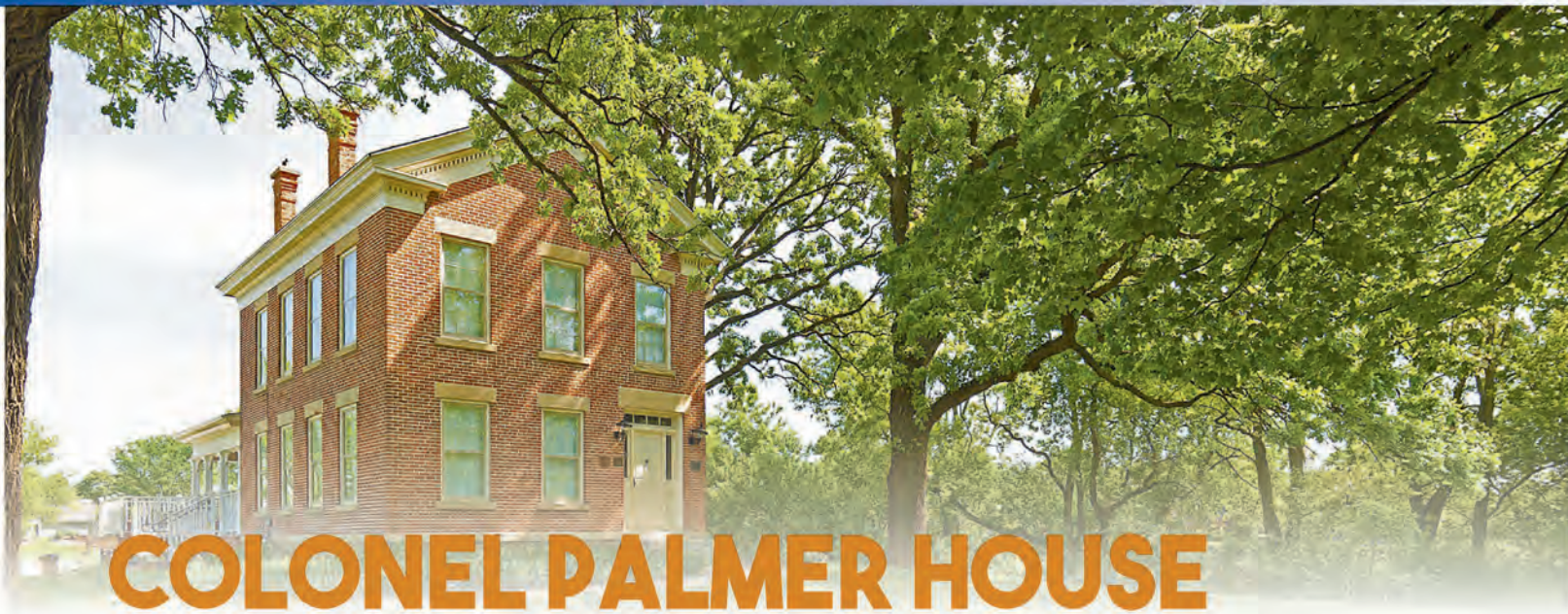
**OUR VALUES**

FUN, PROFESSIONAL, INNOVATIVE, COMPASSIONATE AND TRUSTWORTHY

**SERVING RESIDENTS WITH DISABILITIES IN**

- Barrington Park District
- Cary Park District
- Crystal Lake Park District
- Dundee Twnshp Park District
- City of Elgin
- Hampshire Park District
- City of Harvard
- Huntley Park District
- Village of Lake in the Hills
- Marengo Park District
- City of McHenry
- Wauconda Park District
- City of Woodstock





# COLONEL PALMER HOUSE



**660 E. TERRA COTTA AVE.  
CRYSTAL LAKE  
815.477.5873**

## OUR MISSION

The Colonel Palmer House preserves the home of Gustavus and Henrietta Palmer, provides a venue for local history interpretation and education and serves as the home of the Crystal Lake Historical Society.

## OUR VISION

History Happens Here! The Colonel Palmer House staff strives to present local history to a diverse range of visitors in an enjoyable, engaging manner. Working in cooperation with the Crystal Lake Historical Society, the goal is to instill an interest and respect for local history in current and future generations.

**Research and special visits by appointment only**

Now tucked into the city limits, the Colonel Palmer House, built in 1858, sits on five acres of open land. The property is what remains of the 300 acres once owned by early McHenry County pioneer and farming family...the Palmers.

The large oak trees planted by the family still shade the 19th century Federal and Greek revival-style house. Listed on the National Register of Historic Places, the home and grounds provide the perfect setting for historic presentations.

If you are planning to do research, it is best to call ahead to make certain someone is available to assist you. Scout Programs and Group Tours by appointment.

The Colonel Palmer House has a unique partnership with the Crystal Lake Park District and the Crystal Lake Historical Society. These organizations work together to bring our area's history to the community. The partnership won the 2009 Small Institution of the Year Award from the Illinois Association of Museums.

Our thanks to the many talented historic interpreters, re-enactors, hobbyists and staff who volunteer their time and knowledge to make our programs successful!

## RENTALS

Looking for something new for your special occasion? The Colonel Palmer House is the perfect setting for catered luncheons, bridal and baby showers, business meeting or group tours.

## CATERED TEAS

Groups may reserve the historic home for their meeting or event. A full luncheon tea includes seasonal fruit, 3 finger sandwiches, 3 delicious desserts and of course tea! Luncheon is approx. 1.5 hours and includes tour of home. Costumed staff available on request.

Call or email for availability and pricing.



**FREE TO THE PUBLIC** **OPEN THU & FRI 11 AM-5 PM AND SAT 10 AM-4 PM**



# PALMER'S PROGRAMS

AGES 7 & UP 1 CLASS COL PALMER HOUSE

## THE CHOCOLATIER

In 1847, chocolate flourished across the continent and quickly became a key ingredient reserved in the traditional recipes we still enjoy today. How was chocolate used prior to the 19th century? The cacao bean has been harvested for thousands of years by primitive communities who enjoyed it as a drink. Explore the history of chocolate and unearth the various ways it is used. From early recipes to traditional confectioneries, together let's celebrate the evolution of this popular treat!

Instructor: Sarah Taylor/WS

DAY	DATES	TIMES	R/NR	CODE
Sa	1/20	5:30-7:30 pm	\$23/\$30	221911-01

## ICE HOUSE

Why is ice such a prevalent part of history in Crystal Lake? What is an icehouse? As we examine the history of the ice industry, discover a variety of ways to work with ice. From the tools used to harvest ice to carving and sculpting, and even ice fishing. Take advantage of the winter season and unravel the mystery behind the cold blocks that shaped early Crystal Lake.

Instructor: Sarah Taylor/WS

DAY	DATES	TIMES	R/NR	CODE
Sa	2/4	12:30-2 pm	\$26/\$34	221906-01

## PRAIRIE PERFUMES

Perfumers often referred to perfume as "Through smoke", a potion procured through fire in order to influence the aroma of a surrounding area. Early perfume was also used to track through uncharted land, should one get lost when they travel. As many pioneers forged westward, they adopted similar resources found in the tall prairie grassland. Help us to recreate perfumes that have been made and make your own scent to wear. Instructor: Sarah Taylor/WS

DAY	DATES	TIMES	R/NR	CODE
Sa	3/4	12:30-2 pm	\$25/\$33	221907-01

## FAIRY SPRING SPA WORKSHOP

Get ready for spring by creating these spa treatments. Indulge in some fairy spring rituals to celebrate the return of longer sunnier days. Instructor: Christina Rank/WS

DAY	DATES	TIMES	R/NR	CODE
Sa	4/1	12:30-2:30 pm	\$29/\$38	221908-01



## MOTHER-DAUGHTER TEA SUN APR 30

Ages 7 & Up

Enjoy several different teas, sandwiches and desserts as you spend a relaxing afternoon bonding with family and friends while learning about Victorian-era tea etiquette. This is a popular event—make sure to get your tickets early!

First Seating	12:30-2 pm	\$29/\$38 pp	221909-01
Second Seating	3-4:30 pm	\$29/\$38 pp	221909-02

## CITIZENSHIP IN THE NATION WORKSHOP

Ages 11-17

1 Class

Attention Scouts! Take a journey to the historic Colonel Palmer House to dive into the fascinating history of the government that holds our nation together. This workshop will take you through all the requirements you need to fulfill the Citizenship in the Nation Merit Badge and is open to all. \*Prerequisite required. Instructor: Sarah Taylor/WS

DAY	DATES	TIMES	R/NR	CODE
Sa	1/21	4-6:30 pm	\$20/\$26	221903-05

## BATIK OR UKRAINIAN EASTER EGGS

Ages 13 & Up

1 Class

Ukrainian Easter Egg are part of an ancient tradition of decorating whole eggshells with elaborate geometric patterns and pictures. Also known as Psanky eggs, learn about this art form and then try your hand at it. You'll receive your own kit to work with and touch on some of the techniques to make your own Psanky eggs! Instructor: Christina Rank/WS

DAY	DATES	TIMES	R/NR	CODE
F	3/10	6:30-8:30 pm	\$36/\$47	232346-01



# TOTS



## CRYSTAL LAKE GYMNASTICS TRAINING CENTER

These exciting classes allow children to do obstacle courses, build strength, coordination and positive social interaction. They can burn energy while building friendships! A 20% discount is offered for additional children from immediate families enrolled in the same class. Instructor: CLGTC Staff/HS  
**Location: Crystal Lake Gymnastics Training Center, 387 Congress Parkway, CL**

### TOT MOVEMENT

Ages 18 month - 2 with Parent 10 Classes

DAY	DATES	TIMES	R/NR	CODE
Tu	1/3-3/7	10:15-11 am	\$145/\$189	210413-01
Tu	3/14-5/16	10:15-11 am	\$145/\$189	210413-02

### KINDERGYM

Ages 3-5 10 Classes

DAY	DATES	TIMES	R/NR	CODE
Tu	1/3-3/7	9:15-10 am	\$145/\$189	220416-01
Tu	3/14-5/16	9:15-10 am	\$145/\$189	220416-02



**ITTY BITTY BALLERINA  
 DANCE WITH ME (PARENT/CHILD)  
 PAGE 53**

# TOT ROCK / KID ROCK

5 Classes/7 Classes (Spring Session)

This interactive music, movement and imagination class has everyone on their feet! Activities include songs and rhymes, rhythm and coordination, fine and gross motor, imagination and sensory, listening and following directions skills. With a focus on STEAM learning, this program is a unique combination of music and learning. Instructor: Tot Rock Staff/ST

### TOT ROCK WITH PARENT

**AGES 1-2**

**Location: Grand Oaks (Tu) Village of LITH, 600 Harvest Gate (W)**

DAY	DATES	TIMES	R/NR	CODE
Tu	1/10-2/7	9:30-10:10 am	\$55/\$60	210861-03
Tu	2/21-3/21	9:30-10:10 am	\$55/\$60	210861-04
Tu	4/11-5/23	9:30-10:10 am	\$78/\$83	210861-05
W	1/11-2/8	5:15-5:55 pm	\$55/\$60	210861-01
W	2/22-3/22	5:15-5:55 pm	\$55/\$60	210861-02
W	4/12-5/24	5:15-5:55 pm	\$78/\$83	210861-06

### KID ROCK WITH PARENT

**AGES 2-3**

**Location: Grand Oaks (Tu) Village of LITH, 600 Harvest Gate (W)**

DAY	DATES	TIMES	R/NR	CODE
Tu	1/10-2/7	10:15-10:55 am	\$55/\$60	210862-03
Tu	2/21-3/21	10:15-10:55 am	\$55/\$60	210862-04
Tu	4/11-5/23	10:15-10:55 am	\$78/\$83	210862-06
W	1/11-2/8	6-6:40 pm	\$55/\$60	210862-01
W	2/22-3/22	6-6:40 pm	\$55/\$60	210862-02
W	4/12-5/24	6-6:40 pm	\$78/\$83	210862-05

### KID ROCK II WITHOUT PARENT

**AGES 3-5**

**Location: Huntley Community Center, 12015 Mill Street**

DAY	DATES	TIMES	R/NR	CODE
Tu	1/10-2/7	11-11:40 am	\$55/\$60	210864-01
Tu	2/21-3/21	11-11:40 am	\$55/\$60	210864-02
Tu	4/11-5/23	11-11:40 am	\$78/\$83	210864-03

### KID ROCK III W / PARENT

**AGES 1-5**

**Family Class-each sibling must be registered**

**Location: Grand Oaks**

DAY	DATES	TIMES	R/NR	CODE
Tu	1/10-2/7	11-11:40 am	\$55/\$60	210863-01
Tu	2/21-3/21	11-11:40 am	\$55/\$60	210863-02
Tu	4/11-5/23	11-11:40 am	\$78/\$83	210863-03



# ADULT / TOT SPORTS

WEAR COMFORTABLE CLOTHING AND ATHLETIC SHOES  
EQUIPMENT IS PROVIDED

## HOT SHOTS SPORTS

### ADULT / TOT SPORTS

**Ages 2-3** **6 Classes**

Parents are an integral part of helping their tots develop basic sports movement and motor skills. Motor skill activities focus on hand/eye and hand/foot coordination. Sports equipment and instruction are provided to help guide your child through an introduction to organized sports. Parents or caregiver participation is required. Instructor: Hot Shots Sports/HS

**Location: Grand Oaks/Woods creek Park\*\* \*no class 3/25**

DAY	DATES	TIMES	R/NR	CODE
Sa	1/7-2/11	12-12:30 pm	\$65/\$85	210421-01
Sa	2/25-4/8*	12-12:30 pm	\$65/\$85	210421-02
Sa**	4/22-5/27	2:15-2:45 pm	\$65/\$85	210421-03

## HOT SHOTS SPORTS

### ADULT / TOT T-BALL

**Ages 2-3** **6 Classes**

Young children develop motor skills while having fun learning fielding, base running and hitting off a tee. Parents and tots work together in this class, learning the basics of baseball. Teamwork and parent/ child interaction will be emphasized alongside basic motor functions and skills. A variety of activities will be played each week. Instructor: Hot Shots Sports/HS

**Location: Woods creek Park**

DAY	DATES	TIMES	R/NR	CODE
Sa	4/22-5/27	9:45-10:15 am	\$65/\$85	210423-01

## HOT SHOTS SPORTS

### ADULT / TOT NINJA WARRIORS

**Ages 2-3** **6 Classes**

Leap, hop, skip and run your way through obstacles and put your Ninja skills to the test. Parents and Tots will have fun in this movement based class that will challenge your Ninja to maneuver over and under objects. We will also play many large group games to further challenge their Ninja skills. Parents or caregiver participation is required. Instructor: Hot Shots Sports/HS

**Location: Grand Oaks** **\*no class 3/29**

DAY	DATES	TIMES	R/NR	CODE
W	1/11-2/15	5:30-6 pm	\$65/\$85	210414-01
W	3/1-4/12*	5:30-6 pm	\$65/\$85	210414-02
W	4/26-5/31	5:30-6 pm	\$65/\$85	210414-03

## HOT SHOTS SPORTS

### ADULT / TOT SOCCER

**Ages 2-3** **6 Classes**

Young children develop motor skills while having fun running and kicking. Parents and tots work together in this class learning the basics of soccer. Dribbling, passing, shooting and kicking will all be emphasized. A variety of activities will be played each week. Instructor: Hot Shots Sports/HS

**Location: Grand Oaks/Woods creek Park\*\* \*no class 3/25, 3/27**

DAY	DATES	TIMES	R/NR	CODE
M	1/9-2/13	5:30-6 pm	\$65/\$85	210411-01
M	2/27-4/10*	5:30-6 pm	\$65/\$85	210411-03
M**	4/24-5/29	5:30-6 pm	\$65/\$85	210411-05
Sa	1/7-2/11	9-9:30 am	\$65/\$85	210411-02
Sa	2/25-4/8*	9-9:30 am	\$65/\$85	210411-04
Sa**	4/22-5/27	11:15-11:45 am	\$65/\$85	210411-06

## HOT SHOTS SPORTS

### ADULT / TOT BASKETBALL

**Ages 2-3** **6 Classes**

Young children develop motor skills while having fun running and ball handling. Parents and tots work together in this class, learning the basics of basketball. Dribbling, passing, shooting and teamwork will all be emphasized. A variety of activities will be played each week. Instructor: Hot Shots Staff/HS

**Location: Grand Oaks/Woods creek Park\*\* \*no class 3/28**

DAY	DATES	TIMES	R/NR	CODE
Tu	1/10-2/14	5-5:30 pm	\$65/\$85	210420-01
Tu	2/28-4/11*	5-5:30 pm	\$65/\$85	210420-02
Tu**	4/25-5/30	4:30-5 pm	\$65/\$85	210420-03

## PARENT TOT GYMNASTICS-PAGE 34



Is your class cancelled last minute?

Sign up at [rainoutline.com](http://rainoutline.com) for alerts and stay informed!



# YOUTH VARIETY

## KIDS YOGA

**Ages 6-12** **8 Classes**  
 Yoga is a great way for a child to improve impulsiveness, help control emotions and ease stress. Class takes place in a relaxed, fun setting overlooking Crystal Lake. Students will learn tools to deal with stress and aid in concentration. Bring a yoga mat and water bottle to class. Instructor: Donna Albano/JP  
**Location: Rotary Building** **\*no class 2/20, 2/27**

DAY	DATES	TIMES	R/NR	CODE
M	1/16-3/20*	5-6 pm	\$72/\$94	221017-02
M	4/3-5/22	5-6 pm	\$72/\$94	221017-03

## BATON TWIRLING

**Ages 6-18** **18 Classes**  
 Twirl a sparkly baton through your fingers and wear a shiny costume! In this class, you will learn twirls, dance and rhythmic ribbon moves and perform in the spring recital (costume included)! Information on purchasing your baton will be given by the instructor on the first day of class. Taught by former Purdue Twirler Miss Jana Sinn. Take advantage of our payment plan option, half charged upon registration, and half charged on 3/15. \*No class on Spring Break or Easter weekends. Instructor: Jana Sinn/EK **Location: Spoerl Park**

LEVEL 1				
Sa	1/7-5/20	12-1 pm	\$216/\$280	220711-01
LEVEL 2 (with instructor approval)				
Sa	1/7-5/20	1-2 pm	\$216/\$280	220711-02

## THE MAGIC OF GARY KANTOR MAGIC CLASS

**Ages 5-12** **1 Class**  
 Children are guaranteed to have a great time as they learn a collection of fascinating and mesmerizing tricks from the "Magic Team of Gary Kantor! Amaze your friends and family with tricks that involve cards, ropes, coins, mind-reading and more. All materials are provided, and each child receives a magic kit to take home. New tricks are learned at each class, so register for any upcoming class to learn something new! No refunds given within 24 hours or after the 1 day class. Instructor: The Magic Team of Gary Kantor/JP  
**Location: Rotary Building**

DAY	DATES	TIMES	R/NR	CODE
W	2/22	5-6 pm	\$22/\$29	221706-01
W	4/19	6:45-7:45 pm	\$22/\$29	221706-03

## CHESS SCHOLARS CHESS SCHOLARS

**Ages 6-13** **6 Classes**  
 Develop your child's intellect through the royal game of chess! Current research has shown a strong link between chess and academic performance in a variety of areas including mathematics and language arts. Chess has been proven to enhance children's motivation, concentration, focus, social skills and creativity. Each class will consist of a fun, interactive teaching period and guided practice time. Both beginner and experienced players are welcome and will learn under the guidance of an experienced Chess Scholars coach. Instructor: Chess Scholars/JP  
**Location: Woodscreek Bldg (Sess 1) Cary Park District, 255 Briargate Rd, Cary (Sess 2)** **\*no class 2/20, 4/10**

DAY	DATES	TIMES	R/NR	CODE
M	1/23-3/6*	6:30-7:30 pm	\$121/\$158	221701-05
M	4/3-5/15*	6:30-7:30 pm	\$121/\$158	221701-06

## CHESS SCHOLARS STEAM

**Ages 5-10** **6 Classes**  
 This exciting program from Afterschool Enrichment Solutions brings together elements of science, art and math in a hands-on, action-packed environment! Students will conduct experiments, play educational games and unlock their creativity through building challenges and projects. No experience necessary! Instructor: Chess Scholars/JP  
**Location: Cary Park District, 255 Briargate Rd, Cary (Sess 1) Woodscreek Bldg (Sess 2)**

DAY	DATES	TIMES	R/NR	CODE
W	1/25-3/1	6:30-7:30 pm	\$125/\$163	221704-10
W	4/12-5/17	6:30-7:30 pm	\$125/\$163	221704-11

## ICOOK ICOOK AFTER SCHOOL

**Ages 5-10** **6 Classes**  
 This winter, your young chef will learn to make delicious (and nutritious) foods! From vitamins, antioxidants and protein, we will use and learn about ingredients that keep our bodies at peak performance. Participants will build on their knowledge of cooking safety and the fundamental cooking techniques like peeling, dicing, blending, melting, slicing, chopping and more! Instructor: iCook Staff/EK  
**Location: Administration Building**

DAY	DATES	TIMES	R/NR	CODE
F	2/3-3/10	5-6 pm	\$156/\$202	220604-01
F	4/14-5/19	5-6 pm	\$156/\$202	220604-02





Ages 7-14  
16 Classes

It's a tale as old as time, and we are bringing it to the CLPD Theater Program! Join us for Beauty and the Beast Jr. Performers will learn skills in acting, singing and dancing while preparing for their final performance of our full length production in front of an audience full of family and friends. Students will receive a show t-shirt, script and musical tracks. Performers should come prepared on the first day to audition with a short song to sing. Every participant will receive a role! **Consider taking advantage of our payment plan by paying in 3 easy payments. A credit card is required for this option. Payments will be due at the time of registration, March 15 and April 15.** Instructor: Kylee Fruin/EK

Location: Grand Oaks

\*no class 3/29

DAY	DATES	TIMES	R/NR	CODE
W	2/1-5/24	5-7:30 pm	\$500/\$550	221220-01

## BABYSITTING

Ages 11-17

1 Class

This program is designed for young teens who are home alone, sibling sitting or babysitting. Students will learn how to attend to a choking infant or child, provide basic first aid, learn about personal safety for a babysitter, how to care for children and how to manage problem behavior. Ethics and babysitting as a business will also be discussed. Program includes a manual and completion card. Participants should bring a baby-sized doll and lunch. Students must be 11 years old at time of class. Instructor: Brianna Peterson/JP

Location: Administrative Building

DAY	DATES	TIMES	R/NR	CODE
Sa	1/7	8 am-12:30 pm	\$80/\$105	221705-02
F	3/31	8 am-12:30 pm	\$80/\$105	221705-03

## GG LEAGUES

### E-SPORT GAMING LEAGUES

Ages 8 & Up

40 Classes

Register to be a part of an e-gaming league competing with others from our area while being in the comfort of your own house! You register for an e-gaming pass and get an all access league pass within your age group to GGLeagues.

Once you sign up with the Crystal Lake Park District, you will receive an email with a link and password to sign up for ANY of the platforms, Beginner or Competitive and age groups for this session ranging from 1 versus 1, 2 versus 2, 3 versus 3 depending on the game. **We want you to represent the Crystal Lake Area!** Prizes are awarded by GGLeague for those winning their age division and league. Instructor: GGLeague Staff/JP

Location: Online

## GLITZY GIRLZ NEW!

Ages 4-11

Location: Grand Oaks

Instructor: Glitzy Girlz/JP

\*no refunds given 24 hours prior to class

**80s FUN!** A night filled with 80s glam, neon fashion and dance hits! Staff will give a "dated" make-over complete with neon headband, colored hair spray, make-up and neon nail polish application. Decorate a neon bag with paints, jewels and stickers as well as design a neon bracelet with 80s style charm. Our night ends with some fun dancing to flashback hits and cool photos with props. A surprise goes home with each guest.

DAY	DATES	TIMES	R/NR	CODE
Th	2/2	6-7:15 pm	\$33/\$43	221717-01

**MASQUERADE GLAM NIGHT!** Dress up and join the Glitzy Girlz for a night of glam masquerade style! Staff will give each participant a make-over complete with masquerade mask, neon hair updo, make-up and nail polish colors in Mardi Gras style! Each person decorates a wooden photo frame with feathers, paints and sequins as well as designs a beaded bracelet with unique charm. Our night ends with a prop-filled photo session and fashion show. Parents are welcome to attend and snap photos.

DAY	DATES	TIMES	R/NR	CODE
W	3/15	6-7:15 pm	\$33/\$43	221717-02

**PARENT/CHILD MAKING MEMORIES FOR MOM NIGHT!** Take mom on a Glitzy Girlz date! Whether it's an adult coming with a child to make gifts for Mother's Day or a mom spending an evening with that special child, it's a Mom's celebration! Each couple will make three surprises including ceramic, wooden and beaded item with "mom" accents and charms. A special gift wrapping station will conceal any surprises to save for Mother's Day! **Fee based on 2 people. Additional child: \$23**

DAY	DATES	TIMES	R/NR	CODE
W	4/26	6-7 pm	\$33/\$43	221717-03

REG DEADLINE: SEPT 19

 <b>MONDAYS</b> 1 V 1 ON PS4 WITH SUB OR XBOX PLUS WITH LIVE SUB	 <b>MONDAYS</b> SWITCH PLATFORM	 13 & Up <b>WED</b> 3 V 3 1 V 1	 <b>WED</b> 1 V 1 SWITCH PLATFORM
--	--	---	---

AGE	TIME	AGE	TIME	AGE	TIME
8-12 YRS	7-8 PM	13-18 YRS	8-9 PM	18 & UP	9-10 PM

DAY	DATES	TIMES	R/NR	CODE
M-F	1/23-3/17	7-10 pm	\$40/\$52	221755-01
M-F	4/17-6/5	7-10 pm	\$40/\$52	221755-02



## YOUTH CLASSES

### LITTLE MEDICAL SCHOOL

#### LITTLE DOCTOR SCHOOL NEW!

**Ages 6-11**

**6 Classes**

Basic anatomy, medical instruments and prepping for surgery. Through role-play and activities, students will learn the key responsibilities of a doctor and explore the heart, lungs and digestion. Students will use real medical instruments (stethoscope, reflex hammer and blood pressure cuff) and practice scrubbing, suturing and tying knots like a real surgeon. Instructor: Little Medical School Staff/JP

**Location: Administrative Building**

**\*no class 1/16**

DAY	DATES	TIMES	R/NR	CODE
M	1/9-2/10	5:15-6:15 pm	\$149/\$194	221724-01

### LITTLE MEDICAL SCHOOL

#### WILDERNESS MEDICINE NEW!

**Ages 6-11**

**6 Classes**

Students will explore some of the dangers in the wild such as bug bites, snake bites and poisonous plants. These future emergency medics will learn how to splint a broken leg, tie a tourniquet, filter dirty water, the effects of hypothermia and 20 ways to use a bandana in emergencies. Instructor: Little Medical School Staff/JP

**Location: Administrative Building**

**\*no class 1/16**

DAY	DATES	TIMES	R/NR	CODE
M	1/9-2/20	6:30-7:30 pm	\$149/\$194	221725-01



### LITTLE MEDICAL SCHOOL

#### LITTLE VETERINARIAN-DOG NEW!

**Ages 6-11**

**6 Classes**

After "adopting" their very own plush puppy, students will role play the key responsibilities of a veterinarian, including how to properly perform a nose-to-tail exam. These future veterinarians will learn how to sew stitches, remove ticks, make healthy treats and vaccinate their dog. Instructor: Little Medical School Staff/JP

**Location: Administrative Building (Sess 1) LITH Village Hall-600 Harvest Gate, LITH (Sess 2)**

DAY	DATES	TIMES	R/NR	CODE
M	1/9-2/20	4-5 pm	\$170/\$221	221723-01
F	3/24-4/28	5:15-6:15 pm	\$170/\$221	221723-02

### LITTLE MEDICAL SCHOOL

#### LITTLE VETERINARIAN-CAT NEW!

**Ages 6-11**

**6 Classes**

Students will role-play the key responsibilities of a veterinarian and perform a whiskers-to-tail exam on their newly "adopted" plush cat. These future veterinarians will learn about animal body language, maintaining a healthy environment such as proper litterbox placement, create a cat toy and design a vet clinic. Instructor: Little Medical School Staff/JP

**Location: LITH Village Hall-600 Harvest Gate, LITH**

DAY	DATES	TIMES	R/NR	CODE
F	3/24-4/28	4-5 pm	\$170/\$221	221723-03

### LITTLE MEDICAL SCHOOL

#### LITTLE VETERINARIAN-HORSE NEW!

**Ages 6-11**

**6 Classes**

Students can learn all about horses and their care from the newest Little Medical School Equine program. Students will adopt and name their plush horse and learn the anatomy and maintenance of a horse. They will also learn basic horse nutrition, riding styles, gaits and role-play and basic key responsibilities of an equine veterinarian. Instructor: Little Medical School Staff/JP

**Location: LITH Village Hall-600 Harvest Gate, LITH**

DAY	DATES	TIMES	R/NR	CODE
F	3/24-4/28	6:30-7:30 pm	\$163/\$212	221723-04



*Reg Deadline  
3 days prior to start of class*



## LIFE COACH LISA LOMBARDI

Instructor: Lisa Lombardi Coaching Inc. (lisalombardi.com)/JP  
**Location: Administrative Building** **These are drop off classes.**  
**Reg Deadline: 3 days prior to class**

*\*no refunds given 24 hours prior to class*

### MORE CLASSES AND LABS!

## CHOCOLATE BRIDGES OF HOPE

**Ages 6-12** **1 Class**

Having hope is that "bridge" until we get to the other side. As we set intentions for the New Year, we must take action and not just sit in hope. Smashing negative thoughts, knowing our strengths, using humor, having emotional self-control and a growth mindset are some of the techniques we will learn. To dramatize the concept of hope, we will engineer a Hershey's decked out Truss or Suspension chocolate candy bridge. Participants may take their edible creation home or eat it on the spot. STEM meets life coaching!

DAY	DATES	TIMES	R/NR	CODE
W	1/25	4:30-5:30 pm	\$30/\$39	221720-05

## VALEN-SCIENCE EXPERIENCE

**Ages 5-12** **1 Class**

It's LOVE MONTH! Experiment with all the things that make Valentine's explosive fun - like carbon dioxide candy chaos, magnetic heart attraction, anti-gravity rocket love arrows and finally a tower of hearts tournament for prizes. Sometimes the pressure surrounding Valentine's Day can cause anxiety for people with high expectations of cards/gifts. We will learn 10 tips to handle any worries kids might have this season and ideas for self-love.

DAY	DATES	TIMES	R/NR	CODE
M	2/20	2-3 pm	\$30/\$39	221712-02

## VALEN-SLIME LAB

**Ages 6-12** **1 Class**

Have the slime of your life making Valentine's Day themed slime! It's love month and we are customizing your slime in the concoction center to smell like gourmet chocolates, fresh cut roses, pink cotton candy or dipped strawberries. Speaking of Cupid, stop his arrow from coming your way by using your batch of slime to capture him in the act when we play a slimy Valentine game! Kids take their slime home. Attendees will receive a life coaching lesson on growth mindset and THE POWER OF YES.

DAY	DATES	TIMES	R/NR	CODE
M	2/20	3:15-4:15 pm	\$30/\$39	221718-0

## SELF-ESTEEM THROUGH SPRING ICE CREAM

**Ages 6-12** **1 Class**

Making and eating ice cream is a fun way to introduce early chemistry teachings to children and helps build self-esteem. Peeps, jellybeans, rainbow sprinkles and Leprechaun chocolate coins are some favorites! Explore the science and history of the beloved amusement park treats, Dippin' Dots, waffle cones and the Eskimo Pie. Then sit down for the most outrageous ice cream eating contest in town. Don't wear your Sunday best, we will get sticky! Souvenirs included.



DAY	DATES	TIMES	R/NR	CODE
Th	3/23	6-7 pm	\$30/\$39	221719-01

## CONFIDENCE THROUGH COMEDY

**KIDS LIFE COACHING LAUGHTER LAB!** **1 Class**

Whether your child is naturally funny or not, they will have the opportunity to develop and execute comedic skills, gain a higher sense of confidence with stacked successes and perhaps learn to use humor in a social setting. Through close observation and lab experimentation, this high-energy comedy class will offer electrifying lessons on humor such as: Impersonations, prank humor, slapstick, comic strips, improv, character voices, ventriloquism and witty situational. They will also understand when comedy is taken TOO far in life. All kids leave with a humor-themed souvenir.

DAY	DATES	TIMES	R/NR	CODE
M	4/24	4:30-5:30 pm	\$30/\$39	221721-01

## TROPICAL ISLAND SCIENCE LAB

**Ages 5-12** **1 Class**

Paradise is calling! Step into the ultimate STEM lab experience as kids are whisked away to enjoy marine and island life. Hands-on inspirational tropical themes might include: the life of a coconut, building an earthquake-proof pool cabana, red tide dramatization, sunscreen and coral science, octopus escapism experiment, ocean plastic-palooza challenge, snack shack science, palm tree adventures and seashell lab.

Watch out at your next family vacation, your kids will teach you a thing or two about the high seas and conservation!

DAY	DATES	TIMES	R/NR	CODE
M	4/24	5:30-6:30 pm	\$30/\$39	221722-01



## YOUTH CLASSES

### ART ATTACK!

## PAINT NITE EASY LEVEL

Ages 7 & Up

1 Class

It's never too early to nurture the love of art! Simple to follow, stroke-by-stroke age appropriate directions make creating your artwork easy. We supply the 11x14 canvas and acrylic paint, you bring friends, snack and a beverage. Together, we will explore your inner talent! Adults welcome!

Instructor: Julie Kukreja/EK

Location: Administrative Building

SAT 12-2 PM \$25/\$30



1/14  
220303-01



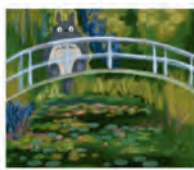
2/11  
220303-02



3/11  
220303-03



4/15  
220303-04



5/6  
220303-05

### ART ATTACK!

## PAINT NITE FAMILY PROJECT

Ages 15 & Up

1 Class

Bring the whole family to work on a collaborative painting. Each member will receive their own canvas. When placed together, it will make one large image. Our instructor will take you through step by step instructions. Price is for 3 family members. Each additional member is \$10. Instructor: Julie Kukreja/EK

Location: Woodscreek Building

DY	DATE	TIME	R/NR	CODE
Su	4/2	1-3 pm	\$60/\$78	230324-01

### ART ATTACK!

## PAINT NITE YOUR CHOICE

Ages 15 & Up

1 Class

Pick one of our paintings and our instructor will walk you through step by step. Make it a party with friends. BYOB. Instructor: Julie Kukreja/EK

Location: Woodscreek Building

DY	DATE	TIME	R/NR	CODE
W	5/17	6:30-9:30 pm	\$35/\$45	230344-01

Supporting Local Youth Sports  
& Creating Beautiful

# Smiles

Since 1977



**ConlonThompson**  
ORTHODONTICS

Call today for a FREE Consultation

**815.344.2840**

[www.ConlonThompsonOrtho.com](http://www.ConlonThompsonOrtho.com)

4104 W. Crystal Lake Road • McHenry, IL 60050





# YOUTH SPORTS

WEAR COMFORTABLE CLOTHING AND ATHLETIC SHOES  
EQUIPMENT IS PROVIDED

Instructor: Hot Shots Staff/HS  
\*no class 3/25, 3/27, 3/28



## HOT SHOTS SPORTS LIL DRIBBLERS

**See Below** **6 Classes**  
The Lil' Dribblers Basketball program introduces children to the game of basketball in a safe, fun and exciting environment. Our curriculum uses age appropriate activities and games specifically designed to increase balance, body awareness, motor skills, hand eye coordination, listening skills and the ability to follow directions.  
**Location: Grand Oaks/Woods creek Park\*\***

### AGES 4-5

DAY	DATES	TIMES	R/NR	CODE
Tu	1/10-2/14	5:30-6:15 pm	\$70/\$91	220410-01
Tu	2/28-4/11*	5:30-6:15 pm	\$70/\$91	220410-03
Tu**	4/25-5/30	5-5:45 pm	\$70/\$91	220410-05

### AGES 6-7

DAY	DATES	TIMES	R/NR	CODE
Tu	1/10-2/14	6:15-7:15 pm	\$75/\$97	220410-02
Tu	2/28-4/11*	6:15-7:15 pm	\$75/\$97	220410-04
Tu**	4/25-5/30	5:45-6:30 pm	\$70/\$91	220410-06

## HOT SHOTS SPORTS BASKETBALL SKILLS 101

**Ages 8-10** **6 Classes**  
One of the best ways to develop your basketball skills is through game play, and in Game Time, you do just that. Each week, basketball players are challenged through various games including 1-on-1, 3-on-3 and 5-on-5. Coaches referee and guide the class to enhance the players understanding of the game.  
**Location: Woods creek Park**

DAY	DATES	TIMES	R/NR	CODE
Tu	4/25-5/30	6:30-7:30 pm	\$75/\$97	220403-01

## HOT SHOTS SPORTS T-BALL

**Ages 4-6** **6 Classes**  
This introductory t-ball program is perfect for your child who wants to have fun, make new friends and be introduced to baseball. Participants enjoy learning the skills needed to play baseball including offense and defense, as well as the rules and philosophies of the game. The program stresses teamwork over competition. **Please bring a glove.**  
**Location: Grand Oaks/Woods creek Park\*\***

DAY	DATES	TIMES	R/NR	CODE
M	1/9-2/13	4:30-5:15 pm	\$70/\$91	220455-01
M	2/27-4/10*	4:30-5:15 pm	\$70/\$91	220455-02
M**	4/24-5/29	4:30-5:15 pm	\$70/\$91	220455-03
Sa**	4/22-5/27	9-9:45 am	\$70/\$91	220455-04
Sa**	4/22-5/27	10:15-11 am	\$70/\$91	220455-05

## HOT SHOTS SPORTS TOTAL SPORTS

**Ages 4-6** **6 Classes**  
This class features a new sport each week. Some of the sports taught and played include basketball, floor hockey, football, kickball, soccer and baseball. In addition, participants play many popular running and group games. Children have the opportunity to acquire new skills and develop confidence in games they have played in previous classes.

DAY	DATES	TIMES	R/NR	CODE
Sa	1/7-2/11	11:15 am-12 pm	\$70/\$91	220421-01
Sa	2/25-4/8*	11:15 am-12 pm	\$70/\$91	220421-02
Sa**	4/22-5/27	1:30-2:15 pm	\$70/\$91	220421-03

**ADULT / TOT CLASSES -PAGE 25**



## YOUTH ATHLETICS

WEAR COMFORTABLE CLOTHING AND ATHLETIC SHOES  
EQUIPMENT IS PROVIDED

Instructor: Hot Shots Staff/HS  
\*no class 3/25, 3/27

### HOT SHOTS SPORTS

## PEE WEE SOCCER

Ages 4-5

6 Classes

Let your child's early soccer experience be a great one. The younger player develops their soccer skills and also gains confidence, coordination, motor skills and communication. The program uses age appropriate drills and exercises to teach players kicking, ball control, dribbling, shooting and more.

Location: Grand Oaks/Woods creek Park\*\*

DAY	DATES	TIMES	R/NR	CODE
M	1/9-2/13	6-6:45 pm	\$70/\$91	220422-01
M	2/27-4/10*	6-6:45 pm	\$70/\$91	220422-03
M**	4/24-5/29	6-6:45 pm	\$70/\$91	220422-05
Sa	1/7-2/11	9:30-10:15 am	\$70/\$91	220422-02
Sa	2/25-4/8*	9:30-10:15 am	\$70/\$91	220422-04
Sa**	4/22-5/27	11:45 am-12:30 pm	\$70/\$91	220422-06

### HOT SHOTS SPORTS

## JUNIOR SOCCER

Ages 6-7

6 Classes

Players are introduced to the fundamentals of soccer tactics such as passing the ball, offensive moves, defensive moves, keeping/controlling the ball and taking the ball away from the opposing team. Players learn to score and prevent goals. Physical endurance and fitness are emphasized while touching the ball. At this age, the focus starts to change from simple games to organized, tactical, competitive games.

Location: Grand Oaks/Woods creek Park\*\*

DAY	DATES	TIMES	R/NR	CODE
M	1/9-2/13	6:45-7:30 pm	\$70/\$91	220423-01
M	2/27-4/10*	6:45-7:30 pm	\$70/\$91	220423-03
M**	4/24-5/29	6:45-7:30 pm	\$70/\$91	220423-05
Sa	1/7-2/11	10:15-11 am	\$70/\$91	220423-02
Sa	2/25-4/8*	10:15-11 am	\$70/\$91	220423-04
Sa**	4/22-5/27	12:30-1:15 pm	\$70/\$91	220423-06

## ADULT / TOT CLASSES - PAGE 25



Reg Deadline  
3 days prior to start of class



### HOT SHOTS SPORTS

## PEE WEE FLAG FOOTBALL

Ages 5-6

6 Classes

Players experience daily scrimmages with active instruction and tips from the coaching staff. Players are encouraged to employ skills used in football such as running pass routes, play calling, defensive positioning and the fundamentals of blocking and pass coverage. These skills and others will be put to use in a "game time" environment while the players scrimmage each week.

Location: Woods creek Park

DAY	DATES	TIMES	R/NR	CODE
Th	4/27-6/1	5-5:45 pm	\$70/\$91	220404-01

### HOT SHOTS SPORTS

## JUNIOR FLAG FOOTBALL

Ages 7-9

6 Classes

Come join in on the fun and start playing the nation's most loved game! Players are introduced to stance, receiving, rushing, blocking and defense. Each week ends with a scrimmage encouraging teamwork and sportsmanship. Players always get to play either receiver or running back each week. Games focus on fundamentals and field concepts, as well as positions and mechanics.

Location: Woods creek Park

DAY	DATES	TIMES	R/NR	CODE
Th	4/27-6/1	5:45-6:30 pm	\$70/\$91	220409-01

### HOT SHOTS SPORTS

## GAME TIME FLAG FOOTBALL

Ages 10-12

6 Classes

Players experience daily scrimmages with active instruction and tips from the coaching staff. Players are encouraged to employ skills used in football such as running pass routes, play calling, defensive positioning and the fundamentals of blocking and pass coverage. These skills and others will be put to use in a "game time" environment while the players scrimmage each week.

Location: Woods creek Park

DAY	DATES	TIMES	R/NR	CODE
Th	4/27-6/1	6:30-7:30 pm	\$75/\$97	220412-01



HOT SHOTS SPORTS

MINI NINJA WARRIORS

**Ages 4-6** **6 Classes**  
 Leap, hop, skip and run your way through obstacles and put your Ninja skills to the test. This fun movement based class will challenge your Ninja to maneuver over and under objects. We will also play many large group games to further challenge their Ninja Skills. **\*no class 3/29**  
**Location: Grand Oaks**

DAY	DATES	TIMES	R/NR	CODE
W	1/11-2/15	6-6:45 pm	\$70/\$91	220407-01
W	3/1-4/12*	6-6:45 pm	\$70/\$91	220407-02
W	4/26-5/31	6-6:45 pm	\$70/\$91	220407-03

HOT SHOTS SPORTS

JUNIOR NINJA WARRIORS

**Ages 7-10** **6 Classes**  
 Take everything you learned from Mini Ninja Warriors, and test your Ninja skills with the even more difficult obstacles to leap, hop, skip and run your way through the large group games that will put your Ninja skills to the test in this fun movement based class. **\*no class 3/29**  
**Location: Grand Oaks**

DAY	DATES	TIMES	R/NR	CODE
W	1/11-2/15	6:45-7:45 pm	\$75/\$97	220405-01
W	3/1-4/12*	6:45-7:45 pm	\$75/\$97	220405-02
W	4/26-5/31	6:45-7:45 pm	\$75/\$97	220405-03

HOT SHOTS SPORTS

SPRING BREAK CAMP

**Ages 5-10** **5 Classes**  
 This camp focuses on a variety of sports including flag football, basketball, baseball, kickball, soccer, capture the flag and other group games. Each day, campers focus on skill development and fundamentals for each respective sport, followed by game play. Coaches ensure a fun and energetic atmosphere while promoting teamwork and good sportsmanship. Campers should bring a snack and water bottle each day.  
**Location: Woodscreek Park**

DAY	DATES	TIMES	R/NR	CODE
M-F	3/27-3/31	9 am-12 pm	\$140/\$182	220408-01

BOYS BASKETBALL LEAGUE

Everybody plays in this basketball program. Players will develop basic individual basketball skills and team concepts. **Teams will practice from 5-6:30 pm at their respective schools two days a week and play games on SUNDAYS at Crystal Lake South High School.** Practices begin the week of Jan 16 and games are scheduled to begin Sunday, Jan 29. Each team will play a seven game season with weekday games possible. Team jerseys are included in the fee. The program does not meet on days D47 is closed or has early release days.

SCHEDULE	TIME RANGE	LOCATION
SUNDAY GAMES	12:30-5:30 PM	CENTRAL HS
WEEKDAY PRACTICES	5-6:30 PM	AT SCHOOL
		CHILD ATTENDS

\*WOODS CREEK PRACTICE 6-7:30 pm

2ND-3RD GRADE

TU & TH: Practice begins 1/17; Games start 1/29

220401-01	West	220401-06	Woods Creek*
220401-02	South	220401-07	Indian Prairie
220401-03	North	220401-08	Glacier Ridge
220401-04	Husmann	220401-09	Coventry
220401-05	Canterbury	220401-10	Waitlist

4TH-5TH GRADE

W & F: Practice begins 1/18; Games start 1/29

220402-01	West	220402-06	Woods Creek*
220402-02	South	220402-07	Indian Prairie
220402-03	North	220402-08	Glacier Ridge
220402-04	Husmann	220402-09	Coventry
220402-05	Canterbury	220402-10	Waitlist

REG DEADLINE: 1/6

R/NR: \$150/\$195



IAN BOOKER  
 ATHLETIC SUPERVISOR  
 ibooker@crystallakeparks.org



Sign up at [rainoutline.com](http://rainoutline.com)  
 for class changes  
 and cancellations!



## TRINITY GYMNASTICS ACADEMY

Instructor: USAG Certified Trinity Gymnastics Staff/HS  
 Location: Trinity Gymnastics Academy, 9162 Trinity Dr, LITH

### TRINITY GYMNASTICS ACADEMY

## PARENT & TOT GYMNASTICS

**Ages 2-3** **8/9\* Classes**

This class offers parents a chance to bond with their little one while experiencing a wide range of exciting gymnastics activities! Classes are designed to help children begin developing balance, strength, flexibility and coordination by climbing, crawling, swinging and jumping. They also focus on the fundamentals of waiting their turn, standing in line, following obstacle courses independently and staying with and listening to the instructor. Fantastic for two to three-year-olds!

DAY	DATES	TIMES	R/NR	CODE
Sa	1/7-2/25	12:15-1 pm	\$148/\$192	210410-01
Sa	3/4-4/29	12:15-1 pm	\$167/\$217	210410-02*
Sa	5/6-6/24	12:15-1 pm	\$148/\$192	210410-03

### TRINITY GYMNASTICS ACADEMY

## LITTLE STARS GYMNASTICS

**Age 3** **8/9\*\* Classes**

This class is for children who are ready to enjoy learning independently. Children will develop balance, strength, flexibility and coordination through activities on the trampoline, tumble track and preschool-sized equipment. They will also be introduced to new gymnastic skills such as forward and backward rolls, progressions for cartwheels, balance beams, bars and rings in a fun and safe environment. No parents are required in this class. This class is coed. **\* no class 4/7**

DAY	DATES	TIMES	R/NR	CODE
F	1/6-2/24	10:30-11:15 am	\$148/\$192	210409-01
F	3/3-4/28*	10:30-11:15 am	\$148/\$192	210409-03
F	5/5-6/23	10:30-11:15 am	\$148/\$192	210409-05
Sa	1/7-2/25	9:45-10:30 am	\$148/\$192	210409-02
Sa	3/4-4/29	9:45-10:30 am	\$167/\$217	210409-04**
Sa	5/6-6/24	9:45-10:30 am	\$148/\$192	210409-06

### TRINITY GYMNASTICS ACADEMY

## JUMP START GYMNASTICS

**Ages 4-5** **8/9\* Classes**

Your kids will love the active nature of this class as they bounce, jump and swing their way to fun! These classes are designed to encourage your kids to develop a love of being active while promoting balance, strength, flexibility and coordination. Students will be introduced to the fundamentals of beginning gymnastics as well as bars, beams, trampolines and great obstacle courses. This class is coed.

DAY	DATES	TIMES	R/NR	CODE
Sa	1/7-2/25	9:35-10:20 am	\$148/\$192	220417-01
Sa	3/4-4/29	9:35-10:20 am	\$167/\$217	220417-02*
Sa	5/6-6/24	9:35-10:20 am	\$148/\$192	220417-03

### TRINITY GYMNASTICS ACADEMY

## LITTLE WARRIORS

**Ages 4-5** **8/9\* Classes**

Little Warriors is a parkour (Ninja Warrior) program. It is high energy and quick moving. Children begin to work on different obstacle courses, balancing, running, climbing and different kinds of flipping (rolling). Be prepared for your child to be tired after this coed class.

DAY	DATES	TIMES	R/NR	CODE
Sa	1/7-2/25	8:30-9:15 am	\$148/\$192	210408-01
Sa	3/4-4/29	8:30-9:15 am	\$167/\$217	210408-02*
Sa	5/6-6/24	8:30-9:15 am	\$148/\$192	210408-03

### TRINITY GYMNASTICS ACADEMY

## BEGINNERS GYMNASTICS

**Ages 6-12** **8/9\* Classes**

This class is a great introduction to the world of basic tumbling and gymnastic skills with the use of various mats, bars and trampolines. The emphasis is on strength, coordination and flexibility. Boys and girls are separated to focus on the men's and women's specific events.

DAY	DATES	TIMES	R/NR	CODE
G Sa	1/7-2/25	9:45-10:45 am	\$160/\$208	220413-01
G Sa	3/4-4/29	9:45-10:45 am	\$180/\$234	220413-03*
G Sa	5/6-6/24	9:45-10:45 am	\$160/\$208	220413-05
DAY	DATES	TIMES	R/NR	CODE
B Sa	1/7-2/25	11 am-12 pm	\$160/\$208	220413-02
B Sa	3/4-4/29	11 am-12 pm	\$180/\$234	220413-04*
B Sa	5/6-6/24	11 am-12 pm	\$160/\$208	220413-06





TRINITY GYMNASTICS ACADEMY

**TUMBLING**

Ages 6-12

8/9\* Classes

Start your cheer tumble preparation with us! No prior tumbling experience required. Fundamental skills such as forward/backward rolls, cartwheels, round-offs, forward and back walk-overs are introduced as well as basic progressions for the back handspring. Athletes will build confidence in their ability under the direction of our USAG Certified Instructors to further advance their skills.

DAY	DATES	TIMES	R/NR	CODE
Th	1/5-2/23	5:30-6:30 pm	\$174/\$226	220411-01
Th	3/2-4/27	5:30-6:30 pm	\$196/\$255	220411-02*
Th	5/4-6/22	5:30-6:30 pm	\$174/\$226	220411-03

TRINITY GYMNASTICS ACADEMY

**PARKOUR**

Ages 6-12

8/9\* Classes

Attention Ninja Warriors! Do you watch American Ninja Warrior with the confidence YOU could fly through that obstacle course? Then this introductory Parkour class is just for you! 'Get your game on' by learning how to move uninterrupted through a series of obstacles using a combination of skillful spins, rolls and flips! The skills learned in this class can be used in all of life's physical challenges as well as cross-training for other sports! This class is coed.

DAY	DATES	TIMES	R/NR	CODE
Sa	1/7-2/25	8:30-9:30 am	\$174/\$226	220415-01
Sa	3/4-4/29	8:30-9:30 am	\$196/\$255	220415-03*
Sa	5/6-6/24	8:30-9:30 am	\$174/\$226	220415-05
Sa	1/7-2/25	9:45-10:45 am	\$174/\$226	220415-02
Sa	3/4-4/29	9:45-10:45 am	\$196/\$255	220415-04*
Sa	5/6-6/24	9:45-10:45 am	\$174/\$226	220415-06



Reg Deadline  
3 days prior to start of class

CRYSTAL LAKE GYMNASTICS  
**TRAINING CENTER**

This exciting class allows children to do obstacle courses, build strength, coordination and positive social interaction. They can burn energy while building friendships! **A 20% discount is offered for additional children from immediate families enrolled in the same class.** Instructor: CLGTC Staff/HS

Location: Crystal Lake Gymnastics Training Center, 387 Congress Parkway, CL

**TOT MOVEMENT**

Ages 18 month - 2 with Parent

10 Classes

DAY	DATES	TIMES	R/NR	CODE
Tu	1/3-3/7	10:15-11 am	\$145/\$189	210413-01
Tu	3/14-5/16	10:15-11 am	\$145/\$189	210413-02

**KINDER GYM**

Ages 3-5

10 Classes

DAY	DATES	TIMES	R/NR	CODE
Tu	1/3-3/7	9:15-10 am	\$145/\$189	220416-01
Tu	3/14-5/16	9:15-10 am	\$145/\$189	220416-02



**KUBIK ORTHODONTICS**

**815-455-7757 | drkubik.com**

490 Coventry Lane, Suite 200  
Crystal Lake, IL 60014







**EVP VOLLEYBALL ACADEMY**

**VOLLEYBALL SKILLS & DRILLS**

**Ages 7-10** **4 Classes**

The introductory co-ed class introduces the pass, set and spike using a very light volleyball. Volleykidz will improve each child's hand/eye coordination and left/right coordination using fun drills and games. Lesson plan also incorporates short educational drills including spelling, math and science. The lesson plan directs individual training that helps each student reach a new level of volleyball skills. Instructor: EVP Staff/HS

**Location: Grand Oaks**

DAY	DATES	TIMES	R/NR	CODE
Th	1/5-1/26	4-5:30 pm	\$99/\$129	220418-01
Th	2/2-2/23	4-5:30 pm	\$99/\$129	220418-02
Th	3/2-3/23	4-5:30 pm	\$99/\$129	220418-03
Th	4/6-4/27	4-5:30 pm	\$99/\$129	220418-04
Th	5/4-5/25	4-5:30 pm	\$99/\$129	220418-05

**EVP VOLLEYBALL ACADEMY**

**SPRING BREAK VOLLEYBALL CAMP**

**See Ages Below** **4 Classes**

Join us for a special Spring Break Volleyball Camp session taught and directed by EVP Volleyball Pros. The 4-day camp will concentrate on the fundamentals of passing, setting, spiking and overhand serve. The lesson plan directs the use of self-mastery training that helps each student reach a new level. The knowledge of the instructors will give the participants a head start on their skills in preparation for the Volley Club team play. Instructor: EVP Staff/HS

**Location: Grand Oaks**

AGE	DAY	DATES	TIMES	R/NR	CODE
7-10	M-Th	3/27-3/30	1-3 pm	\$99/\$129	220419-01
11-14	M-Th	3/27-3/30	3-5 pm	\$99/\$129	220419-02

**EVP VOLLEYBALL ACADEMY**

**JR. VOLLEYBALL SKILLS & DRILLS**

**Ages 11-14**

Improve your volleyball skills with 90 minutes of drills in setting, passing, overhand serving and spiking. The lesson plan directs the use of individual training, pairing drills and game situation development that help each student reach a new level. Instructors organize short games at the end of each class. The lesson plan also incorporates leadership and educational components. This class is coed. Instructor: EVP Staff/ HS

**Location: Grand Oaks**

DAY	DATES	TIMES	R/NR	CODE
Th	1/5-1/26	5:30-7 pm	\$99/\$129	220427-01
Th	2/2-2/23	5:30-7 pm	\$99/\$129	220427-02
Th	3/2-3/23	5:30-7 pm	\$99/\$129	220427-03
Th	4/6-4/27	5:30-7 pm	\$99/\$129	220427-04
Th	5/4-5/25	5:30-7 pm	\$99/\$129	220427-05

**SPRING SOFTBALL LEAGUES**

**Ages 18 & Up** **6:30-10:30 pm**

Competitive and recreational adult softball leagues for Men's and Co-Rec 12" softball leagues offer weekly games at Lippold Park. The regular season consists of 8 games (Men's) and 6 games (Co-Rec) including playoffs. Games will be played as same team double headers. Competitive and recreational leagues will be combined if there are not enough teams to have separate divisions.

**Registration is on a first come, first served basis-no spots are held. Payment required prior to start of season. Fee includes \$25 refundable forfeit fee.**

**Location: Lippold Park/IB** **Reg Deadline: 4/7**

**NEW UNLIMITED ARC LEAGUE!**

MONDAY MEN'S UNLIMITED ARC	TUESDAY MEN'S	WEDNESDAY MEN'S	THURSDAY MEN'S	FRIDAY CO-REC MUSH BALL
\$465	\$465	\$465	\$465	\$355
A 330450-01	A 330451-01	A 330453-01	A 330454-01	A 330455-01
	B 330451-02	B 330453-02	B 330454-02	B 330455-02
	C 330451-03	C 330453-03	C 330454-03	C 330455-03
STARTS 4/17	STARTS 4/18	STARTS 4/19	STARTS 4/20	STARTS 5/5

A = COMPETITIVE B = COMPETITIVE/REC C = RECREATIONAL

**CRYSTALLAKEPARKS.ORG**





The Crystal Lake Park District recognizes that certain organizations exist within the community whose purposes are to serve and enhance recreational opportunities for a specific purpose and group. These organizations are separate and independent from the Park District and provide their own leadership, organizational and operational structure.

Although the stated missions of the organizations may differ, public investment in public recreational facilities and programs creates a mutually beneficial environment in which to provide quality recreation for all the individuals served by the parties, as well as the general public.

**BASEBALL**

**Crystal Lake Babe Ruth Baseball**  
[clbr.org](http://clbr.org)

**Crystal Lake Baseball**  
[clbaseball.com](http://clbaseball.com)

**Crystal Lake Little League Baseball**  
[clllb.com](http://clllb.com)

**Phenom Illinois Travel Baseball**  
[PhenomIllinois.com](http://PhenomIllinois.com)

**FOOTBALL/CHEERLEADING**

**Crystal Lake Raiders Football & Cheerleading**  
[clraiders.net](http://clraiders.net)

**GIRLS SOFTBALL**

**Crystal Lake Girls Fastpitch Softball**  
[clgfsoftball.org](http://clgfsoftball.org)

**Crush Tidal Waves Competitive Fastpitch**  
[CrushTidalWaves.org](http://CrushTidalWaves.org)

**LACROSSE**

**Blackhawks Lacrosse**  
[blackhawkslax.net](http://blackhawkslax.net)

**MULTI-SPORT**

**McHenry County Youth Sports Assoc.**  
[mccysasports.org](http://mccysasports.org)

**ROWING**

**Crystal Lake Rowing Club**  
[crystallakerowingclub.org](http://crystallakerowingclub.org)

**SOCCER**

**Crystal Lake Soccer Federation**  
[clsf.org](http://clsf.org)

**WATER SKI**

**Crystal Lake Water Ski Assoc.**  
[facebook.com/clwsa](https://facebook.com/clwsa)

PLEASE CONTACT THE AFFILIATE GROUPS DIRECTLY WITH QUESTIONS ABOUT REGISTRATION, SCHEDULING, PRACTICE AND GAME LOCATIONS.



# SHOTOKAN KARATE

AT THE CRYSTAL LAKE PARK DISTRICT



AGES 4 THRU ADULT

INSTRUCTORS WITH  
15+ YEARS OF  
EXPERIENCE



CONFIDENCE  
FITNESS  
FOCUS  
RESPECT



CLASSES  
START IN  
**JANUARY  
& MARCH**  
VIEW CLASSES ON  
**PAGE  
39**

*Register*  
at the  
park district!

QUESTIONS? → [ISKC.COM](http://ISKC.COM)  
847/359-0666





ILLINOIS SHOTOKAN KARATE CLUBS

PRE-KARATE

**Ages 4-6** **12/10 Classes**

In our Pre-Karate classes, young children develop flexibility, strength and coordination in fun, yet disciplined activities. This program is specifically designed for growing minds and bodies to enhance memory and agility. Watch your child's confidence blossom and their skills improve. Instructor: Illinois Shotokan/HS

**Location: Randall Oaks Rec Center, 500 N. Randall Rd. West Dundee (Tu) Main Beach (Th)**

**BEGINNER (No experience - 1 session)**

Tu	1/3-3/21	4:20-5:05 pm	\$159/\$207	241112-01
Tu	4/4-6/6	4:20-5:05 pm	\$133/\$173	241112-04

**CONTINUER or Instructor's Permission (2+ sessions)**

Tu	1/3-3/21	5:10-5:55 pm	\$159/\$207	241112-02
Tu	4/4-6/6	5:10-5:55 pm	\$133/\$173	241112-05

**BEGINNER/CONTINUER**

Th	1/5-3/23	5-5:45 pm	\$159/\$207	241112-03
Th	3/30-6/1	5-5:45 pm	\$133/\$173	241112-06

HAPKIDO

**Ages 6 & Up** **12 Classes**

What distinguishes Hapkido from other traditional martial arts styles is that Hapkido is both an Art of Self-Defense and an Art of Discipline. Hapkido primarily emphasizes the subduing of an opponent with minimal strength. Traditional martial art techniques; kicks, punches, forms and blocks are taught including stranger awareness for children and safety protocol for use of self-defense for adults. Students are taught safety falling. **Note: Beginner students meet from 7-8 pm and advanced students meet from 7-9 pm.** Instructor: Black Belts:

Ken Ostergaard, Jason Baldowsky and Adam Ostergaard/HS  
**Location: Spoerl Park** **\*no class 1/16, 2/20, 3/27, 3/29**

DAY	DATES	TIMES	R/NR	CODE
M,W	1/9-2/22*	7-9 pm	\$88/\$114	241117-01
M,W	2/27-4/12*	7-9 pm	\$88/\$114	241117-02
M,W	4/17-5/24	7-9 pm	\$88/\$114	241117-03

WOMEN'S SELF DEFENSE CLINIC  
 PAGE 61



Reg Deadline  
 3 days prior to start of class

ILLINOIS SHOTOKAN KARATE CLUBS

SHOTOKAN KARATE

**Ages 7 & Up** **12/10 Classes**

ISKC's youth and adult karate classes will put participants in touch with their bodies and offers a good mix of strength training, cardiovascular and flexibility exercises. Participants increase their coordination, agility and poise, as well as learn lasting personal safety skills. Uniforms and belt-testing are options available through the ISKC instructor. Please note that all adults and children train together. Beginner students will not be permitted to register into the current session after the second class has met. Instructor: Illinois Shotokan/HS

**Location: Liberty Elementary, 6500 Miller Rd, Carpentersville (Tu) Main Beach (Th)**

**BEGINNER/CONTINUER (WHITE-RED BELTS)**

Tu	1/3-3/21	6:30-7:25 pm	\$159/\$207	241113-01
Tu	4/4-6/6	6:30-7:25 pm	\$133/\$173	241113-07
Th	1/5-3/23	7-7:55 pm	\$159/\$207	241113-05
Th	3/30-6/1	7-7:55 pm	\$133/\$173	241113-11

**NOVICE/INTERMEDIATE (ORANGE-GREEN BELTS)**

Tu	1/3-3/21	7:30-8:25 pm	\$159/\$207	241113-02
Tu	4/4-6/6	7:30-8:25 pm	\$133/\$173	241113-08

**INTERMEDIATE (ORANGE-BLUE BELTS)**

Th	1/5-3/23	6-6:55 pm	\$159/\$207	241113-04
Th	3/30-6/1	6-6:55 pm	\$133/\$173	241113-10

**ADVANCED (LOW PURPLE-BLACK BELTS)**

Tu	1/3-3/21	8:30-9:30 pm	\$159/\$207	241113-03
Tu	4/4-6/6	8:30-9:30 pm	\$133/\$173	241113-09

**ADVANCED (GREEN BELTS & UP)**

Th	1/5-3/23	8-9:15 pm	\$186/\$242	241113-06
Th	3/30-6/1	8-9:15 pm	\$155/\$202	241113-12





# WANT TO SKATE?

**GROUP LESSONS  
OFFERED YEAR ROUND  
ALL LEVELS**

—————  
**FIGURE SKATING  
HOCKEY**



**PUBLIC SKATE ▪ HOCKEY LEAGUES ▪ FIGURE SKATING ▪ BIRTHDAY PARTIES**

**320 E. PRAIRIE ST. CRYSTAL LAKE IL 60014 815-356-8500 CRYSTALICEHOUSE.COM**



## **CRYSTAL LAKE ROWING CLUB**

**The only crew rowing on Crystal Lake since 2004.**

**Competitive elite rowing for Juniors in grades 8-12.**

**Recreational rowing for Masters ages 23 and up.**

**Spring and summer education opportunities for beginners.**

**more information :**

[recruiting@crystallakerowing.org](mailto:recruiting@crystallakerowing.org)

[www.joinourcrew.org](http://www.joinourcrew.org)



Scan the QR code to join the Learn to Row waiting list!







# RACKET CLUB



**9101 S. ROUTE 31, ALG**  
**847.658.5688**  
**THE RACKET CLUB.ORG**

## MEMBERSHIP

The Racket Club is a self-supporting membership facility operated by the Crystal Lake Park District. The Racket Club uses membership fees and club revenues to pay for club operations and expenses. Membership gives you the opportunity to play and participate in lesson and league programs.

MEMBERSHIP TYPE	MONTHLY DUES
FAMILY	\$45
PARTNERS	\$36
INDIVIDUAL	\$29
JUNIOR (UNDER 21)	\$16
SENIOR (65 +)	\$10

Billing for monthly dues will begin the following month. Memberships may be canceled at any time without penalty.

## Non-Membership Opportunities

The Racket Club also offers opportunities for non-members; please visit [theracketclub.org](http://theracketclub.org) to see the latest promotions.

## COURT TIME

### Indoor Permanent Court Time

Permanent court time reservations are made for the same time each week September through May with the exception of holidays and special events. Court fees for permanent time are divided among all group members and billed in six installments (Aug-Jan).

### Open Court Time Reservations

Open time reservations may be made one week in advance by members and one day in advance by non-members\*. Play begins on the hour and half hour at the rate of \$26 per hour. \*Guests or non-members may schedule open court time for an additional \$10 guest fee per person.

9 CUSHIONED INDOOR HARD COURTS  
W/INDIRECT LIGHTING

4 HARD OUTDOOR COURTS  
3 CLAY OUTDOOR COURTS

3 INDOOR COURTS LINED  
FOR PICKLEBALL

PRACTICE COURT WITH BALL MACHINE

LOUNGE AND VIEWING AREA  
LOCKER ROOMS  
PRO SHOP

PERMANENT AND OPEN COURT TIME  
YEAR ROUND/7 DAYS A WEEK

LESSONS FOR ALL AGES  
USPTA/USPTR PROS ON STAFF  
COMPETITIVE LEAGUES

## INDOOR SEASON DATES

- MAY Indoor Permanent Court Time Sign Up
- JULY Indoor Lesson/League Registration Packets are posted at [theracketclub.org](http://theracketclub.org)
- AUG Indoor Season Begins

## INDOOR SEASON HOURS SEPTEMBER-MAY

Mon-Thu	7:30 am - 10 pm
Fri	7:30 am - 9 pm
Sat	7:30 am - 6 pm
Sun	7:30 am - 8:30 pm

## OUTDOOR SEASON HOURS

Mon-Thu	7:30 am - Dusk
Fri-Sun	7:30 am - 12 pm



**ROB LAUE**  
**RACKET CLUB MANAGER**  
[rlaue@crystallakeparks.org](mailto:rlaue@crystallakeparks.org)



**COURT RESERVATIONS SPECIAL**

**MON-FRI 1-4 PM**  
**\$10 / HR COURT RENTAL**  
**AND**  
**NO GUEST FEE**



**FAMILY TENNIS NIGHT**  
**FRI JAN 13**  
**6:30-8 PM**

**PRO-LED GAMES**  
**OPEN PLAY**  
**REFRESHMENTS**

**\$20 / FAMILY**  
**RCFAM-O2**

## LESSONS

### Private Lessons

Private lessons are scheduled for either half hour or one hour time slots and scheduled directly with the pro of your choice. Our Tennis Director would be more than happy to assist you.

#### Half Hour Private Lesson

\$40 / half hour or  
 \$200 / 6 Lessons

#### One Hour Private Lesson

\$80 / hour or \$400 / 6 Lessons

### Indoor Group Lessons

Three sessions of indoor group lessons are offered. Junior indoor group lessons generally meet Monday-Friday, 3-7 pm and on weekends. Adult group lessons are offered weekdays, evenings and weekends. Players already in classes have renewal priority. Call Conni Stinek for registration information at 847.658.5688 x 2015.

One Hour Group Lesson: \$20.50

1.5 Hour Group Lesson: \$30.75

### Outdoor Group Lessons

One session of outdoor group lessons is offered during the summer. Please check [theracketclub.org](http://theracketclub.org) for more details.

#### BY INVITATION ONLY

#### JUNIOR DEVELOPMENT PROGRAM

Ages 7-19

The Racket Club offers progressively challenging classes for youth who demonstrate advanced skills and regularly compete outside of class. Drills include live ball hitting and, competing and stress footwork, shot selection and intensity. All Junior Development participants must be evaluated by the Tennis Director and are expected to compete in USTA tournaments. For those who have trained at other facilities, free evaluations by one of our junior development tennis pros will determine appropriate class placement.

Contact Conni Stinek for more information at 847.658.5688 x 2015.

## LEAGUES

### NTRP Ratings

The Club uses NTRP (National Tennis Rating Program) Rating System as a basis for adult lesson and league placement, travel team placement and some club championship divisions. Contact the Club Manager or Tennis Director if you have questions regarding the NTRP ratings.

### USTA Travel Teams

The Racket Club sponsors several USTA Travel Teams for men and women. Check the newsletter, bulletin boards and desk sign-up book for more information or see the Tennis Director.

### Women's Club Travel Teams

The Racket Club fields competitive women's inter-club travel teams during both indoor and outdoor seasons. Teams practice once per week during the season and are coached by Racket Club pros. Call the Tennis Director for more information.

### Adult Leagues

The Racket Club offers weekly in-club leagues at various levels for men, women and seniors.

### Junior Leagues

Junior In-Club leagues are offered on weekend afternoons throughout the year at various levels.







## OUTDOOR

Six dedicated pickleball courts are available outdoors at Spoerl Park spring, summer and fall. There are also tennis courts lined for pickleball play at:

- ◆ Feinberg Park
- ◆ Ken Bird Park
- ◆ Wyndwood Park
- ◆ Veteran Acres

All outdoor park pickleball courts are available for complimentary use on a first come, first served basis.

## INDOOR

The Racket Club features 3 indoor tennis courts and a practice lane lined for pickleball. Indoor courts are available for rental at \$26/hour (applicable non-member fees of \$10 each also apply).

### SEPTEMBER-MAY

#### WEEKLY OPEN DROP-IN PLAY

\$4 Members & \$8 Non-Members  
No RSVP Needed

Monday 7:30-9:30 am  
 Wednesday 7:30-9:30 am  
 Wednesday 12-2 pm  
 Friday 1-4 pm  
 Saturday 2-4 pm

#### WEEKLY DROP-IN DRILL N' PLAY CLINIC

Wednesday 2-3:30 pm  
 \$15 Members & \$20 Non-Members  
 RSVP at Front Desk

## PICKLEBALL CLASSES @ TRC

MEMBERSHIP REQUIRED



### ADULT BEGINNER / ADVANCED BEGINNER

DAY	DATES	TIMES	R/NR	CODE
M	11/28-2/20	9:30-10:30 am	\$226	RCMPB1-02

### ADULT BEGINNER / ADVANCED BEGINNER

DAY	DATES	TIMES	R/NR	CODE
Tu	11/29-2/21	9:30-10:30 am	\$226	RCTPB-02

### ADULT INTERMEDIATE

DAY	DATES	TIMES	R/NR	CODE
M	11/28-2/20	10:30 am-12 pm	\$338	RCMPB2-02

### ADULT DOUBLES LEAGUE

DAY	DATES	TIMES	R/NR	CODE
Su	12/4-2/26	6-7:30 pm	\$149	RCUPDL-02



Is your class cancelled last minute?

Sign up at [rainoutline.com](http://rainoutline.com) for alerts and stay informed!





# CRYSTAL LAKE

PHOTO CREDIT: ALEX FULTON

## BEACH PASSES

Crystal Lake Park District manages Main and West Beach throughout the year. Seasonal beach passes are available to purchase beginning April 1.

ADULTS	RES: \$10 / NON-RES: \$85
YOUTH (AGE 4-15)	RES: \$10 / NON-RES: \$70
SENIORS (AGE 60 +)	RES: FREE / NON-RES: \$70
CHILD (AGE 3 & UNDER)	RES: FREE / NON-RES: FREE

### 2023 MAIN BEACH PRE-SEASON

Sat, May 27-Mon, May 29	9 am-Dusk
Tu, May 30-Fri, Jun 2	Noon-Dusk

### 2023 MAIN BEACH REGULAR SEASON (7 days/week)

Jun 3-Aug 11	9 am-Dusk
--------------	-----------

### 2023 MAIN BEACH POST SEASON (weekends only)

Sat, Aug 12-Sun, Aug 13	10 am-5 pm
Sat, Aug 19-Sun, Aug 20	10 am-5 pm
Sat, Aug 26-Sun, Aug 27	10 am-5 pm
Sat, Sep 2-Mon, Sep 4	10 am-5 pm

### 2023 WEST BEACH REGULAR SEASON

Sat, Jun 3-Wed, Aug 9 (7 days/week)	11 am-7 pm
-------------------------------------	------------

## WEST BEACH FISHING KEY

AVAILABLE AND VALID MAY 1, 2023-APRIL 30, 2024  
Park District Residents Only- Proof of Residency Required

FEE: \$35 REPLACEMENT KEY: \$10

The Park District offers a walk-in gate keys to residents who want to fish at West Beach. Key allows for entrance through the park's special walk-in gate. Watercrafts are NOT allowed through the walk-in gate. All watercraft must enter thru boat gate. Daily admission fees apply to the key holder and all guests wanting to use the beach and/or swimming areas at West Beach.

## BOATING

### 2023 BOAT GATE KEY FOB

MAY 1, 2023 - APRIL 30, 2024

Park District Residents Only

\$90	18-59 YRS
\$45	60 YRS +
\$15	Replacement Key Fob

Park District resident watercraft owners must purchase or renew their boat access key fob each year to use the Main or West Beach launch ramps. All watercraft must enter through the boat gate. Daily admission fees apply to the boat gate key fob holder and all guests wanting to use the beach and swimming areas at either beach. Key fobs are available for purchase in-person beginning May 1 at the Administration Office during regular business hours.

### IN ORDER TO PURCHASE A CARD YOU MUST PROVIDE ALL OF THE FOLLOWING DOCUMENTS IN PERSON:

- Proof of Park District Residency
- Illinois Watercraft Registration Card
- Registration Form and Fee

## WATERCRAFT DRY STORAGE

APRIL 1 - OCT 31, 2023

Park District Residents Only

Location: West Beach

### Fee includes Boat Gate Key Fob

\$250	(1) Sailboat* or Rowboat (1 per stall)	\$205/60 YRS+
\$175	Kayak or Stand Up Paddleboard (2 per stall)	or 1 Canoe
\$135	60 YRS+	

\* One sailboat 16 feet or under that does not have a catamaran-style hull

The Park District has boat stalls available for rental in the West Park dry storage compound. Registration for dry storage begins in-person April 1 at the Park District Administration Office.

IN ORDER TO RENT A STALL,  
YOU MUST PROVIDE PROOF OF PARK DISTRICT RESIDENCY

**SEASONAL BEACH PASSES AVAILABLE APR 1**





1251 W. ROUTE 176  
815.477.5401

**SPRING HOURS**  
APR 8-APR 30, 2023

Fri 3:45 pm-8 pm  
Sat & Sun 9 am-8 pm

**MAY 1-MAY 26, 2023**

Mon-Fri 3:45 pm-8 pm  
Sat & Sun 9 am-8 pm

**SUMMER HOURS**  
MAY 27-AUG 13, 2023

Su, M, W, Th 9 am-9 pm  
Tu 12 pm-9 pm  
Fri & Sat 9 am-10 pm

WEATHER PERMITTING

Mini-Golf groups will not be allowed to start 45 minutes before close

Driving range patrons will not be allowed to start 30 minutes before close

*Park District Residents receive reduced rates at RedTail Golf Club!*

### MINI-GOLF

RATES	RES/NR
YOUTH (14 & Under)	\$6/\$8
SENIOR (60 & Over)	\$6/\$8
ADULT	\$8/\$11
GROUP RATE (8 or more)	\$5/\$5
REPLAY RATE	\$2/\$2

### MEMBERSHIP RES/NR

This membership entitles participants to unlimited rounds on both of our 18-hole golf courses (April-Sept)

YOUTH / SENIOR SINGLE	\$50/\$65
ADULT SINGLE	\$70/\$90
COUPLES	\$90/\$117
FAMILY (UP TO 4)*	\$150/\$195

### PLATINUM MEMBERSHIP

This membership entitles golfers to unlimited range balls and mini-golf rounds on both mini-golf courses (April-Sept)

	RES/NR
YOUTH/SENIOR SINGLE	\$275/\$358
ADULT SINGLE	\$300/\$390
COUPLES	\$465/\$605
FAMILY (UP TO 4)*	\$617/\$803

\* Family Memberships:  
All must live at the same address

### DRIVING RANGE

BUCKETS OF BALLS	RES/NR
MEDIUM (Approx. 60 Balls)	\$10/\$13
LARGE (Approx. 110 Balls)	\$12/\$15

### MEMBERSHIP RES/NR

This membership entitles participants to unlimited range balls at our facility for the season (April-Sept)

ADULT SINGLE	\$250/\$325
COUPLES	\$400/\$520
FAMILY (UP TO 4)*	\$500/\$650



**CORPORATE RENTALS AND BIRTHDAY PARTIES AVAILABLE**



Is the center closed due to weather?  
Sign up at [rainoutline.com](http://rainoutline.com) for alerts and stay informed!



# FITNESS & YOGA PUNCH PASSES

Passes may only be purchased at our Administration Office and used within six months of purchase. No refunds or transfers. Please check website two days prior to first day to confirm class status. **\*not valid for one day workshops and one day special events. Does not qualify for the 25% off promotion. Register at [rainoutline.com](http://rainoutline.com) for up-to-date class information.**

## FITNESS PUNCH PASS

**Ages 14 & Up**

Our 10-Punch Fitness Pass allows you to choose your own fitness program according to your schedule. The pass can be used at any of the following classes: **Zumba, Zumba Gold, Zumba/Zumba Toning, Restorative Yoga, Plyoflow, Fightilates, Pound, Pilates on the Mat, Move It Shake It Lift It, Sit Stand and Swing, and Bodypower.** **\*Does not qualify for the 25% off promotion, one day classes or special events.** Please register on [rainoutline.com](http://rainoutline.com) to get class updates on changes or cancellations of fitness classes. Non-transferable.

M-Sa 12/5-5/12 7:30 am-9 pm \$90/\$117 231010-01

## ALL-INCLUSIVE PUNCH PASS

**Ages 14 & Up**

This punch pass is good for all fitness and yoga classes. Take your fitness routine to a whole new level! Punch pass includes a total of 10 visits on the punch pass. **\*Does not qualify for the 25% off promotion, one day classes or special events.** Please register on [rainoutline.com](http://rainoutline.com) to get class updates on changes or cancellations of fitness classes. Non-transferable.

M-Sa 12/5-5/12 \$100/\$130 231070-03

## FIT @ 55 & BEYOND PUNCH PASS

**Ages 55 & Up**

We've got a great workout designed specifically for active older adults! During this hour long class, you will be stretching, strengthening and completing a light cardio workout while using exercise equipment, participating in fun activities and implementing various exercise techniques. Doors open at 8:45 am. Register for Fitness @ 55 Punch Pass at the Admin Office. Instructor: Rae Lynne Morvay/JP **\*does not qualify for 25% off promo**  
**Location: Grand Oaks (M/W); Main Beach (F)**

**\*no class 12/23, 12/26, 12/30, 1/2, 1/23, 2/20, 5/29**

M, W, F 12/2-5/5\* 9-10 am \$60/\$78 231000-01

## MISSED A CLASS PASS

Concerned you might miss a class and are afraid to commit? **NO WORRIES!** See your instructor following the missed class to receive a MISSED A CLASS pass.

Pass is good from one month of date issued for any of our other fitness classes. Waiver form must be signed for the replacement class. **Restrictions may apply. If class is at capacity, first priority will be given to the current participants enrolled in the class. Missed classes are good for 6 months from date issued.**

## ATTENTION!

Our certified fitness and yoga instructors will guide you in proper form and technique as you challenge your body during our classes. Each class is formatted to include a warm-up, the core of the class as well as cool down and stretching. Some classes are choreographed but easy to learn for the beginner. Instructors modify and work with all levels of fitness ability.

**IT IS RECOMMENDED YOU CONSULT YOUR PHYSICIAN IF YOU ARE PREGNANT, HAD RECENT SURGERY OR INJURY PRIOR TO STARTING A NEW WORKOUT ROUTINE.**





# WINTER-SPRING CLASSES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
--------	---------	-----------	----------	--------	----------

CLASS DESCRIPTIONS AND INSTRUCTORS ON NEXT PAGE

<b>FIT @ 55 &amp; UP</b> 9 am Grand Oaks	<b>PILATES ON THE MAT</b> 7:30 am Main Beach	<b>FIT @ 55 &amp; UP</b> 9 am Grand Oaks	<b>ZUMBA® GOLD</b> 9 am Main Beach	<b>FIT @ 55 &amp; UP</b> 9 am Main Beach	<b>ZUMBA®</b> 9 am West Beach
<b>YOGA</b> 9:30 am West Beach	<b>KUNDALINI YOGA</b> 10:30 am West Beach	<b>REFIT</b> 9:15 am Main Beach	<b>YOGA</b> 9:30 am West Beach	<b>STRETCH YOGA</b> 9:15 am West Beach	<b>BEGINNING YOGA</b> 10:30 am Spoerl Park
		<b>YOGA</b> 9:30 am West Beach	<b>SIT, STAND, SWING</b> 2 pm Grand Oaks		<b>HEALTHIER KNEES WORKSHOP</b> 2/4 12 pm Spoerl
		<b>MOVE IT, SHAKE IT, LIFT IT</b> 10:15 am Grand Oaks	<b>YOGA</b> 5:45 pm West Beach	<b>VALENTINE VALENTINE ZUMBA® DANCE PARTY</b> 2/10 7-9 pm Main Beach	
<b>KIDS YOGA</b> 5 pm Rotary	<b>POUND</b> 5:45 pm Spoerl				
<b>BODYPOWER</b> 6:30 pm Main Beach	<b>ZUMBA® GOLD</b> 6 pm West Beach		<b>YOGA</b> 7 pm West Beach		
<b>PLYO-FLOW</b> 7:45 pm Main Beach	<b>BARRE FITNESS</b> 7 pm Spoerl Park	<b>BODYPOWER</b> 6:30 pm Main Beach	<b>ZUMBA®</b> 7:30 pm Grand Oaks		
<b>ZUMBA® ZUMBA TONING</b> 7:30 pm Grand Oaks	<b>FIGHTILATES</b> 7:15 pm West Beach	<b>RESTORATIVE YOGA</b> 7:45 pm West Beach			



**JENNIFER PETERSON**  
RECREATION SUPERVISOR  
jpeterson@crystallakeparks.org



**SIGN UP FOR A FITNESS CLASS AND GET 25% OFF AN ADDITIONAL FITNESS CLASS**

Additional fitness classes within current seasonal brochure only. Discount will be taken off the least expensive class and is not transferrable to other individuals. Excludes single day programs.

**IT IS RECOMMENDED TO BRING A YOGA MAT, BLOCK, STRAP, WATER BOTTLE AND TOWEL TO ALL YOGA, PILATES, FIGHTILATES, BARRE, POUND AND BODYPOWER (STRAP AND BLOCK NOT NEEDED FOR BODYPOWER, POUND AND FIGHTILATES CLASS).**



# FITNESS

## ZUMBA<sup>®</sup>

**Ages 14 & Up**

You can feel the beat of the energetic Latin music pulse through your body! Zumba<sup>®</sup> is a style of intense aerobic dance workout with invigorating Latin and International music. Zumba<sup>®</sup> combines high energy and motivating music, along with unique moves and combinations to provide an overall workout. Instructor: J. Hanshaw (Th) J. Stirlen (Sa)/JP

**Location: Grand Oaks**

DY	DATES	TIMES	R/NR	CODE	WKS
Th	1/5-2/9	7:30-8:30 pm	\$51/\$67	231003-01	6 wks
Th	2/16-3/23	7:30-8:30 pm	\$51/\$67	231003-02	6 wks
Th	4/6-5/25	7:30-8:30 pm	\$68/\$89	231003-05	8 wks
Sa	1/7-3/25	9-10 am	\$102/\$133	231003-03	12 wks
Sa	4/1-5/20	9-10 am	\$68/\$89	231003-04	8 wks

## ZUMBA<sup>®</sup> GOLD

**Ages 14 & Up**

Is your body just not moving like it used to? This class is tailored to the active older participant and for those just starting their journey to a fit and healthy lifestyle. Join this fitness class with its zesty Latin music with easy-to-follow moves that will help give you that great cardio workout in a party-like environment! Instructor: Rae Lynne Morvay/JP

**Location: West (Tu) Main (Th) \*no class 1/24, 1/26, 2/28**

DY	DATES	TIMES	R/NR	CODE	WKS
Th	1/5-3/23*	9-10 am	\$94/\$123	231018-01	11 wks
Th	4/6-5/25	9-10 am	\$68/\$89	231018-03	8 wks
Tu	1/10-3/21*	6-7 pm	\$77/\$101	231018-02	9 wks
Tu	4/11-5/23	6-7 pm	\$60/\$78	231018-04	7 wks

## ZUMBA<sup>®</sup> DANCE VALENTINE GALENTINE PARTY

**Ages 14 & Up**

**1 Class**

Burn it up at this party because there isn't a party like a Zumba Dance Party! Join Rae Lynne, Drenda, Jamie, and Jackie as they take turns leading this fun party with a social afterwards and 2 8oz glass or wine or sparkling water included! Have a Galentines night or bring your special valentine!

Come make new friends, learn new moves and burn off those calories in this 2 hour event. An intermission will occur half way through with a drawing for a raffle. Grab a friend or two to have a great night out chasing away those winter blues... \*Punch pass and 25% discount not eligible for this one day program. Instructor: Zumba Fitness Staff/JP

**Location: Grand Oaks**

DY	DATES	TIMES	R/NR	CODE
F	2/10	6:30-8 pm	\$15/\$20	231040-01

Reg Deadline: 2/6. Fees then increase \$20/\$25

## ZUMBA-ZUMBA TONING

**Ages 14 & Up**

Perfect for those who want to party, but put extra emphasis on toning and sculpting to define those muscles with the challenge of adding resistance by using Zumba Toning Sticks (or light weights) to help you focus on specific muscle groups, so you and your muscles stay engaged. Class is a 50/50 of Zumba and Zumba Toning. Instructor: Jackie Hanshaw/JP

**Location: Grand Oaks**

**\*no class 2/20**

DY	DATES	TIMES	R/NR	CODE	WKS
M	1/9-3/13*	7:30-8:30 pm	\$77/\$101	231030-10	9 wks
M	4/3-5/22	7:30-8:30 pm	\$68/\$89	231030-11	8 wks



## FIGHTILATES

### Ages 14 & Up

This class combines the aerobic benefits and empowerment of cardio kickboxing with the toning benefits of Pilates by breaking it in to 4 segments of 2-cardio kickboxing and 2-Pilates exercises. At the end, there is an amazing stretch section that is truly a reward for your hard work. Beginners to advanced welcome. The kickboxing elements of the class are approached from a fitness point of view. Instructor: Rae Lynne Morvay/JP

Location: West Beach \*no class 1/24, 2/28

DY	DATES	TIMES	R/NR	CODE	WKS
Tu	1/10-3/21*	7:15-8:15 pm	\$77/\$101	231019-01	9 wks
Tu	4/11-5/23	7:15-8:15 pm	\$60/\$78	231019-03	7 wks

## POUND

### Ages 14 & Up

POUND is a 45 minute group fitness class that combines cardio, strength training and Pilates with drumming to achieve a full-body workout. Using drumsticks, participants can expect to burn between 500-900 calories per class and will be performing over 15,000 reps per session to your favorite ROCK songs! This class consists of a lot of lunge, squat and glute work. Come ready to sweat and tone your entire body!

Instructor: Jamie Stirlen/JP

Location: Spoerl Park

DY	DATES	TIMES	R/NR	CODE	WKS
Tu	1/10-3/21	5:45-6:30 pm	\$71/\$93	231020-01	11 wks
Tu	4/4-5/23	5:45-6:30 pm	\$51/\$67	231020-02	8 wks

## PILATES ON THE MAT

### Ages 14 & Up

Pilates aims to improve flexibility and stability by strengthening the muscles of the body, especially the muscles of the core. Through proper execution, you will improve overall function of the body and will include physical therapy techniques. Unique and effective methods will be used to get maximum results whatever your fitness goals may be. All movements can be modified for any body type and fitness level. Please bring a yoga mat and water bottle to class. Instructor: Rae Lynne Morvay/JP

Location: West Beach \*no class 1/24, 2/28

DY	DATES	TIMES	R/NR	CODE	WKS
Tu	1/10-3/21*	7:30-8:15 am	\$58/\$76	231078-10	9 wks
Tu	4/11-5/23	7:30-8:15 am	\$45/\$59	231078-11	7 wks

**SIT, STAND AND SWING  
MOVE IT, SHAKE IT, LIFT IT!**  
PAGE 62

## BODYPOWER

### Ages 14 & Up

Unleash the power to change your body with endurance weight lifting. Classes are choreographed to music which makes the class fly by. Bars with a variety of weighted plates, along with free weights, are used to work major muscle groups. Warm up, core strength and cool down are included in this results-driven class. Suitable for all fitness levels. Instructor: Drenda Weldon/JP

Location: Main Beach \*no class 2/20, 2/27, 3/20

DY	DATES	TIMES	R/NR	CODE	WKS
M	1/9-3/20*	6:30-7:30 pm	\$68/\$89	231082-01	8 wks
M	4/10-5/22	6:30-7:30 pm	\$60/\$78	231082-03	7 wks
W	1/4-3/22	6:30-7:30 pm	\$102/\$133	231082-02	12 wks
W	4/5-5/24	6:30-7:30 pm	\$68/\$89	231082-04	8 wks

## BARRE FITNESS

### Ages 14 & Up

Barre Fitness is a 45-min hybrid class combining ballet inspired moves with yoga, dance, pilates and strength training. Pliés as well as static moves in high reps and small ranges will be the focus in this class. Barre fitness gets you results fast!

Instructor: Donna Albano/JP

Location: Spoerl Park

DY	DATES	TIMES	R/NR	CODE	WKS
Tu	1/10-3/21	7-7:45 pm	\$75/\$98	231086-01	11 wks
Tu	4/4-5/23	7-7:45 pm	\$54/\$71	231086-02	8 wks

## REFIT

### Ages 14+

REFIT is a workout you can feel good about! With powerful moves and positive music, you'll discover an inspiring workout that changes your body, mind and soul. This cardio-focused class is effective and FUN! This class is perfect for beginners and challenging for fitness enthusiasts (which means it is a workout designed for everyBODY!) Dance cardio fitness with toning, balance and stretching. Instructor: Drenda Weldon/JP

Location: Main Beach

DY	DATES	TIMES	R/NR	CODE	WKS
W	1/11-3/15	9:15-10:15 am	\$85/\$111	231033-01	10 wks
W	4/5-5/24	9:15-10:15 am	\$68/\$89	231033-02	8 wks



Reg Deadline  
3 days prior to start of class



# YOGA

## BEGINNING YOGA

**Ages 14 & Up**

A little intimidated to join yoga classes because you have never done it or it has been awhile? Jump in to this beginning yoga class to learn how to enhance your fitness level and feel confident about continuing your fitness journey. Find out the benefits that yoga will bring connecting mind, body and spirit!  
Instructor: Donna Albano/JP

**Location: Spoerl Park**

**\*no class 4/22**

DY	DATES	TIMES	R/NR	CODE	WKS
Sa	1/14-3/18	10:30-11:30 am	\$90/\$117	231067-01	10 wks
Sa	4/1-5/20*	10:30-11:30 am	\$63/\$82	231067-02	7 wk

## KUNDALINI YOGA

**Ages 14 & Up**

Use breath, mantra and movement to bring yourself to a state of balance. Practicing in a group amplifies the experience. Each class will include meditation and occasional Gong relaxation. Bring a cushion to sit on and a yoga mat. Instructor: Lisa Gniady /JP

**Location: West Beach**

**\*no class 1/17, 1/24, 2/7, 2/28, 3/7, 4/25**

DY	DATES	TIMES	R/NR	CODE	WKS
Tu	1/10-3/21	10:30-11:30 am	\$63/\$82	231015-01	7 wks
Tu	4/11-5/16	10:30-11:30 am	\$45/\$59	231015-02	5 wks

## YOGA

**Ages 14 & Up**

Enjoy a class overlooking our beautiful lake! Through yoga poses, students will develop greater flexibility, strength, body awareness and balance. This practice blends yoga styles and will include meditation, breathing practice and relaxation techniques!  
Instructors: D. Albano (W-am & Th-pm) L. Gniady (M/Th-am)/JP

**Location: West Beach**

### DONNA ALBANO

W	1/4-3/22	9:30-10:30 am	\$108/\$141	231031-02	12 wks
W	4/5-5/24	9:30-10:30 am	\$72/\$94	231031-07	8 wks
Th	1/5-3/23	5:45-6:45 pm	\$108/\$141	231031-03	12 wks
Th	4/6-5/25	5:45-6:45 pm	\$72/\$94	231031-08	8 wks
Th	1/5-3/23	7-8 pm	\$108/\$141	231031-04	12 wks
Th	4/6-5/25	7-8 pm	\$72/\$94	231031-09	8 wks

### LISA GNIADY

M	1/9-3/20	9:30-10:30 am	\$54/\$71	231031-11	6 wks
M	4/10-5/15	9:30-10:30 am	\$36/\$47	231031-12	4 wks
Th	1/5-3/23	9:30-10:30 am	\$72/\$94	231031-01	8 wks
Th	4/13-5/25	9:30-10:30 am	\$36/\$47	231031-10	4 wks

**Lisa \*no class M: 1/16, 1/23, 2/6, 3/6, 4/24, 5/1**

**Lisa \*no class Th: 1/19, 1/26, 2/9, 2/13, 3/9, 4/27, 5/4, 5/18**



Sign up at [rainoutline.com](http://rainoutline.com)  
for class changes and cancellations!



## WOMEN'S SELF DEFENSE CLINIC PAGE 61



## PLYO-FLOW

### Ages 14 & Up

By blending Plyometrics, yoga and flow into one class, you will discover that you are taking your workout to a new level! This class utilizes floor work and weights along with power flow yoga and plyometric natural mobility movements to help find balance, toning, flexibility and strength. Please bring a mat to class.

Instructor: Drenda Weldon/JP

Location: Main Beach

\*no class 2/20, 2/27, 3/20

DY	DATES	TIMES	R/NR	CODE	WKS
M	1/9-3/20*	7:45-8:45 pm	\$68/\$89	231088-02	8 wks
M	4/10-5/22	7:45-8:45 pm	\$60/\$78	231088-03	7 wks

## RESTORATIVE AND TONING YOGA

### Ages 14 & Up

Gain basic introduction to yoga breathing and poses to develop flexibility, strength, balance and proper technique. We will start with wall yoga for warm-ups and then transition into Vinyasa Yoga, a flow yoga, which is used for toning. This class is for all fitness levels and is perfect for those wanting to transform their body. The sequence of movements help gain strength, endurance and more conscience breathing. Instructor:

Maureen Andrews/JP

Location: West Beach

\*no class 3/8

DY	DATES	TIMES	R/NR	CODE	WKS
W	1/4-3/22*	7:45-8:45 pm	\$94/\$123	231037-01	11 wks
W	4/5-5/24	7:45-8:45 pm	\$68/\$89	231037-10	8 wks

## STRETCH YOGA & RELAXATION

### Ages 14 & Up

Learn to stretch with a yoga practice consisting of proper breathing, connecting to relaxing sore tight muscles, relief for arthritis and body aches and pains all ages to enjoy. Yoga exercise poses will help range of motion designed to ease and tone up your body, adding improved flexibility of joints and ligaments. Release tension in your body and relax your mind. You will need to bring 2 blankets or large towels for class.

Instructor: Donna Albano/JP

Location: West Beach

DY	DATES	TIMES	R/NR	CODE	WKS
F	1/6-3/24	9:15-10:15 am	\$108/\$141	231068-01	12 wks
F	4/7-5/26	9:15-10:15 am	\$72/\$94	231068-04	8 wks



## KIDS YOGA

### Ages 6-12

Yoga is a great way for a child to improve impulsiveness, help control emotions and ease stress. In a relaxed, fun and playful setting overlooking Crystal Lake, students will learn tools to deal with stress and aid in concentration. Instructor: Donna Albano/JP

Location: Rotary Building

\*no class 2/20, 2/27

DY	DATES	TIMES	R/NR	CODE	WKS
M	1/16-3/20*	5-6 pm	\$72/\$94	221017-02	8 wks
M	4/3-5/22	5-6 pm	\$72/\$94	221017-03	8 wks

## HEALTHIER KNEES, HEALTHIER YOU WORKSHOP

### Ages 14 & Up

1 Class

Many people face knee, hip or shoulder issues through an injury or wear and tear over the years. This workshop will focus on the knees. Learn how to work your muscles in a way to support this joint better and have a better quality of life.

Rae Lynne has received a special certification for this class and will lead you in this seminar based on her "fitness professional" point of view and own personal experience. This does not replace a doctor's advice and to contact your physician prior to doing the workshop to see if this class could be a good fit. Workshop includes working the muscles around the knee, how to work the fascia (netting under out skin) and stimulate healthy blood flow. Instructor: Rae Lynne Morvay/JP

Location: Spoerl Park

DY	DATES	TIMES	R/NR	CODE
Sa	2/4	12-1:30 pm	\$15/\$20	231022-10





The Crystal Lake Dance Academy strives to promote self-confidence, team work, elegance and fun in each class.

Instructors are committed to helping students excel in both the classroom and on stage.



**EMMA KOENIG**  
CULTURAL ARTS &  
SPECIAL EVENTS SUPERVISOR  
ekoenig@crystallakeparks.org

# SPRING RECITAL



All tot and youth dance classes participate in our Spring Recital on May 20, 2023 unless otherwise indicated. The class fee includes all recital fees, costume fees and two free tickets to the recital. For your convenience, we are offering two payment options of paying in full or paying through our payment plan.

In late February/early March, each dancer will receive a packet containing the rehearsal schedule, picture schedule, ticket ordering information and other pertinent information.

Information on hair, makeup, tights and other details will be given out closer to recital time. Ticket orders for the recital are done through TuTu Tix, an online ticketing company. **More information on ordering tickets will be given out closer to the recital.**

### SCHEDULE

Fri, Dec 9  
Fri, Feb 3  
Mon, Mar 27-Sat, Apr 1  
Week Before Recital  
Fri, May 19  
Sat, May 20

General registration begins  
Classes begin & dancers are measured for costumes  
**NO CLASSES (Spring Break)**  
Picture Day at Grand Oaks Recreation Center  
Dress rehearsal at Crystal Lake South High School  
Dance recital at Crystal Lake South High School

### Pay in Full at Time of Registration

Resident Fee: \$236  
Non Resident Fee: \$307

### Payment Plan

First payment due at time of registration: Res Fee: \$118 / Non Res: \$153.50  
Second payment charged March 15: Res Fee: \$118 / Non Res: \$153.50

\*If you choose to utilize the payment plan option, you must provide a credit card at the time of registration. The second payment in your payment plan will be automatically charged to your card on March 15, 2023.



## DANCE WITH ME (PARENT/CHILD)

Enjoy a great way to spend time with your toddler while encouraging the love of dance! Join us for this interactive creative movement class where parent and child will learn new dance moves! **\* This is not a recital class.**

Parents: comfortable clothes that you are able to move around in and gym shoes.  
Toddlers: comfortable clothes that they are able to move around in and gym shoes.  
Leotards and ballet shoes encouraged but not required.

## ITTY BITTY BALLERINA

Becoming a ballerina starts with your child's first ballet class! Itty Bitty Ballerina is the perfect first class to teach dancers creative movement and learn the foundations of ballet technique. Parent participation is optional, however, your instructor may ask you to participate should your child need additional assistance. **\*This is not a recital class.**

Girls-leotard, tights, pink ballet shoes, skirt optional  
Boys-fitted shirt, shorts/sweatpants, black ballet shoes  
Parents-comfortable clothing, tennis shoes

## PRE-BALLET

This class gives your child the skills they will need to further their advancement in dance. Dancers will have fun learning essential ballet positions as they dance to playful songs and prepare a routine for the recital.

Girls: leotard, tights, skirt optional, pink ballet shoes and black tap shoes  
Boys: fitted shirt, shorts/leggings, black ballet shoes and black tap shoes

## PRE-BALLET / TAP

Ballet and Tap are two of the most well-known and classic styles of dance! In this class, students will explore the elegance and technique that is ballet, while also learning many high energy moves and taps going along with the music. Dancers will learn a routine for the recital.

Girls: leotard, tights, skirt optional, pink ballet shoes and black tap shoes  
Boys: fitted shirt, shorts/leggings, black ballet shoes and black tap shoes

## BALLET

Ballet is a continuation of Pre-Ballet, and is for the dancers with goals to continue their technical ballet training. Dancers will learn more advanced moves and continue to study the art of ballet. Dancers will perform a routine in the recital.

Girls: leotard and tights/leggings and fitted top, tan jazz shoes and black tap shoes  
Boys: fitted shirt, shorts/leggings, black ballet shoes

## BALLET / TAP

This class is a continuation of Pre Ballet/Tap where dancers will learn advanced ballet moves and taps. Students will work on their quality of movement and be challenged to really embody the styles of dance! Dancers will perform a routine in the recital.

Girls: leotard, tights, skirt optional, pink ballet shoes, black tap shoes  
Boys: fitted shirt, shorts/leggings, black ballet shoes, black tap shoes

## DANCE MIX

This class is an excellent introduction to many different styles of dance, including ballet, jazz and hip-hop! Dancers will learn new technique, practice different styles, and perform a routine for the recital.

Girls: leotard and tights, skirt optional or leggings and fitted top, pink ballet shoes and black tap shoes  
Boys: fitted shirt, shorts/leggings, black ballet shoes and black tap shoes

## DANCE DIVAS

Advancing on the skills learned in Dance Mix, this class will further your dancer's technique and skills in many different styles of dance, including ballet, jazz and hip hop! Dancers will perform a routine for the recital.

Girls: leotard and tights or leggings and fitted top, tan jazz shoes  
Boys: fitted shirt, shorts/leggings, black jazz shoes

## POMS

Is your dancer looking to try out for their middle school or high school dance team? Pom is the style most commonly seen in sideline and halftime performances! This class will take dancers through basic pom moves as they learn a routine to perform in the recital.

Girls: leggings or sweatpants, fitted top, gym shoes  
Boys: fitted shirt, shorts/sweatpants, gym shoes

## HIP HOP I

This high energy class is sure to teach all dancers specialty hip hop moves and tricks! Dancers will advance to learn more difficult hip hop moves, tricks, and a routine for the recital.

Girls: leggings or sweatpants, fitted top, gym shoes  
Boys: fitted shirt, shorts/sweatpants, gym shoes

## HIP HOP II

Hip Hop II is our most advanced hip hop class, and dancers really put their skills and moves to the test in this class! Dancers will work to advance their tricks and quality of movement with a routine for the recital.

Girls: leggings or sweatpants, fitted top, gym shoes  
Boys: fitted shirt, shorts/sweatpants, gym shoes

## HIP HOP KIDZ

The first class in a series of Hip Hop classes! Hip Hop Kidz is your child's introduction to the hip hop style. Dancers will learn hip hop moves, tricks and a routine for the recital.

Girls: leggings or sweatpants, fitted top, gym shoes  
Boys: fitted shirt, shorts/sweatpants, gym shoes



# WINTER-SPRING SESSION

CLASS	AGES	DAY	DATES	TIME	R/NR	CODE	INSTR
Hip Hop Kidz	3-5	M	2/6-5/15	4:45-5:30 pm	\$236/\$307	210708-01	AJ
Hip Hop I	4-7	M	2/6-5/15	5:30-6:30 pm	\$236/\$307	220720-01	AJ
Hip Hop II	8-14	M	2/6-5/15	6:30-7:30 pm	\$236/\$307	220721-01	AJ
Dance Mix	4-7	Tu	2/7-5/16	4:30-5:15 pm	\$236/\$307	210703-01	KF
Dance Mix	4-7	Tu	2/7-5/16	5:15-6 pm	\$236/\$307	210703-02	KF
Dance Divas	8-14	Tu	2/7-5/16	6:30-7:30 pm	\$236/\$307	220712-01	KF
Dance with Me	18 mon-3	W	2/8-3/15	9:15-10 am	\$75/\$97	210702-01	EK
Dance with Me	18 mon-3	W	4/5-5/10	10-10:45 am	\$75/\$97	210702-02	EK
Itty Bitty Ballerina	2-3	W	2/8-3/15	10-10:45 am	\$75/\$97	210751-01	EK
Itty Bitty Ballerina	2-3	W	4/5-5/10	10-10:45 am	\$75/\$97	210751-02	EK
Pre Ballet/Tap	3-5	F	2/3-5/12	5-5:45 pm	\$236/\$307	210741-01	MA
Pre Ballet/Tap	3-5	F	2/3-5/12	5:45-6:30 pm	\$236/\$307	210741-02	MA
Ballet/Tap	5-7	F	2/3-5/12	6:30-7:30 pm	\$236/\$307	220744-01	MA
Itty Bitty Ballerina	2-3	Sa	2/4-3/11	9:15-10 am	\$75/\$97	210751-03	MS
Itty Bitty Ballerina	2-3	Sa	4/8-5/13	9:15-10 am	\$75/\$97	210751-04	MS
Pre Ballet	3-5	Sa	2/4-5/13	10-10:45 am	\$236/\$307	210705-01	MS
Ballet	5-7	Sa	2/4-5/13	10:45-11:30 am	\$236/\$307	220713-01	MS
Poms	5-7	Sa	2/4-5/13	11:30 am-12:15 pm	\$236/\$307	210740-01	MS

Instructors: Madison Anderson (MA) Kylee Fruin (KF) Anastasia Johnson (AJ) Emma Koenig (EK) Maddie Seisser (MS)  
 Location: Grand Oaks \*no classes 3/27-4/1

## BATON TWIRLING

Ages 6-18

18 Classes

Twirl a sparkly baton through your fingers and wear a shiny costume! In this class you will learn twirls, dance and rhythmic ribbon moves and perform in the spring recital (costume included)! Information on purchasing your baton will be given by the instructor on the first day of class. Taught by former Purdue Twirler Miss Jana Sinn. Take advantage of our payment plan option, half charged upon registration, and half charged on 3/15. \*No class on Spring Break or Easter weekends.

Instructor: Jana Sinn/EK Location: Spoerl Park

### LEVEL 1

Sa 1/7-5/20 12-1 pm \$216/\$280 220711-01

### LEVEL 2 (with instructor approval)

Sa 1/7-5/20 1-2 pm \$216/\$280 220711-02

## MEET MADISON!

Madison is currently a sophomore at Huntley High School, and has been dancing since she was 3 years old. She has experience in tap, ballet, pointe, lyrical, pom, and hip hop. Her favorite style of dance is lyrical. She has been dancing at The Ballet Box for 11 years and has been on the Huntley High School dance team for 2 years. Madison is so excited to begin instructing at the CLPD!



**SIGN UP AT RAINOUTLINE.COM FOR CLASS CHANGES AND CANCELLATIONS!**



Reg Deadline  
3 days prior to start of class





## LINE DANCING

**Ages 18 & Up** **6 Classes**

Today's line dancing is a combination of many different styles danced to all types of music, whether it is jazz and ballroom steps to country music, hip hip moves to latin music, or mambo steps to golden oldies. Line dance is great for the mind and the body--or simply an organized way to move to fun music without feeling awkward. Learn several beginner line dances to popular music.

This class covers footwork, musical phrasing, dance styles and how to find and read step sheets. Dances taught will rotate each session throughout the year, but requests can be made on the first day of class. Instructor: Rachelle Wieczorek/EK

**Location: Main Beach** **\*no class 2/14**

DAY	DATES	TIMES	R/NR	CODE
Tu	2/7-3/21	6:30-7:30 pm	\$60/\$78	230737-01
Tu	4/11-5/16	6:30-7:30 pm	\$60/\$78	230737-02

## SOCIAL BALLROOM

**Ages 18 & Up** **6 Classes**

Learn to dance with a partner to a variety of music played in social settings such as weddings, parties, events, live music and more. A partner is not required and rotation during lessons is encouraged to meet others. All classes include dance frame, connection, lead/follow, music timing and basic patterns. Wear smooth-soled shoes and comfortable clothing. A variety of music will be played to practice during class. Instructor: Rachelle Wieczorek/EK

**Location: Main Beach** **\*no class 2/14**

Latin (Salsa, Cha Cha, Rumba and Merengue)				
Tu	2/7-3/21	7:30-8:30 pm	\$60/\$78	230727-01
Country (Two Step, Waltz, Cha Cha and Swing)				
Tu	4/11-5/16	7:30-8:30 pm	\$60/\$78	230727-02

NEED PRIVATE DANCE LESSONS FOR WEDDINGS OR EVENT?  
EMAIL EMMA AT EKOENIG@CRYSTALLAKEPARKS.ORG

# ADULT DANCE

## SOCIAL DANCE NIGHT

**Ages 18 & Up** **1 Class**

Are you looking to learn ballroom /line dances and put them to use? Social Ballroom Nights are the perfect opportunity to put your dance skills to the test! Each month we will have a different theme, where the music style for the night will be played, including line dance and partner lessons.

Each lesson is approximately 15 to 20 minutes, at a beginner level! Wear smooth-soled shoes and comfortable clothes for a night of fun, social dancing. Water is provided. Lessons take place throughout the event, alternating with practice music. A partner is not required. Rotation during lessons encourages meeting new dancers.

Practice songs provide options for line dance and partner dance at the same time, as often as possible. Instructor: Rachelle Wieczorek/EK

**Location: Grand Oaks**

### LAS VEGAS NIGHT (Original & Modern Crooners, Fox Trot, Swing)

F	1/20	7-9 pm	\$10/\$13	231410-01
---	------	--------	-----------	-----------

### LATIN NIGHT (Latin & Pop Dance Music, Salsa and Rumba)

Sa	2/18	7-9 pm	\$10/\$13	231410-02
----	------	--------	-----------	-----------

### COUNTRY NIGHT (Country Music, Two Step, Cha Cha)

F	3/10	7-9 pm	\$10/\$13	231410-03
---	------	--------	-----------	-----------

### BLUES NIGHT (Blues Bros & Slow Blues Music, West Coast Swing)

Sa	4/22	7-9 pm	\$10/\$13	231410-04
----	------	--------	-----------	-----------

### UNDER THE STARS NIGHT (Smooth Ballroom, Elvis Music, Waltz, Triple Swing)

F	5/19	7-9 pm	\$10/\$13	231410-05
---	------	--------	-----------	-----------



# ADULT TRIPS

## ADULT TRIP POLICY

In order to keep trips affordable, the CLPD co-ops with other Park Districts. Departure location is dependent on number of participants from each Park District. Every effort is made to leave for the trip from **Veteran Acres-Rotary Building**. Transportation may be in a Park District van/bus or motor coach. Motor coach trips are noted in the trip description. If we have not met our registration minimum by the deadline date (if one is listed), then the trip will be cancelled and a full refund will be issued. All payments are required paid in full at time of registration.

### REFUNDS ARE ONLY GIVEN UNDER THE FOLLOWING CIRCUMSTANCES:

- Trip is cancelled by the CLPD
- Person asking for a refund finds a replacement for the trip
- Park District has a waiting list and is able to sell your ticket

If a trip fills up, do not be concerned to put your name on the waitlist. Some trips may be allowed the opportunity to add another van/bus if enough people show interest.

## FREQUENT TRAVEL PROGRAM

Trip goers will start a Frequent Travel Program (FTP) card when they check-in for a trip. At the start of each trip, you will receive a punch on your FTP card. After 12 punches, you can use the card to take \$10 off your next trip registration of \$20 or more. Only one discount may be applied at a time.

Please contact Jennifer Peterson at 815-459-0680 x 1219 or [jpeterson@crystallakeparks.org](mailto:jpeterson@crystallakeparks.org) with any questions.



**JENNIFER PETERSON**  
RECREATION SUPERVISOR  
[jpeterson@crystallakeparks.org](mailto:jpeterson@crystallakeparks.org)

### CHICAGO, IL

## BROADWAY'S LION KING

### Ages 18 & Up

It's the circle of life! Celebrating 20 years on Broadway, the worlds #1 Musical is back in Chicago at the beautiful Cadillac Palace Theater. Come enjoy the magic and majesty of this theatrical interpretation featuring music by Elton John. Seats are in the orchestra level. Upon the show's conclusion, why not feast on a Chicago classic? Lou Malnati's dinner will include salad, pizza and a delicious treat! Transportation via CLPD bus/van to Barrington where we will catch the motor coach. Very limited tickets available. Please go on the waitlist if you do not get in. We may be able to secure more tickets. **Moderate Walking. Reg Deadline: 1/1**

DAY	DATES	TIMES	R/NR	CODE
W	1/11	11:30 am-8:30 pm	\$204/\$209	131526-01

### SKOKIE, IL

## HOLOCAUST MUSEUM AND MAX AND BENNY'S

### Ages 18 & Up

We start our day at Max and Benny's in Northbrook, the ultimate deli-restaurant experience in the Chicago area! Build your own sandwich starting with fresh-baked rolls or bread topped with deli meats and assorted cheeses. Sides include chopped liver, potato salad, coleslaw and green salads. End with sweet treats of fruit or assorted cookies and brownies. While we're there, visit the deli counter and bakery.

After lunch, we head to Skokie to the Illinois Holocaust Museum for docent-guided tours of two exhibits. The Karkomi Holocaust Exhibition explores pre-war European life, the rise of Nazism, the Holocaust and the post-war experiences of survivors. The second exhibit, the Negro Motorist Green Book, explains the annual guide created in 1936 by Harlem postman Victor Green that provided African American travelers with information on businesses that welcomed Black travelers during the Jim Crow era. We'll end our stay with the Abe and Ida Cooper Survivor Stories Experience, an interactive 3D hologram, listening to Auschwitz survivor Fritzie Fritzhall as she recounts her harrowing story of the Holocaust. Transportation via recreation van.

**Moderate Walking. Reg deadline: 2/3**

DAY	DATES	TIMES	R/NR	CODE
W	2/15	10 am-5:30 pm	\$55/\$60	231529-01

**ALL TRIPS LEAVE FROM  
VETERAN ACRES PARKING LOT  
431 N. WALKUP ROAD**



NEW BUFFALO, MI

**FOUR WINDS CASINO**

**Ages 21 & Up**

Travel with us on the motor coach and try your luck at the gaming tables or visit one or more of the 3,000 slot machines at Four Winds Casino! You will receive \$15 in slot play and a \$10 food voucher for the 4 hours of fun at the casino. Please include your player's card number at the time of registration. If you do not have a player's card, one will be assigned to you upon arrival at the casino. Additionally, Wednesdays are Senior Days at the casino with additional discounts at the eateries (not buffet). Transportation via motor coach. Each person must give Four Winds a valid individual email and present a valid photo ID (Driver's License/Passport/State ID) in order to get the slot play and food voucher. **Moderate walking. Reg deadline: 2/10**

DAY	DATES	TIMES	R/NR	CODE
W	3/1	7:15 am-6 pm	\$57/\$62	231534-01

AURORA, IL

**INTO THE WOODS-PARAMOUNT**

**Ages 18 & Up**

A red cape, a strand of yellow hair, a golden shoe and a white cow. It's these four items that send a baker and his barren wife through the woods on a magical journey to reverse a spell cast by an evil witch. Throw in Little Red Riding Hood, Jack and the Beanstalk, Rapunzel, and Cinderella and you have one of the most astounding and original fairytale retellings the stage has ever seen. You have a spectacle and extravagant show awaiting you!

Lunch will be at the Paramount consisting of Caesar salad, rolls, Italian Sausage Lasagna, green beans, and cannoli for dessert. Transportation via CLPD bus/van. **Moderate walking. Reg deadline: 2/21**

DAY	DATES	TIMES	R/NR	CODE
W	3/15	10:30 am-5:30 pm	\$87/\$92	231532-01

AURORA, IL

**OUT AND ABOUT FOR LUNCH  
TWO BROTHERS ROUNDHOUSE**

**Ages 18 & Up**

Enjoy fine architecture and a great meal at Two Brothers Roundhouse in Aurora! It is the oldest limestone roundhouse in the United States and is listed on the National register of Historic Places. It has been transformed from a locomotive transportation center into an entertainment venue and is home to a modern supper club restaurant. Purchase lunch on your own. Fee includes transportation only. Transportation via CLPD bus/van. **Minimal walking. Reg deadline: 3/21**

DAY	DATES	TIMES	R/NR	CODE
Tu	3/28	9:45 am-2 pm	\$12/\$14	231538-01

ROCKFORD, IL

**SANDBLUFF BIRD OBSERVATORY**

**BANDING AND BURPEE MUSEUM OF NATURAL HISTORY**

**Ages 18 & Up**

Join us for a lovely day filled with the best Winnebago County destinations! We will have a unique experience at the Sand Bluff Bird Observatory banding station where you will learn about the migrating birds through Illinois, see them caught and banded. Additionally, we will have time to shop the Northern Illinois vintage shops and have lunch together (tentatively at Fatt Cat Cafe in Rockton-lunch included). Transportation via 15 passenger CLPD bus. **Heavy walking/standing. Reg deadline: 4/10**

DAY	DATES	TIMES	R/NR	CODE
Th	4/13	9 am-3 pm	\$37/\$42	231541-01

AURORA, IL

**SCHOOL OF ROCK-PARAMOUNT**

**Ages 18 & Up**

From the genius mind of Andrew Lloyd Webber comes a rousing, feel good and inspirational story of kids at a prestigious prep school. Wannabe rocker, Dewey Finn has just been kicked out of his band, he can't pay rent and his life is falling apart. When he scams his way into a teaching job meant for his roommate, Dewey turns a class of straight-A pupils into a guitar-shredding, bass-slapping, mind-blowing rock band. Dewey's love of music and rock soon inspires the kids to pursue what they love. Lunch will be at the Paramount consisting of Caesar salad, rolls, Chicken Marsala, wild rice, carrots, cookies and brownies. Transportation via CLPD bus/van. **Moderate walking. Reg deadline: 4/4**

DAY	DATES	TIMES	R/NR	CODE
W	4/26	10:30 am-5:30 pm	\$87/\$92	231533-01





**ADULT TRIPS**



**SPRINGFIELD, IL  
LAND OF LINCOLN**

**Ages 18 & Up**

Come with us to see the beautiful and historic capitol of Springfield, IL. Upon arrival in our motor coach, we will enjoy the Lincoln Museum where we can explore settings of key events in Lincoln's life. This state of the art facility uses hi-tech exhibits, interactive display and multimedia programs. We will then lunch at Maldaner's, est. 1884, featuring locally sourced ingredients influenced by Mediterranean composition. Our afternoon continues as we explore the Lincoln Home and Neighborhood tour. The Lincoln home has been completely restored to its 1860 appearance and is surrounded by 4 blocks of historical exhibits. A final tour of our State Capitol with its 405 foot dome and Renaissance Revival style will round out our Springfield experience. Our coach ride back will take us to a delicious dinner in Bloomington, IL. Transportation via CLPD bus/van to Barrington to catch the motor coach. **Heavy walking. Reg deadline: 4/1**

DAY	DATES	TIMES	R/NR	CODE
W	4/19	5:30 am-9:15 pm	\$235/\$240	231546-01

**WILLIAMS BAY, WI  
OUT AND ABOUT FOR LUNCH  
PIER 290**

**Ages 18 & Up**

Pier 290 serves up the lake life as the only waterfront restaurant on Lake Geneva! Enjoy beautiful lake views in the dining room with an outdoor bar and sandy beach to enjoy at your leisure! Lunch is on your own. Fee includes transportation via CLPD bus/van. **Moderate walking. Reg deadline: 4/22**

DAY	DATES	TIMES	R/NR	CODE
W	5/3	10 am-1:30 pm	\$12/\$14	231536-02

**CAMPTON HILLS AND BATAVIA, IL  
ROYALTY FOR A DAY  
HIGH TEA AND FABYAN GARDENS**

Just like the Royal Family does while visiting their estate in Scotland, we will have our own high tea at the Balmoral Restaurant in Campton Hills. Tea service includes 16 plus items: biscuits, scones, shortbreads, finger sandwiches, clotted cream with fresh jam and much more! Royalty loves nothing more than strolling beautiful gardens. We will take in the history and design of the Fabyan Japanese Garden in Batavia. This historic garden affords the opportunity to experience the uniqueness of Japanese gardening and enjoy a moment of harmony with nature while strolling the winding path of this 100-year-old site. Transportation via 15 passenger CLPD bus. **Heavy walking/standing. Reg deadline: 5/1**

DAY	DATES	TIMES	R/NR	CODE
Th	5/9	10 am-4:30 pm	\$85/\$90	231539-01



**MADISON, WI  
MADISON WISCONSIN FOOD TOUR**

**Ages 18 & Up**

Join us for a day devoted to Wisconsin food! Start the morning relaxing on the coach bus with a slice of cherry or cheese Kringle made in Racine. Once in Madison, sample classic Wisconsin fare as we tour the downtown Capitol Square and neighboring areas - a great way to experience "real Wisconsin" flavors while discovering hidden gems! Enjoy three stops with generous "samples" including a 1/4 brat burger and beer tasting at Great Dane Brew Pub, a tour of the Capitol, and cheese curds, wings and sliders at Madison's. We'll end the tour with real Wisconsin ice cream for dessert at Der Rathskeller on UW Campus. On the way home, snack on fresh Bavarian pretzel bites made in Milwaukee. This trip is the perfect outing with friends, family, or co-workers. Departure is from Veteran Acre by motorcoach. **Heavy Walking. Reg deadline: 5/5**

DAY	DATES	TIMES	R/NR	CODE
W	5/17	8:45 am-4:30 pm	\$139/\$144	231530-01



# ADULT VARIETY



**ART ATTACK!**

## PAINT NITE EASY LEVEL

**Ages 7 & Up**

**1 Class**

It's never too early to nurture the love of art! Simple to follow, stroke-by-stroke age appropriate directions make creating your artwork easy. We supply the 11x14 canvas and acrylic paint, you bring friends, snack and a beverage. Together we will explore your inner talent! Adults welcome!

Instructor: Julie Kukreja/EK

**Location: Administrative Building**

**SAT 12-2 PM \$25/\$30**



1/14  
220303-01



2/11  
220303-02



3/11  
220303-03



4/15  
220303-04



5/6  
220303-05

**ART ATTACK!**

## PAINT NITE POP ART PET PORTRAIT

**Ages 21 & Up**

**1 Class**

Join Julie for a custom pet portrait in a pop art style. This is a step by step workshop creating your best friend in a fun and colorful style. BYOB and make it a party with friends! Must send a high quality photo of pet 1 week before the event.

Instructor: Julie Kukreja/EK

**Location: Woodscreek Building**



DY	DATE	TIME	R/NR	CODE
Su	2/1	6-9:30 pm	\$55/\$70	230304-01

**ART ATTACK!**

## PAINT NITE CHARCUTERIE BOARD

**Ages 21 & Up**

**1 Class**

Choose from 4 designs to create your own custom charcuterie board to decorate your kitchen using our stencils and art instruction. This is a step by step workshop style class. BYOB and make it a fun party with friends! Create it as a gift or for yourself.

Instructor: Julie Kukreja/EK

**Location: Woodscreek Building**



DY	DATE	TIME	R/NR	CODE
W	3/8	7-9 pm	\$48/\$62	230314-01

**ART ATTACK!**

## PAINT NITE FAMILY PROJECT

**Ages 15 & Up**

**1 Class**

Bring the whole family to work on a collaborative painting. Each member will receive their own canvas. When placed together it will make one large image. Our instructor will take you through step by step. Price is for 3 family members. Each additional member is \$10. Instructor: Julie Kukreja/EK

**Location: Woodscreek Building**

DY	DATE	TIME	R/NR	CODE
Su	4/2	1-3 pm	\$60/\$78	230324-01

**ART ATTACK!**

## PAINT NITE YOUR CHOICE

**Ages 15 & Up**

**1 Class**

Pick one of our paintings and our instructor will walk you through step by step. Make it a party with friends. BYOB. Instructor: Julie Kukreja/EK

**Location: Woodscreek Building**

DY	DATE	TIME	R/NR	CODE
W	5/17	6:30-9:30 pm	\$35/\$45	230344-01



*Reg Deadline*  
3 days prior to start of class





## WATERCOLOR PAINTING

**Ages 18 & Up**

**6 Classes**

Discover the fun and enjoyment that watercolor has to offer. Experience or no experience painters are welcome. Enjoy socializing with the class while creating a lovely painting. Be surprised at what you can create! Please purchase the following supplies prior to the start of class at your local craft store. Instructor: Marge Stewart/JP

**Location: Grand Oaks**

**Paper**

- 1 pad Master Touch or Canson watercolor paper 140 lb wt, Cold press 9 x 12
- 1 package Master Touch wax-free transfer paper

**Hobby Lobby (Master Touch) brushes**

- 3/4" flat brush
- #6 round Series 2000
- #0 and #4 angular
- 1 set watercolor tubes Master Touch Set
- 1 paint palette tray / glass jar for water / paper towel / pencil

DY	DATE	TIME	R/NR	CODE
Tu	1/10-2/14	9:30 am-12 pm	\$60/\$78	230101-04
Tu	2/21-3/28	9:30 am-12 pm	\$60/\$78	230101-07
Tu	4/4-5/9	9:30 am-12 pm	\$60/\$78	230101-08
Tu	5/16-6/20	9:30 am-12 pm	\$60/\$78	230101-06
F	1/6-2/10	9:30 am-12 pm	\$60/\$78	230101-01
F	2/17-3/24	9:30 am-12 pm	\$60/\$78	230101-02
F	3/31-5/5	9:30 am-12 pm	\$60/\$78	230101-03
F	5/12-6/16	9:30 am-12 pm	\$60/\$78	230101-05

## MACRO & CLOSE UP PHOTOGRAPHY NEW!

**Ages 16 & Up**

**3 Classes**

Discuss how to control the lighting and exposure to really make you images pop. Explore new techniques to see the small world you will be taking photos of. Learn about different lenses and filters to help you accomplish your small world photography. We are going to have a lot of fun experimenting with your new talents. Participants must bring a DSLR or mirrorless camera to class including lenses. The use of a tripod is highly recommended for this class and encouraged. Instructor: Laurie Piton/JP

**Location: Woodscreek Building**

DY	DATE	TIME	R/NR	CODE
Th	4/6-4/20	6-8 pm	\$110/\$143	230121-01

## PHOTO 1 DIGITAL SLR MIRRORLESS PHOTOGRAPHY NEW!

**Ages 16 & Up**

**3 Classes**

You'll start with the basics to give you a good foundation. You'll learn about your camera modes, learn your aperture, shutter speed, depth of field, close-up flower photo, methods of focus and ISO when taking pictures in Manual Mode. At the end of this class, you will have an understanding of your camera and gear so you can use them to their fullest potential. Note: Participants must bring mirrorless or digital SLR (removable lens). Class offered for 5 weeks, 1 hours per week. Instructor: Laurie Piton/JP

**Location: Woodscreek Building**

DY	DATE	TIME	R/NR	CODE
Th	1/12-1/26	6-8 pm	\$110/\$143	230122-01



## NEW! BEADED BOTTLE MAKING

**Ages 18 & Up**

**3 Classes**

Great fun! You will learn how to make your own masterpieces, no two bottles will look the same. Learn many beading techniques and create your bottle. Great for decorating your home, give as gifts or sell online. Get a group of your friends to join with you. Instructor: Paula Malone/JP

**Reg deadline:2/8**

**Location: Grand Oaks**

DY	DATE	TIME	R/NR	CODE
Th	2/16-3/2	9:30-11:30 am	\$41/\$46	230118-01



## WOMEN'S SELF DEFENSE CLINIC

Ages 16 &amp; up

1 Class

Learn to defend yourself with confidence in this interactive clinic which provides training in recognizing dangerous situations and techniques for defending against attacks. Our Black Belt Instructors will educate women to defend themselves in unforeseen and potentially dangerous situations. This Self Defense workshop is perfect for women going to college, who live and travel alone and for anyone in general. Please dress comfortably and do not wear any jewelry. Instructor: Black Belts: Ken Ostergaard, Jason Baldowsky & Adam Ostergaard/HS

Location: Spoerl Park

DAY	DATES	TIMES	R/NR	CODE
Sa	1/7	10 am-12 pm	\$15/\$20	241118-01
Sa	3/25	10 am-12 pm	\$15/\$20	241118-02

## MAH JONGG LESSONS

Ages 18 &amp; Up

6 Classes

Learn this ancient Chinese tile game that is sweeping the nation. Easy to master, hours of fun! It is a game of skill, strategy and calculation and involves a degree of chance. A wonderful way to sharpen your mind! The purchase of a \$9 Mah Jongg card is required. Visit the National Mah Jongg League's website ([www.nationmahjonggleague.org](http://www.nationmahjonggleague.org)) to purchase your card prior to the start of class. The card usually arrives 1 week after ordering on-line. Instructor: Paula Malone/JP

Location: Grand Oaks

\*no class 2/20

Reg Deadline: 1 week prior to class starting

### CHINESE VERSION

M	1/23-3/6*	12-2:30 pm	\$60/\$70	230103-01
---	-----------	------------	-----------	-----------

### AMERICAN VERSION

M	4/3-5/8	12-2:30 pm	\$60/\$70	230103-02
---	---------	------------	-----------	-----------

## TACO TUESDAY AND BUNCO NEW!

Ages 21 &amp; Up

1 Class

Join us for a fun afternoon celebrating Taco Tuesday and playing Bunco. We will provide the tacos and non-alcoholic drinks as well as set up a game of bunco for all to enjoy. This is a great way to meet new people over lunch and bunco!

Instructor: Jennifer Peterson **Reg Deadline: 2/5**

Location: Grand Oaks

DAY	DATES	TIMES	R/NR	CODE
Tu	2/7	12-2:30 pm	\$7/\$8	230117-01



Reg Deadline  
3 days prior to start of class

## DOG OBEDIENCE PROGRAM

Ages 18 &amp; Up

6 Classes

Join Jan Cohen, a AKC CGC (canine good citizen) evaluator and trainer with over 30 years' experience. For dogs over the age of 4 months, this class teaches the dog and owner the sit, stay, down, heel and recall commands. Please bring your own doggie waste bags and water bowl; for safety reasons, owners must wear closed toe shoes. Instructor: Jan Cohen/CN

Location: Rotary Building

DAY	DATES	TIMES	R/NR	CODE
W	1/11-2/15	6:30-7:30 pm	\$185/\$185	520950-02
W	2/22-3/29	6:30-7:30 pm	\$185/\$185	520950-05
W	1/11-2/15	7:45-8:45 pm	\$185/\$185	520950-03
W	2/22-3/29	7:45-8:45 pm	\$185/\$185	520950-06
Th	1/12-2/16	6:30-7:30 pm	\$200/\$200	520950-04
Th	2/23-3/30	6:30-7:30 pm	\$200/\$200	520950-07

## DOG THERAPY CLASS NEW!

Ages 18 &amp; Up

7 Classes

We are excited to introduce you to the wonderful world of animal assisted therapy and to help you prepare for and successfully pass a therapy dog evaluation with one of three national certifying organizations of your choosing. We will practice evaluation exercises, socialization, and desensitization, provide tips and tricks for testing and future visits, and much more. Most importantly, we will have fun! PLEASE BE SURE TO BRING THE FOLLOWING TO EACH CLASS: dish for water, lots of high value treats in small pieces, blanket or large towel, soft brush your dog enjoys/tolerates well and toy your dog likes for relieving stress or for training reward (tug toys are good).

Instructor: Jan Cohen/CN

Location: Rotary Building

DAY	DATES	TIMES	R/NR	CODE
Th	1/12-2/23	7:30-8:30 pm	\$225/\$225	520952-03

## MUSIC AFFILIATES

CRYSTAL LAKE COMMUNITY BAND  
CLCB.ORG

VOICES IN HARMONY  
ENCOREMUSICACADEMY.ORG

DO YOU PLAY BRIDGE?  
STOP IN GRAND OAKS ON WED 9-12



# ACTIVE ADULT

## BEANBAG BASEBALL SOCIAL

### Ages 18 & Up

Take me out to the ballgame, and grab a friend or two and join us for a fun morning of playing the Beanbag Baseball craze hitting the Grand Oaks Active Adult Center. Names will be put in a hat to form teams. Lunch will be provided including hot dogs, chips and drink. No experience needed, all you need to be able to do is throw a beanbag 20 feet. Instructor: Jennifer Peterson **Reg Deadline: 4/12**

**Location: Grand Oaks**

DAY	DATES	TIMES	R/NR	CODE
F	4/21	10 am-12 pm	\$5/\$5	230131-01

## MOVE IT, SHAKE IT, LIFT IT!

### Ages 55 & Up

Come and get those bodies moving in this fun 30 minute class designed for those seniors with less stamina and mobility or those just getting started in their fitness program. This class will use light hand weights, balance exercise, core strengthening on chairs and fun cardio games. A great way to keep up with your mobility and cardio.

Instructor: Rae Lynne Morvay/JP

**Location: Grand Oaks**

\*no class 1/25

DY	DATES	TIMES	R/NR	CODE	WKS
W	1/4-3/22*	10:15-10:45 am	\$47/\$62	231008-04	11 wks
W	4/5-5/24	10:15-10:45 am	\$34/\$45	231008-05	8 wks

## HEALTHIER KNEES, HEALTHIER YOU

### Ages 14 & Up

1 Class

Many people face knee, hip or shoulder issues through an injury or wear and tear over the years. This workshop will focus on the knees. Learn how to work your muscles in a way to support this joint better and have a better quality of life.

Rae Lynne has received a special certification for this class and will lead you in this seminar based on her "fitness professional" point of view and own personal experience. This does not replace a doctor's advice and to contact your physician prior to doing the workshop to see if this class could be a good fit. Workshop includes working the muscles around the knee, how to work the fascia (netting under out skin) and stimulate healthy blood flow. Instructor: Rae Lynne Morvay/JP

**Location: Spoerl Park**

DAY	DATES	TIMES	R/NR	CODE
Sa	2/4	12-1:30 pm	\$15/\$20	231022-10

## MICKEY'S 100<sup>TH</sup> BIRTHDAY PARTY!

### NEW!

### Ages 55 & Up

Come celebrate the 100th anniversary of Disney with a trip down memory lane! Your Fairy Godmother will greet you with your very own mouse ears upon arrival where movie-themed tables and princesses fill the room with cheer. We will play Disney music bingo, have a sing-a-long and enjoy a fun themed lunch. Don't be late for this very important date! Transportation from Grand Oaks Recreation Center to the Cary Park District via the 15 passenger CLPD bus/van.

Instructor: Jennifer Peterson **Reg Deadline: 2/10**

**Location: Grand Oaks**

DAY	DATES	TIMES	R/NR	CODE
Th	2/23	10:30 am-1:30 pm	\$23/\$28	230199-01

## SIT, STAND AND SWING

### Ages 18 & Up

Join Brenda in this fun, energetic dance/fitness class to help get you up and moving! Various fitness styles will be incorporated in this class including Qi Gong, Tai Chi, Pilates, Zumba, bands, weights as well as working on balance, strength and stretching to fun music! Whether you use the chair for the whole class or not, you will feel an invigorating workout to keep you moving throughout your week! Instructor: Brenda Law/JP

**Location: West Beach**

DAY	DATES	TIMES	R/NR	CODE	WKS
Th	1/12-3/23	2-3 pm	\$94/\$99	231039-01	11 wks
Th	4/6-5/25	2-3 pm	\$68/\$73	231039-02	8 wks

## FIT @ 55 & BEYOND PUNCH PASS

### Ages 55 & Up

We've got a great workout designed specifically for active older adults! During this hour long class, you will be stretching, strengthening and completing a light cardio workout while using exercise equipment, participating in fun activities and implementing various exercise techniques. Doors open at 8:45 am. Register for Fitness @ 55 Punch Pass at the Admin Office.

Instructor: Rae Lynne Morvay/JP *\*does not qualify for 25% off promo*

**Location: Grand Oaks (M/W); Main Beach (F)**

\*no class 12/23, 12/26, 12/30, 1/2, 1/23, 2/20, 5/29

DAY	DATES	TIMES	R/NR	CODE
M, W, F	12/2-5/5*	9-10 am	\$60/\$78	231000-01



*Reg Deadline  
3 days prior to start of class*





# GRAND OAKS ACTIVE ADULT REC CENTER

## DROP-IN ACTIVITIES

MONDAY & TUESDAY 12-3 PM

**MON**  
12-3 PM

SAMBA or RUMMIKUB  
MAH JONGG

**TUE**  
10 A-12 P

BINGO  
(10 am-12 pm 2nd week each month \$5)

**TUE**  
12-3 PM

DOMINOS  
CRAFT at NOON  
BRING YOUR OWN CRAFT  
1/10, 2/14, 3/14, 4/11, 5/9

### WEDNESDAY-FRIDAY 9 AM-12 PM

Games start at 10 am unless otherwise noted

**WED**

#### TRIPLE PLAY

Do you play bridge? We are looking for players on Wednesdays!  
Contact Jennifer at 815.459.0680 x 1219 if interested

**THU**

SAMBA (9 am) & TRIPLE PLAY (10 am)  
DROP-IN LINE DANCING!  
Beginners (10a-11a) Experienced (11a-12p)

**FRI**

PICK YOUR PLAY or  
MAH JONGG (starts at 9 am)  
BEANBAG BASEBALL



1401 W. ROUTE 176, CL  
815.356.2414

ACTIVITIES ARE SUBJECT TO CHANGE

CHECK THE WEBSITE FOR  
UP-TO-DATE INFORMATION

### CENTER CLOSED

DECEMBER 24-JAN 2, 2/20, 5/29



WANT TO START A GROUP? CONTACT JENNIFER PETERSON  
815.459.0680 X1219

EXPLORE | PLAY | EXPERIENCE



# How To REGISTER



## ONLINE

Register online at [CRYSTALLAKEPARKS.ORG](http://CRYSTALLAKEPARKS.ORG)



WALK IN

## WALK IN / MAIL IN

CRYSTAL LAKE PARK DISTRICT  
1 E. Crystal Lake Avenue  
Crystal Lake, IL 60014  
815.459.0680



MONDAY-FRIDAY 8:30 AM - 5 PM

*Please note: include signed registration form and payment*



## DRIVE UP WINDOW

A drive up window is located on the east side of the Administration Building.

YEAR ROUND: M-F 8:30 AM-12 PM  
APRIL-JUL: SAT 9:30 AM-12 PM



## 24 HOUR DROP BOX

Download a registration form and place in the 24 hour drop box with a signed waiver from and check made payable to the Crystal Lake Park District. Drop box is located on the east side of the Park District Administration Building, next to the drive up window.



Contact us at 815.459.0680 if additional registration assistance is required.

## REC ALERT RAINOUTLINE.COM 815-410-4475

Keep up to date when adverse weather affects our programs or events. See below for directions on how to personalize your connections with the Crystal Lake Park District Rainout Line.

### TEXT/EMAIL

Visit [rainoutline.com/subscribe/notify/8154104475/0](http://rainoutline.com/subscribe/notify/8154104475/0) and choose the text or email tab from the top of the page. Supply your contact information and select the program/event/facility you want to receive notifications about.

### APP

To download the app for the Crystal Lake Park District, simply go to the market on your phone and search Rainout Line. Download the Rainout Line app and search for the Crystal Lake Park District. When it appears, click the star on the right side of the page. In order to view updates, you will have to open the Rainout app.

### WEB

To view the status of all available programs/events/facilities, visit the Crystal Lake Park District's Rainout Line site at [rainoutline.com/search/dnis/8154104475](http://rainoutline.com/search/dnis/8154104475).

### PHONE

The Rainout Line number is 815.410.4475. Call the number and select the extension of the program or facility.

### EXTENSIONS

Adult Softball Leagues	Ext. 1
Adult Volleyball League	Ext. 2
Barlona House Preschool	Ext. 13
Dance	Ext. 15
Fitness Classes	Ext. 7
Hot Shot Sports	Ext. 14
Lippold Family Golf Center	Ext. 8
Lippold Family Golf Driving Range	Ext. 17
Luminaria Walk	Ext. 18
Main Beach Summer Info	Ext. 3
Main Beach Swim Lessons	Ext. 21
Public Safety	Ext. 11
Skating Conditions	Ext. 16
Sled Hills	Ext. 9
Special Events	Ext. 6
Summer Camps	Ext. 5
Summer Tennis @ Veteran Acres	Ext. 12
The Racket Club	Ext. 10
West Beach Summer Info	Ext. 4
Youth Basketball Leagues	Ext. 20
Youth Sports	Ext. 19







### SATISFACTION GUARANTEE POLICY



The Crystal Lake Park District guarantees that you will be satisfied with the recreation program and activities in which you participate. If you are not satisfied for any reason, tell us and we will arrange the best course of action for you. Our goal is to satisfy ALL customers.

#### Refund Policy

1. The Crystal Lake Park District reserves the right to cancel any class with insufficient enrollment. When that occurs, an automatic and total refund is issued to each participant in the program.
2. Refund requests must be submitted in writing by filling out the request form.
3. All refunds are subject to a \$5 Administration Service Fee except under the following circumstances:
  - \* Request for refund due to satisfaction issue
  - \* Refund is initiated by the Park District
  - \* Doctor's note is submitted with request
  - \* Refund request is made PRIOR to registration deadline (refer to the deadline listed in the activity guide)
4. Refund requests are approved by the Recreation Supervisor. If the request is made after the registration deadline, a \$5 administrative service fee will apply and the remaining refund will be prorated.
5. Overpayments or refunds less than \$5 will not be issued unless the CLPD has cancelled the program.
6. Participants may transfer money from one program to one other program within the current brochure, minus money retained for classes that may have taken place, or the participant attended. Extended Time, Summer Camp, Extended Time Summer Camp and Preschool tuitions may not be transferred to other programs.
7. Programs/events at the Racket Club, Preschool, Extended Time, Summer Day Camp and Adult Trips are excluded from this refund policy and have their own separate policy.
8. Refunds will not be given after a program has ended.
9. Refunds will be processed and issued within 14 business days. Payments made by charge cards are credited to the credit card.

### EMPLOYMENT

The Crystal Lake Park District is continually searching for talented individuals to instruct classes in all areas. If you or someone you know has a particular skill or area of expertise, please call the Park District at 815-459-0680 x 1216.

The Park District employs a large percentage of young adults in McHenry County. For seasonal work, visit [crystallakeparks.org](http://crystallakeparks.org) and click the APPLITRACK tab to apply online.

College students majoring in parks and recreation are welcome to contact us for an internship. Please email Kurt Reckamp at [kreckamp@crystallakeparks.org](mailto:kreckamp@crystallakeparks.org)

### SCHOLARSHIP ASSISTANCE

The Crystal Lake Park District recognizes that there are families in our community who suffer economic setbacks which prevent their children from joining our programs. We offer class scholarships for Park District residents to help those in need. One week notice is required for review of scholarship application. For more information, please call 815.459.0680 x 1216 or email Kurt Reckamp at [kreckamp@crystallakeparks.org](mailto:kreckamp@crystallakeparks.org).

### ILLINOIS SPORTS LICENSES

Illinois Hunting, Fishing, and Trapping Licenses, Stamps and Permits

As of March 1, 2019 the Crystal Lake Park District will no longer sell Illinois licenses through the Illinois Department of Natural Resources (IDNR). Patrons can purchase their Illinois licenses on the [IDNR website](http://IDNR website) beginning March 1. There is a list of agencies in the area for the purchase of special permits on the IDNR website, [dnr.illinois.gov/LPR/Pages/default.aspx](http://dnr.illinois.gov/LPR/Pages/default.aspx).



### AMERICAN DISABILITIES ACT

The Crystal Lake Park District continues to renovate facilities and parks, as well as change procedures and programs to make them accessible to people with disabilities. The CLPD is compliant with the American's Disabilities Act (ADA) of 1990, which prohibits discrimination on the basis of disability. Notification is required a minimum of one week prior to start of class. Some programs indicate that participants must be toilet-trained. If diapers or incontinent aids are used, the participant or parent must be able to provide personal care. The park district makes reasonable accommodations in recreation programs, parks and facilities. For more information, please contact Kurt Reckamp, Superintendent of Recreation and Facility Services at [kreckamp@crystallakeparks.org](mailto:kreckamp@crystallakeparks.org) or call 815-459-0680 x 1216.



## CODE OF CONDUCT

All patrons are expected to exhibit appropriate behavior at all times. The following Code of Conduct has been developed to help make programs safe and enjoyable for all participants. Additional rules may be developed for specific programs as deemed necessary by staff.

The Crystal Lake Park District insists that all participants comply with the Crystal Lake Park District Code of Conduct. All patrons shall:

1. Show respect to all participants, staff and volunteers.
2. Follow rules and take direction from staff.
3. Restrain from using abusive or foul language.
4. Refrain from threatening or causing bodily harm to self, other participants or staff.
5. Show respect for equipment, supplies and facilities.
6. Not possess any weapons.

### A positive approach will be used regarding discipline.

If inappropriate behavior occurs, a prompt resolution will be sought specific to each individual's situation. The Crystal Lake Park District reserves the right to dismiss a patron whose behavior endangers his or her own safety or the safety of others.

### If the participant exhibits inappropriate actions:

1. Staff will determine the severity of the action and immediately take steps to correct it. These may include but are not limited to:
  - \* A verbal warning
  - \* A supervised time-out from the program.
  - \* A suspension of the program for a designated time period.
  - \* Dismissal from the program or activity.
2. Depending on the age of the patron and the offense/activity, the parent/guardian may be notified. The inappropriate behavior that staff observed will be explained to the parent/guardian. Communication between the staff and parent/guardian will be ongoing regarding any further incidences of inappropriate behavior.
3. Appeals by the patron and/or patron's parent/guardian should be directed to the Executive Director or the Manager of Recreation Programs.

## DOMESTIC ANIMAL ORDINANCE

**PLEASE BE ADVISED OF THE CRYSTAL LAKE ANIMAL ORDINANCE (11.15)**

**Fine: \$50/\$75**

- A. Dogs and cats are only permitted in the park areas when kept on a leash (with the exception of Hound Town Dog Park.)
- B. Dogs and cats are not allowed within playground borders or areas as otherwise marked (qualified service animals are exempt.)
- C. All other animals, including horses are prohibited unless authorized by the Park Board of Commissioners.
- D. The person escorting the animal into the park area is responsible to remove any defecation created by that animal.
- E. Per the McHenry County Health Department, ANIMALS ARE PROHIBITED AT MAIN BEACH PARK AND WEST BEACH PARK (qualified service animals are exempt.)

**TO REPORT UNLEASHED DOGS IN THE CRYSTAL LAKE PARK DISTRICT PARKS, PLEASE CALL 815.459.0680 DURING BUSINESS HOURS OR 815.455.2313 AFTER BUSINESS HOURS.**



## PHOTOGRAPHS

Our staff or designees often take pictures or video at programs, events, or on park district property for: brochures and other marketing materials, website and other print, electronic and online publicity where the district deems necessary. Most people are delighted to see pictures of themselves or their family members in our publicity. Photographers from print or other media outlets may also take pictures or video on occasion.

In addition, the Crystal Lake Park District is using social media platforms (Facebook and Twitter). You may see staff and volunteers taking pictures more often at programs. We will continue to protect the privacy of participants by maintaining anonymity in photos posted on the internet.

**NOTE:** If you do see a photo posted to our website, social media, or other Park District site of you or your family member that you would like removed, just request the photo to be taken down by commenting on the picture or emailing us at [jleech@crystallakeparks.org](mailto:jleech@crystallakeparks.org).

## PARK POLICE

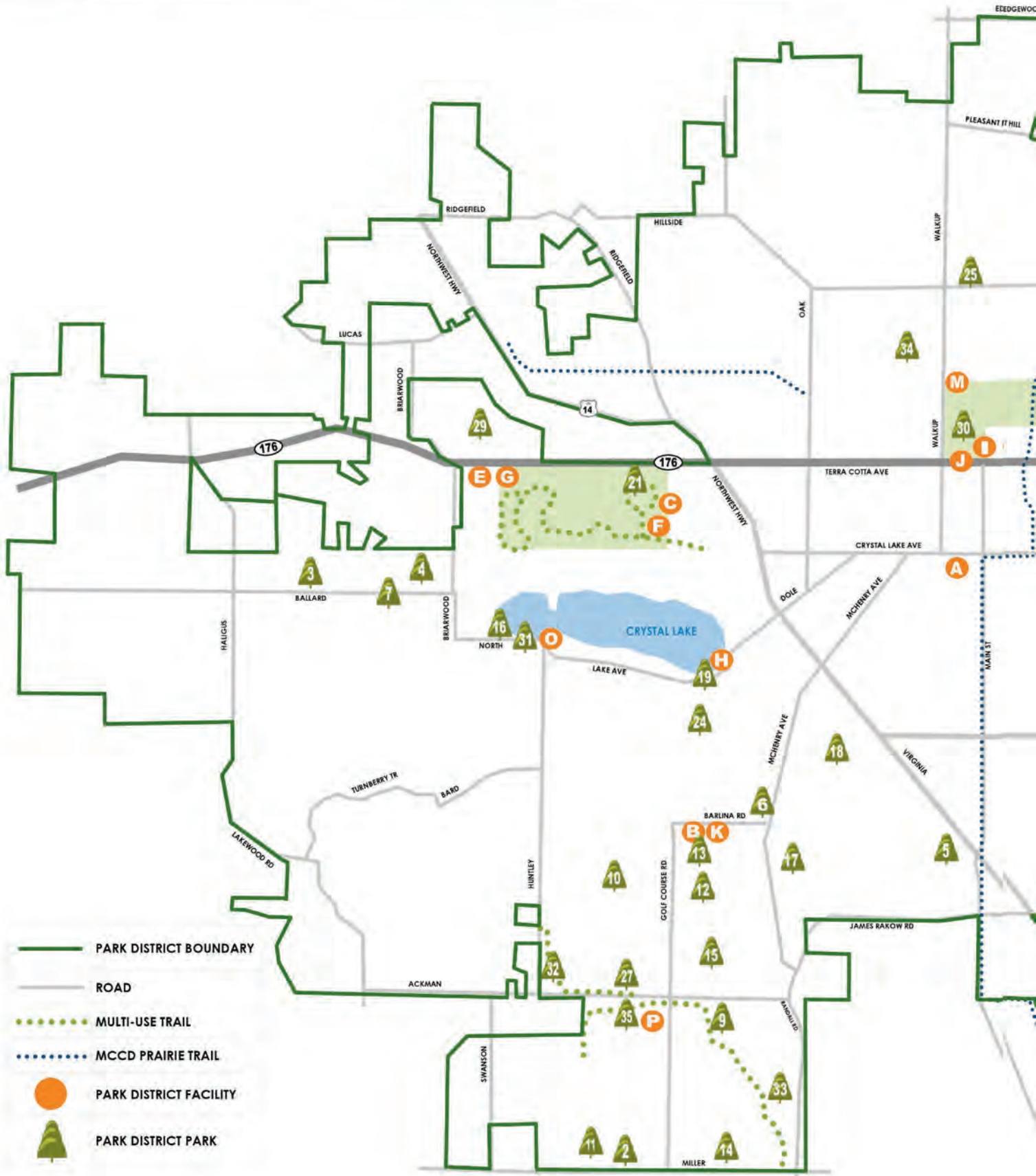
The Crystal Lake Park District's full-time, year-round park police department works closely with the Crystal Lake and Village of Lakewood police to keep parks and facilities safe. We need your help in protecting these properties.

If any time you see suspicious activities, call Chief Longo at 815.356.1114 or Erik Jakubowski at 815.477.5007 x2101.

After business hours, call the Crystal Lake Police Department 815.455.2313 to report any problems. Our officer will receive a radio message from the Crystal Lake Police Department and report to the problem.



# BOUNDARY MAP







## Crystal Lake Park District Parks



- |                          |                                    |
|--------------------------|------------------------------------|
| 1 Asbury Park            | 19 Lake Park/Main Beach            |
| 2 Bird Park              | 20 Lapins Park                     |
| 3 Brighton Oaks Park     | 21 Lippold Park                    |
| 4 Butternut Preserve     | 22 Oak Hollow Park                 |
| 5 Canterbury Park        | 23 Prairie Ridge Conservation Area |
| 6 Cress Creek Property   | 24 Seminary Field                  |
| 7 Della Street Park      | 25 Shamrock Hills Park             |
| 8 Feinberg Park          | 26 Spoerl Park                     |
| 9 Fetzner Park           | 27 Sterling Meadows Park           |
| 10 Four Colonies Park    | 28 Sterne's Woods & Fen            |
| 11 Hampton Park          | 29 Sunset Meadows Park             |
| 12 Hidden Pond Bike Path | 30 Veteran Acres Park              |
| 13 Hill Farm Park        | 31 West Park                       |
| 14 Indian Prairie Park   | 32 Willows Edge Park               |
| 15 Johns Park            | 33 Winding Creek Park & Bike Path  |
| 16 Kamijima Park         | 34 Woodland Estates Park           |
| 17 Knaack Park           | 35 Woods creek Park                |
| 18 Ladd Park             | 36 Wyndwood Park                   |

## Crystal Lake Park District Buildings



- |                              |                               |
|------------------------------|-------------------------------|
| A Administrative Offices     | I Nature Center               |
| B Barlina House Preschool    | J Oakwoods Lodge              |
| C Boncosky Softball Fields   | K Park District Police Office |
| D Colonel Palmer House       | L Racket Club Tennis Facility |
| E Grand Oaks Rec Center      | M Rotary Building             |
| F Hound Town Dog Park        | N Spoerl Park Building        |
| G Lippold Family Golf Center | O West Beach Building         |
| H Main Beach Pavilion        | P Woods creek Building        |

ADDRESSES AND AMENITIES LOCATION ON THE NEXT PAGE  
 FOR MORE DETAILED INFORMATION, VISIT OUR WEBSITE  
 AT [CRYSTALLAKEPARKS.ORG](http://CRYSTALLAKEPARKS.ORG) OR CALL 815.459.0680 X0



## PARK AMENITIES

# PARKS

			ADA Accessible	Basketball Court	Grills	Lake/Pond/Creek	Picnic Area	Play Equipment	Restrooms	Shelter/Pavilion	Sports Field Area	Swimming/Splash Pad	Tennis	Trail	Volleyball Court	Pickleball Courts	Open Area
1	Asbury Park	550 Blackthorn Drive	•				•	•									•
2	Ken Bird Park	1800 Thomasville Lane	•	•			•	•		•	•		•	•		•	•
3	Brighton Oaks Park	9818 Ballard Road	•	•			•	•		•			•				
4	Butternut Preserve	1540 Ballard Road	•			•	•								•		•
5	Canterbury Park	875 Canterbury Drive	•				•	•	•		•						•
6	Cress Creek Property	510 Barlina Road				•									•		
7	Della Street Park	5 Della Street	•			•	•	•									
8	Feinberg Park	701 Juniper Lane	•	•			•	•					•	•		•	•
9	Fetzner Park	690 Alexandra Boulevard	•	•		•	•	•		•	•				•		•
10	Four Colonies Park	925 Sarasota Lane	•	•		•	•	•		•	•		•	•			•
11	Hampton Park	1000 Saddle Creek Lane															•
12	Hidden Pond Bike Path	760 Bedford Lane												•			
13	Hill Farm Park	705 Barlina Road	•				•	•	•								•
14	Indian Prairie Park	600 West Miller Road							•		•						•
15	Samuel Johns Park	1270 Westport Ridge	•	•			•	•			•				•		•
16	Kamijima Park	1294 North Avenue	•			•	•	•									•
17	Knaack Park	407 Buckingham Lane	•					•			•						•
18	Ladd Park	556 Coventry Lane					•	•			•		•				•
19	Lake Park/Main Beach	300 Lake Shore Drive	•	•	•	•	•	•	•	•	•	•					•
20	Lapins Park	6400 Scott Lane	•					•									•
21	Lippold Park	851 West Route 176	•			•	•	•	•	•	•				•	•	•
22	Oak Hollow Park	844 (LT) Oak Hollow Road	•												•		
23	Prairie Ridge Conservation Area	No address				•									•		
24	Seminary Field	671 Country Club Road	•			•									•		•
25	Shamrock Hills	6204 Hillside Road				•									•		•
26	Spoerl Park	7610 Pingree Road	•	•			•	•					•				•
27	Sterling Meadows Park	1261 Amberwood Drive	•	•			•	•							•		•
28	Sterne's Woods & Fen	5617 East Hillside Road				•	•		•						•		
29	Sunset Meadows Park	1350 W. Route 176															
30	Veteran Acres Park	431 North Walkup Road	•	•	•	•	•	•	•	•	•	•	•	•		•	•
31	West Park	2330 Lake Ave, Lakewood	•			•	•	•	•			•					
32	Willows Edge Park	1000 West Ackman Road	•			•									•		•
33	Winding Creek Park & Bike Path	1621 Penny Lane	•			•									•		•
34	Woodland Estates Park	180 Midland Drive	•	•		•	•	•		•	•		•	•	•		•
35	Woods creek Park	1420 Willow Tree Drive	•	•		•	•	•	•	•	•	•	•	•	•		•
36	Wyndwood Park	4201 Wyndwood Drive	•					•					•				•



# FACILITIES

		ADA Accessible	Basketball Court	Grills	Lake/Pond/Creek	Picnic Area	Play Equipment	Restrooms	Shelter/Pavilion	Sports Field Area	Swimming/Splash Pod	Tennis	Trail	Volleyball Court	Open Area
Administration Offices	1 East Crystal Lake Avenue	•						•							
Barlina House Preschool	705 Barlina Road						•	•							
Boncosky Softball Fields	851 West Route 176	•		•	•	•	•	•	•	•				•	•
Colonel Palmer House	660 East Terra Cotta Avenue	•						•							•
Grand Oaks Recreation & Active Senior Ctr	1401 West Route 176	•						•							
Lippold Family Golf Center	1251 West Route 176	•			•	•	•	•	•	•				•	•
Main Beach Pavilion	300 Lakeshore Drive	•	•	•	•	•	•	•	•	•	•				•
Nature Center	330 North Main Street	•			•			•						•	
Oakwoods Lodge	46 East Terra Cotta Avenue	•			•	•		•	•					•	•
Racket Club	9101 South Route 31, Alg	•						•				•			
Rotary Building	431 North Walkup Avenue	•	•	•	•	•		•		•		•	•		•
Spoerl Park Building	7610 Pingree Road	•	•			•	•	•		•		•			•
West Beach	2330 Lake Avenue, Lakewood	•			•	•	•	•			•				
Woods creek Park Building	1420 Willow Tree Drive	•	•		•	•	•	•	•	•		•	•	•	•

## PICNIC RENTALS

The Crystal Lake Park District maintains many different open picnic areas and shelters throughout our parks. These areas/shelters are available for rent if not being utilized by a Park District program or special event. All rentals must be made in person at our Administration Office. To check date availability, call 815.459.0680 x 0. Additional information can be found at [crystallakeparks.org/picnic-reservations](http://crystallakeparks.org/picnic-reservations).

PICNIC SHELTER RENTAL FEES	RESIDENT	NON-RESIDENT
VA Jaycee Shelter, VA Rotary, Woods creek Park, Sterne's Woods, Lippold Skate Park	\$120 Weekends/Holidays \$60 Weekdays	\$240
Veteran Acres Picnic Shelters	\$35	\$70
Neighborhood Parks	\$75	N/A

**ADDITIONAL FEES APPLIED FOR RENTALS WITH ALCOHOL**

A \$100 refundable deposit will be applied to all picnic shelter rentals. Any special event requests shall be presented to the Park Board of Commissioners for approval. A letter of request stating the details of the function needs to be submitted to the Superintendent of Recreation Programs. If approved, the maintenance deposit and rental fees will need to be paid at time of reservation.

**PICNIC RESERVATIONS BEGIN THE FIRST REGULAR BUSINESS DAY AFTER JAN 1 AND MUST BE MADE IN PERSON AT THE ADMINISTRATION OFFICE.**

**EXPLORE | PLAY | EXPERIENCE**



Veteran Acres Jaycee Shelter



Main Beach Shelter #6



VALUED PARK PARTNER



**STAY RUNNIN'  
WITH THE  
DUNKIN' APP**

Order & pay on the app,  
then grab & go

**TWO CONVENIENT LOCATIONS:  
4817 NORTHWEST HIGHWAY, CL  
290 S. ROUTE 31, CL**

**ADAMS**

**COLLISION CENTER**

8559 Pyott Road  
Lake in the Hills IL 60156

1520 N Division Street  
Harvard IL 60033  
adamscollision.com

*Where Quality and Customer Satisfaction Count!*



*Kopp & Bloom*

**ADA**

American  
Dental  
Association®

**GENERAL DENTISTRY FOR ALL AGES**

Dr. Thomas Kopp & Dr. John Bloom, DDS  
815-477-4055

615 Dakota Street, Suite A  
Crystal Lake IL 60012



**HOME STATE BANK**  
Where Your Home Team Is On Your Side

Contact us today about our savings accounts!

815.459.2000  
HomeStateOnline.com

**H/S BANK HOME STATE BANK, A.A.**

Member FDIC



The **Oaks Dental**  
Center, Ltd.

**Agnes Kumar, DDS**

Family and Cosmetic Dentist  
8600 Hwy 14, Crystal Lake  
**815.356.0033**  
[www.oaksdental.com](http://www.oaksdental.com)



*Receive \$75 Off Your Comprehensive Oral Exam*

**ENCORE**  
music academy

**Music Lessons  
and Classes  
for All Ages!**

- ENCORE YOUTH CHOIR (ages 7 - 18)
- EMA YOUTH ORCHESTRA (beginning - advanced orchestras)
- VOICES IN HARMONY (adult choir)
- PRIVATE & GROUP INSTRUCTION (violin, piano, voice, guitar & more)
- MUSIC TOGETHER® CLASSES (birth - age 6)
- SUMMER CAMP (ages 3 - 11)
- SUMMER MUSICAL (Middle School & High School)

For more information or to schedule an audition,

**815.356.SING (7464)**  
[www.encoremusicacademy.org](http://www.encoremusicacademy.org)



**SPONSOR A  
CONCERT  
THIS SUMMER!**

**2500+ ATTENDEES  
EACH WEEK**

CONTACT JACQUI  
JWEBER@CRYSTALLAKEPARKS.ORG







1 E. CRYSTAL LAKE AVENUE, CRYSTAL LAKE IL 60014  
CRYSTALLAKEPARKS.ORG

PRESRT STD  
US Postage  
PAID  
Crystal Lake, IL  
60014  
Permit # 28

\*\*\*\*\*ECRWSS\*\*\*\*

RESIDENTIAL CUSTOMER



# RACKET CLUB

CRYSTAL LAKE PARK DISTRICT

*Premier Tennis Facilities and Programs*

**JUNIOR • ADULT • SENIOR  
LESSONS • LEAGUES  
TOURNAMENTS  
CORPORATE PACKAGE**

9101 S. ROUTE 31 ALG IL 60102  
847.658.5688  
THERACKETCLUB.ORG

**SEE  
PAGE 41  
FOR  
DETAILS**