

# ACTIVITY GUIDE

## Winter/Spring

2023-2024

REGISTRATION OPENS DEC 8

**SNOW WHAT! LET'S PUTT** p 6

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*NEW*  
**LAKE USAGE  
DECALS NOW  
SOLD AT THE  
PARK DISTRICT**

p 11

**CRYSTALLAKEPARKS.ORG**



# NOW REGISTERING CRYSTAL LAKE RAIDERS



## SPRING CHEER - \$525

Open to all grades K-8  
Practice Tuesday & Thursday  
evenings from January-April  
Uniform cost not included

REGISTER BY  
DECEMBER  
15TH



Open to all grades K-8  
Games April - May  
Uniform cost included

# \$125



GET YOUR GAME  
FACES ON AND  
JOIN US

REGISTER NOW AT

[WWW.CLRAIDERS.NET](http://WWW.CLRAIDERS.NET)

ICA®



SCAN ME



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ADMINISTRATION OFFICE

**OFFICE**

1 E. Crystal Lake Avenue  
Crystal Lake, IL 60014  
TEL: 815.459.0680  
FAX: 815.477.5005

**LOBBY**

M-F 8:30 AM-5 PM  
APRIL-JULY  
SAT 9:30 AM-12 PM

**DRIVE THRU**

YEAR ROUND  
M-F 8:30 AM-12 PM

**CLOSED**

Thu Nov 23 & Fri Nov 24  
Fri Dec 22 & Mon Dec 25  
Fri Dec 29 & Mon Jan 2  
Mon Feb 20

 **ALERTS**  
rainoutline.com  
815.410.4475

**SOCIAL**  
  

**WEBSITE**

CRYSTALLAKEPARKS.ORG (24 Hour Registration)  
Sign Up for E-Newsletters



# STAFF



**ADMINISTRATION**  
**815.459.0680**

**@CRYSTALLAKEPARKS.ORG**

Jason Herbster, Executive Director	x1203	jherbster
Tina Becke, Superintendent of Business Services	x1206	tbecke
Rocio Arreola-Escutia, Human Resources Manager	x1202	rescutia
Nicole Zeller, Receivables Accountant	x1233	nzeller
Amanda Jaworskyj, Payables Accountant	x1208	ajaworskyj
Jodi Penczak, Payroll Accountant	x1207	jpenczak
Anne Sandor, Executive Assistant & Office Manager	x1204	asandor
Guest Services Associate	x1211	
Jenny Leech, Marketing Manager	x1212	jleech
Jacqui Weber, Marketing & Sponsor Coordinator	x1214	jweber

**RECREATION PROGRAM & FACILITY SERVICES**

Kurt Reckamp Supt of Recreation Programs & Facility Services	x1216	kreckamp
Heidi Stolt, Manager of Recreation Programs	x1213	hstolt
Sandra Thompson, Recreation Supervisor	x1220	sthompson
Donna MacCrimdle, Barlina House Preschool Director	x2517	dmaccrindle
Jennifer Peterson, Recreation Supervisor	x1219	jpeterson
Emma Koenig, Recreation Supervisor	x1228	ekoenig
Stephanie Scott, Recreation Aquatics Supervisor	x1218	sscott
Claire Naughton, Manager of Recreation Facilities	x1227	cnaughton
Rob Laue, Racket Club Manager	x2014	rlaue
Conni Stinek, Tennis Director	x2015	cstinek
Antony Mores, Facility Rental/ Food & Beverage Supervisor	x1226	amores
Ian Booker, Athletic Supervisor	x1210	ibooker
John Fiorina, Interpretive Services Facility Manager	x4201	jfiorina
Will Sutphin, Nature Center Recreation Supervisor	x2401	wsutphin
Sarah Taylor, Colonel Palmer House Supervisor	x2600	staylor

**PARK SERVICES**

Erik Jakubowski, Superintendent of Park Services	x2101	ejakubowski
Amy Olson, Manager of Park Planning & Development	x1217	aolson
Kyle Berge, Parks Maintenance Manager	x2104	kberge
Valarie Roberts, Parks Grounds Manager	x2102	vroberts
Preston Skultety, Manager of Natural Resources	X2109	pskultety
John Longo, Chief of Park Police	815.356.2415	jlongo

**NON-EMERGENCY POLICE DISPATCH**

**815.356.1114**

**PROGRAMS**

Staff initials will be included in program listings in the event participants need to contact the program supervisor.

IB	Ian Booker	SS	Stephanie Scott
EK	Emma Koenig	WS	Will Sutphin
CN	Claire Naughton	STA	Sarah Taylor
JP	Jennifer Peterson	ST	Sam Thompson



BOARD OF COMMISSIONERS

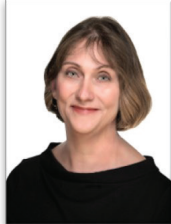
The Crystal Lake Park District Board Meetings are held at 6:30 pm on the third Thursday of each month. These meetings are open to the public and take place at the Park District Administration Office, 1 E. Crystal Lake Avenue.

Agendas, meeting minutes and board presentations are available for review at [crystallakeparks.org/boardinformation](http://crystallakeparks.org/boardinformation).

COMMISSIONERS CAN BE REACHED VIA EMAIL @CRYSTALLAKEPARKS.ORG.



**ERIC ANDERSON**  
President  
eanderson



**CATHY CAGLE**  
Commissioner  
ccagle



**JASON HEISLER**  
Treasurer  
jheisler



**MIKE JACOBSON**  
Commissioner  
mjjacobson



**KAREN JOHNSON**  
Commissioner  
kjohnson



**LINDA MATTHIAS**  
Commissioner  
lmatthias



**SARAH MICHEHL**  
Vice President  
smichehl

MISSION

ENRICHING ALL LIVES  
THROUGH RECREATION,  
PARKS AND NATURE



**BARLINA HOUSE PRESCHOOL**  
705 Barlina Road • 815.477.5403

**COLONEL PALMER HOUSE**  
660 E. Terra Cotta Road • 815.477.5873

**GRAND OAKS RECREATION  
& ACTIVE ADULT CENTER**  
1401 W. Route 176 • 815.356.2413

**LIPPOLD PARK COMPLEX**  
851 W. Route 176

**LIPPOLD FAMILY GOLF CENTER**  
1251 W. Route 176 • 815.477.5401

**MAIN BEACH**  
300 Lakeshore Drive • 815.477.5404

**MAINTENANCE GARAGE**  
305 Lakeshore Drive • 815.477.5007

**NATURE CENTER**  
330 N. Main Street • 815.455.1763

**OAKWOODS LODGE**  
46 E. Terra Cotta Avenue

**RACKET CLUB**  
9101 S. Route 31, ALG • 847.658.5688

**ROTARY BUILDING**  
431 N. Walkup Road

**SHAMROCK HILLS PARK**  
6204 Hillside Road

**SPOERL PARK BUILDING**  
7610 Pingree Road

**WEST BEACH**  
2330 Lake Avenue

**WOODSCREEK BUILDING**  
850 Willow Tree



FACILITIES

OPEN DAWN-DUSK\*

The Crystal Lake Park District maintains 36 parks throughout Crystal Lake and Lakewood. For more information, see the park amenities chart located at the back of this activity guide or visit our website to utilize our interactive map.

\*Main Beach opens at 9 am.

BIKES

Bikes are welcome in all parks except Main and West Beaches (for the safety of our beach and park patrons.) A bike rack is located in the Main Beach parking lot across from the entrance.

TRAILS

McHenry County has extensive walking/biking trails that connect through many of our parks. Visit our MAPS page on our website for details.



FIREARMS

The Firearms Concealed Carry Act, which became state law in July 2013, requires an Illinois Concealed Carry License in order to carry a concealed firearm in Illinois.

The law forbids carrying a concealed weapon into government buildings, schools and parks. As a requirement of the law, Illinois State Police approved signs indicating the ban which are posted at the entrances of all Crystal Lake Park District parks and facilities.

ANIMALS

Dogs and cats are welcome at all parks as long as they are on a leash and waste is picked up. Per the McHenry County Health Department, animals are not allowed at Main and West Beaches for health and safety precautions.

PARKS



CRYSTAL LAKE PARK DISTRICT

# ENVIRONMENTAL COMMITTEE NEWS

**RECYCLE YOUR HOLIDAY LIGHTS**

DROP YOUR LIGHTS IN OUR RECYCLE BIN

**PARK SERVICES GARAGE  
NEXT TO THE DUMPSTER**

305 LAKESHORE DRIVE

COLLECTION ENDS  
JAN 15

CRYSTAL LAKE PARK DISTRICT ENVIRONMENTAL COMMITTEE

CRYSTALLAKEPARKS.ORG

**SPRING FIREWOOD SALE**

**SAT MAR 16**

LIPPOLD PARK MAINTENANCE GARAGE  
(EAST OF MICKEY SUND FIELDS)

<b>75 PIECES</b>	<b>150 PIECES</b>
<b>\$40</b>	<b>\$80</b>
231602-15	231602-16

*You Load and Haul  
Rain or Shine*

## COMMUNITY CLEAN UP DAY

The Crystal Lake Park District teams up with the Crystal Lake Chamber of Commerce to help clean up our community parks and neighborhoods. Hot cocoa and donuts are provided in the morning, followed by a hot dog lunch when you return.

The Chamber will offer document shredding and the Police Department will be providing the Prescription Rx Drug Take Back program.

For groups larger than 8, please contact Preston Skultety, [pskultety@crystallakeparks.org](mailto:pskultety@crystallakeparks.org).



**SAT APR 20**  
**8:30 AM-1 PM**  
**MCCORMICK PARK**  
427 W VIRGINIA ST

RAIN OR SHINE  
PLEASE DRESS FOR WEATHER  
Details at [clchamber.com](http://clchamber.com)



# WINTER FUN

## SLEDDING

**VETERAN ACRES**  
RTE 176 & WALKUP AVE

Amenities:  
Lighted Sledding Areas (4-9 PM)  
Restrooms and Shelter

**INDIAN PRAIRIE**  
600 W MILLER ROAD

No lights or restrooms



## ICE SKATING HOCKEY

**MAIN BEACH**  
300 LAKESHORE DR

Amenities:  
Lighted Skating Areas (4-9 PM)  
Restrooms

**WEST BEACH**  
2330 LAKE AVENUE

Amenities:  
Lighted Skating Areas (4-9 PM)



**MAIN/WEST SKATE AREAS**  
SIGNS POSTED AT EACH ENTRANCE WILL SIGNAL IF RINKS ARE OPEN (GREEN FLAG) OR CLOSED (RED FLAG)

MAIN & WEST OPEN 9 AM-9 PM  
ALL OTHER PARKS OPEN DAWN-DUSK



SIGN POSTED AT TOP OF HILL WILL SIGNAL IF SLED HILL IS OPEN OR CLOSED

## XC SKIING

**LIPPOLD PARK**  
851 W. ROUTE 176

**VETERAN ACRES**  
RTE 176 & WALKUP AVE

**STERNE'S WOODS**  
HILLSIDE RD (EAST OF WALKUP)

**BUTTERNUT PRESERVE**  
ENTRANCE OFF OF BUTTERNUT DR

No Lights or Warming Facilities



## CONDITIONS AND CLOSINGS

All winter activity areas are monitored on a daily basis to determine usability and safety. Updated reports on conditions and closings are available on [rainoutline.com](http://rainoutline.com).

The Park District staff inspect ice rinks daily. At each skating rink, ice thickness is averaged from measurements taken from six locations. A minimum of 5" is required to allow public skating.



**SPECIAL EVENTS**



CRYSTAL LAKE PARK DISTRICT  
**SNOW BIRD**  
 SOFTBALL

**SAT FEB 3  
 9 AM-4 PM**

**Ages 21 & Up**

Get a team together and enter our 16" Snowbird Softball Tournament. Tourney format is to be determined based on registration (single elimination with consolation division or double elimination.) Min 2 game guarantee. Monetary award for 1st, 2nd and 3rd place.

Reg Deadline: 1/19 Staff: IB  
 Lippold Park Boncosky  
 851 W. Route 176, CL

Fee: \$250 per team  
 Reg Code: 230413-02



**Ages 18 & Up**

Join us for this 54-year tradition, and play golf on the ice at Main Beach! Chili, music, games, and warming stations will be offered to all participants!

Foursomes are every 6 minutes starting at 8 am. Please arrive 10 minutes early to tee time.

Reg Deadline: 2/1 Staff: EK  
 Main Beach, 300 Lakeshore Dr, CL

Fee: \$125 per foursome  
 Reg Code: 230412



**SAT FEB 10  
 8 AM-3 PM**

Lippold Family Golf Center's miniature golf courses will be open for ONE DAY ONLY this winter season. While playing one of our 18 hole courses, families will complete fun challenges and have the opportunity to win prizes.

Free Dunkin' hot chocolate will keep your toes and nose warm! Thank you Dunkin' Crystal Lake for your annual support!

Reg Deadline: 1/24 Staff: EK  
 Lippold Park Family Golf Center  
 1251 W. Route 176, CL



**SAT FEB 17 10 AM-12 PM 251403-01**  
**SAT FEB 17 12 PM-2 PM 251403-02**

**R: \$40/NR: \$45 PER FAMILY**





# TEA TIME!

## Hearts & Artists, A Valentines Day Tea

**Ages 12 & Up**  
Over a decadent Victorian Valentines Day dinner, embrace the ambience of music, fine arts, and the theoretical dynamics behind their influence.

Colonel Palmer House  
660 E. Terra Cotta, CL  
Staff: STA

**SAT FEB 3**  
**6-8 PM**

\$30/\$39  
231950-01

## 1858, Once Upon a Springtime Tea

**Ages 7 & Up**  
Enjoy several different teas, sandwiches, and desserts as you spend a relaxing afternoon bonding with family and friends while learning about popular tea topics of 1858.

Colonel Palmer House  
660 E. Terra Cotta, CL  
Staff: STA

**SUN APR 14**

<b>12:30-2 PM</b>	<b>3-4:30 PM</b>
\$30/\$39	\$30/\$39
231951-01	231951-02



**SAT MAR 16**  
**7-9 PM**

**Ages 21 & Up** 1 Class  
Enjoy a night out dancing by the lake at Main Beach. The Barn Dance will include two hours of music and lessons with a variety of country music. Several short lessons introduce line dances sprinkled throughout the event. Water and refreshments provided.

Wear smooth-soled shoes and comfortable clothes for a fun, boot-stomping evening. Email dance or song requests ahead of time to [askrachelle@gmail.com](mailto:askrachelle@gmail.com). Each participant will be issued 2 drink tickets.



**CASH BAR!**

**Main Beach**  
300 Lakeshore Dr  
Staff: EK  
**\$20/\$25**  
231411-01



# Valentine's DAY BRUNCH

**SUN FEB 11**  
**11 AM-1 PM**

**Ages 21 & Up**  
Let's celebrate the lovely ladies in our lives! Join us for a Galentine's Day Bruch with your best gal friends. Spend time making custom floral bouquets at the bouquet bar, sip mimosas together, and enjoy a brunch buffet!

Grand Oaks Rec Center  
1401 W. Route 176, CL  
Staff: EK  
**\$35/\$45** 221424-01



# Barbie

Ages 4-10  
DRESS IN YOUR BEST  
Formal Barbie pink!

## Daughter Date Night

Come on Barbie, let's go party!!  
Get ready to dance the night away!

Every Barbie, bring your Ken-guardian, and join us at Grand Oaks  
for an evening of dance, crafts, desserts and lots of PINK!!

FRI FEB 23 6-8 PM 221404-05  
SAT FEB 24 6-8 PM 221404-06

\$25 R / \$35 NR

Registration is per guest, not per pair, so be sure to register  
each person attending (\$15/addt'l daughter) Staff: EK



# SON DATE NIGHT

## LET'S-A-GO!!

Calling all sons to invite someone special for a  
Super Mario Bros themed date night!

Join Mario and Luigi for an after dinner night full  
of desserts, dancing, games, crafts and more!

\$25 R/\$35 NR

**GRAND OAKS**  
**SAT APR 6 6-8 PM**  
**221406-03**

Ages 4-10. Staff: EK  
All participants must register individually,  
not as a pair (\$15/addt'l son)





CRYSTAL LAKE PARK DISTRICT  
**PUZZLE PALOOZA**  
 JIGSAW PUZZLE TOURNAMENT

**SUN MAR 24**

RACE AGAINST OTHER TEAMS TO FINISH  
 THE SAME 500 PIECE JIGSAW PUZZLE

BRING SNACKS AND ENJOY A DAY  
 WITH FRIENDS OR FAMILY!

ICE CREAM SUNDAE SCOOP  
 COMPLIMENTS OF CRYSTAL LAKE **BR**  
BASKIN-ROBBINS

Team  
 Fees  
 \$30 R  
 \$40 NR



**10 AM-12 PM**

**COMPETITIVE\***

2 PERSON TEAM RCPUZZLE-01

4 PERSON TEAM RCPUZZLE-02

\*FOR THOSE WHO HAVE PLACED IN PREVIOUS  
 TOURNAMENTS OR WANT TO BE CHALLENGED

**1:30 PM-3:30 PM**

2 PERSON TEAM RCPUZZLE-05

4 PERSON TEAM RCPUZZLE-06

GRAND OAKS REC CENTER, 1401 W. RTE 176, CL

Reg Deadline: Mar 15

Contest rules can be found at [crystallakeparks.org](http://crystallakeparks.org)



*NEW!*

ONCE UPON A TIME  
**Princess FEST**

*Hear Ye, Hear Ye!*

We cordially invite all local princesses to an  
 enchanted gathering for our first ever,  
 Once Upon A Time Princess Fest!

The afternoon will feature three of your favorite  
 princesses, sweet treats, crafts, music,  
 and lots of picture time!

Don't forget to wear your favorite princess costume!

**GRAND OAKS**

**SAT APR 27**

**11 AM-1 PM**

AGES 3-10

Registration is  
 per child, a  
 guardian must  
 accompany  
 your princess.

\$25 / \$35  
 221425-01





# CRYSTAL LAKE



**SEE NEXT PAGE FOR CHANGES TO LAKE USAGE DECALS**

**WATERCRAFT DRY STORAGE**

APR 1-OCT 31, 2024

Park District Residents Only

Location: West Beach

**ONE STALL PER HOUSEHOLD**

One sailboat/rowboat <i>One sailboat 16 feet or under that does not have a catamaran-style hull</i>	\$160
Two kayaks/stand up paddleboards or one canoe	\$ 85
Boat Launch Access Key (18-59 yrs)	\$ 90
Boat Launch Access Key (60+)	\$ 45
Lake Usage Decal Fee	\$ 20

To rent a stall, you must provide the following documents in person at the Administration Office:

- Proof of Park District Residency
- IL Watercraft Registration Card (Sailboats only)
- Registration Form

**FISHING KEYS**

**WEST BEACH WALK-IN FISHING KEYS**

MAY 1, 2024-APR 30, 2025

Park District Residents Only

FEE: \$35

Half price keys: Nov 1-Apr 30, 2025

The Park District offers gate keys to residents who want to fish at West Park before the park opens. Key allows for entrance through the park's special walk-in gate. Watercraft and boats of any size are NOT allowed through the walk-in gate - only through the boat launch gate. Daily admission fees apply to the key holder and all guests wanting to use the beach and/or swimming areas at West Beach.

Keys may be purchased at the Administration Office. Bring proof of residency.

**PICNIC RESERVATIONS**

**PICNIC RESERVATIONS**

The Crystal Lake Park District manages Main and West Beach throughout the year. Beaches are open to the public Saturday of Memorial Day Weekend-Labor Day. Reservation forms may be found online under the beach tab.

**RESIDENT GROUP RESERVATIONS**

Resident Admission: \$1 per person\*

\*Residents 3 years & under and Seniors 60 years & older are free

Resident Guest: \$4 per person

Reserved picnic tables: \$10 each

Area 6 Reservation: \$60 includes 4 permanent picnic tables and covered area

\*Proof of residency required.

Resident Group Reservation Form and guest list required in advance.

**NON-RESIDENT & CORPORATE GROUP RESERVATIONS**

Minimum guarantee: 25 people

Non-Resident Group Admission: \$8 per person

Children under 3 years are free

Reserved picnic tables: \$10 each

Area 6 Reservation: \$60 includes 4 permanent picnic tables and covered area

Non-Resident Group Reservation Form and guest list required in advance

**FIELD TRIPS**

Minimum guarantee: 12 people

Resident Group Admission: \$1 per person

Non-Resident Group Admission: \$6 per person

Children under 3 years are free

Lunch packages available for purchase

Boat rentals available



Contact Stephanie Scott for picnic reservations at 815.459.0680 x1218 or [sscott@crystallakeparks.org](mailto:sscott@crystallakeparks.org).



## LAKE SAFETY/ECOLOGY INTERGOVERNMENTAL AGREEMENT

# CRYSTAL LAKE BOATERS

## 2024 WATERCRAFT LAKE USAGE DECAL CHANGES

Residents of the City of Crystal Lake, the Village of Lakewood and the Crystal Lake Park District are eligible to purchase a lake usage decal for launching both non-motorized and motorized watercraft on Crystal Lake. These decals are required for any watercraft on Crystal Lake. Revenues from the decals will support lake safety and ecology work.

### WHERE DO I GET MY 2024 WATERCRAFT DECAL? **New!**

**EFFECTIVE APRIL 1, 2024, BOTH WATERCRAFT LAKE USAGE DECALS AND PARK DISTRICT BOAT LAUNCH ACCESS KEYS WILL BE SOLD AT ONE LOCATION, THE CRYSTAL LAKE PARK DISTRICT ADMINISTRATION BUILDING, 1 E. CRYSTAL LAKE AVENUE.** As in prior years, decals will only be sold to residents of Crystal Lake, Lakewood or within the Crystal Lake Park District. Proof of residency is required for all decal purchases. A copy of the registration card showing the watercraft is registered to the same owner/address must also be provided for motorized decals.

### WHAT IS THE FEE FOR THE 2024 WATERCRAFT LAKE USAGE DECAL?

Watercraft lake usage decal fees for non-motorized boats such as kayaks, canoes, rowboats, paddleboards, rafts or paddleboats will remain \$20 for the 2024 season. This fee is used to fund lake safety efforts by the Village of Lakewood.

Beginning the 2024 season, motorized boat lake usage decal fees will have two components. The first component will be the traditional \$30 for lake safety. The second is a lake ecology fee which will be used to supplement current lake ecology efforts. Boat users will contribute to the increase in lake maintenance through a tiered fee structure based on motor horsepower. The fee structure is based on surveying of neighboring communities and their watercraft decal fees.

### TIERED FEE STRUCTURE

**NON-MOTORIZED  
WATERCRAFT**  
\$20

<b>MOTORIZED WATERCRAFT</b>	
> 0-39 HP	\$ 50
40-99 HP	\$ 75
100-199 HP	\$ 125
200+ HP	\$ 200
Unspecified HP	\$ 200

### WHY THE ADDITION OF AN ECOLOGY FEE FOR MOTORIZED BOATS?

Lake ecology reports indicated that invasive species have become more prevalent. This combined with disruptions in the lakebed due to increased motorboat horsepower contribute to weed mats on the surface. The Park District currently budgets \$60,000-\$80,000 per year from the General Fund towards lake ecology and maintenance. The Crystal Lake Park District contracts with Hey and Associates, Inc. to provide the recommended annual work to be completed.

### WHAT WILL THE DECAL FEE REVENUE GO TOWARDS?

- Additional ecology work and reporting
- Control and removal of invasive species such as Eurasian Milfoil, as well as other invasives
- Purchase and in-house operation of a weed harvester which will allow for increased weed removal
- Ongoing aquatic plant herbicide treatment



# FACILITY RENTALS

## LOOKING FOR A UNIQUE VENUE FOR YOUR NEXT CELEBRATION?

Our community rooms are great for bridal and baby showers and family gatherings. Plus, our parks and beaches make a perfect backdrop for family reunions, outdoor weddings and more. We offer a variety of venues at affordable rates for you.

Shelters, picnic areas, buildings/rooms may be rented for a fee when they are not being utilized for a Crystal Lake Park District program. The Park District offers tiered pricing for various outside organizations. Reservations for shelters and picnic areas are booked in person at our Administration Building.

\*48 hour rental courtesy hold for Main Beach Pavilion



**ANTONY MORES**  
FACILITY RENTAL  
FOOD & BEVERAGE SUPERVISOR  
amores@crystallakeparks.org  
815.459.0680 x 1226



### MAIN BEACH

Built in 1926, the Main Beach Pavilion is a registered historical site in McHenry County. The large architectural windows provide the perfect amount of natural sunlight. The high ceilings and beautiful beach setting make this building a treasure in Crystal Lake. New floors, windows and air conditioning provides comfort. Max. 140



### MAIN BEACH BAND SHELL

This unique structure may be rented to facilitate a special performance or ceremony in the Main Beach Park.



### OUTDOOR CEREMONY

Pledge your vows along the shore of West or Main beach.



**GRAND OAKS**

Just west of Lippold Sports Complex, Grand Oaks offers a spacious auditorium with manufactured wood flooring, a large elevated stage, private restrooms, full kitchen and tables/chairs for banquet or theatre seating. This is a great location for social occasions, fundraisers, presentations or performances. Max. 160



**ROTARY BUILDING UPPER LEVEL**

The Rotary Building, steeped with Crystal Lake history and tradition, is a perfect place to host your event. Access to tennis courts, basketball court, private restrooms, Acorn Alley playground and splash pad within steps of the building. Freshly-remodeled full kitchen, flooring and sound baffles will make your group feel welcome. Max. 70



**WEST BEACH**

West Beach boasts a newer building with event room featuring floor to ceiling windows overlooking picturesque Crystal Lake. Doors lead out onto a private sundeck/patio with small bistro tables and chairs. A sink and refrigerator are included. Make a statement by hosting your next event at this "gem" on Crystal Lake. Max. 50



**OAKWOODS LODGE**

Nestled in the basin near Veteran Acres pond, Oakwoods Lodge provides a breath-taking view of Veteran Acres through its big picture windows. This retreat includes a refrigerator, sink, tables/chairs, private restrooms and large brick fireplace (non-operational.) Newly renovated! Max. 30



**SPOERL PARK BUILDING**

Spoerl Park Building is a spacious building with natural light and high wood beam ceilings. A refrigerator, sink, tables/chairs and private restrooms are included. A basketball court, pickleball courts land a modern playground are located right outside the door. Max. 40



**WOODSCREEK BUILDING**

This building offers access to the Crystal Castle playground and splash pad. Amenities include a full kitchen and restroom. Max. 30

**PICNIC AREAS & SHELTERS**

Picnic areas and shelters are located throughout our parks and may be reserved for private functions. See our parks grid in the brochure for amenity listings.

**TABLES/CHAIRS INCLUDED IN ALL FACILITY RENTALS**



# LIPPOLD PARK

This 310 acre park features hiking trails, an 18-hole disc golf course, eight baseball fields, four softball fields with entire infields of synthetic turf, nine irrigated soccer fields, three football fields, Hound Town Dog Park, sand volleyball courts, batting cages, skate park, concession stands, 5+ miles of biking/walking trails including the Walt Herrick Sr. Trail and sixty acres of ponds and wetlands. Other amenities include restroom facilities, a playground, fishing piers, and a picnic shelter. Soccer and ball field rental is available by reservation only.

Many Park District affiliate groups, as well as other community groups call Lippold Park home including, Crystal Lake Little League, Babe Ruth Baseball, MCYSA World Series, The Soccer Federation, CL Raiders Football and the Crystal Lake Youth Lacrosse League.



## FIELD RENTALS

Based on availability and weather permitting, various athletic fields/facilities can be rented for your group. For additional information, contact Ian Booker at 815.459.0680 x 1210.



## SAND VOLLEYBALL

Two sand volleyball courts are open during summer months.



## BATTING CAGES

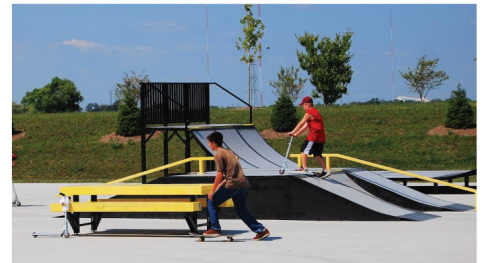
### OPEN DAWN-DUSK

The batting cage system features four token-operated dual function cages with fast and slow options. Tokens can be purchased at the batting cages for \$1/10 balls. During regular office hours, contact Ian Booker at 815.459.0680 x1210 for batting cage group reservations and information.



## DISC GOLF

The Lippold Park disc golf course consists of rubber tees, some open holes and some with tricky tree-protected fairways. Flat terrain follows a fitness trail with rough on both sides. Bug spray advised. Course Length: 5,032ft  
Hole Length:  
Under 300ft: 12 | 300 - 400ft: 4 | Over 400ft: 2



## SKATE PARK

The skate park features a half pipe, quarter pipe, 4' bank, skate table, grind bench, two step pad, kinked rail, flat grind rail and round grind rail. Skaters can also test their skills on a large pyramid consisting of a pyramid island, banked ramps, pyramid rails and pyramid stairs. The skate park is located on a 75' x 120' concrete pad. There is a small picnic shelter adjacent to the skate pad area available for rentals.



## OUTDOOR FITNESS AREA

The outdoor fitness area features eight pieces of exercise equipment designed for outdoor use and for all ages and abilities.





Hound Town is a three-acre park at our premier Lippold Park Sport Complex where dogs can socialize and run off leash. The park is entirely fenced and is open year-round, dawn to dusk.

**BEGINNING MAY 1, 2024**

Crystal Lake Park District residents and non-residents may re-activate or purchase a key card in the Administration Office, 1 E. Crystal Lake Avenue, Crystal Lake.

You will need to bring these documents with you:

- Proof of Residency
- Proof of Rabies vaccination from your veterinarian (dog tags are not acceptable)



**RATES**

	First Dog	Each Add'l Dog
Resident Fee	\$40	\$10
Senior Resident Fee (age 60+)	\$25	\$ 5
Non-Resident Fee	\$60	\$10
Senior Non-Resident Fee (age 60+)	\$40	\$ 5

GATE KEYS HALF PRICE FROM NOV 1, 2024-APR 30, 2025  
**\$5 DISCOUNT WITH KEY RETURN**

**DOG OBEDIENCE CLASSES**  
**DOG THERAPY CLASS**

**PAGE 61**

# GARDEN PLOTS

## HILL FARM COMMUNITY GARDENS

Registration is made in person at the Crystal Lake Administration Office, 1 E. Crystal Lake Avenue, CL.

You will receive your 20' X 40' plot assignment at time of registration along with planting guidelines. An email address needs to be provided at time of registration to get up-to-date information during the growing season.

Location: Hill Farm Acres, 695 Barlina Road (behind Barlina House Preschool)

**Feb 12-Feb 23:** Returning gardeners register for same plot from last year

**Feb 23:** Registration is open to all Park District residents

**Mar 4:** Registration is open to the public



**Fee: \$45/\$60**  
**Senior Fee: \$25/\$45**  
**Code: 231601-03**

# PICNIC RENTALS



**RESERVE YOUR 2024 SHELTER NOW!  
 NO MORE WAITING UNTIL JANUARY!**

The Crystal Lake Park District maintains many different open picnic areas and shelters throughout our parks. These areas/shelters are available for rent if not being utilized by a Park District program or special event. All rentals must be made in person at our Administration Office. To check date availability, call 815.459.0680 x 0. Additional information can be found at [crystallakeparks.org/picnic-reservations](http://crystallakeparks.org/picnic-reservations).



Veteran Acres Jaycee Shelter

PICNIC SHELTER RENTAL FEES	RESIDENT	NON-RESIDENT
VA Jaycee Shelter, VA Rotary, Woodscreek Park, Sterne's Woods, Lippold Skate Park	\$120 Weekends/ Holidays \$60 Weekdays	\$240
Picnic Areas	\$35	\$70
Neighborhood Parks	\$75	N/A

ADDITIONAL FEES APPLIED FOR RENTALS WITH ALCOHOL

**A \$100 REFUNDABLE DEPOSIT WILL BE APPLIED TO ALL PICNIC SHELTER RENTALS.**

Any special event rental requests shall be presented to the Park Board of Commissioners for approval. A letter of request stating the details of the function needs to be submitted to Kurt Reckamp, Superintendent of Recreation Programs at [kreckamp@crystallakeparks.org](mailto:kreckamp@crystallakeparks.org). If approved, the maintenance deposit and rental fees will need to be paid at time of reservation.



Main Beach Shelter #6



# EXTENDED TIME

## KINDERGARTEN - GRADE 5

2024-25  
PRE-  
REGISTRATION  
OPENS  
MAY 13



**PROUDLY OFFERING CHILD CARE EXCELLENCE  
AT D47 ELEMENTARY SCHOOLS**

**GLACIER RIDGE  
COVENTRY/CANTERBURY  
HUSMANN  
INDIAN PRAIRIE  
NORTH  
WEST/SOUTH  
WOODS CREEK**

**AM SESSION: 6:15-8:45 AM  
PM SESSION: 3:30 PM-6:15 PM**

**MISSION**

Extended Time is a unique, inclusive before/after school childcare service operated by qualified, experienced staff. With a mix of independent and organized activities, we provide the children opportunities to make appropriate choices.

Extended Time fosters growth and development of perseverance, curiosity and responsibility.

**WE PROVIDE**

- ◆ Independent and Organized Activities
- ◆ Indoor/Outdoor Play
- ◆ Homework Support
- ◆ Team Building Opportunities
- ◆ Physical Activity
- ◆ A Nurturing Environment
- ◆ Nutritional Snacks
- ◆ Assistance with preparing and escorting students to after school activities

**FEES**

**REGISTRATION TAKEN AT  
ADMINISTRATION OFFICE**

A \$50 non-refundable registration fee and the first month's tuition is due at time of registration.

A 20% discount is offered for 2nd and 3rd child from same immediate family.

DAYS / WK	AM/PM	MONTHLY FEE
5 DAYS	AM	\$300
5 DAYS	PM	\$345
5 DAYS	AM & PM	\$560
3 DAYS	AM	\$200
3 DAYS	PM	\$237
3 DAYS	AM & PM	\$362
10 PUNCH PASS	LIMITED SPOTS PER SCHOOL	\$445

FEES INCLUDE EARLY RELEASE DAYS, HALF DAYS, INSTITUTE DAYS, FIELD TRIPS, WINTER & SPRING BREAKS

TIMES MAY BE ADJUSTED TO COORDINATE WITH D47 HOURS



**SAM THOMPSON**  
RECREATION SUPERVISOR  
sthompson@crystallakeparks.org



**THE NATURE CENTER BLDG IS CLOSED THROUGH SPRING SO WE CAN BRING YOU NEW, EXCITING EXHIBITS!**

SEE OUR WEBSITE 'PROJECT UPDATE' PAGE FOR DETAILS!

**FREE TO THE PUBLIC  
OPEN 7 DAYS A WEEK 10 AM-5 PM**



**MISSION**

Our mission is to improve the quality of life for the community by providing high quality nature-based recreation opportunities which include formal and informal education programs and the preservation and restoration of native ecosystems.

At the Crystal Lake Park District Nature Center, you will connect your passions to nature and find your place in the past, present and future eco-systems of the Crystal Lake area.

Open year-round, we provide a unique opportunity for anyone to experience nature through progressive programs, hands-on activities, seasonal exhibits and volunteer opportunities. Located in Veteran Acres Park, the Nature Center is the ideal starting point for a hike through the Veteran Acres Woods and Wingate Prairie.

**GROUPS**

Groups of 15 or more visiting the Nature Center should call at least one week in advance.

**TRAVELING NATURALISTS**

Are you looking for a different idea for your organization's next meeting? Schedule one of our Traveling Naturalists to visit!

We have a variety of topics to present within these 1 to 2 hour programs, or we can tailor a program to meet your needs. Topics include: Formerly Living Things, Silly Science, Our Geological Past, Decomposers and many others. Fee: \$100

**FIELD TRIPS AND GROUPS**

School districts, preschools, home schools and more have benefited from our field trip programs. A typical program will last from 1-2 hours and may feature a hike and multiple educational stations covering select nature topics. Call for group rates.

**HIKING**

Hike the trails at Veteran Acres and Sterne's Woods and watch the beauty of prairie, forest and wetlands as they change from winter wonderland to sunny summer.

Veteran Acres offers nine unique trails varying in length and difficulty. Trails markers are color coded and maps are available at the Nature Center.

**EQUIPMENT RENTAL**

**FISHING RODS**

As a member of the Illinois Department of Natural Resources Tackle Loaner program, we have a limited number of fishing poles and fly rods that can be borrowed, free of charge, for a fun-filled day of fishing. We also can supply bobbers and hooks but you will need to bring your own bait and valid Illinois fishing license.

**BINOCULARS**

We have a limited number of binoculars that can be borrowed for a day to enhance your hike around our park.

**GPS UNITS**

A few GPS units are available to borrow for a day if you are interested in geocaching. Please call ahead to make sure that they are not in use.

Stop by the Nature Center and look at some of the interesting native butterflies that are being raised in our butterfly house.



**OPEN DAILY 10 AM-5 PM MEMORIAL DAY-LABOR DAY**





# BIRTHDAY PARTIES

Our Birthday Party Programs are 2.5 hours and consist of 15 minutes for set-up, a one hour instructor led program, one hour of 'free time' for gifts and cake (not provided) and 15 minutes for cleanup.

Fee: \$140 (includes up to 15 participants). Each additional guest will be charged \$6 at the time of the party. We kindly request two weeks notice. Please call the Nature Center to schedule your party.

## ANIMAL KINGDOM

Come discover the wonderful kingdom of animals with us! Pretend you are one of these amazing creatures as we play a game, search for something walking or crawling on a guided hike and learn about the wide world of creatures that share our planet with us. You may even meet one of the residents of the Nature Center up close! Have a favorite animal or insect? Share your love of it with us!

## CAMPFIRE CAPERS

Enjoy a crackling wood campfire with your friends while singing songs, telling stories and eating s'mores. You'll have a "roaring" time as you learn different techniques of starting fires and how to make a safe campfire. End the program by learning a little bit about the forest with a guided hike through the woods!

## EXPLORER

Explore the world with us! Whether you are searching for treasure or trying to discover a new species, this party will bring out the adventurer in you! Learn some tools and tricks of the trade and find your way through our forest with your new skills. Finish by putting your skills to the test with a challenge and find out some of the rewards adventurers can find along the way.

## FOSSIL FIND

If you like dinosaurs and other ancient creatures, then you are going to "dig" this party. You and your guests will examine real fossils, discover facts about dinosaurs and learn how paleontologists dig for fossils, and can take one home with you!

## MAGICAL WORLD

Calling all witches and wizards! Join us for a magical time preparing potions and learning spells. Each spell caster will create their own magical item to take home. Come have a sorcerous day with us on your special day!

## NATURE TOTS

We will begin with a story of your choosing. Then, we will complete an activity and a craft based on the story read. Some of our favorite stories are *Bear Hunt*, *Hungry, Hungry Caterpillar*, *Ginko and Moon*, *Stellaluna* and more! If your tot has a favorite story, we would love to craft a party around it! Unsure which story to choose? Let us help by selecting one of our favorites.

## WOODLAND FAIRIES

We'll learn secrets about woodland fairies and explore the woods to see if we can find them! Along the way, we will discover a fairy house and other surprises. We'll use what we learn to make an age appropriate fairy craft.



PHOTO CREDIT: THE TROJNACKIS

### CARVING

## Seniors

For both the novice and experienced carver, this informal group is for anyone interested in woodcarving. There is no fee involved, but you need to bring your own tools. The group meets at the Nature Center twice a month.

For more information, contact Bill Markison at 815.459.5204.

### ORIENTEERING

Orienteering is a competitive sport in which participants find their way to various checkpoints with the aid of a map and compass. The winner completes the course in the lowest elapsed time.

We have FIVE different courses to keep you and your team busy! A limited number of compasses and maps may be borrowed to explore our course.

Feel free to ask an instructor about orienteering!

### SCOUTS

The Crystal Lake Nature Center offers a variety of programs to help complete advancements for Cub Scouts, Girl Scouts and Boy Scout Merit Badges. Contact Will Sutphin for details at 815.455.1763.



**KIM SHEAHAN**  
FACILITY SUPERVISOR

ksheahan@crystallakeparks.org

# NATURE TOTS

AGES 2-5 1 CLASS



## HIBERNATION PJ PARTY

Bring your comfiest PJs and your softest stuffies to our Nature Center slumber party! Join us as we celebrate the many animals who slumber all season long. We'll learn about hibernation as we play some classic sleepover games, and color our own winter-themed pillowcase to take home. To round out the evening, we'll hunker down with some hot-cocoa to watch a short hibernation movie. **Location: Oakwoods Lodge** Instructor: Keegan Smith/WS

## SNOW SCIENCE

Happy Winter! Together we will go out and learn all about the science behind snow! We'll build and paint our own snow creations, and if the weather permits, go on a winter wonderland walk through our woodland areas. **Location: Oakwoods Lodge** Instructor: Mary Pat Hastings/WS

DAY	DATE	TIME	R/NR	CODE
F	1/12	11 am-12 pm	\$10/\$13	212380-01

DAY	DATE	TIME	R/NR	CODE
F	2/16	6:30-7:30 pm	\$10/\$13	212385-01

## WHERE DO ALL THE ANIMALS GO?

Do you ever wonder where all the animals go in winter? Let's hibernate and migrate together as we learn all about the animals around us and what they do to survive this freezing season. Please dress warm as we will go for a hike for the migration portion of the class. **Location: Oakwoods Lodge** Instructor: Mary Pat Hastings/WS

DAY	DATE	TIME	R/NR	CODE
Su	1/14	12-1 pm	\$10/\$13	212381-01

## WINTER WATER

What happens to water in winter? Come along as we do some winter water science experiments and (weather permitting) hike around our peaceful pond to see for ourselves just what happens to water in winter! **Location: Oakwoods Lodge** Instructor: Mary Pat Hastings/WS

DAY	DATE	TIME	R/NR	CODE
Su	2/25	1-2 pm	\$10/\$13	212382-01

## ARCTIC-ANTARCTIC ANIMALS

Can Polar Bears and Penguins be friends? Let's find out the answer together! These two common winter critters are often illustrated together in the tundra, but they may actually live on opposite ends of the globe! Come along and learn all about the wonderful winter worlds north and south of us during our Arctic vs Antarctic Animals class! **Location: Oakwoods Lodge** Instructor: Mary Pat Hastings/WS

DAY	DATE	TIME	R/NR	CODE
Su	1/21	1-2 pm	\$10/\$13	212379-01

## GOOD GEESE

What do you know about Canada Geese? Did you know that Canada Geese can be big, loyal and kind animals? Most know very little or are dramatically wrong in regard to these wonderful big birds. Learn the truth about what these amazing animals can teach us to make our lives even more meaningful! **Location: Oakwoods Lodge** instructor: Amanda Sloop/WS

DAY	DATE	TIME	R/NR	CODE
Su	4/7	1-2 pm	\$10/\$13	212383-01

## TREMENDOUS TREES

Did you know that trees communicate to each other in a more sophisticated way than the internet and social media? Trees support not only limbs but our very lives and the lives of all creatures. They may even make us happier. Come and find out how! **Location: Oakwoods Lodge** Instructor: Amanda Sloop/WS

DAY	DATE	TIME	R/NR	CODE
Sa	2/3	10 am-12 pm	\$10/\$13	212384-01

## FROGS EVERYWHERE!

Did you know that primitive frogs are older than dinosaurs? Or that some frogs are being studied to learn more about cryogenics? Join us as we share more fascinating information about our amphibious friends and search to see what species we can find near the VA pond. **Location: Oakwoods Lodge** Instructor: Keegan Smith/WS



DAY	DATE	TIME	R/NR	CODE
W	4/17	6:30-7:30 pm	\$10/\$13	212386-01

**REGISTRATION DEADLINE**  
3 DAYS PRIOR TO START OF CLASS



# NATURE EXPLORERS

AGES 6-12 1 CLASS

## UNDER THE ICE

Uncover with us the underwater mysteries of wintertime as we learn what happens to animals when ice covers a lake. We'll chat, make a winter craft, then see if we can spot something under the ice of the Nature Center's pond with an underwater scope. **Location: Oakwoods Lodge** Instructor: Keegan Smith/WS

DAY	DATE	TIME	R/NR	CODE
M	1/15	4-5 pm	\$16/\$21	222374-01

## TREE APARTMENT

A house doesn't need four walls and a roof! It can have a trunk, branches and leaves! We'll tour a tree interior and discover how various occupants use the "rooms" throughout. You'll take home an edible decoration for the tenants living in a tree in your backyard. **Location: Oakwoods Lodge** Instructor: K. Smith/WS

DAY	DATE	TIME	R/NR	CODE
W	1/24	4-5 pm	\$16/\$21	222373-01

## DINOSAURS VS BIRDS

What does a chicken have in common with a triceratops? It may not seem like much, but they're actually distant cousins! Let's explore what separates modern day birds from their prehistoric ancestors. We'll make a dino-bird craft to take home. **Location: Oakwoods Lodge** Instructor: Keegan Smith/WS

DAY	DATE	TIME	R/NR	CODE
Th	2/8	4:30-5:30 pm	\$16/\$21	222375-01

## SNOW ART

Frolic outdoors in the winter landscape and create unique and stunning art from the ice and snow. When we get cold we will come inside to do more winter wonderland art. Dress for outdoor play! **Location: Oakwoods Lodge** Instructor: Christina Rank/WS

DAY	DATE	TIME	R/NR	CODE
Sa	2/10	1-2:30 pm	\$16/\$21	222369-01

## ARCTIC ARACHNIDS

Have you ever wondered what eight legged friends can survive the frigid northern tundra? Come by for some arctic arachnid activities and explore our own winter wonderland on a weather permitting hike! **Location: Oakwoods Lodge** Instructor: Mary Pat Hastings/WS

DAY	DATE	TIME	R/NR	CODE
F	2/23	12-1 pm	\$16/\$21	222376-01



## PALEONTOLOGIST FOR THE DAY

Let's go on an imaginary dino dig! We'll follow those bones to the museum and figure out how scientists identify bones. With a fossil scavenger hunt and a simulated excavation, we'll have a blast uncovering what prehistoric life walked (or swam?!) the Nature Center's grounds. **Location: Oakwoods Lodge** Instructor: Keegan Smith/WS

DAY	DATE	TIME	R/NR	CODE
W	3/13	4-5 pm	\$16/\$21	222372-01

## FEATHERED FRIENDS

It may be cold out, but some birds are returning to our neck of the woods. Let's find out which birds have returned and how they nest. We'll sculpt our own bird out of clay and other natural materials we design and build a nest for your bird to live in at your home. **Location: Oakwoods Lodge** Instructor: Christina Rank/WS

DAY	DATE	TIME	R/NR	CODE
Sa	3/30	1-2:30 pm	\$16/\$21	222368-01

## SPRING TIME FAIRY FUN

The world is starting to awaken and so are many of the fairies that have been sleeping this winter. Let's do some outdoor exploration and see if we can find any evidence of them. Next we'll share some fairy stories (do you have any to share?) and make a springtime fairy flower craft to welcome the season. **Location: Oakwoods Lodge** Instructor: Christina Rank/WS

DAY	DATE	TIME	R/NR	CODE
Sa	4/13	1-2:30 pm	\$16/\$21	222370-01

## NATURAL TIE DYE

Create a vibrant T-shirt masterpiece with materials from our own backyards. Learn what native plants can be used to dye fibers. We'll go over tie-die designs and patterns and once we've scrunched our shirts to perfection, we'll use handmade native plant dyes to color them. Afterwards we'll go on a short hike to collect some pigments of our own. **Location: Oakwoods Lodge** Instructor: Keegan Smith/WS

DAY	DATE	TIME	R/NR	CODE
W	4/17	4-5:30 pm	\$16/\$21	222371-01

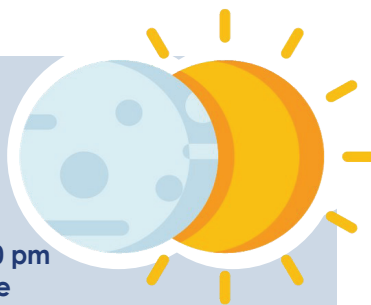
**SPECIAL EVENT**

# SOLAR ECLIPSE

**FREE**

ALL AGES

Join staff as we view the solar eclipse outside the Nature Center. The eclipse will begin around 12:40 pm with partial totality starting around 2 pm. The whole eclipse will end around 3:20 pm. Experiments and crafts will be available for those who attend.  
Nature Center Staff: WS



**MON APR 8**  
**12:30-3:30 PM**



**WILL SUTPHIN**  
NATURE CENTER REC SUPERVISOR  
wsutphin@crystallakeparks.org

## NATURE BUFFS

AGES 13 & UP

1 CLASS

### UNDERWATER ILLINOIS

Ever wonder what lives in that pond near your house? Ever see someone fishing and wonder what they were trying to catch? Join us as we go through the aquatic life that lives in Illinois and where to find them. **Location: Oakwoods Lodge** Instructor: Keegan Smith/WS

DAY	DATE	TIME	R/NR	CODE
W	1/17	5-6 pm	\$16/\$21	232353-01

### PALEOBOTANY

When did plants first appear on Earth? What about flowers? In this program we will explore the history of plants while we explore the Nature Center's plant fossil collection. Examine up close fossils and plants to see what similarities and differences we can see. **Location: Oakwoods Lodge** Instructor: Keegan Smith/WS

DAY	DATE	TIME	R/NR	CODE
M	1/22	5-6 pm	\$16/\$21	232354-01

### MODERN DINOSAURS

Did you know that dinosaurs still walk the earth? Join us as we discuss what happened to the dinosaurs and what became of them. After we will go for a walk to see if we can find any dinosaurs within our park. Bring a pair of binoculars if you want and some will be provided as well. **Location: Oakwoods Lodge** Instructor: Keegan Smith/WS

DAY	DATE	TIME	R/NR	CODE
W	2/21	5-6 pm	\$16/\$21	232350-01

### WHOSE SKULL IS THAT?

A skull is more than just a brain helmet. It's also an internal puzzle that can tell us all about how an animal lived, what it ate, and how it sensed the world around it. That is, if we can decipher it. Learn to read the bumps, holes, and teeth of a skull to solve the riddle of who it belonged to. We'll look at skulls from modern animals and prehistoric ones before making an impression of one for you to take home. **Location: Oakwoods Lodge** Instructor: Keegan Smith/WS

DAY	DATE	TIME	R/NR	CODE
W	3/13	6-7 pm	\$16/\$21	232355-01

### GEOLOGY HIKE

Hike with us as we explore both the geography and the history of Veteran Acres Park. From its natural geological formations to what used to and currently lives within the park. From 300 million years ago to the ice age to the present Holocene epoch join us as we discover the history of Veteran Acres. **Location: Oakwoods Lodge** Instructor: Keegan Smith/WS

DAY	DATE	TIME	R/NR	CODE
W	3/27	5-6:30 pm	\$16/\$21	232352-01

### FUNGI PROGRAM

Fungus are neither plant nor animal. Join us as we discuss what a fungus is and different methods used to identify them. A hike will help us find some fungus that we will then bring back to identify. Learn how to take a spore print and take it home with you! **Location: Oakwoods Lodge** Instructor: Keegan Smith/WS

DAY	DATE	TIME	R/NR	CODE
W	4/3	5-6 pm	\$16/\$21	232351-01

**REGISTRATION DEADLINE**  
**3 DAYS PRIOR TO START OF CLASS**

**DON'T FORGET!**  
**THE NATURE CENTER BUILDING**  
**IS CLOSED FOR RENOVATION**







660 E. TERRA COTTA AVE, CL  
815.477.5873

FREE TO THE PUBLIC

HOURS OPEN  
THU & FRI 11 AM-5 PM  
SAT 10 AM-4 PM

Research and special visits by appointment only

Now tucked into the city limits, the Colonel Palmer House, built in 1858, sits on five acres of open land. The property is what remains of the 300 acres once owned by early McHenry County pioneer and farming family...the Palmers.

The large oak trees planted by the family still shade the 19th century Federal and Greek revival-style house. Listed on the National Register of Historic Places, the home and grounds provide the perfect setting for historic presentations.

If you are planning to do research, it is best to call ahead to make certain someone is available to assist you. Scout Programs and Group Tours by appointment.

The Colonel Palmer House has a unique partnership with the Crystal Lake Park District and the Crystal Lake Historical Society. These organizations work together to bring our area's history to the community. The partnership won the 2009 Small Institution of the Year Award from the Illinois Association of Museums. Our thanks to the many talented historic interpreters, re-enactors, hobbyists and staff who volunteer their time and knowledge to make our programs successful!



STOP BY THE COLONEL PALMER HOUSE AND GRAB ONE OF OUR NEW SCAVENGER HUNT LISTS AND EXPLORE AWAY!



SARAH TAYLOR  
COLONEL PALMER HOUSE SUPERVISOR  
staylor@crystallakeparks.org

MISSION

The Colonel Palmer House preserves the home of Gustavus and Henrietta Palmer, provides a venue for local history, interpretation and education. The Palmer home also serves as the home of the Crystal Lake Historical Society.

VISION

History Happens Here! The Colonel Palmer House staff strives to present local history to a diverse range of visitors in an enjoyable, engaging manner. Working in cooperation with the Crystal Lake Historical Society, the goal is to instill an interest and respect for local history in current and future generations.

RENTALS

Looking for something new for your special occasion? The Colonel Palmer House is the perfect setting for catered luncheons, bridal and baby showers, business meeting or group tours. RES: \$40/HR NON-RES: \$60/HR

TEAS

Groups may reserve the historic home for their meeting or event. A full luncheon tea includes seasonal fruit, 3 finger sandwiches, 3 delicious desserts and of course tea! Luncheon is approx. 1.5 hours and includes tour of home. Costumed staff available on request. Call or email for availability and pricing.

**SCOUTING**

The Colonel Palmer House proudly tailors to a variety of historic programs for Girl Scouts, Cub Scouts and Scouts BSA Merit Badges. Schedule your next visit with our National Historic Landmark today!



**\$140 1-15 PARTICIPANTS  
\$6 EA ADDTL PERSON (25 MAX)**

**2 HOURS**

**TEA FOR TOTS**

**AGES 2-5**

After an enchanting storybook teatime tale, we'll make a unique Victorian craft and learn the beginning stages of etiquette through a series of fun historic games and dances. If the weather permits, we'll have a picnic!

**FOLKLORE FABLES**

**AGES 6 & UP**

Legends speak of mythical creatures that have existed for thousands of years. Unveil the history behind some of our favorite tales and their popularity during the Victorian era. Through the art of storytelling and games, you'll have everything you need to craft a unique rendition of your favorite fantasy world.

**PALMER'S PARLOR PUZZLES**

**AGES 6 & UP**

Strategy, critical thinking, and problem solving are just a few of the skills needed when you enter a Victorian puzzle. Through a series of historical games and theatrical dialogue of your favorite characters, explore what it takes to solve a mystery at the Colonel Palmer House.

**EARLY INVENTIONS**

**AGES 6 & UP**

Learn the history behind some of the most renowned inventions of all time. As you discover what life was like during the Industrial Revolution, design a model of your favorite creation.

**THE GREEN KINGDOM**

**AGES 6 & UP**

There is said to be a language behind the origin of flowers and stories about their native land. Learn the history behind popular blooms and how they were used during the Victorian era. From the most eloquent gardens to natural habitats, find out how to craft a keepsake of your favorite plants.

**A COLLECTION OF CURIOSITIES**

**AGES 6 & UP**

Discover the history behind some of the most extraordinary collections of all time. Why not feature your own? While you show and tell some of your favorite treasures, receive an exclusive tour of rare archives prevalent to the Victorian era.

Contact Sarah Taylor @ 815-477-5873  
staylor@crystallakeparks.org  
Catered Tea options available

**HISTORY BUFFS**

**TRAVELING HISTORY BUFFS**

Enhance your next meeting with a variety of interactive historical activities and topics. Some of our favorites include:

- Early Crystal Lake
- The Kitchen Garden
- Early Culinary
- Herbs and Spices
- Historic Routes and Trade
- Writing and Text Origin
- Weaving and Textile Design

...and more! Book a 1-2 hour session with a historical expert today! Contact Sarah Taylor at 815.477.5873.



**TEA TIME!**

**HEARTS & ARTISTS,  
A VALENTINES DAY TEA**

Ages 12 & Up

Over a decadent Victorian Valentines Day dinner, embrace the ambience of music, fine arts, and the theoretical dynamics behind their influence.

DAY	DATES	TIMES	R/NR	CODE
Sa	2/3	6-8 pm	\$30/\$39	231950-01

**1858, ONCE UPON A SPRINGTIME TEA**

Ages 7 & Up

Enjoy several different teas, sandwiches, and desserts as you spend a relaxing afternoon bonding with family and friends while learning about popular tea topics of 1858.

DAY	DATES	TIMES	R/NR	CODE
Su	4/14	12:30-2 pm	\$30/\$39	231951-01
Su	4/14	3-4:30 pm	\$30/\$39	231952-01



# PALMER'S PROGRAMS

**AGES 7 & UP**      **1 CLASS**      **COL PALMER HOUSE**  
**INSTRUCTOR: CPH STAFF/STA**

## EARLY ILLUSIONISTS

Often referred to as a magic disk, a Zoetrope is a device that uses light across images to make them appear in motion. Find out how early magicians used this contraption to enthrall audiences of the Victorian Era. What other tricks did they have up their sleeve? After you enjoy a historic magic show, learn some new tricks of your own.

DAY	DATES	TIMES	R/NR	CODE
Sa	1/27	6-7:30 pm	\$15/\$20	231941-01

## VICTORIAN LANTERNS

We'll shed some light on how the Victorian's illuminated their home. Why not weave a timeless fixture of your own?

DAY	DATES	TIMES	R/NR	CODE
Sa	2/17	6-7:30 pm	\$15/\$20	231942-01

## THE WATER GARDEN

Water gardens increase space when they let in the sky and provide depth from the reflection of surrounding plants. While we study the history behind the origin of gardens, learn how to create a tranquil space of your own.

DAY	DATES	TIMES	R/NR	CODE
Sa	3/23	5-6:30 pm	\$15/\$20	231945-01

## HISTORIC WRITING & TEXT

From ancient text origins to the most influential writers of the Victorian era, explore a few pieces that have influenced writing techniques we still use today. Discover your favorite message while you make homemade paper and ink.

DAY	DATES	TIMES	R/NR	CODE
Th	3/28	5-6:30 pm	\$15/\$20	231946-01

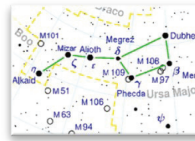
## COMIC QUEST NATION

Explore the history behind some of our favorite comics and how they achieved their superpowers. While you step into the role of your favorite heroic character, learn how to draw a comic strip of your own.

DAY	DATES	TIMES	R/NR	CODE
Sa	4/27	5-6:30 pm	\$15/\$20	231947-01

## DROP-IN CRAFTS

### STOP IN AND MAKE A FUN CRAFT!



**JAN: WINTER CONSTELLATIONS**



**FEB: HEART ART**



**MAR: SHAMROCK TRAPS**



**APR: RAIN ART**

## MAKE & TAKE TEA WORKSHOP

Unravel the inner workings behind what it takes to make traditional and herbal teas. When you discover your favorite blends, savor the flavor and craft a Victorian herb trellis to adorn your kitchen with. Light snacks provided.

DAY	DATES	TIMES	R/NR	CODE
F	5/24	6-8 pm	\$20/\$26	231948-01

## CITIZENSHIP IN THE NATION MERIT BADGE

**Ages 11-17**

Attention Scouts! Take a journey to the historic Colonel Palmer House to dive into the fascinating history of the government that holds our nation together. This workshop will take you through all the requirements you need to fulfill the Citizenship in the Nation Merit Badge. \*Prerequisite required.

DAY	DATES	TIMES	R/NR	CODE
Th	1/18	5:30-8 pm	\$20/\$26	222339-04

## LUNCH AND LEARN

### THIS HOUSE WAS ONCE A...

**Ages 21 & Up**

Join Crystal Lake Historical Society president, Diana Kenney, as she shares photos and information about the unique origins of many Crystal Lake homes. Learn about the houses that were once a school, church, fundraiser, train car and more! Each class includes a box lunch. Vegetarian options are available.

DAY	DATES	TIMES	R/NR	CODE
F	2/9	12-1:30 pm	\$20/\$26	231943-01
Sa	2/10	12-1:30 pm	\$20/\$26	231944-01



# NISRA

Northern Illinois  
Special Recreation Association

285 MEMORIAL DRIVE, CL  
815.459.0737  
NISRA.ORG



## MISSION

### MISSION

Enriching the lives of people with disabilities through meaningful recreation experiences.

### VALUES

Fun, professional, innovative, compassionate and trustworthy

## NISRA STAFF

NISRA's full time professional recreation staff hold college degrees in Therapeutic Recreation or related fields, along with various certifications. Part-time staff and volunteers help people with disabilities learn new skills and have fun.

## ABOUT US

Since 1976, NISRA has provided recreational programs for children and adults with disabilities. Socializing, building physical skills, learning, relaxation and fun are some of the many benefits gained from participating in NISRA's year-round activities.

- SOCIAL
- CULTURAL
- OUTDOOR
- SUMMER DAY CAMPS
- SPORTS & FITNESS
- SPECIAL EVENTS
- SPECIAL OLYMPICS
- TRIPS



## PROGRAMS

NISRA staff will assist our staff with including residents with disabilities in our recreation programs. Types of support include staff training, adapted equipment, sign language assistance or a program aide. Call NISRA with questions about inclusion or the Park District to register for a program.

- ### SERVING RESIDENTS WITH DISABILITIES IN
- Barrington Park District
  - Cary Park District
  - Crystal Lake Park District
  - Dundee Twnshp Park District
  - City of Elgin
  - Hampshire Park District
  - City of Harvard
  - Huntley Park District
  - Village of Lake in the Hills
  - Marengo Park District
  - City of McHenry
  - Wauconda Park District
  - City of Woodstock





**PHILOSOPHY**

Barlina House Preschool provides opportunities that contribute to the social, emotional and intellectual development of a self-assured child.

Through play and a semi-structured schedule, the children will have opportunities to engage in language, literacy, math and science activities along with art, music and dramatic play for self-expression.

The curriculum is in line with Illinois Early Learning Standards.

**REGISTRATION**

Register via our website or at our Administration Office, 1 E. Crystal Lake Avenue.

A \$50 non-refundable registration fee is due at time of registration. If registering in August, the first month's tuition will be due.

A 5% discount is offered for 2nd and 3rd child from same immediate family.

Placement available for 3-5 year olds and is based upon your child's age as of Sept 1. To check class availability, contact the Admin Office at 815.459.0680.



**BARLINA HOUSE PRESCHOOL**

CRYSTAL LAKE PARK DISTRICT

**705 BARLINA ROAD, CL  
815.477.5403**



**CURRENT CLASS OPENING**

4 yrs    Upstairs    T/TH    9 am-12 pm    R/NR: \$179/\$233    511308-03

**2024-25    3 YEAR OLD CLASSES**

Main Room    T/TH    9 am-12 pm    R/NR: \$179/\$233    511309-01

Little Room    M/W/F    9 am-12 pm    R/NR: \$259/\$337    511309-02

Little Room    T/TH    9 am-12 pm    R/NR: \$179/\$233    511309-06

**2024-25    4 YEAR OLD CLASSES**

Upstairs    T/TH    9 am-12 pm    R/NR: \$179/\$233    511309-03

Main Room    M/W/F    9 am-12 pm    R/NR: \$259/\$337    511309-04

Upstairs    M/W/F    9 am-12 pm    R/NR: \$259/\$337    511309-05

Upstairs    4 DAYS    9 am-12 pm    R/NR: \$339/\$440    511309-07

Upstairs    5 DAYS    9 am-12 pm    R/NR: \$380/\$494    511309-08



**DONNA MACCRINDLE**  
PRESCHOOL DIRECTOR

[dmaccrindle@crystallakeparks.org](mailto:dmaccrindle@crystallakeparks.org)



**CHILDREN MUST BE  
TOILET TRAINED  
NO PULL-UPS ALLOWED**



Illinois Department of  
**DCFS**  
Children & Family Services

# TOTS



## CRYSTAL LAKE GYMNASTICS TRAINING CENTER

These exciting classes allow children to do obstacle courses, build strength, coordination and experience positive social interaction. They can burn energy while building friendships! **A 20% discount is offered for additional children from immediate families enrolled in the same class.** Instructor: CLGTC Staff/SS  
**Location: Crystal Lake Gymnastics Training Center**  
 387 Congress Parkway, CL

### TOT MOVEMENT

**Ages 18 month - 2 with Parent** **10 Classes**  
 \*no class 3/26

DAY	DATES	TIMES	R/NR	CODE
Tu	1/2-3/5	10:15-11 am	\$145/\$189	210413-01
Tu	3/12-5/21*	10:15-11 am	\$145/\$189	210413-02

### KINDERGYM

**Ages 3-5** **10 Classes**  
 \*no class 3/26

DAY	DATES	TIMES	R/NR	CODE
Tu	1/2-3/5	9:15-10 am	\$145/\$189	220416-01
Tu	3/12-5/21*	9:15-10 am	\$145/\$189	220416-02

**REGISTRATION DEADLINE**  
**3 DAYS PRIOR TO START OF CLASS**



**Class Changes and Cancellations**  
**RAINOUTLINE.COM**  
**815.410.4475**

## TRINITY ACADEMY OF GYMNASTICS PARENT & TOT GYMNASTICS

**Ages 2-3** **8 Classes**  
 This fun-filled class is designed to help children develop balance, strength, flexibility and coordination by climbing, crawling, swinging and jumping. It teaches spatial awareness, following an obstacle course, taking turns and listening to the instructor.  
 Instructor: TAG Staff/SS **Location: Trinity Academy of Gymnastics, 9162 Trinity Dr, LITH**  
**\*no class 3/30**

DAY	DATES	TIMES	R/NR	CODE
Sa	1/6-2/24	12:15-1 pm	\$156/\$203	210410-01
Sa	3/2-4/27*	12:15-1 pm	\$156/\$203	210410-02
Sa	5/4-6/22	12:15-1 pm	\$156/\$203	210410-03

## TRINITY ACADEMY OF GYMNASTICS LITTLE STARS GYMNASTICS

**Age 3** **8 Classes**  
 Our skillfully designed curriculum helps children develop balance, strength, flexibility and coordination on the trampoline, tumble track and preschool-sized gymnastics equipment. Forward/backward rolls, progressions for cartwheels and handstands, balance beams, rings and other gymnastics skills are introduced. Participants also practice taking turns and listening. Instructor: TAG Staff/SS **Location: Trinity Academy of Gymnastics, 9162 Trinity Dr, LITH**  
**\*no class 3/29, 3/30**

DAY	DATES	TIMES	R/NR	CODE
F	1/5-2/23	10:30-11:15 am	\$156/\$203	210409-01
F	3/1-4/26*	10:30-11:15 am	\$156/\$203	210409-03
F	5/3-6/21	10:30-11:15 am	\$156/\$203	210409-05
Sa	1/6-2/24	9:45-10:30 am	\$156/\$203	210409-02
Sa	3/2-4/27*	9:45-10:30 am	\$156/\$203	210409-04
Sa	5/4-6/22	9:45-10:30 am	\$156/\$203	210409-06

## HOT SHOTS SPORTS ADULT / TOT SPORTS

**Ages 2-3** **6 Classes**  
 Parents are an integral part of helping their tots develop basic sports movement and motor skills. Motor skill activities focus on hand/eye and hand/foot coordination. Sports equipment and instruction are provided to help guide your child through an introduction to organized sports. Parents or caregiver participation is required. Instructor: Hot Shots Sports/SS  
**Location: Grand Oaks**  
**\*no class 3/29**

DAY	DATES	TIMES	R/NR	CODE
F	1/12-2/16	4:30-5 pm	\$75/\$98	210421-01
F	3/1-4/12*	4:30-5 pm	\$75/\$98	210421-02
F	4/19-5/24	4:30-5 pm	\$75/\$98	210421-03



WEAR COMFORTABLE CLOTHING AND ATHLETIC SHOES  
EQUIPMENT IS PROVIDED

**HOT SHOTS SPORTS  
ADULT / TOT NINJA WARRIORS**

**Ages 2-4** **6 Classes**

Leap, hop, skip and run your way through obstacles and put your Ninja skills to the test. Parents and tots will have fun in this movement based class that will challenge your Ninja to maneuver over and under objects. We will also play many large group games to further challenge their Ninja skills. Parents or caregiver participation is required. Instructor: Hot Shots Sports/SS **Location: Grand Oaks** **\*no class 3/27**

DAY	DATES	TIMES	R/NR	CODE
W	1/10-2/14	4:30-5 pm	\$75/\$98	210414-01
W	2/28-4/10*	4:30-5 pm	\$75/\$98	210414-02
W	4/17-5/22	4:30-5 pm	\$75/\$98	210414-03

**HOT SHOTS SPORTS  
HOT SHOTS SPORTS MINI TOTAL SPORTS  
CAMP**

**Ages 3-4** **5 Classes**

Children are introduced to the fundamentals of sports including basketball, floor hockey, football, kickball, soccer, t-ball and other sports and group games. This camp provides an opportunity for each child to develop motor skills and nurture his/her growth socially and emotionally through teamwork and good sportsmanship. Campers should bring a water bottle each day. Every camper will receive a t-shirt. Instructor: Hot Shots Sports/SS **Location: Grand Oaks**

DAY	DATES	TIMES	R/NR	CODE
M-F	3/25-3/29	8-8:40 am	\$80/\$104	220408-02

**HOT SHOTS SPORTS  
ADULT / TOT BASKETBALL**

**Ages 2-3** **6 Classes**

Young children develop motor skills while having fun running and ball handling. Parents and tots work together in this class, learning the basics of basketball. Dribbling, passing, shooting and teamwork will all be emphasized. A variety of activities will be played each week. Instructor: Hot Shots Staff/SS **Location: Grand Oaks/Woodscreek Park\*\*** **\*no class 3/26**

DAY	DATES	TIMES	R/NR	CODE
Tu	1/9-2/13	4:30-5 pm	\$75/\$98	210420-01
Tu	2/27-4/9*	4:30-5 pm	\$75/\$98	210420-02
Tu**	4/16-5/21	4:15-4:45 pm	\$75/\$98	210420-03

**HOT SHOTS SPORTS  
ADULT / TOT T-BALL**

**Ages 2-3** **6 Classes**

Young children develop motor skills while having fun learning fielding, base running and hitting off a tee. Parents and tots work together in this class, learning the basics of baseball. Teamwork and parent/ child interaction will be emphasized alongside basic motor functions and skills. A variety of activities will be played each week. Instructor: Hot Shots Sports/SS **Location: Grand Oaks/Woodscreek Park\*\*** **\*no class 3/23**

DAY	DATES	TIMES	R/NR	CODE
Sa	1/13-2/17	8:30-9 am	\$75/\$98	210423-01
Sa	3/2-4/13*	8:30-9 am	\$75/\$98	210423-02
Sa**	4/20-5/25	8:30-9 am	\$75/\$98	210423-03



**4-6 YEAR OLD CLASSES**

**PAGES 38-41**

**NEW GOLF CLINIC FOR AGES 3-5!**

**PAGE 47**

# TOT ROCK / KID ROCK

**6 Classes**

This interactive music, movement and imagination class has everyone on their feet! Activities include songs and rhymes, rhythm and coordination, fine and gross motor, imagination and sensory, listening and following directions skills. With a focus on STEAM learning, this program is a unique combination of music and learning. Instructor: Tot Rock Staff/ST

**TOT ROCK WITH PARENT AGES 12-30 MOS**

**LOCATION: GRAND OAKS (TU) VILLAGE OF LITH, 600 HARVEST GATE (W)**

DAY	DATES	TIMES	R/NR	CODE
Tu	1/9-2/6	9:30-10:10 am	\$55/\$60	210861-03
Tu	2/20-3/19	9:30-10:10 am	\$55/\$60	210861-04
Tu	4/09-5/21	9:30-10:10 am	\$78/\$83	210861-05
W	1/10-2/7	5:10-5:50 pm	\$55/\$60	210861-01
W	2/21-3/20	5:10-5:50 pm	\$55/\$60	210861-02
W	4/10-5/22	5:10-5:50 pm	\$78/\$83	210861-06

**KID ROCK WITH PARENT AGES 2-3**

**LOCATION: GRAND OAKS (TU) VILLAGE OF LITH, 600 HARVEST GATE (W)**

DAY	DATES	TIMES	R/NR	CODE
Tu	1/9-2/6	10:15-10:55 am	\$55/\$60	210862-03
Tu	2/20-3/19	10:15-10:55 am	\$55/\$60	210862-04
Tu	4/9-5/21	10:15-10:55 am	\$78/\$83	210862-06
W	1/10-2/7	6-6:40 pm	\$55/\$60	210862-01
W	2/21-3/20	6-6:40 pm	\$55/\$60	210862-02
W	4/10-5/22	6-6:40 pm	\$78/\$83	210862-05

**KID ROCK II WITHOUT PARENT AGES 3-5**

**LOCATION: HUNTLEY COMMUNITY CENTER, 12015 MILL STREET**

DAY	DATES	TIMES	R/NR	CODE
Tu	1/9-2/6	11-11:40 am	\$55/\$60	210864-01
Tu	2/20-3/19	11-11:40 am	\$55/\$60	210864-02
Tu	4/9-5/21	11-11:40 am	\$78/\$83	210864-03

**KID ROCK III W/PARENT AGES 1-5**

**FAMILY CLASS-EACH SIBLING MUST BE REGISTERED**

**LOCATION: GRAND OAKS**

DAY	DATES	TIMES	R/NR	CODE
Tu	1/9-2/6	11-11:40 am	\$55/\$60	210863-01
Tu	2/20-3/19	11-11:40 am	\$55/\$60	210863-02
Tu	4/9-5/21	11-11:40 am	\$78/\$83	210863-03



## DANCE

**DANCE WITH ME (PARENT/CHILD)**

**Ages 18 mos-3 w/parent**

**6 Classes**

Enjoy a great way to spend time with your toddler while encouraging the love of dance! Join us for this interactive creative movement class where parent and child will learn new dance moves! Instructor: Miss Emma/EK **\*THIS IS NOT A RECITAL CLASS\*** Location: Grand Oaks

*Attire: Wear whatever you can move in!*

DAY	DATES	TIMES	R/NR	CODE
W	2/7-3/13	9:15-10 am	\$54/\$70	210702-01
W	4/3-5/8	9:15-10 am	\$54/\$70	210702-02

## ITTY BITTY BALLERINA

**Ages 2-3**

**6 Classes**

Becoming a ballerina starts with your child's first ballet class! Itty Bitty Ballerina is the perfect first class to teach dancers creative movement and learn the foundations of ballet technique.

Parent participation is optional, however, your instructor may ask you to participate should your child need additional assistance. Instructor: Miss Emma & Miss Maddie/EK **\*THIS IS NOT A RECITAL CLASS\*** Location: Grand Oaks

*Girls: Leotard, tights, pink ballet shoes, skirt optional*

*Boys: Fitted shirt, shorts/pants, black ballet shoes*

*Parents: Comfortable clothing, gym shoes*

DAY	DATES	TIMES	R/NR	CODE
W	2/7-3/13	10-10:45 am	\$54/\$70	210751-01
W	4/3-5/8	10-10:45 am	\$54/\$70	210751-02
Sa	2/3-3/9	9:15-10 am	\$54/\$70	210751-03
Sa	4/6-5/11	9:15-10 am	\$54/\$70	210751-04



**MORE DANCE CLASSES FOR 3 YEAR OLDS!  
PG 59-60**



# YOUTH-TEEN VARIETY



## KIDS YOGA

**Ages 6-12**

**8 Classes**

Yoga is a great way for a child to improve impulsiveness, help control emotions and ease stress. Students will learn tools to deal with stress and aid in concentration. Bring a yoga mat and water bottle to class. Instructor: Donna Albano/JP

**Location: West Beach**

**\*no class 2/19**

DAY	DATES	TIMES	R/NR	CODE
M	1/15-3/11*	5-6 pm	\$72/\$94	221017-02
M	4/1-5/20	5-6 pm	\$72/\$94	221017-03

## THE MAGIC OF GARY KANTOR MAGIC CLASS

**Ages 5-12**

**1 Class**

Children are guaranteed to have a great time as they learn a collection of fascinating and mesmerizing tricks from the "Magic Team" of Gary Kantor! Amaze your friends and family with tricks that involve cards, ropes, coins, mind-reading and more. All materials are provided, and each child receives a magic kit to take home. New tricks are taught at each class, so register for any upcoming class to learn new something new! No refunds given within 24 hours or after the 1-day class. Instructor: Team of Gary Kantor/JP

**Location: Rotary Building**

DAYS	DATES	TIME	RES FEE	CODE
M	2/12	6:45-7:40 pm	\$22/\$29	221706-01
M	5/6	6:45-7:40 pm	\$22/\$29	221706-03

## ART ATTACK! BEGINNER

**Ages 6 & Up**

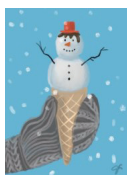
**1 Class**

Welcome to this fun painting party. Come paint with our instructor step by step. These paintings are completed in fewer steps and themed for all ages. Bring a drink and snack.

Anyone in the art room for class must be registered - parents/guardians are welcome to wait in the lobby during class!

Instructor: Julie Kukreja/EK **Location: CLPD Admin Art Room**

**SAT 12-2 PM \$25/\$30**



**1/20**  
**220303-01**



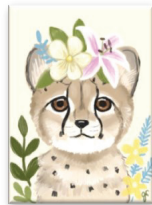
**2/10**  
**220303-02**



**3/9**  
**220303-03**



**4/13**  
**220303-04**



**5/4**  
**220303-05**

## ICOOK

**Ages 5-10**

**6 Classes**

Our pastry-chefs-in-training will learn about the power of flour in our new Baking and Sweets course. We will explore ingredients familiar and new to bake savory and sweet dishes. Students will make Fudgy Pumpkin Brownies, Blueberry Muffins, Dessert Fruit Salsa, and so much more! Foundational cooking skills will be taught, including proper techniques for measuring, mixing, slicing, dicing, and of course, kitchen safety! Instructor: iCook Staff/EK

**Location: Administrative Building**

DAY	DATES	TIMES	R/NR	CODE
<b>FLOUR POWER</b>				
F	2/2-3/8	5-6 pm	\$172/\$223	220604-01
<b>SPICING THINGS UP</b>				
F	4/5-5/10	5-6 pm	\$172/\$223	220604-02



**CHESS SCHOLARS**

**STEAM**

**Ages 5-11**

**6 Classes**

This exciting program from Afterschool Enrichment Solutions brings together elements of science, art and math in a hands-on, action-packed environment! Students will conduct experiments, play educational games, and unlock their creativity through building challenges and projects. No experience necessary! Instructor: Chess Scholars/JP **Location: Woods creek Park Bldg (Sess 1) LaBahn Hain House, 149 Hilltop Dr, LITH (Sess 2)**

DAYS	DATES	TIME	RES FEE	CODE
W	1/31-3/6	6:30-7:30 pm	\$125/\$163	221704-10
W	4/10-5/15	6:30-7:30 pm	\$125/\$163	221704-11

**CHESS SCHOLARS**

**CHESS**

**Ages 6-13**

**6 Classes**

Develop your child's intellect through the royal game of chess! Current research has shown a strong link between chess and academic performance in a variety of areas including mathematics and language arts. Chess has been proven to enhance children's motivation, concentration, focus, social skills, and creativity. Each class will consist of a fun, interactive teaching period and guided practice time. Instructor: Chess Scholars/JP **Location: Woods creek Park Bldg (Sess 1) LITH Village Hall, 600 Harvest Gate, LITH (Sess 2) \*no class 2/19**

DAYS	DATES	TIME	RES FEE	CODE
M	1/29-3/11*	6:30-7:30 pm	\$123/\$160	221701-05
M	4/8-5/13	6:30-7:30 pm	\$123/\$160	221701-06

**CHESS SCHOLARS**

**SCRATCH SUPERSTARS**

**Ages 7-13**

**6 Classes**

Your child will have a blast designing video games and animations in this exciting STEM program. Our innovative approach to coding is sure to spark your child's interest in computer science, using a kid-friendly, intuitive, block-based programming system called Scratch, developed by the MIT Media Lab. The fun filled curriculum hones important skills related to problem solving, attention to detail, creativity, storytelling, and critical thinking. Class topics include conditional statements, cloning, variables, loops, control structure, object-oriented design concepts and data structures. Instructor: Chess Scholars/JP **Location: Woods creek Park Bldg**

DAY	DATES	TIMES	R/NR	CODE
Th	4/11-5/16	6:30-7:30 pm	\$125/\$163	221733-01

**CHESS SCHOLARS**

**LET'S CODE IT**

**Ages 7-13**

**6 Classes**

Creative Coding-Your child will have a blast in this exciting new STEM program. Our innovative approach to coding is sure to spark your child's interest in computer science, using a simple, relatable, block-based programming system called Scratch, developed by the MIT Media Lab. The fun filled curriculum stresses critical thinking, creativity, confidence, teamwork, and problem-solving skills to prepare them for the 21st century and beyond. Class topics include video game design, loops, control structure, conditional expressions, control statements, object-oriented design concepts, data structures and variables, and mathematical expressions. Instructor: Chess Scholars/JP **Location: Cary Park District, 255 Briargate Rd, Cary**

DAYS	DATES	TIME	RES FEE	CODE
Th	2/1-3/7	6:30-7:30 pm	\$125/\$163	221747-01



**KUBIK ORTHODONTICS**

**815-455-7757 | drkubik.com**

**490 Coventry Lane, Suite 200  
Crystal Lake, IL 60014**






★★★★★  
MOST POPULAR

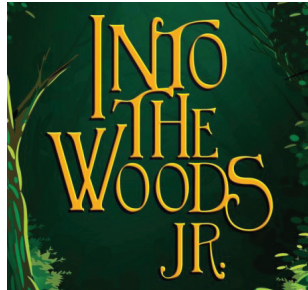


PHOTO CREDIT: DANA BORROR –PETER PAN JR. PERFORMANCE

**INTO THE WOODS JR.**

**Ages 8-14**      **16 Classes**

Be careful what you wish for! Join us for this epic show to bring your favorite fairytales to life. Into the Woods Jr. performers will learn skills in acting, singing, and dancing while preparing for their final performance of our full-length production in front of an audience full of family and friends. Students will receive a show t-shirt, script, and musical tracks. Two performances will be held at the end of May. Performers should come prepared on the first day to audition with a short song to sing and a monologue provided. Every participant will receive a role! No class during the week of Spring Break. All cast rehearsals will be held on Wednesdays. Small groups will have separate rehearsals on Mondays from 5:30-7pm.



Consider taking advantage of our payment plan by paying in 4 easy payments. A credit card is required for this option. Payments will be due at time of registration, Feb 15, Mar 15 and Apr 15. Instructors: Miss Kylee, Miss Kaitlyn/EK **Location: Grand Oaks**

DAYS	DATES	TIME	RES FEE	CODE
W	2/7-5/29	5-7:30 pm	\$500/\$550	221220-01

**SKITS & SCRIPTS**

**Ages 10-18**      **8 Classes**

Get ready to boost your confidence and your ability to audition and perform in this class. Skits & Scripts is geared towards students seeking to sharpen their audition and performing skills. In this class we prepare students how to pick a monologue, select a 32 bar vocal cut, explore character analysis, and advance our performing viewpoints. Each week performers will work with a new script and learn to play different roles! Instructors: Miss Kylee, Miss Kaitlyn/EK **Location: Grand Oaks**

DAYS	DATES	TIME	RES FEE	CODE
M	4/1-5/20	7-8 pm	\$72/\$94	220733-01

**GLITZY GIRLZ**

**WINTER FANTASY PRINCESS GLAM NIGHT**

**Ages 4-10**      **1 Class**

Come beat the Winter slump and join Glitzy Girlz for a night of glam with a unicorn rainbow fantasy theme. Staff will give a pretty make-over complete with hairdo, make-up sparkle and anil polish application. Decorate a unique craft with paints, stickers, embellishments, and personalization. Design a beautiful, beaded bracelet with a fantasy charm assortment. Staff will play music and we will have props and backdrops to take photos for the parents before class ends. A glam goodie bag goes home with each participant. Instructor: Glitzy Girlz Staff/JP

**Location: Grand Oaks**

DAYS	DATES	TIME	RES FEE	CODE
W	1/31	6-7:15 pm	\$33/\$43	221708-01

**GLITZY GIRLZ**

**PEACE LOVE GLAM DANCE PARTY**

**Ages 4-11**      **1 Class**

Come join Glitzy Girlz for a night of spreading LOVE and HAPPINESS! Each participant will get a pampering of GLAM with hairdo, make-up, sparkle, and nail polish application. Participants will decorate a unique craft with peace, hearts and rainbow accents along with paintings and personalization. Additionally, they will create a cool beaded bracelet with a peace-love charm. Our night ends with retro lights dance party to popular songs! A "peace offering" goes home with each guest! Instructor: Glitzy Girlz Staff/JP **Location: Grand Oaks**

DAYS	DATES	TIME	RES FEE	CODE
W	3/13	6-7:15 pm	\$33/\$43	221709-01

**GLITZY GIRLZ**

**MOM MEMORIES: PARENT/CHILD**

**Ages 3-11**      **1 Class**

Join Glitzy Girlz on a date for some special memories for MOM. Whether it's an adult coming with a child to make gifts for Mother's



Day or a mom spending an evening with that special child/child in the month of May, it's Mom's celebration! Each couple will make three surprises: a ceramic, wooden and beaded item with Mom accents and charms. A special gift wrapping/bag station will conceal any surprises to take home and save for Mother's Day. Instructor: Glitzy Girls Staff/JP **Location: Grand Oaks**

DAYS	DATES	TIME	RES FEE	CODE
Tu	4/30	6-7 pm	\$33/\$43 PER COUPLE	221710-01

**REGISTRATION DEADLINE**

**3 DAYS PRIOR TO START OF CLASS-NO REFUND AFTER DATE**



**LITTLE MEDICAL SCHOOL  
LITTLE VETERINARIAN SCHOOL-DOG**

**Ages 4-6** **6 Classes**

After "adopting" their very own plush puppy, students will roleplay the key responsibilities of a veterinarian, including how to properly perform a nose-to-tail exam. These future veterinarians will learn how to sew stitches, remove ticks, make healthy treats, and vaccinate their dog. Instructor: Little Medical School Staff/JP **Location: Cary Park District, 255 Briargate Rd, Cary** \*no class 3/25

DAY	DATES	TIMES	R/NR	CODE
M	3/4-4/15*	4:15-5:15 pm	\$143/\$186	221727-01

**LITTLE MEDICAL SCHOOL  
LITTLE VETERINARIAN SCHOOL-DOG**

**Ages 6-10** **6 Classes**

Students will role-play the key staff functions performed at a veterinary office and how to keep their "adopted" plush puppy healthy. These future veterinarians will explore digestion, the different part of the canine eye, animal body language and how X-rays are used to diagnose and treat common illnesses. Instructor: Little Medical School Staff/JP **Location: Administration Building**

DAY	DATES	TIMES	R/NR	CODE
M	1/22-2/26	5:30-6:30 pm	\$163/\$212	221723-01

**LITTLE MEDICAL SCHOOL  
LITTLE VETERINARIAN SCHOOL-CAT**

**Ages 6-10** **6 Classes**

Students will role-play the key responsibilities of a veterinarian and perform a whiskers-to-tail exam on their newly "adopted" plush cat. These future veterinarians will learn about animal body language, maintaining a healthy environment such as proper litterbox placement, create a cat toy, and design a vet clinic. Instructor: Little Medical School Staff/JP **Location: Cary Park District, 255 Briargate Rd, Cary** \*no class 3/25

DAY	DATES	TIMES	R/NR	CODE
M	3/4-4/15	6:45-7:45 pm	\$163/\$212	221729-01

**LITTLE MEDICAL SCHOOL  
LITTLE VETERINARIAN SCHOOL DOG CAMP**

See Ages Below  
Camp participants will role-play the key responsibilities of a veterinarian and learn how to care for a dog. These future veterinarians will learn how to remove ticks, perform a nose-to-tail exam, understand proper animal nutrition and hydration, suture lacerations and more!  
Instructor: Little Medical School Staff/JP



AGES	DAY	DATES	TIMES	R/NR	CODE
<b>WINTER BREAK</b>					<b>4 Classes</b>
<b>Location: LaBahn Hain House, 149 Hilltop Dr, LITH</b>					
4-6	Tu-F	1/2-1/5	9 am-12 pm	\$234/\$304	121747-01
7-10	Tu-F	1/2-1/5	1-4 pm	\$234/\$304	121751-01
<b>SPRING BREAK</b>					<b>5 Classes</b>
<b>Location: Woodcreek Park Bldg</b>					
4-6	M-F	3/25-3/29	9 am-12 pm	\$267/\$348	221738-01
6-10	M-F	3/25-3/29	1-4 pm	\$267/\$348	221739-01

**LITTLE MEDICAL SCHOOL  
LITTLE DOCTOR SCHOOL**

**Ages 4-6** **6 Classes**

Our youngest future doctors will use a real stethoscope and other medical instruments, learn how muscles and nerves work together, cast a broken one, and how to properly scrub their hands before surgery. Instructor: Little Medical School Staff/JP **Location: Administration Building**

DAY	DATES	TIMES	R/NR	CODE
M	1/22-2/26	4:15-5:15 pm	\$150/\$195	221724-01

**LITTLE MEDICAL SCHOOL  
LITTLE DOCTOR SCHOOL**

**Ages 6-10** **6 Classes**

Through role-play and activities, students will learn the key responsibilities of a doctor and explore the heart, lungs, and digestion. Students will use real medical instruments (stethoscope, reflex hammer, and blood pressure cuff) and practice scrubbing, suturing, and tying knots like a real surgeon. Instructor: Little Medical School Staff/JP **Location: Cary Park District, 255 Briargate Rd, Cary** \*no class 3/25

DAY	DATES	TIMES	R/NR	CODE
M	3/4-4/15	5:30-6:30 pm	\$137/\$179	221728-01



**LITTLE MEDICAL SCHOOL *New!***  
**LITTLE DOCTOR SCHOOL II**

**Ages 6-10** **6 Classes**  
 These future doctors will learn about prescriptions, explore the brain and spine, and learn about vital bodily functions through hands-on activities and role-play. Students will build a first aid kit and create models of the brain and spine. Instructor: Little Medical School Staff/JP **Location: LaBahn Hain House, 149 Hilltop Dr, LITH** **\*no class 5/27**

DAY	DATES	TIMES	R/NR	CODE
M	4/22-6/3*	4:15-5:15 pm	\$156/\$203	221726-01

**LITTLE MEDICAL SCHOOL *New!***  
**LITTLE PEDIATRICIAN SCHOOL**

**Ages 6-10** **6 Classes**  
 After "adopting" their own plush baby, students will role-play the key responsibilities of a pediatrician and learn how to perform a head-to-toe exam on a newborn. These future pediatricians will learn about diapering, diaper rash, bottling, burping, the infant Heimlich maneuver, childhood immunizations, and safe sleeping. Instructor: Little Medical School Staff/JP **Location: LaBahn Hain House, 149 Hilltop Dr, LITH** **\*no class 5/27**

DAY	DATES	TIMES	R/NR	CODE
M	4/22-6/3*	5:30-6:30 pm	\$169/\$220	221731-01

**LITTLE MEDICAL SCHOOL *New!***  
**SPORTS MEDICINE SCHOOL**

**Ages 6-10** **6 Classes**  
 Students will explore the roles of an athletic trainer and orthopedic surgeon and learn how to diagnose and treat common sports injuries such as sprains, strains, and athlete's foot. These future healthcare professionals will explore the famous Tommy John (arm and elbow) surgery and make models of a hand, joint, and tendon. Instructor: Little Medical School Staff/JP **Location: Administration Building**

DAY	DATES	TIMES	R/NR	CODE
M	1/22-2/26	6:45-7:45 pm	\$143/\$186	221725-01

**LITTLE MEDICAL SCHOOL**  
**TEEN MEDICAL SCHOOL**

**Ages 11-14** **6 Classes**  
 This course is an advanced Little Doctor School for middle and high school students. Participants will learn about the human heart, skin, blood, digestion, disease, surgery techniques, how to read an EKG, and more. Instructor: Little Medical School Staff/JP **Location: LaBahn Hain House, 149 Hilltop Dr, LITH** **\*no class 5/27**

DAY	DATES	TIMES	R/NR	CODE
M	4/22-6/3*	6:45-7:45 pm	\$156/\$203	221734-01

*Debbie Goodale*  
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## YOUTH-TEEN VARIETY

### LISA LOMBARDI COACHING INC.

#### COMMUNICATION AND PUBLIC SPEAKING

##### KIDS LIFE COACHING LAB

Ages 5-12

1 Class

Communication REALLY is more than text, email, video games, or hanging out on social media. It is currently identified as the #1 MISSING SOFT SKILL! Through an incredibly fun and high energy workshop, kids will have the chance to improve their communication and public speaking skills via dramatizations and games like: Carbonation Communication, Drive Thru Window, Giant Extendable Ear, Toothpaste Turmoil, It's a delivery, Bus Stop and more. Thrilling group games are the ultimate way to elicit communication from children. Don't be surprised if they volunteer to get up in front of a crowd more, have higher confidence when test taking and just have a bit more pep in their step! These skills are always a work in progress, but this will be a transformational kick off. Instructor: Lisa Lombardi Staff/JP **Location: Grand Oaks**

DAY	DATES	TIMES	R/NR	CODE
W	1/24	4:30-5:30 pm	\$33/\$43	221730-01



### LISA LOMBARDI COACHING INC.

#### VALEN-SLIME: A STRETCHY THINKING SLIME

##### KIDS LIFE COACHING LAB

Ages 5-12

1 Class

Have the slime of your life making Valentine's Day-themed slime! It's love month and we are customizing your slime in the concoction center to smell like gourmet chocolates, fresh cut roses, pink cotton candy, or dipped strawberries. Then color it to be vibrant with the colors known for Cupid's Day. Speaking of Cupid, stop his arrow from coming your way by using your batch of slime to capture him in the act when we play a slimy Valentine game! Kids take their slime home. **BONUS LIFE COACHING LESSON:** Attendees will receive a life coaching lesson on "stretchy thinking" sometimes called growth mindset and THE POWER OF YET. Instructor: Lisa Lombardi Staff/JP **Location: Woodscreek Park Bldg**

DAY	DATES	TIMES	R/NR	CODE
Su	2/4	10-11 am	\$33/\$43	221718-01

**THESE ARE DROP OFF CLASSES**

**REGISTRATION DEADLINE  
3 DAYS PRIOR TO START OF CLASS  
NO REFUNDS WILL BE GIVEN AFTER DEADLINE**

### LISA LOMBARDI COACHING INC.

#### BUBBLE GUM AND BEACH SLIME

##### KIDS LIFE COACHING LAB

Ages 5-12

1 Class

The last four years have had us all feeling a bit stressed and stretched. Kids have really had to use their stretch thinking or "Bubble Gum Thinking To Not Get Stuck." This growth mindset will be dramatized and celebrated as we make a batch of amazing bubble gum and/or beach slime. Kids keep their slime. For the competitive kiddos in the crowd, we will have an optional "BLOW THE BIGGEST BUBBLE COMPETITION" for some good old-fashioned fun! Instructor: Lisa Lombardi Staff/JP

**Location: Woodscreek Park Bldg**

DAY	DATES	TIMES	R/NR	CODE
Sa	3/9	10-11 am	\$33/\$43	221740-01

### LISA LOMBARDI COACHING INC.

#### SELF-ESTEEM THROUGH SPRING STEM ICE

##### CREAM: KIDS LIFE COACHING LAUGHTER LAB

Ages 5-12

1 Class

Making and eating ice cream is a fun way to introduce early chemistry teachings to children and helps build self-esteem. Did you know ice cream began with the concept of the Icee? We will sample one! We will also explore the science and history of the beloved amusement park treats...the waffle cone and first novelty vanilla ice cream bar have a great story behind them! Then kids sit down for the most outrageous ice cream eating contest in town. This is a child's dream class and all about putting the fun back into learning. Don't wear your Sunday best, we will get sticky! Instructor: Lisa Lombardi Staff/JP

**Location: Woodscreek Park Bldg**

DAY	DATES	TIMES	R/NR	CODE
Th	4/11	4:30-5:30 pm	\$33/\$43	221719-01

### LISA LOMBARDI COACHING INC.

#### CONFIDENCE THROUGH COMEDY

##### KIDS LIFE COACHING LAUGHTER LAB

Ages 5-12

1 Class

Whether your child is naturally funny or not, they will have the opportunity to develop and execute comedic skills, gain a higher sense of confidence with stacked successes, and perhaps learn to use humor in a social setting. Through close observation and lab experimentation, this high-energy comedy class will offer electrifying lessons on humor such as: Impersonations, prank humor, slapstick, comic strips, improv, character voices, ventriloquism, and witty situational. They will also understand when comedy is taken TOO far in life. All kids leave with a humor-themed souvenir. Instructor: Lisa Lombardi Staff/JP **Location: Woodscreek Park Bldg**

DAY	DATES	TIMES	R/NR	CODE
Sa	4/6	10-11 am	\$33/\$43	221721-01



**New!**  
**SMELL THE LOVE BOUQUET**  
**FRESH FLOWER ARRANGING**

**Ages 14 & Up** **1 Class**  
 Love is in the air! Join Kim as she guides you in making a "Smell the Love Bouquet" that includes a red vase filled with red, white and pink fresh flowers with a love accessory. All supplies included. This will make a great holiday decoration for your home or a special gift for a loved one!  
 Instructor: Kim Biestek/JP **Location:**  
**Woods creek Park Building**

DY	DTE	TIME	R/NR	CODE
Sa	2/3	1-2:30 pm	\$65/\$85	230132-01



**New!**  
**SITTING PRETTY SPRING**  
**CHICK FAUX FLOWER**  
**ARRANGING**

**Ages 14 & Up** **1 Class**  
 Celebrate Spring! Create your own fresh flower arrangement for the season! The Sitting Pretty Spring Chick is sitting on top of a vintage base with faux spring flowers adorning an adorable chick. All supplies included. A beautiful arrangement that is made for the spring season.  
 Instructor: Kim Biestek/JP  
**Location: Cary Park District, 255 Briargate Rd, Cary**

DY	DTE	TIME	R/NR	CODE
Th	3/7	7-8:30 pm	\$65/\$85	230133-01



**New!**  
**SPRING IS IN THE AIR-DYED**  
**SOLA WOOD WREATH**

**Ages 14 & Up** **1 Class**  
 Join us as Kim guides you in making a "Spring Is In The Air -Dyed Sola Wood Wreath" to decorate your front door or home for the season. All supplies included. This class is a great way to prepare for the spring season at your house! No refunds following the registration deadline.  
 Instructor: Kim Biestek/JP **Location: Lake in the Hills Village Hall, 600 Harvest Gate, LITH**

DY	DTE	TIME	R/NR	CODE
Sa	4/6	1-2:30 pm	\$72/\$94	230134-01



## MUSIC AFFILIATES

**CRYSTAL LAKE COMMUNITY BAND**  
[CLCB.ORG](http://CLCB.ORG)

**VOICES IN HARMONY**  
[ENCOREMUSICACADEMY.ORG](http://ENCOREMUSICACADEMY.ORG)

★★★★★

**MOST POPULAR**

**BABYSITTING**

**Ages 11-17** **1 Class**

This program is designed for young teens who are home alone, sibling sitting or babysitting. Students will learn how to attend to a choking infant or child, provide basic first aid, learn about personal safety for a babysitter, how to care for children and how to manage problem behavior. Ethics and babysitting as a business will also be discussed. Program includes a manual and completion card. Participants should bring a baby-sized doll and lunch to class. Students must be 11 years old at the time of class.  
 Instructor: Brianna Peterson/JP **Location: Administrative Building**

DY	DATE	TIME	R/NR	CODE
Tu	1/2	9 am-1 pm	\$80/\$105	221705-02
M	3/25	9 am-1 pm	\$80/\$105	221705-03





# YOUTH SPORTS

**WEAR COMFORTABLE CLOTHING AND ATHLETIC SHOES  
EQUIPMENT IS PROVIDED**

**ADULT/TOT SPORTS CLASSES-PAGE 28 & 29**

## HOT SHOTS SPORTS T-BALL

**Ages 4-6** **6 Classes**

This introductory t-ball program is perfect for your child who wants to have fun, make new friends and be introduced to baseball. Participants enjoy learning the skills needed to play baseball including offense and defense, as well as the rules and philosophies of the game. The program stresses teamwork over competition. All you need to bring is a glove. Instructor: Hot Shots Sports/SS **Location: Grand Oaks/Woods creek Park\*\***  
**\*no class 3/23, 3/25**

DAYS	DATES	TIME	FEES	CODE
Sa	1/13-2/17	9-9:45 am	\$80/\$104	220455-02
Sa	3/2-4/13*	9-9:45 am	\$80/\$104	220455-04
Sa**	4/20-5/25	9-9:45 am	\$80/\$104	220455-06
M	1/8-2/12	4:30-5:15 pm	\$80/\$104	220455-01
M	2/26-4/8*	4:30-5:15 pm	\$80/\$104	220455-03
Th**	4/18-5/23	4:30-5:15 pm	\$80/\$104	220455-05

## HOT SHOTS SPORTS NERF® ELITE BATTLE

**See Ages Below** **6 Classes**

Come experience this Classic basement game in an arena style team game. Each week we will play many different Nerf Elite battle games, including an all-out battle. All guns, ammo and eye protection will be provided. Instructor: Hot Shots Staff /SS **Location: Grand Oaks \*no class 2/2, 3/29**

AGES	DAYS	DATES	TIME	FEES	CODE
6-8	F	1/12-2/23*	6-6:45 pm	\$80/\$104	220420-01
6-8	F	3/1-4/12*	6-6:45 pm	\$80/\$104	220420-03
6-8	F	4/19-5/24	6-6:45 pm	\$80/\$104	220420-05
9-12	F	1/12-2/23*	7-8 pm	\$85/\$111	220420-02
9-12	F	3/1-4/12*	7-8 pm	\$85/\$111	220420-04
9-12	F	4/19-5/24	7-8 pm	\$85/\$111	220420-06

## HOT SHOTS SPORTS TOTAL SPORTS

**Ages 4-6** **6 Classes**

This class features a new sport each week. Some of the sports taught and played include basketball, floor hockey, football, kickball, soccer and baseball. In addition, participants play many popular running and group games. Children have the opportunity to acquire new skills and develop confidence in games they have played in previous classes. Instructor: Hot Shots Staff /SS **Location: Grand Oaks \*no class 2/2, 3/29**

DAYS	DATES	TIME	FEES	CODE
F	1/12-2/23*	5-5:45 pm	\$80/\$104	220421-01
F	3/1-4/12*	5-5:45 pm	\$80/\$104	220421-02
F	4/19-5/24	5-5:45 pm	\$80/\$104	220421-03

## HOT SHOTS SPORTS JR. FLAG FOOTBALL

**Ages 6-8** **6 Classes**

Come join in on the fun and start playing the nation's most loved game! Players are introduced to stance, receiving, rushing, blocking and defense. Each week ends with a scrimmage encouraging teamwork and sportsmanship. Players always get to play either receiver or running back each week. Games focus on fundamentals and field concepts, as well as positions and mechanics. Instructor: Hot Shots Staff/SS **Location: Woods creek Park**

DAYS	DATES	TIME	FEES	CODE
Th	4/18-5/23	5:30-6:15 pm	\$80/\$104	220409-01



## HOT SHOTS SPORTS GAME TIME FLAG FOOTBALL

**Ages 9-12** **6 Classes**

Players experience daily scrimmages with active instruction and tips from the coaching staff. Players are encouraged to employ skills used in football such as running pass routes, play calling, defensive positioning and the fundamentals of blocking and pass coverage. These skills and others will be put to use in a "game time" environment while the players scrimmage each week. Instructor: Hot Shots Staff/SS **Location: Woods creek Park**

DY	DATES	TIME	FEES	CODE
Th	4/18-5/23	6:15-7 pm	\$80/\$104	220412-01

## HOT SHOTS SPORTS

### LIL DRIBBLERS

See Ages Below

6 Classes

The Lil Dribblers Basketball program introduces children to the game of basketball in a safe, fun and exciting environment. Our curriculum uses age appropriate activities and games specifically designed to increase balance, body awareness, motor skills, hand eye coordination, listening skills and the ability to follow directions. Instructor: Hot Shots Sports/SS

Location: Grand Oaks/Woods creek Park\*\* \*no class 3/26

AGES	DAYS	DATES	TIME	FEES	CODE
4-5	Tu	1/9-2/13	5-5:45 pm	\$80/\$104	220410-01
4-5	Tu	2/27-4/9*	5-5:45 pm	\$80/\$104	220410-03
4-5	Tu**	4/16-5/21	4:45-5:30 pm	\$80/\$104	220410-05
5-6	Tu	1/9-2/13	5:45-6:30 pm	\$80/\$104	220410-02
5-6	Tu	2/27-4/9*	5:45-6:30 pm	\$80/\$104	220410-04
6-7	Tu**	4/16-5/21	5:30-6:15 pm	\$80/\$104	220410-06

## HOT SHOTS SPORTS

### BASKETBALL SKILLS 101

See Ages Below

6 Classes

One of the best ways to develop your basketball skills is through game play, and in Game Time, you do just that. Each week, basketball players are challenged through various games including 1-on-1, 3-on-3 and 5-on-5. Coaches referee and guide the class to enhance the players' understanding of the game.

Instructor: Hot Shots Sports/SS Location: Grand Oaks/Woods creek Park\*\* \*no class 3/26

AGES	DAYS	DATES	TIME	FEES	CODE
7-8	Tu	1/9-2/13	6:30-7:15 pm	\$80/\$104	220403-01
7-8	Tu	2/27-4/9*	6:30-7:15 pm	\$80/\$104	220403-02
8-10	Tu**	4/16-5/21	6:15-7 pm	\$80/\$104	220403-03

## HOT SHOTS SPORTS

### SOCCER SKILLS 101

Ages 7-10

6 Classes

Players are introduced to the fundamentals of soccer tactics such as passing the ball, offensive moves, defensive moves, keeping/controlling the ball and taking the ball away from the opposing team. Players learn to score and prevent goals. Physical endurance and fitness are emphasized, while touching the ball. At this age, the focus starts to change from simple games to organized, tactical, competitive games. Instructor: Hot Shots Sports/SS Location: Woods creek Park

DAYS	DATES	TIME	FEES	CODE
M	4/15-5/20	6:15-7 pm	\$80/\$104	220424-01
Sa	4/20-5/25	12-1 pm	\$85/\$111	220424-02

## HOT SHOTS SPORTS

### PEE WEE SOCCER

Ages 4-5

6 Classes

Let your child's early soccer experience be a great one. The younger player develops their soccer skills and also gains confidence, coordination, motor skills and communication. The program uses age appropriate drills and exercises to teach players kicking, ball control, dribbling, shooting and more.

Instructor: Hot Shots Sports/SS Location: Grand Oaks/Woods creek Park\*\* \*no class 3/23, 3/25

DAYS	DATES	TIME	FEES	CODE
M	1/8-2/12	6-6:45 pm	\$80/\$104	220422-01
M	2/26-4/8*	6-6:45 pm	\$80/\$104	220422-03
M**	4/15-5/20	4:45-5:30 pm	\$80/\$104	220422-05
Sa	1/13-2/17	10:30-11:15 am	\$80/\$104	220422-02
Sa	3/2-4/13*	10:30-11:15 am	\$80/\$104	220422-04
Sa**	4/20-5/25	10:30-11:15 am	\$80/\$104	220422-06

## HOT SHOTS SPORTS

### JUNIOR SOCCER

Ages 6-7

6 Classes

Players are introduced to the fundamentals of soccer tactics such as passing the ball, offensive moves, defensive moves, keeping/controlling the ball and taking the ball away from the opposing team. Players learn to score and prevent goals. Physical endurance and fitness are emphasized while touching the ball. At this age, the focus starts to change from simple games to organized, tactical, competitive games. Instructor: Hot Shots Sports/SS Location: Grand Oaks/Woods creek Park\*\* \*no class 3/23, 3/25

DAYS	DATES	TIME	FEES	CODE
M	1/8-2/12	6:45-7:30 pm	\$80/\$104	220423-01
M	2/26-4/8*	6:45-7:30 pm	\$80/\$104	220423-03
M**	4/15-5/20	5:30-6:15 pm	\$80/\$104	220423-05
Sa	1/13-2/17	11:15 am-12 pm	\$80/\$104	220423-02
Sa	3/2-4/13*	11:15 am-12 pm	\$80/\$104	220423-04
Sa**	4/20-5/25	11:15 am-12 pm	\$80/\$104	220423-06



# BREAK CAMPS

**HOT SHOTS SPORTS**

**WINTER BREAK TOTAL SPORTS CAMP**

**Ages 5-10** **4 Classes**

This camp focuses on a variety of sports including flag football, basketball, baseball, kickball, soccer, capture the flag and other group games. Each day campers focus on skill development and fundamentals for each respective sport, followed by game play. Coaches ensure a fun and energetic atmosphere while promoting teamwork and good sportsmanship. Campers should bring a snack and water bottle each day. Instructor: Hot Shots Staff/SS **Location: Grand Oaks**

DAYS	DATES	TIME	FEES	CODE
Tu-F	12/26-12/29	9 am-12 pm	\$140/\$182	120400-02
Tu-F	1/2-1/5	9 am-12 pm	\$140/\$182	220408-01

**HOT SHOTS SPORTS**

**SPRING BREAK MINI TOTAL SPORTS CAMP**

**Ages 3-4** **5 Classes**

Children are introduced to the fundamentals of sports including basketball, floor hockey, football, kickball, soccer, t-ball and other sports and group games. This camp provides an opportunity for each child to develop motor skills and nurture his/her growth socially and emotionally through teamwork and good sportsmanship. Campers should bring a water bottle each day. Every camper will receive a t-shirt. Instructor: Hot Shots Staff/SS **Location: Woodscreek Park**

DAYS	DATES	TIME	FEES	CODE
M-F	3/25-3/29	8-8:40 am	\$80/\$104	220408-02

**HOT SHOTS SPORTS**

**SPRING BREAK TOTAL SPORTS CAMP**

**See Ages Below** **5 Classes**

This camp focuses on a variety of sports including flag football, basketball, baseball, kickball, soccer, capture the flag and other group games. Each day campers focus on skill development and fundamentals for each respective sport, followed by game play. Coaches ensure a fun and energetic atmosphere while promoting teamwork and good sportsmanship. Campers should bring a snack and water bottle each day. Instructor: Hot Shots Staff/SS **Location: Woodscreek**

AGES	DAYS	DATES	TIME	FEES	CODE
5-7	M-F	3/25-3/29	9 am-12 pm	\$150/\$195	220408-03
8-12	M-F	3/25-3/29	9 am-12 pm	\$150/\$195	220408-04

**HOT SHOTS SPORTS**

**ADULT / TOT NINJA WARRIORS**

**Ages 2-4** **6 Classes**

Leap, hop, skip and run your way through obstacles and put your Ninja skills to the test. Parents and tots will have fun in this movement based class that will challenge your Ninja to maneuver over and under objects. We will also play many large group games to further challenge their Ninja skills. Parents or caregiver participation is required. Instructor: Hot Shots Sports/SS **Location: Grand Oaks** **\*no class 3/27**

DAY	DATES	TIMES	R/NR	CODE
W	1/10-2/14	4:30-5 pm	\$75/\$98	210414-01
W	2/28-4/10*	4:30-5 pm	\$75/\$98	210414-02
W	4/17-5/22	4:30-5 pm	\$75/\$98	210414-03

**HOT SHOTS SPORTS**

**MINI NINJA WARRIORS**

**Ages 5-8** **6 Classes**

Leap, hop, skip and run your way through obstacles and put your Ninja skills to the test. This fun movement-based class will challenge your Ninja to maneuver over and under objects. We will also play many large group games to further challenge their Ninja Skills. Instructor: Hot Shots Staff/SS **Location: Grand Oaks** **\*no class 3/27**

DAYS	DATES	TIME	FEES	CODE
W	1/10-2/14	5-5:45 pm	\$80/\$104	220407-01
W	2/28-4/10*	5-5:45 pm	\$80/\$104	220407-02
W	4/17-5/22	5-5:45 pm	\$80/\$104	220407-03

**TRINITY ACADEMY OF GYMNASTICS**

**TRINITY NINJA**

**Ages 6-12** **8 Classes**

Come join us at the gym and learn spins, rolls, flips and jumps necessary to skillfully move through our challenging obstacle courses while simultaneously improving your strength, flexibility, coordination, and proper form. Techniques learned in this class benefit children in all of life's physical challenges as well as in cross-training for other sports. Coed. Instructor: TAG Staff/SS **Location: Trinity Academy of Gymnastics** **\*no class 3/30**

DAYS	DATES	TIME	FEES	CODE
Sa	1/6-2/24	8:30-9:30 am	\$180/\$234	220415-01
Sa	3/2-4/27*	8:30-9:30 am	\$180/\$234	220415-03
Sa	5/4-6/22	8:30-9:30 am	\$180/\$234	220415-05
Sa	1/6-2/24	9:45-10:45 am	\$180/\$234	220415-02
Sa	3/2-4/27*	9:45-10:45 am	\$180/\$234	220415-04
Sa	5/4-6/22	9:45-10:45 am	\$180/\$234	220415-06



**TRINITY ACADEMY OF GYMNASTICS**

**JUMP START GYMNASTICS**

**Ages 4-5** **8 Classes**

Jam-packed with swinging, bouncing, jumping and rolling, this class helps children develop a love of being active while promoting balance, strength-building, flexibility and coordination. Children explore introductory gymnastics and tumbling skills on the floor, trampoline, tumble track, preschool-sized bars, beams, rings, obstacle courses and more. Instructor:

TAG Staff/SS **Location: Trinity Academy of Gymnastics, 9162 Trinity Dr, LITH** **\*no class 3/30**

DAYS	DATES	TIME	FEES	CODE
Sa	1/6-2/24	9:35-10:20 am	\$156/\$203	220417-01
Sa	3/2-4/27*	9:35-10:20 am	\$156/\$203	220417-02
Sa	5/4-6/22	9:35-10:20 am	\$156/\$203	220417-03

**TRINITY ACADEMY OF GYMNASTICS**

**TRINITY LITTLE WARRIORS**

**Ages 4-5** **8 Classes**

This action-packed class introduces preschool children to the exciting, non-stop world of Ninja. With a focus on challenging obstacle courses, balancing, running, climbing, flipping, rolling, strength, flexibility and coordination, your child is guaranteed to burn off energy galore! Coed. Instructor: TAG Staff/SS

**Location: Trinity Academy of Gymnastics, 9162 Trinity Dr, LITH** **\*no class 3/30**

DAYS	DATES	TIME	FEES	CODE
Sa	1/6-2/24	8:30-9:15 am	\$156/\$203	210408-01
Sa	3/2-4/27*	8:30-9:15 am	\$156/\$203	210408-02
Sa	5/4-6/22	8:30-9:15 am	\$156/\$203	210408-03

**TRINITY ACADEMY OF GYMNASTICS**

**TUMBLING**

**Ages 6-12** **9 Classes**

Is your son or daughter interested in tumbling or cheer? Start their training with us! No prior tumbling experience required. Our instructors teach tumbling fundamentals such as forward/backward rolls, cartwheels, round-offs forward/backward walkovers as well as the proper progression for back handsprings. This class focuses on strength, coordination, flexibility and proper form. Coed class. Instructor: TAG Staff/SS

**Location: Trinity Academy of Gymnastics, 9162 Trinity Dr, LITH**

DAYS	DATES	TIME	FEES	CODE
Th	1/4-2/22	5:30-6:30 pm	\$180/\$234	220411-01
Th	2/29-4/25	5:30-6:30 pm	\$202/\$263	220411-02
Th	5/2-6/20	5:30-6:30 pm	\$180/\$234	220411-03

**TRINITY ACADEMY OF GYMNASTICS**

**BEGINNER GYMNASTICS**

**Ages 6-12** **8 Classes**

Does your child cartwheel into every room of the house or use your couch and its cushions as a trampoline and mats? Sounds like there's a little gymnast in them! In this class, our instructors introduce basic gymnastics using various USAG gymnastics equipment with an emphasis on strength, coordination, flexibility and proper form. Boys and girls are separated to focus on USAG men's and women's specific events. Instructor: TAG Staff/SS

**Location: Trinity Academy of Gymnastics, 9162 Trinity Dr, LITH** **\*no class 3/30**

GEN	DAYS	DATES	TIME	FEES	CODE
GRL	Sa	1/6-2/24	9:45-10:45 am	\$166/\$216	220413-01
GRL	Sa	3/2-4/27*	9:45-10:45 am	\$166/\$216	220413-03
GRL	Sa	5/4-6/22	9:45-10:45 am	\$166/\$216	220413-05
BOY	Sa	1/6-2/24	11 am-12 pm	\$166/\$216	220413-02
BOY	Sa	3/2-4/27*	11 am-12 pm	\$166/\$216	220413-04
BOY	Sa	5/4-6/22	11 am-12 pm	\$166/\$216	220413-06

**TRINITY ACADEMY OF GYMNASTICS**

**TRINITY NINJA**

**Ages 6-12** **8 Classes**

Attention Ninja Warriors! Do you watch American Ninja Warrior, secretly desiring to fly through an obstacle course with ease? Come join us at the gym and learn spins, rolls, flips and jumps necessary to skillfully move through our challenging obstacle courses while simultaneously improving your strength, flexibility, coordination, and proper form. Techniques learned in this class benefit children in all of life's physical challenges as well as in cross-training for other sports. Coed. Instructor: TAG Staff/SS

**Location: Trinity Academy of Gymnastics, 9162 Trinity Dr, LITH** **\*no class 3/30**

DAYS	DATES	TIME	FEES	CODE
Sa	1/6-2/24	8:30-9:30 am	\$180/\$234	220415-01
Sa	3/2-4/27*	8:30-9:30 am	\$180/\$234	220415-03
Sa	1/6-2/24	9:45-10:45 am	\$180/\$234	220415-02
Sa	3/2-4/27*	9:45-10:45 am	\$180/\$234	220415-04
Sa	5/4-6/22	9:45-10:45 am	\$180/\$234	220415-06

**TRINITY GYMNASTICS  
CRYSTAL LAKE GYMNASTICS**

**TOT CLASSES**

**PAGE 28**



## YOUTH SPORTS

### SKYHAWKS

#### BEGINNING GOLF

See Ages Below

6 Classes

Skyhawks Beginning Golf is powered by Payne Stewart Golf Experiences, the recommended entry-level golf program for PGA Junior Golf Camps. Putting, chipping, pitching and full swing, are all taught through games, simple repetitive motions and learning rhymes that make it easy for young kids to remember and repeat. Specially designed, age-appropriate golf equipment is provided. Attire: Comfortable clothing and athletic shoes. Instructor: Skyhawks Staff/SS **Location:**

**Woods creek Park**

AGES	DY	DATES	TIME	FEES	CODE
5-8	W	4/17-5/22	5-6 pm	\$99/\$129	220460-01
9-12	W	4/17-5/22	6:15-7:15 pm	\$99/\$129	220460-02

### SKYHAWKS

#### LACROSSE

See Ages Below

6 Classes

Athletes will learn the fundamentals of stick handling, cradling, passing and shooting in a fun, non-checking environment. All equipment is provided, but participants are welcome to bring their own lacrosse stick. Participants are not required to wear goggles, a helmet or gloves due to the use of soft lacrosse balls and our staff ensuring non-checking, non-contact play. Attire: Comfortable clothing and athletic shoes. Instructor: Skyhawks Staff/SS **Location: Woods creek Park**

AGES	DY	DATES	TIME	FEES	CODE
7-9	Sa	4/20-5/25	10-11 am	\$99/\$129	220461-01
10-14	Sa	4/20-5/25	11:15 am-12:15 pm	\$99/\$129	220461-02

### EVP VOLLEYBALL ACADEMY

#### VOLLEYBALL SKILLS & DRILLS

Ages 8-10

4 Classes

The lesson plan introduces the pass, set and spike using a very light volleyball. Volleykidz will improve each child's hand/eye coordination and left/right coordination using fun drills and games. Lesson plan also incorporates short educational drills including spelling, math and science. The coach will also direct individual training that helps each student reach a new level. Instructor: EVP Pro Staff/SS **Location: Grand Oaks**

DAYS	DATES	TIME	FEES	CODE
Th	1/11-2/1	5-6 pm	\$74/\$96	220418-01
Th	2/8-2/29	5-6 pm	\$74/\$96	220418-02
Th	3/7-3/28	5-6 pm	\$74/\$96	220418-03
Th	4/4-4/25	5-6 pm	\$74/\$96	220418-04
Th	5/2-5/23	5-6 pm	\$74/\$96	220418-05

### EVP VOLLEYBALL ACADEMY

#### JR. VOLLEYBALL SKILLS & DRILLS

Ages 11-14

4 Classes

Improve your volleyball skills with 60 minutes of drills in setting, passing, overhand serving and spiking. The lesson plan directs the use of individual training, pairing drills and game situation development that help each student reach a new level. Instructors organize short games at the end of each class. The lesson plan also incorporates leadership and educational components. Instructor: EVP Pro Staff/SS **Location: Grand Oaks**

DAYS	DATES	TIME	FEES	CODE
Th	1/11-2/1	6-7 pm	\$74/\$96	220427-01
Th	2/8-2/29	6-7 pm	\$74/\$96	220427-02
Th	3/7-3/28	6-7 pm	\$74/\$96	220427-03
Th	4/4-4/25	6-7 pm	\$74/\$96	220427-04
Th	5/2-5/23	6-7 pm	\$74/\$96	220427-05

# BREAK CAMPS

### EVP VOLLEYBALL ACADEMY

#### BREAK VOLLEYBALL CAMPS

See Ages Below

These camps will concentrate on the fundamentals of passing, setting, spiking and overhand serve. The lesson plan directs the use of self-mastery training that helps each student reach a new level. The knowledge of the instructors will give the participants a head start on their skills. Instructor: EVP Volleyball Pro Staff/SS **Location: Grand Oaks**

AGES	DAYS	DATES	TIME	FEES	CODE
<b>WINTER BREAK</b>					
<b>3 CLASSES</b>					
7-10	W-F	12/27-12/29	1-3 pm	\$99/\$129	120408-01
7-10	W-F	1/3-1/5	1-3 pm	\$99/\$129	220430-01
11-14	W-F	12/27-12/29	3-5 pm	\$99/\$129	120408-02
11-14	W-F	1/3-1/5	3-5 pm	\$99/\$129	220430-02
<b>SPRING BREAK</b>					
<b>4 CLASSES</b>					
8-10	M-Th	3/25-3/28	1-3 pm	\$132/\$172	220419-01
11-14	M-Th	3/25-3/28	3-5 pm	\$132/\$172	220419-02



Everybody plays in this basketball program! Players will develop basic individual basketball skills and team concepts. **Teams will practice from 5-6:30 pm at their respective schools two days a week and play games on SUNDAYS at Crystal Lake South HS.** Each team will play a seven game season with weekday games possible. Team jerseys are included in the fee. The program does not meet on days D47 is closed or has early release days. Staff: IB

SCHEDULE	TIME RANGE	LOCATION
SUNDAY GAMES	12:30-5:30 PM	CL SOUTH HS
WEEKDAY PRACTICES	5-6:30 PM	AT SCHOOL CHILD ATTENDS

## 2ND/3RD GRADE BOYS

TU & TH: Practice begins 1/16; Games start 1/28

220401-01	West	220401-06	Woods Creek
220401-02	South	220401-07	Indian Prairie
220401-03	North	220401-08	Glacier Ridge
220401-04	Husmann	220401-09	Coventry
220401-05	Canterbury	220401-10	Waitlist

## 4TH/5TH GRADE BOYS

W & F: Practice begins 1/17; Games start 1/28

220402-01	West	220402-06	Woods Creek
220402-02	South	220402-07	Indian Prairie
220402-03	North	220402-08	Glacier Ridge
220402-04	Husmann	220402-09	Coventry
220402-05	Canterbury	220402-10	Waitlist

REG DEADLINE: FRI 1/5/24

\$150 PER PLAYER

WOULD YOU LIKE TO COACH?

Contact Ian for details!  
ibooker@crystallakeparks.org



Get League Changes and Cancellations

RAINOUTLINE.COM  
815.410.4475

# AFFILIATES

The Crystal Lake Park District recognizes that certain organizations exist within the community whose purposes are to serve and enhance recreational opportunities for a specific purpose and group. These organizations are separate and independent from the Park District and provide their own leadership, organizational and operational structure.

Although the stated missions of the organizations may differ, public investment in public recreational facilities and programs creates a mutually beneficial environment in which to provide quality recreation for all the individuals served by the parties, as well as the general public.

### BASEBALL

Crystal Lake Babe Ruth Baseball  
clbr.org

Crystal Lake Baseball  
clbaseball.com

Crystal Lake Little League Baseball  
clllb.com

Phenom Illinois Travel Baseball  
PhenomIllinois.com

### GIRLS SOFTBALL

Crystal Lake Girls Fastpitch Softball  
clgsoftball.org

Crush Tidal Waves Competitive Fastpitch  
CrushTidalWaves.org

### FOOTBALL/CHEERLEADING

Crystal Lake Raiders Football & Cheerleading  
clraiders.net

### LACROSSE

Blackhawks Lacrosse  
blackhawkslacrosse.net

### MULTI-SPORT

McHenry County Youth Sports Assoc.  
mccysasports.org

### ROWING

Crystal Lake Rowing Club  
crystallakerowingclub.org

### SOCCER

Crystal Lake Soccer Federation  
clsf.org

PLEASE CONTACT AFFILIATE GROUPS DIRECTLY WITH QUESTIONS ABOUT REGISTRATION, PRACTICE AND GAME LOCATIONS





KARATE TEACHERS WITH  
**20+ YEARS**  
OF EXPERIENCE



TEACHING  
KARATE IN THE  
CHICAGOLAND  
AREA SINCE  
**1978**

ISKC.COM

# TRY SHOTOKAN KARATE

AT THE CRYSTAL LAKE PARK DISTRICT

- STAY ACTIVE
- IMPROVE FOCUS
- MAKE NEW FRIENDS
- BUILD CONFIDENCE



Scan the QR  
Code to  
download a  
free coloring  
sheet!



SCAN ME

VIEW CLASSES ON  
**PAGE 45**



**ILLINOIS SHOTOKAN KARATE CLUBS**

**PRE-KARATE**

**Ages 4-6** **12/10 Classes**

In our Pre-Karate classes, young children develop flexibility, strength and coordination through fun, yet disciplined activities. This program is specifically designed for growing minds and bodies to enhance memory and agility. Watch your child's confidence blossom and their skills improve. Instructor: Illinois Shotokan/SS

**Location: Randall Oaks Rec Center, 500 N. Randall Rd. West Dundee (Tu) Main Beach (Th)**

**BEGINNER (No experience - 1 session)**

Tu*	1/9-3/26*	4:20-5:05 pm	\$171/\$222	241112-01
Tu*	4/2-6/4*	4:20-5:05 pm	\$143/\$186	241112-04

**CONTINUER or Instructor's Permission (2+ sessions)**

Tu	1/9-3/26*	5:10-5:55 pm	\$171/\$222	241112-02
Tu	4/2-6/4*	5:10-5:55 pm	\$143/\$186	241112-05

**BEGINNER/CONTINUER**

Th	1/11-3/28	5-5:45 pm	\$171/\$222	241112-03
Th	4/4-6/6	5-5:45 pm	\$143/\$186	241112-06

**HAPKIDO**

**Ages 6 & Up** **12 Classes**

What distinguishes Hapkido from other traditional martial arts styles is that Hapkido is both an Art of Self-Defense and an Art of Discipline. Hapkido primarily emphasizes the subduing of an opponent with minimal strength. Traditional martial art techniques; kicks, punches, forms and blocks are taught including stranger awareness for children and safety protocol for use of self-defense for adults. Students are taught safety falling. **Note: Beginner students meet from 7-8 pm and Advanced students meet from 7-9 pm.** Instructor: Black Belts Ken Ostergaard, Jason Baldowsky and Adam Ostergaard/SS

**Location: Spoerl Park \*no class 1/15, 2/19, 3/25, 3/27**

DAY	DATES	TIMES	R/NR	CODE
M,W	1/8-2/21*	7-9 pm	\$88/\$114	241117-01
M,W	2/26-4/10*	7-9 pm	\$88/\$114	241117-02
M,W	4/15-5/22	7-9 pm	\$88/\$114	241117-03



**STEPHANIE SCOTT**  
RECREATION AQUATICS SUPERVISOR  
sscott@crystallakeparks.org

**ILLINOIS SHOTOKAN KARATE CLUBS**

**SHOTOKAN KARATE**

**Ages 7 & Up** **12/10 Classes**

ISKC's youth and adult karate classes will put participants in touch with their bodies and offers a good mix of strength training, cardiovascular and flexibility exercises. Participants increase their coordination, agility and poise, as well as learn lasting personal safety skills. Uniforms and belt-testing are options available through the ISKC instructor. Please note that adults and children train together. Beginner students will not be permitted to register into the current session after the second class has met. Instructor: Illinois Shotokan/SS

**Location: Liberty Elementary, 6500 Miller Rd, Carpentersville (Tu) Main Beach (Th)**

**BEGINNER/CONTINUER (WHITE-RED BELTS)**

Tu	1/9-3/26	6:30-7:25 pm	\$171/\$222	241113-01
Tu	4/2-6/4	6:30-7:25 pm	\$143/\$186	241113-07
Th	1/11-3/28	7-7:55 pm	\$171/\$222	241113-05
Th	4/4-6/6	7-7:55 pm	\$143/\$186	241113-11

**NOVICE/INTERMEDIATE (ORANGE-GREEN BELTS)**

Tu	1/9-3/26	7:30-8:25 pm	\$171/\$222	241113-02
Tu	4/2-6/4	7:30-8:25 pm	\$143/\$186	241113-08

**INTERMEDIATE (ORANGE-BLUE BELTS)**

Th	1/11-3/28	6-6:55 pm	\$171/\$222	241113-04
Th	4/4-6/6	6-6:55 pm	\$143/\$186	241113-10

**ADVANCED (GREEN BELTS & UP)**

Th	1/11-3/28	8-9:15 pm	\$195/\$253	241113-06
Th	4/4-6/6	8-9:15 pm	\$165/\$214	241113-12

**ADVANCED (LOW PURPLE-BLACK BELTS)**

Tu	1/9-3/26	8:30-9:30 pm	\$171/\$222	241113-03
Tu	4/2-6/4	8:30-9:30 pm	\$143/\$186	241113-09



**WOMEN'S  
SELF DEFENSE  
CLINICS**

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# JUNIOR BOWLING 2024

at  77 Brink St Crystal Lake

**Registration:** Nov. 13 - Jan. 9  
**League Starts** January 13, 2024  
**Bowling Ends** March 16, 2024  
**League Ends (awards)** March 23, 2024

**Instructional I** (Ages 5-10) \$125  
**SATURDAY @ 9:30AM**  
21 Bowling Games - Bumpers  
Recommended age 5-8

**Instructional II** (Ages 5-10) \$125  
**SATURDAY @ 11:45AM**  
21 Bowling Games - NO Bumpers  
Recommended age 8-10

**Youth** (Ages 11-17) \$150  
**SATURDAY @ 2:00PM**  
30 Bowling Games (3 per week)  
Operates like an adult bowling league  
Scholarship League



ALL PROGRAMS INCLUDE



- USBC Youth Membership
  - Local, state, national tournaments
  - Compete/apply for 1000s in scholarships
- One on One Coaching
- Lane, Ball & Shoe Rental
- Awards and Trophies
- Weekly Awards & Theme Weeks
- Season End Awards and Bowling

**REGISTER TODAY!** — [jrbowl.org](http://jrbowl.org) — 815.526.7950



## CRYSTAL LAKE ROWING CLUB

The only crew rowing on Crystal Lake since 2004.

Competitive elite rowing for Juniors in grades 8-12.

Recreational rowing for Masters ages 23 and up.

Spring and summer education opportunities for beginners.

more information :

[recruiting@crystallakerowing.org](mailto:recruiting@crystallakerowing.org)

[www.joinourcrew.org](http://www.joinourcrew.org)



Scan the QR code to join the Learn to Row waiting list!







A = COMPETITIVE  
 B = COMPETITIVE/REC  
 C = RECREATIONAL  
 6:30-10:30 PM



**IAN BOOKER**  
 ATHLETIC SUPERVISOR  
 ibooker@crystallakeparks.org

Competitive and recreational adult softball leagues for Men's and Co-Rec 12" softball leagues offer weekly games at Lippold Park. The regular season consists of 8 games for Men's Leagues, and six games for Co-Rec. Leagues play includes playoffs. Competitive and recreational leagues will be combined in the event there are not enough teams to have separate divisions. Games will be played as same team double headers. Staff: IB **Registration on first come, first served. NO spots are held. Fee includes \$25 refundable forfeit fee.**

## SPRING LEAGUE

8 GAMES	8 GAMES	8 GAMES	8 GAMES	6 GAMES
MONDAY MEN'S 12"	TUESDAY MEN'S 12"	WEDNESDAY MEN'S 12"	THURSDAY MEN'S 12"	FRIDAY CO-REC MUSH 12"
\$465	\$465	\$465	\$465	\$355
A 130450-01	A 330451-01	A 330453-01	A 330454-01	A 330455-01
B 130450-02	B 330451-02	B 330453-02	B 330454-02	B 330455-02
C 130450-03	C 330451-03	C 330453-03	C 330454-03	C 330455-03
STARTS 4/22	STARTS 4/23	STARTS 4/24	STARTS 4/25	STARTS 5/3
REG DEAD: 4/12	REG DEAD: 4/12	REG DEAD: 4/12	REG DEAD: 4/12	REG DEAD: 4/19

### JUNIOR INDOOR GOLF CLINICS New

**Ages 3-18** 5 Classes  
 How would your child(ren) like to learn about the great game of golf, without needing equipment, to see how fun it is. We thought maybe your child would enjoy a target-oriented game or sport to enjoy doing the rest of their life. We will be learning indoors!! Instructor: Amanda Sloop/CN **Location: Spoerl Park Bldg**

DAYS	DATES	TIME	FEES	CODE
Th	1/11-2/8	5:30-6:30 pm	\$195/\$253	321919-01
Th	2/15-3/14	5:30-6:30 pm	\$195/\$253	321919-02
Th	3/21-4/18	5:30-6:30 pm	\$195/\$253	321919-03

### ADULT INDOOR GOLF CLINICS New

**Ages 18 & Up** 5 Classes  
 Have you ever thought about playing golf? If not, have you ever watched it on TV and wondered what it would be like to try it? Have you wondered if it would be too hard to try and too late to start? With this approach to learning (SNAG), golf will be lots of fun while learning the basics. Equipment is provided. Instructor: Amanda Sloop/CN **Location: Spoerl Park Bldg**

DAYS	DATES	TIME	FEES	CODE
Th	1/11-2/8	6:45-7:45 pm	\$195/\$253	331919-01
Th	2/15-3/14	6:45-7:45 pm	\$195/\$253	331919-02
Th	3/21-4/18	6:45-7:45 pm	\$195/\$253	331919-03

### JUNIOR GOLF CLINICS New

**Ages 3-5** 4 Classes  
 This program is age-appropriate teaching using the ADM (American Development Model) as a guide and SNAG. The goal is introducing skills of the game while having FUN AND BUILD SELF-CONFIDENCE. All aspects of the game will be covered. Instructor: Amanda Sloop/CN **Location: Lippold Park Family Golf Center**

DAYS	DATES	TIME	FEES	CODE
Su	4/28-5/19	2-2:45 pm	\$195/\$253	321818-01

### LADIES GROUP GOLF LESSONS

**Ages 18 & Up** 4 Classes  
 The Women's Clinic is designed for the novice or beginner golfer interested in learning the game in a stress-free environment. Learn course guidelines, golf equipment, basic rules, etiquette, fundamentals, swing movement and the short game....all while having lots of fun! Instructor: Amanda Sloop/CN **Location: Lippold Park Family Golf Center**

DAYS	DATES	TIME	FEES	CODE
Su	4/28-5/19	3-4 pm	\$195/\$253	331818-02

# WANT TO SKATE?

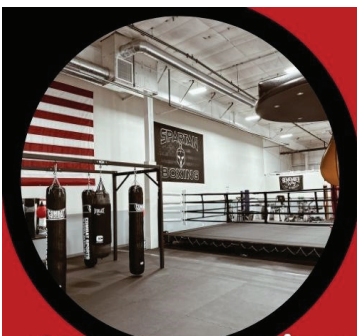
## GROUP LESSONS OFFERED YEAR ROUND ALL LEVELS

## FIGURE SKATING HOCKEY



PUBLIC SKATE ▪ HOCKEY LEAGUES ▪ FIGURE SKATING ▪ BIRTHDAY PARTIES

320 E. PRAIRIE ST. CRYSTAL LAKE IL 60014 815-356-8500 CRYSTALICEHOUSE.COM



### Spartan Boxing & Fitness

We're a **USA Boxing** registered family-friendly gym located in Cary, Illinois that offers boxing, kickboxing, and other varieties of fitness classes for ALL ages and ALL levels.

Whether you're looking to lose weight with a high-intensity cardio workout or actually get in the ring to compete, we've got you covered. First few classes are **ON US!**



760 Industrial Dr  
Unit A  
Cary, IL 60013

#### CONTACT US

815-687-4635  
spartanboxingfit@gmail.com  
www.spartanboxingfit.com

@spartanboxingfitness  
facebook.com/spartanboxfit



**\$0 SIGN-UP FEE**

\*show this ad at the desk

#### CLASS TIMES

##### MON-THU:

4:30 PM - KIDS class  
5:30 PM - Striking  
6:30 PM - ADULT class  
7:30 PM - Advanced Boxing

##### FRI:

Open Gym

##### SAT:

8:30 AM - Boot Camp  
10:00 AM - ADULT Class  
11:00 AM - Open Gym  
\*subject to change

**YOU'RE STRONGER THAN YOU THINK.**

#### MEMBERSHIP RATES:

**KIDS - \$79/MONTH  
ADULTS - \$99/MONTH  
FAMILY - \$199/MONTH**

**NO CONTRACT, UNLIMITED CLASSES**



# LIPPOLD FAMILY GOLF CENTER

CRYSTAL LAKE PARK DISTRICT

1251 W. ROUTE 176, CL  
815.477.5401



**SPRING**

**APR 6-APR 28, 2024**

Friday	3:45 pm-8 pm
Sat & Sun	9 am-8 pm

**APR 29-MAY 24, 2024**

Mon-Fri	3:45 pm-8 pm
Sat & Sun	9 am-8 pm

**SUMMER**

**MAY 25-AUG 11, 2024**

M, W, Th, Su	9 am-9 pm
Tue	12-9 pm
Fri & Sat	9 am-10 pm

WEATHER PERMITTING

Mini-Golf groups will not be allowed to start 45 min before close and driving range patrons 30 min before close

**FEES**

MINI-GOLF RATES	RES/NR
YOUTH (14 & Under)	\$6/\$8
SENIOR (60 & Over)	\$6/\$8
ADULT	\$8/\$11
GROUP RATE (8 or more)	\$5/\$5
REPLAY RATE	\$2/\$2
BUCKETS OF BALLS	RES/NR
MEDIUM (Approx. 60 Balls)	\$10/\$13
LARGE (Approx. 110 Balls)	\$12/\$15

**MEMBERSHIPS**

MINI-GOLF	RES/NR
Unlimited rounds on both of our 18-hole golf courses	
YOUTH / SENIOR SINGLE	\$50/\$65
ADULT SINGLE	\$70/\$90
COUPLES	\$90/\$117
FAMILY (UP TO 4)*	\$150/\$195

DRIVING RANGE	RES/NR
Unlimited range balls at our facility for the season	
ADULT SINGLE	\$250/\$325
COUPLES	\$400/\$520
FAMILY (UP TO 4)*	\$500/\$650

PLATINUM (BOTH)	RES/NR
Unlimited range balls and mini-golf rounds	
YOUTH/SENIOR SINGLE	\$275/\$358
ADULT SINGLE	\$300/\$390
COUPLES	\$465/\$605
FAMILY (UP TO 4)*	\$617/\$803

\* Family Memberships must ALL live at the same address



**BIRTHDAY PARTY PACKAGES!**

**BOGEY**  
ONE ROUND OF MINI-GOLF  
TIME FOR CAKE AND PRESENTS  
R: \$5 / NR: \$8

**BIRDIE**  
ONE ROUND OF MINI-GOLF  
SLICE OF PIZZA & DRINK  
TIME FOR CAKE AND PRESENTS  
R: \$12 / NR: \$15



**GOLF CLINICS- PAGE 47**



CHECK TO SEE IF THE GOLF CENTER  
IS OPEN ON RAINOUTLINE.COM  
815.410.4475





**9101 S. ROUTE 31, ALG**  
**847.658.5688**  
**ThERACKETCLUB.ORG**

INDOOR SEASON HOURS	SEPTEMBER-MAY
Mon-Thu	7:30 am - 10 pm
Fri	7:30 am - 9 pm
Sat	7:30 am - 6 pm
Sun	7:30 am - 8:30 pm
OUTDOOR SEASON HOURS	
Mon-Thu	7:30 am - Dusk
Fri-Sun	7:30 am - 12 pm

- 9 CUSHIONED INDOOR HARD COURTS W/INDIRECT LIGHTING
- 4 OUTDOOR HARD COURTS LINED FOR PICKLEBALL  
3 OUTDOOR CLAY COURTS
- 3 INDOOR COURTS LINED FOR PICKLEBALL
- PRACTICE COURT WITH BALL MACHINE
- LOUNGE AND VIEWING AREA  
LOCKER ROOMS  
PRO SHOP
- PERMANENT AND OPEN COURT TIME  
YEAR ROUND/7 DAYS A WEEK
- LESSONS FOR ALL AGES  
USPTA/USPTR PROS ON STAFF  
COMPETITIVE LEAGUES

**! CHECK OUT OUR NEWLY RENOVATED OUTDOOR COURTS!**



**ROB LAUE**  
 RACKET CLUB MANAGER  
 rlaue@crystallakeparks.org



**COURT TIME**

**PERMANENT COURT TIME**  
 Indoor permanent court time spans September-May and is billed in six installments. Summer PCT spans June-August and is billed in one installment. Courts are reserved at \$24/hour.

**OPEN COURT TIME RESERVATIONS**  
 Open time reservations may be made one week in advance by members and one day in advance by non-members\*. Play begins on the hour and half hour at the rate of \$26 per hour. \*Guests or non-members may schedule open court time for an additional \$10 guest fee per person.

**MEMBERSHIPS**

The Racket Club is a self-supporting membership facility operated by the Crystal Lake Park District. The Racket Club uses membership fees and club revenues to pay for club operations and expenses. Membership gives you the opportunity to play and participate in lesson and league programs.

MEMBERSHIP TYPES	RES	NR
FAMILY	\$46	\$60
PARTNERS	\$37	\$48
INDIVIDUAL	\$30	\$39
JUNIOR (UNDER 21)	\$17	\$22
SENIOR (65 +)	\$11	\$14

Billing for monthly dues will begin the month after joining. Memberships may be canceled at any time without penalty.

**NON-MEMBERSHIP OPPORTUNITIES**  
 The Racket Club also offers opportunities for non-members; please visit [theracketclub.org](http://theracketclub.org) to see the latest promotions.

LESSONS

**PRIVATE LESSONS**

Private lessons are scheduled for either half hour or one hour time slots and scheduled directly with the pro of your choice.

Half Hour Private Lesson  
\$40 / half hour or \$200 / 6 Lessons

One Hour Private Lesson  
\$80 / hour or \$400 / 6 Lessons

**INDOOR GROUP LESSONS**

Three sessions of indoor group lessons are offered. Junior indoor group lessons generally meet Monday-Friday, 3-7 pm and on weekends. Adult group lessons are offered weekdays, evenings and weekends. Players already in classes have renewal priority. Check theracketclub.org for more details.

One Hour Group Lesson: \$20.50  
1.5 Hour Group Lesson: \$30.75

**OUTDOOR GROUP LESSONS**

One session of outdoor group lessons is offered during the summer. Please check theracketclub.org for more details.

LEAGUES

**USTA TRAVEL TEAMS**

The Racket Club sponsors several USTA Travel Teams for men and women.

**WOMEN'S CLUB TRAVEL TEAMS**

The Racket Club fields competitive women's inter-club travel teams during both indoor and outdoor seasons. Teams practice once per week during the season and are coached by Racket Club pros.

**ADULT LEAGUES**

The Racket Club offers weekly in-club leagues at various levels for men, women and seniors.

**JUNIOR LEAGUES**

Junior leagues are offered on weekend afternoons throughout the year at various levels.

PICKLEBALL

**OUTDOOR COURTS**

Six dedicated courts are available at Spoerl Park. There are tennis courts lined for pickleball play at the Racket Club (patrons must provide their own nets), Feinberg Park, Ken Bird Park, Wyndwood Park and Veteran Acres. Outdoor park pickleball courts are available for complimentary use on a first come, first served basis.

**INDOOR COURTS**

The Racket Club features three indoor tennis courts and a practice lane lined for pickleball. Indoor courts are available for rent at \$26/hour (applicable non-member fees of \$10 each also apply).

**INSTRUCTIONAL PATHWAY**

The pathway has been designed to offer multiple skill levels in multiple age groups, allowing students to progress within their peer groups whether their development occurs quickly or slowly.

AGES 5-7  
Pee Wee  
Adv Pee Wee

AGES 7-9  
Beginner  
Intermediate  
Advanced

JR DEVELOPMENT  
INVITATION ONLY  
AGES 7-19

Developmental

4

3

2

1\*  
\*most competitive

AGES 9-11  
Beginner  
Intermediate  
Advanced

AGES 11-13  
Beginner  
Intermediate  
Advanced

AGES 13-18  
HS Beginner  
HS Fresh/Soph  
HS Junior Varsity  
HS Varsity

AGES 18 & UP  
Adult Beginner  
Adult Adv Beginner  
Adult Intermediate  
Adult Intermediate II  
Adult Advanced

Visit our website for more information regarding the progression of tennis!



**JUNIOR DEVELOPMENT PROGRAM**

BY INVITATION ONLY (AGES 7-19)

The Racket Club offers progressively challenging classes for youth who demonstrate advanced skills and regularly compete outside of class. Drills include live ball hitting and competing, stress footwork, shot selection and intensity.

All Junior Development participants must be evaluated by the Tennis Director and are expected to compete in USTA tournaments. For those who have trained at other facilities, free evaluations by one of our junior development tennis pros will determine appropriate class placement.

Contact Conni Stinek for more information at 847.658.5688 x 2015.

# FITNESS



## ZUMBA®

**Ages 14 & Up**

You can feel the beat of the energetic Latin music pulse through your body! Zumba® is a style of intense aerobic dance workout with invigorating Latin and International music. Zumba® combines high energy and motivating music, along with unique moves and combinations to provide an overall workout. Instructor: Jackie H. (Th) Jamie S. (Sa) JP

**Location: See Below**

**\*Sat Class will use toning sticks**

DY	DATES	TIMES	R/NR	CODE	WKS
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### GRAND OAKS

Th	1/4-2/8	7:30-8:30 pm	\$51/\$67	231003-01	6 wks
Th	2/15-3/21	7:30-8:30 pm	\$51/\$67	231003-02	6 wks
Th	4/4-5/23	7:30-8:30 pm	\$68/\$89	431002-05	8 wks

### WEST BEACH

Sa	1/6-3/23	9-10 am	\$102/\$133	231003-03	12 wks
Sa	4/6-5/25	9-10 am	\$68/\$89	431002-04	8 wks

## ZUMBA® GOLD

**Ages 14 & Up**

Is your body just not moving like it used to? This class is tailored to the active older participant and for those just starting their journey to a fit and healthy lifestyle. Join this fitness class with its zesty Latin music with easy-to-follow moves that will help give you that great cardio workout in a party-like environment!

Instructor: Rae Lynne Morvay/JP **Location: West Beach (Tu) Main Beach (Th) \*no class 3/5, 3/7, 3/19**

DY	DATES	TIMES	R/NR	CODE	WKS
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Th	1/4-3/21*	9-10 am	\$94/\$123	231018-01	11 wks
Th	4/4-5/23	9-10 am	\$68/\$89	431006-03	8 wks
Tu	1/9-3/26*	6-7 pm	\$85/\$111	231018-02	10 wks
Tu	4/2-5/21	6-7 pm	\$68/\$89	431006-04	8 wks

### Class Changes and Cancellations

**RAINOUTLINE.COM**  
**815.410.4475**



## ZUMBA® DANCE PARTY

**Ages 14 & Up 1 Class**

Burn it up at this party because there isn't a party like a Zumba Dance Party! Join Rae Lynne, Drenda, Jamie, and Jackie as they take turns leading this fun party with a social afterwards and have one 8 oz glass of wine or sparkling water included! Have a Galentines night or bring your special valentine! Come make new friends, learn new moves, and burn off those calories in this event. An

intermission will occur halfway through with a drawing for a raffle. Grab a friend or two to have a great night out chasing away those winter blues.... Instructor: Zumba staff/JP

**\*Punch pass and 25% discount not eligible for this one day program.** Instructor: Zumba Fitness Staff/JP **Location: Grand Oaks**

DY	DATES	TIMES	R/NR	CODE
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F	2/2	7:15-8:45 pm	\$15/\$20	231040-01
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**Reg Deadline: 1/31. Fees then increase \$20/\$25**

## ZUMBA® -ZUMBA® TONING

**Ages 14 & Up**

Perfect for those who want to party, but put extra emphasis on toning and sculpting to define those muscles. This class typically begins with a warm-up that incorporates Zumba's signature Latin-inspired dance moves to get your heart pumping. From there, you'll move into toning exercises using Zumba toning sticks (or light weights) to target specific muscle groups. You'll perform a variety of exercises such as bicep curls, lunges, squats and crunches, all set to the upbeat rhythms of the music. Class is 50/50 Zumba and Zumba Toning. Instructor: Jackie Hanshaw/JP

**Location: Grand Oaks**

**\*no class 2/19**

DY	DATES	TIMES	R/NR	CODE	WKS
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M	1/8-3/18*	7:30-8:30 pm	\$85/\$111	231030-10	10 wks
M	4/1-5/20	7:30-8:30 pm	\$68/\$89	431008-11	8 wks



"I love Zumba! I've been going to Zumba classes with the Park District for over 10 years! I appreciate the variety of times that are available to choose from, and the great instructors make every class fun." Cindy R.



## PILATES ON THE MAT

**Ages 14 & Up**

Pilates aims to improve flexibility and stability by strengthening the muscles of the body, especially the muscles of the core. Through proper execution, you will improve overall function of the body and will include physical therapy techniques. Unique and effective methods will be used to get maximum results whatever your fitness goals may be. All movements can be modified for any body type and fitness level. Please bring a yoga mat and water bottle to class. Instructor: Rae Lynne Morvay/JP **Location: West Beach** \*no class 3/5

DY	DATES	TIMES	R/NR	CODE	WKS
Tu	1/9-3/12*	7:15-8:15 pm	\$77/\$101	231053-01	9 wks
Tu	4/2-5/28	7:15-8:15 pm	\$77/\$101	431017-01	9 wks

## BODYPOWER

**Ages 14 & Up**

Unleash the power to change your body with endurance weight lifting. Classes are choreographed to music which makes the class fly by. Bars with a variety of weighted plates, along with free weights, are used to work major muscle groups. Warm up, core strength and cool down are included in this results-driven class. Suitable for all fitness levels. Instructor: Drenda Weldon/JP

**Location: Main Beach** \*no class 2/19,

DY	DATES	TIMES	R/NR	CODE	WKS
M	1/8-3/11*	6:30-7:30 pm	\$77/\$101	231082-01	9 wks
M	4/1-5/20	6:30-7:30 pm	\$68/\$89	431018-01	8 wks
W	1/3-3/20	6:30-7:30 pm	\$102/\$133	231082-02	12 wks
W	4/3-5/22	6:30-7:30 pm	\$68/\$89	431018-02	8 wks

## WOMEN'S SELF DEFENSE CLINIC

**Ages 18 & Up**

1 Class

Learn to defend yourself with confidence in this interactive clinic which provides training in recognizing dangerous situations and techniques for defending against attacks. Our Black Belt Instructors will educate women to defend themselves in unforeseen and potentially dangerous situations. This self defense workshop is perfect for women going to college, who live and travel alone and for anyone in general. Please dress comfortably and do not wear any jewelry.

Instructor: Black Belts: Ken Ostergaard, Jason Baldowsky and Adam Ostergaard/HS **Location: Spoerl Park**

DAY	DATES	TIMES	R/NR	CODE
Sa	1/6	10 am-12 pm	\$15/\$20	241118-01
Sa	3/23	10 am-12 pm	\$15/\$20	241118-02

## BARRE FITNESS

**Ages 14 & Up**

Barre Fitness is a 45-min hybrid class combining ballet inspired moves with yoga, dance, pilates and strength training. Pliés as well as static moves in high reps and small ranges will be the focus in this class. Barre fitness gets you results fast! Instructor: Donna Albano/JP

**Location: Grand Oaks Dance Studio**

DY	DATES	TIMES	R/NR	CODE	WKS
Tu	1/9-3/19	7-7:45 pm	\$75/\$98	231086-01	11 wks
Tu	4/2-5/21	7-7:45 pm	\$54/\$71	431010-02	8 wks



## MOVE IT, SHAKE IT, LIFT IT!

**Ages 55 & Up**

Come and get those bodies moving in this 30-minute fun class designed for those seniors with less stamina and mobility or those just getting started in their fitness program. This class will use light hand weights, balance exercise, core strengthening on chairs and fun cardio games. A great way to keep up with your mobility and cardio. Instructor: Rae Lynne Morvay/JP

**Location: Grand Oaks (W) Main Beach (F)** \*no class 3/6, 3/8

DY	DATES	TIMES	R/NR	CODE	WKS
W	1/10-3/27*	10:15-11 am	\$71/\$93	231008-02	11 wks
W	4/3-5/22	10:15-11 am	\$51/\$67	431003-05	8 wks
F	1/12-3/29*	10:15-11 am	\$71/\$93	231008-04	11 wks
F	4/5-5/24	10:15-11 am	\$51/\$67	431003-06	8 wks

## SIT, STAND AND SWING!

**Ages 18 & Up**

Join Brenda in this fun, energetic dance/fitness class to help get you up and moving! Various fitness styles will be incorporated in this class including Qi Gong, Tai Chi, Pilates, Zumba, bands, weights as well as working on balance, strength and stretching to fun music! Whether you use the chair for the whole class or part of class or can do the class without the chair, you will feel an invigorating workout to keep you moving throughout your week! Instructor: Brenda Law/JP

**Location: West Beach**

\*no class 11/23

DY	DATES	TIMES	R/NR	CODE	WKS
Th	1/11-3/21	2-3 pm	\$94/\$99	231039-01	11 wks
Th	4/4-5/23	2-3 pm	\$68/\$73	431009-02	8 wks

# YOGA

## BEGINNING YOGA

**Ages 14 & Up**

Want to get back in to exercising but have been a little intimidated to join an ongoing class? This class is the perfect class for those of you wanting to try yoga out or are just getting back into your fitness routine. Learn all the yoga moves while getting a great workout. Donna will get you ready to graduate into the other yoga/fitness classes offered! Instructor: Donna Albano/JP **Location: Spoerl Park**

DY	DATES	TIMES	R/NR	CODE	WKS
Sa	1/13-3/16	10:30-11:30 am	\$90/\$117	231067-01	10 wks
Sa	4/6-5/25	10:30-11:30 am	\$72/\$94	431015-02	8 wks

## KUNDALINI YOGA

**Ages 14 & Up**

Use breath, mantra and movement to bring yourself to a state of balance. Practicing in a group amplifies the experience. Each class will include meditation and occasional gong relaxation. Bring a cushion to sit on and a yoga mat. Instructor: Lisa Gniady /JP **Location: West Beach**

DY	DATES	TIMES	R/NR	CODE	WKS
Tu	1/9-3/19*	10:30-11:30 am	\$54/\$71	231015-01	6 wks
*no class 1/23, 1/30, 2/7, 2/28, 3/5					
Tu	4/9-5/21*	10:30-11:30 am	\$36/\$46	431005-02	4 wks
*no class 4/23, 4/30, 5/7					

## PLYO-FLOW

**Ages 14 & Up**

By blending Plyometrics, yoga and flow into one class, you will discover that you are taking your workout to a new level! This class utilizes floor work and weights along with power flow yoga and plyometric natural mobility movements to help find balance, toning, flexibility and strength. Please bring a mat to class. Instructor: Drenda Weldon/JP

**Location: Main Beach**

\*no class 2/19

DY	DATES	TIMES	R/NR	CODE	WKS
M	1/8-3/11*	7:45-8:45 pm	\$77/\$101	231088-02	9 wks
M	4/1-5/20	7:45-8:45 pm	\$68/\$89	431011-03	8 wks

**REGISTRATION DEADLINE  
3 DAYS PRIOR TO START OF CLASS**

## YOGA

**Ages 14 & Up**

Enjoy a class overlooking our beautiful lake! Through yoga poses, students will develop greater flexibility, strength, body awareness and balance. This practice blends yoga styles and will include meditation, breathing practice and relaxation techniques!

JP **Location: West Beach**

DY	DATES	TIMES	R/NR	CODE	WKS
<b>DONNA ALBANO</b>					
W	1/3-3/20	9:30-10:30 am	\$108/\$141	231031-02	12 wks
Th	1/4-3/21	5:45-6:45 pm	\$108/\$141	231031-03	12 wks
Th	1/4-3/21	7-8 pm	\$108/\$141	231031-04	12 wks
W	4/3-5/22	9:30-10:30 am	\$72/\$94	431004-01	8 wks
Th	4/4-5/23	5:45-6:45 pm	\$72/\$94	431004-02	8 wks
Th	4/4-5/23	7-8 pm	\$72/\$94	431004-03	8 wks

<b>LISA GNIADY</b>					
Th	1/11-3/21*	9:30-10:30 am	\$54/\$71	231031-01	6 wks
*no class 1/25, 2/1, 2/22, 2/29, 3/7					
Th	4/11-5/16*	9:30-10:30 am	\$36/\$46	431004-05	4 wks
*no class 4/25, 5/2					

## RESTORATIVE AND TONING YOGA

**Ages 14 & Up**

Discover the benefits of Yoga. Gain basic introduction to yoga breathing and poses to develop flexibility, strength, balance, and proper technique. Utilizing wall yoga for warm-ups to help safely warm up for any ability level, as well as transitioning into Vinyasa Yoga which is a flow yoga used for toning, you will see your body quickly transform. The sequence of movements helps gain strength, endurance and more conscience breathing. Instructor: Maureen Andrews/JP **Location: West Beach**

DY	DATES	TIMES	R/NR	CODE	WKS
W	1/3-3/20	7:45-8:45 pm	\$102/\$133	231037-01	12 wks
W	4/3-5/22	7:45-8:45 pm	\$68/\$89	431013-10	8 wks



## YOGA INTO PILATES **New!**

**Ages 14 & Up**

Bringing the two classes of Yoga fused with Pilates will make a great combination for a strong core and healthy body. This is a perfect balance between building strength and stability for mindful movement and flow. Instructor: Donna Albano/JP

**Location: West Beach** \*no class 2/19, 3/18

DY	DATES	TIMES	R/NR	CODE	WKS
W	1/3-3/20	8:15-9:15 am	\$108/\$141	231007-01	12 wks
W	4/3-5/22	8:15-9:15 am	\$72/\$94	431016-01	8 wks

## STRETCH TO YIN YOGA

**Ages 14 & Up**

A great stretch class using props and movement for the first half. The last half of class will add deep tissue stretches of Yin Yoga. Relieve stress with breathing techniques and stretches to relax mind and body. Please bring 2 large blankets to class.

Instructor: Donna Albano/JP

**Location: West Beach** \*no class 2/19, 3/18

DY	DATES	TIMES	R/NR	CODE	WKS
M	1/8-3/18*	6:15-7:15 am	\$81/\$106	231034-01	9 wks
M	4/1-5/20	6:15-7:15 am	\$72/\$94	431012-02	8 wks

## STRETCH YOGA

**Ages 14 & Up**

Learn to stretch with a yoga practice consisting of proper breathing, connecting to relaxing sore tight muscles, relief for arthritis and body aches and pains all ages to enjoy. Yoga exercise poses will help range of motion designed to ease and tone up your body, adding improved flexibility of joints and ligaments. Release tension in your body and relax your mind.

Please bring 2 large blankets or towels to class. Instructor: Donna Albano/JP **Location: West Beach**

DY	DATES	TIMES	R/NR	CODE	WKS
F	1/5-3/22	9:15-10:15 am	\$108/\$141	231068-01	14 wks
F	4/5-5/24	9:15-10:15 am	\$72/\$94	431014-01	8 wks

## KIDS YOGA

**Ages 6-12**

**8 Classes**

Yoga is a great way for a child to improve impulsiveness, help control emotions and ease stress. Students will learn tools to deal with stress and aid in concentration. Bring a yoga mat and water bottle to class. Instructor: Donna Albano/JP

**Location: West Beach** \*no class 2/19

DAY	DATES	TIMES	R/NR	CODE
M	1/15-3/11*	5-6 pm	\$72/\$94	221017-02
M	4/1-5/20	5-6 pm	\$72/\$94	221017-03



# YOGA & WINE Social

**Ages 21 & Up**

Take some time for a relaxing evening of yoga and social time all while overlooking the beautiful Crystal Lake. Each participant will be allowed one 8 oz wine pour at the conclusion of class with time for social interaction in a tranquil setting. This is a great way to kick off your weekend! Pre-registration required by 1/31. Following this date, the fee will be an additional \$5 per person.

**Does not qualify for 25% off**

**promotion, missed class pass or punch passes.** Instructor: Donna Albano/JP **Location: Main Beach**

DY	DATES	TIMES	R/NR	CODE
F	2/9	6-7:30 pm	\$15/\$20	231093-01

## HEALTHIER KNEES, HEALTHIER YOU WORKSHOP

**Ages 14 & Up**

**1 Class**

Many people face knee, hip or shoulder issues through an injury or wear and tear over the years. This workshop will focus on the knees. Learn how to work your muscles in a way to support this joint better and have a better quality of life. Rae Lynne has received a special certification for this class and will lead you in at his seminar based on her "fitness professional" point of view and own personal experience. This does not replace a doctor's advice and to contact your physician prior to doing the workshop to see if this class could be a good fit. Included in the workshop is working the muscles around the knee, how to work the fascia (netting under our skin), and to keep everything healthy there with optimal blood flow. Please dress comfortably and bring a mat. Instructor: Rae Lynne Morvay/JP **Location: Spoerl Park**

DY	DATES	TIMES	R/NR	CODE
Sa	2/24	12-1:30 pm	\$15/\$20	231022-10



# FITNESS & YOGA PUNCH PASSES

Passes may only be purchased at our Administration Office and used within six months of purchase. No refunds or transfers. Please check website two days prior to first day to confirm class status. \*not valid for one day workshops and one day special events. Does not qualify for the 25% off promotion. Register at [rainoutline.com](http://rainoutline.com) for up-to-date class information.

PUNCH PASSES

## FITNESS PUNCH PASS

Ages 14 & Up

Our 10-Punch Fitness Pass allows you to choose your own fitness program according to your schedule. The pass can be used at any of the following classes: *Zumba, Zumba Gold, Zumba/Zumba Toning, Restorative Yoga, Plyoflow, Pilates on the Mat, Pound and Bodypower.*

12/4-5/6	\$90/\$117	131029-02
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## ALL-INCLUSIVE PUNCH PASS

Ages 14 & Up

This punch pass is good for all fitness and yoga classes. Take your fitness routine to a whole new level! Punch pass includes a total of 10 visits on the punch pass.

12/4-5/6	\$100/\$130	131020-01
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## FIT @ 55 & BEYOND PUNCH PASS

Ages 55 & Up

We've got a great workout designed specifically for active older adults! During this hour long class, you will be stretching, strengthening and completing a light cardio workout while using exercise equipment, participating in fun activities and implementing various exercise techniques. Doors open at 8:45 am. Register for Fitness @ 55 Punch Pass at the Admin Office. Instructor: Rae Lynne Morvay/JP Location: Grand Oaks

\*no class 12/22, 12/25, 12/29, 1/1, 2/19, 5/27

M,W,F	12/4-5/6*	9-10 am	\$60/\$78	131000-01
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\*Punch passes do not qualify for the 25% off promotion, one day classes or special events. Please register on [rainoutline.com](http://rainoutline.com) to get class updates on changes or cancellations of fitness classes. Non-transferable.

**PUNCH PASSES ARE GOOD FOR 6 MONTHS FROM PURCHASE DATE.**

**IT IS RECOMMENDED TO BRING A YOGA MAT, BLOCK, STRAP, WATER BOTTLE AND TOWEL TO ALL YOGA, PILATES, BARRE, POUND AND BODYPOWER**

**(STRAP AND BLOCK NOT NEEDED FOR BODYPOWER AND POUND CLASS)**

MISSED A CLASS

## MISSED A CLASS PASS

Concerned you might miss a class and are afraid to commit? NO WORRIES! See your instructor following the missed class to receive a MISSED A CLASS pass.

Pass is good from one month of date issued for any of our other fitness classes. Waiver form must be signed for the replacement class.

Restrictions may apply. If class is at capacity, first priority will be given to the current participants enrolled in the class. Missed classes are good for one month from date issued.

ATTENTION

Our certified fitness and yoga instructors will guide you in proper form and technique as you challenge your body during our classes. Each class is formatted to include a warm-up, the core of the class as well as cool down and stretching. Some classes are choreographed but easy to learn for the beginner. Instructors modify and work with all levels of fitness ability.

IT IS RECOMMENDED YOU CONSULT YOUR PHYSICIAN IF YOU ARE PREGNANT, HAD RECENT SURGERY OR INJURY PRIOR TO STARTING A NEW WORKOUT ROUTINE.



**SIGN UP FOR A FITNESS CLASS AND GET 25% OFF AN ADDITIONAL FITNESS CLASS**

Additional fitness classes within current seasonal brochure only. Discount will be taken off the least expensive class and is not transferrable to other individuals. Excludes single day programs.

# WINTER SPRING CLASSES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>FIT @ 55 &amp; UP</b> 9 am Grand Oaks	<b>YOGA</b> 9:15 am West Beach	<b>YOGA INTO PILATES</b> 8:15 am West Beach	<b>ZUMBA® GOLD</b> 9 am Main Beach	<b>FIT @ 55 &amp; UP</b> 9 am Main Beach	<b>ZUMBA®</b> 9 am West Beach
	<b>KUNDALINI &amp; MEDITATION</b> 10:30 am West Beach	<b>FIT @ 55 &amp; UP</b> 9 am Grand Oaks	<b>YOGA</b> 9:30 am West Beach	<b>STRETCH YOGA</b> 9:15 am West Beach	<b>BEGINNER YOGA</b> 10:30 am Spoerl
		<b>YOGA</b> 9:30 am West Beach	<b>BREATHWORK, MEDITATION &amp; SOUND HEALING</b> 10:45 am West Beach	<b>MOVE IT, SHAKE IT, LIFT IT</b> 10:15 am Main Beach	
<b>STRETCH TO YIN</b> 6:15 pm West Beach		<b>MOVE IT, SHAKE IT, LIFT IT</b> 10:15 am Grand Oaks	<b>SIT, STAND, SWING</b> 2 pm West Beach	<b>ZUMBA® DANCE PARTY</b> Feb 2 @ 7:15 pm Grand Oaks	
<b>KIDS YOGA</b> 5 pm West Beach			<b>YOGA</b> 5:45 pm West Beach	<b>YOGA &amp; WINE</b> Feb 9 @ 6 pm Main Beach	
<b>BODYPOWER</b> 6:30 pm Main Beach	<b>ZUMBA® GOLD</b> 6 pm West Beach		<b>YOGA</b> 7 pm West Beach		
<b>PLYO-FLOW</b> 7:45 pm Main Beach	<b>BARRE FITNESS</b> 7 pm Grand Oaks Dance	<b>BODYPOWER</b> 6:30 pm Main Beach	<b>ZUMBA®</b> 7:30 pm Grand Oaks		
<b>ZUMBA® ZUMBA TONING</b> 7:30 pm Grand Oaks	<b>PILATES ON THE MAT</b> 7:15 pm West Beach	<b>RESTORATIVE YOGA</b> 7:45 pm West Beach			



Get Class Changes and Cancellations

[RAINOUTLINE.COM](http://RAINOUTLINE.COM)  
815.410.4475



JENNIFER PETERSON  
RECREATION SUPERVISOR  
[jpeterson@crystallakeparks.org](mailto:jpeterson@crystallakeparks.org)

# DANCE



The Crystal Lake Dance Academy strives to promote self-confidence, team work, elegance and fun in each class.

Instructors are committed to helping students excel in both the classroom and on stage.

## DANCE WITH ME (PARENT/CHILD)

**Ages 18 mos-3 w/parent** **6 Classes**

Enjoy a great way to spend time with your toddler while encouraging the love of dance! Join us for this interactive creative movement class where parent and child will learn new dance moves! Instructor: Miss Emma/EK **\*THIS IS NOT A RECITAL CLASS\*** Location: Grand Oaks

Attire: Wear whatever you can move in!

DAY	DATES	TIMES	R/NR	CODE
W	2/7-3/13	9:15-10 am	\$54/\$70	210702-01
W	4/3-5/8	9:15-10 am	\$54/\$70	210702-02

## ITTY BITTY BALLERINA

**Ages 2-3** **6 Classes**

Becoming a ballerina starts with your child's first ballet class! Itty Bitty Ballerina is the perfect first class to teach dancers creative movement and learn the foundations of ballet technique. Parent participation is optional, however, your instructor may ask you to participate should your child need additional assistance. Instructor: Miss Emma & Miss Maddie/EK **\*THIS IS NOT A RECITAL CLASS\*** Location: Grand Oaks

Girls: Leotard, tights, pink ballet shoes, skirt optional  
Boys: Fitted shirt, shorts/pants, black ballet shoes  
Parents: Comfortable clothing, gym shoes

DAY	DATES	TIMES	R/NR	CODE
W	2/7-3/13	10-10:45 am	\$54/\$70	210751-01
W	4/3-5/8	10-10:45 am	\$54/\$70	210751-02
Sa	2/3-3/9	9:15-10 am	\$54/\$70	210751-03
Sa	4/6-5/11	9:15-10 am	\$54/\$70	210751-04

CRYSTAL LAKE PARK DISTRICT DANCE ACADEMY  
PRESENTS



## SPRING RECITAL

All tot and youth dance classes participate in our Spring Recital on May 24, 2024 unless otherwise indicated. The class fee includes all recital fees, costume fees and two free tickets to the recital. For your convenience, we are offering two payment options of paying in full or paying through our payment plan.

In late February/early March, each dancer will receive a packet containing the rehearsal schedule, picture schedule, ticket ordering information and other pertinent information.

Information on hair, makeup, tights and other details will be given out closer to recital time. Ticket orders for the recital are done through TuTu Tix, an online ticketing company. **More information on ordering tickets will be given out closer to the recital.**

## SCHEDULE

Mon, Dec 11	General registration begins
Mar 25-30	NO CLASSES (Spring Break)
Sun, May 19	Picture Day at Grand Oaks Recreation Center
Tue, May 21	Dress rehearsal at Crystal Lake South High School
Fri, May 24	Dance recital at Crystal Lake South High School

## PAY IN FULL AT TIME OF REGISTRATION

Resident Fee: \$236  
Non Resident Fee: \$307

## PAYMENT PLAN

First payment due at time of registration:  
Res Fee: \$118 / Non Res: \$153.50

Second payment charged March 15:  
Res Fee: \$118 / Non Res: \$153.50

\*If you choose to utilize the payment plan option, you must provide a credit card at the time of registration. The second payment in your payment plan will be automatically charged to your card on March 15, 2024.



**PRE-BALLET**

Ballet Technique lays a foundation for all other forms of dance. This class gives your child the skills they will need to further their advancement in dance. Dancers will have fun learning essential ballet positions as they dance to playful songs and prepare a routine for the recital.

Girls Attire: Leotard, tights, skirt optional, pink ballet shoes  
Boys Attire: Fitted shirt, shorts/leggings, black ballet shoes

**BALLET**

Ballet is a continuation of Pre-Ballet and is for dancers with goals to continue their technical ballet training. Dancers will learn more advanced moves and continue to study the art of ballet. Dancers will perform a routine in the recital!

Girls Attire: Leotard, tights, skirt optional, pink ballet shoes  
Boys Attire: Fitted shirt, shorts/leggings, black ballet shoes

**PRE-BALLET / TAP**

Ballet and Tap are two of the most well-known and classic styles of dance. In this introductory class, students will explore the elegance and technique of ballet all while learning high energy taps and combos. Dancers will learn a routine for the recital.

Girls Attire: Leotard, tights, skirt optional, pink ballet shoes, black tap shoes  
Boys Attire: Fitted shirt, shorts/leggings, black ballet shoes, black tap shoes

**HIP HOP KIDZ**

The first class in a series of Hip Hop classes! Hip Hop Kidz is your child's introduction to the hip hop style. Dancers will learn hip hop moves, tricks, and a routine for the recital.

Girls Attire: Leggings or sweatpants, fitted top and gym shoes  
Boys Attire: Fitted shirt, shorts/sweatpants and gym shoes

**HIP HOP I**

This high energy class is sure to teach all dancers specialty hip hop moves and tricks! Dancers will advance to learn more difficult hip hop moves, tricks, and a routine for the recital!

Girls Attire: Leggings, fitted top and gym shoes  
Boys Attire: Fitted shirt, shorts/sweatpants and gym shoes

**HIP HOP II**

Hip Hop II is our most advanced hip hop class, and dancers really put their skills and moves to the test in this class! Dancers will work to advance their tricks and quality of movement with a routine for the recital.

Girls Attire: Leggings, fitted top and gym shoes  
Boys Attire: Fitted shirt, shorts/sweatpants and gym shoes

**JR. POMS *New!***

Our introductory Poms class is sure to get your spirited dancer excited for jumps, leaps, turns, and more! This high energy class will teach the foundations of the pom style, while using pom pons for the spring recital. \*Poms provided.

Girls: Leggings, fitted top, tan jazz shoes  
Boys: Fitted shirt, shorts/pants, black jazz shoes



PHOTO CREDIT: MELANIE SCHAUIMANN

**POMS**

The Pom style of dance is the style performed on middle and high school dance teams. Dancers will learn the basic motions of pom for the recital, all while working on sharpness and fun leaps, jumps and turns! \*Poms provided.

Girls Attire: Fitted shirt, shorts/leggings and tan jazz shoes  
Boys Attire: Fitted shirt, shorts/leggings and tan jazz shoes

**DANCE DIVAS**

Advancing on the skills learned in Dance Mix, this class will further your dancer's technique and skills in many different styles of dance, including ballet, jazz, and hip hop for the recital!

Girls Attire: Leotard and tights or leggings/fitted top, skirt optional and tan jazz shoes  
Boys Attire: Fitted shirt, shorts/leggings and tan jazz shoes

**DANCE MIX**

This class is an excellent introduction to many different styles of dance, including ballet, jazz, and hip-hop! Dancers will learn new technique, practice different styles, and perform a routine for the recital.

Girls Attire: Leggings, fitted top and tan jazz shoes  
Boys Attire: Fitted shirt, shorts/sweatpants and black jazz shoes

**BATON TWIRLING**

**Ages 6-18**

**19 Classes**

Want to learn how to twirl? Start here! Learn twirls, dance and rhythmic ribbon moves, and perform in the Spring recital. Costumes are included in the class fee. Students must purchase a baton from the instructor for \$15.

Take advantage of our payment plan.  
First payment due at time of registration: Res \$115/NR \$140.  
Second payment due March 15, 2024: Res \$115/NR \$140.

Instructor: Jana Sinn/EK Location: Main Beach

DY	DATES	TIME	RES FEE	CODE
<b>BATON 1</b>				
Sa	1/13-5/18	11:00 am-12:00 pm	\$230/\$280	220711-01
<b>BATON 2</b>				
Sa	1/13-5/18	12:00 pm-1:00 pm	\$230/\$280	220711-02

## DANCE ACADEMY

CLASS	AGES	DAY	DATES	TIME	R/NR	CODE	INSTR
Hip Hop Kidz	3-5	M	2/5-5/20	4:30-5:15 pm	\$236/\$307	210708-01	AJ
Hip Hop I	6-8	M	2/5-5/20	5:15-6:15 pm	\$236/\$307	210720-01	AJ
Hip Hop II	9-14	M	2/5-5/20	6:15-7:15 pm	\$236/\$307	210721-01	AJ
Jr Poms	4-7	Tu	2/6-5/21	4:30-5:15 pm	\$236/\$307	210740-02	MA
Pre Ballet/Tap	3-5	Tu	2/6-5/21	5:15-6 pm	\$236/\$307	210741-01	MA
Pre Ballet/Tap	3-5	Tu	2/6-5/21	6-6:45 pm	\$236/\$307	210741-02	MA
Dance Mix	4-7	Th	2/1-5/16	4:30-5:15 pm	\$236/\$307	210703-01	AJ
Dance Mix	4-7	Th	2/8-5/23	5:15-6 pm	\$236/\$307	210703-02	AJ
Dance Divas	8-14	Th	2/1-5/6	6-7 pm	\$236/\$307	220712-01	AJ
Pre Ballet	3-5	Sa	2/3-5/18	10-10:45 am	\$236/\$307	210705-01	MS
Ballet	6-10	Sa	2/3-5/18	10:45-11:30 am	\$236/\$307	220713-01	MS
Poms	8-14	Sa	2/3-5/18	11:30-12:30 pm	\$236/\$307	210740-01	MS

Instructors: Madison Anderson (MA) Anastasia Johnson (AJ) Maddie Seisser (MS)

Location: Grand Oaks

16 Classes \*no class 3/25-3/30

## ADULT DANCE

### ADULT SOCIAL DANCE NIGHT

Ages 18 & Up

Enjoy a night out dancing by the lake at Main Beach. Ballroom dance social night events include two hours of music and two mini-lessons with a variety of dance styles. The first lesson covers the basics for newcomers. The second lesson adds a new move for any level. Water and refreshments provided. Wear smooth-soled shoes and comfortable clothes for a fun evening with your dance partner. Registration with a partner is required. Instructor: Rachelle Wieczorek/EK **Location: Main Beach**



1 Class

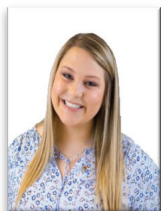
DY	DATES	TIME	RES FEE	CODE
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#### WALTZ & CHA CHA

Sa	2/17	7-9 pm	\$10/\$13	231410-01
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#### TANGO & WEST COAST SWING

F	5/17	7-9 pm	\$10/\$13	231410-02
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EMMA KOENIG

CULTURAL ARTS &  
SPECIAL EVENTS SUPERVISOR  
ekoinig@crystallakeparks.org



**SAT MAR 16**  
**SEE PAGE 7**  
**FOR DETAILS**

## BALLROOM DANCE

Ages 18 & Up

8 Classes

Different styles of dance and music are included in each session, but always include one fast and one slow rhythm. A third dance is added based on class requests. Wear smooth-soled, comfortable shoes. Registration with a partner is required. Email [ekoinig@crystallakeparks.org](mailto:ekoinig@crystallakeparks.org) with session interest to join if enough pairs can be created from requests.

Instructor: Rachelle Wieczorek/EK **Location: Main Beach**

DY	DATES	TIME	RES FEE	CODE
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#### WALTZ & CHA CHA

Tu	1/9-2/27	7:30-8:30 pm	\$80/\$104	230727-01
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#### TANGO & WEST COAST SWING

Tu	4/2-5/21	7:30-8:30 pm	\$80/\$104	230727-02
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## LINE DANCING

Ages 18 & Up

8 Classes

This progressive class will start with basics and key elements then move on to another music style or key component every class. One ultra beginner and one beginner dance will be taught each week, while continuing to review. Some line dances from previous sessions plus new ones will be taught so everyone can learn and have fun. Wear smooth-soled, comfortable shoes.

Email dance or song requests ahead of time to [askrachel@gmail.com](mailto:askrachel@gmail.com). Instructor: Rachelle Wieczorek/EK

**Location: Main Beach**

DY	DATES	TIME	RES FEE	CODE
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Tu	1/9-2/27	6:30-7:30 pm	\$80/\$104	230737-01
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Tu	4/2-5/21	6:30-7:30 pm	\$80/\$104	230737-02
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# ADULT VARIETY

## WATERCOLOR PAINTING

**Ages 18 & Up**

**6 Classes**

Discover the fun and enjoyment that watercolor painting has to offer. Experience or no experience painters are welcome. Enjoy socializing with the class while creating a lovely painting. Be surprised at what you can create! Please purchase the following supplies prior to the start of class at your local craft store.

Instructor: Marge Stewart/JP **Location: Grand Oaks**

**Paper**

1 pad Master Touch or Canson watercolor paper 140 lb wt

Cold press 9 x 12

1 package gray wax-free paper

**Hobby Lobby (Master Touch) brushes**

3/4" flat brush

#6 round Series 2000

#0 and #4 angular

1 set watercolor tubes Master Touch Set of 12 or 24

1 paint palette tray / glass jar for water / paper towel / pencil

DY	DATE	TIME	R/NR	CODE
Tu	1/2-2/6	9:30 am-12 pm	\$65/\$78	230101-04
Tu	2/13-3/19	9:30 am-12 pm	\$65/\$78	230101-05
Tu	3/26-4/30	9:30 am-12 pm	\$65/\$78	230101-06
F	1/5-2/9	9:30 am-12 pm	\$65/\$78	230101-01
F	2/16-3/22	9:30 am-12 pm	\$65/\$78	230101-02
F	3/29-5/3	9:30 am-12 pm	\$65/\$78	230101-03

**"I have taken two classes with Marge and couldn't be happier. Marge Stewart is a very talented artist and is able to impart her knowledge and skill to her students on an individualized basis. She has a wonderful sense of humor and patience" - Beverly S.**

## BEAN BAG BASEBALL SOCIAL

**Ages 21 & Up**

Take me out to the ballgame and grab a friend or two and join us for a fun morning of playing the Beanbag Baseball craze hitting the Grand Oaks Active Adult Center. Names will be put in a hat to form teams. Lunch will be served from 12-1 and include hot dogs, chips, and drink. No experience needed; all you need to be able to do is throw a beanbag 20 feet.

**Reg deadline: Apr 12** Instructor: Jennifer Peterson

**Location: Grand Oaks**



DAY	DATES	TIMES	R/NR	CODE
F	4/19	10 am-12 pm	\$7/\$9	230131-01

## DOG OBEDIENCE PROGRAM

**Ages 18 & Up**

**6 Classes**

Join Jan Cohen, a AKC CGC (canine good citizen)

evaluator and trainer with over 30 years' experience.

For dogs over the age of 4 months, this class teaches the dog and owner the sit,

stay, down, heel and recall commands. Please bring your own doggie waste bags and water bowl; for safety reasons, owners must wear closed toe shoes. Instructor: Jan Cohen/CN

**Location: Rotary Building**



DAY	DATES	TIMES	R/NR	CODE
W	1/3-2/7	6:30-7:30 pm	\$195/\$253	520951-02
W	1/3-2/7	7:45-8:45 pm	\$195/\$253	520951-03
W	2/21-3/27	6:30-7:30 pm	\$195/\$253	520951-05
W	2/21-3/27	7:45-8:45 pm	\$195/\$253	520951-06
W	4/10-5/15	6:30-7:30 pm	\$195/\$253	520951-08
W	4/10-5/15	7:45-8:45 pm	\$195/\$253	520951-09

## DOG THERAPY CLASS

**Ages 18 & Up**

**7 Classes**

We are excited to introduce you to the wonderful world of animal assisted therapy and to help you prepare for and successfully pass a therapy dog evaluation with one of three national certifying organizations of your choosing. We will practice evaluation exercises, socialization, and desensitization, provide tips and tricks for testing and future visits, and much more. Most importantly, we will have fun! PLEASE BE SURE TO BRING THE FOLLOWING TO EACH CLASS: dish for water, lots of high value treats in small pieces, blanket or large towel, soft brush your dog enjoys/tolerates well and toy your dog likes for relieving stress or for training reward (tug toys are good).

Instructor: Jan Cohen/CN **Location: Rotary Building**

DAY	DATES	TIMES	R/NR	CODE
Th	1/4-2/15	7:30-8:30 pm	\$225/\$292.50	520952-02
Th	2/22-4/4	7:30-8:30 pm	\$225/\$292.50	520952-03

**REGISTRATION DEADLINE  
3 DAYS PRIOR TO START OF CLASS**





**CRAFT PHOTOS  
SEE PAGE 37**

**New!**

**SMELL THE LOVE BOUQUET  
FAUX FLOWER ARRANGING**

**Ages 14 & Up** **1 Class**

Love is in the air! Join Kim as she guides you in making a "Smell the Love Bouquet" that includes a red vase filled with red, white and pink faux flowers with a love accessory. All supplies included. This will make a great holiday decoration for your home or a special gift for a loved one!

Instructor: Kim Biestek/JP **Location:**

**Woods creek Park Building**

DY	DTE	TIME	R/NR	CODE
Sa	2/3	1-2:30 pm	\$65/\$85	230132-01

**New!**

**SITTING PRETTY SPRING CHICK  
FAUX FLOWER ARRANGING**

**Ages 14 & Up** **1 Class**

Celebrate Spring! Create your own faux flower arrangement for the season! The Sitting Pretty Spring Chick is sitting on top of a vintage base with spring flowers adorning an adorable chick. All supplies included. A beautiful arrangement that is made for the spring season. Instructor:

Kim Biestek/JP

**Location: Cary Park District, 255 Briargate Rd, Cary**

DY	DTE	TIME	R/NR	CODE
Th	3/7	7-8:30 pm	\$65/\$85	230133-01

**New!**

**SPRING IS IN THE AIR -  
DYED SOLA WOOD WREATH**

**Ages 14 & Up** **1 Class**

Join us as Kim guides you in making a "Spring Is In The Air-Dyed Sola Wood Wreath" fresh flowers to decorate your front door or home for the season. All supplies included. This class is a great way to prepare for the spring season at your house! No refunds following the registration deadline. Instructor: Kim Biestek/JP **Location: Lake in the Hills**

**Village Hall, 600 Harvest Gate, LITH**

DY	DTE	TIME	R/NR	CODE
Sa	4/6	1-2:30 pm	\$72/\$94	230134-01

**ART ATTACK!  
SIP & PAINT**

**Ages 21 & Up**

**1 Class**

Join us for a night of fun and creativity! Calling all adults 21 and up for this instructor led, step by step painting session. BYOB and make it a fun night with friends! Instructor: Julie Kukreja/EK **Location: Admin Art Room**

**WEDNESDAYS 6:30-9:30 PM \$35/\$45**



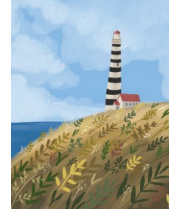
**1/17  
220320-01**



**2/14  
220320-02**



**3/13  
220320-03**



**4/17  
220320-04**



**5/8  
220320-05**

**HEALTHIER KNEES, HEALTHIER YOU  
WORKSHOP**

**Ages 14 & Up**

**1 Class**

Many people face knee, hip or shoulder issues through an injury or wear and tear over the years. This workshop will focus on the knees. Learn how to work your muscles in a way to support this joint better and have a better quality of life. Rae Lynne has received a special certification for this class and will lead you in at this seminar based on her "fitness professional" point of view and own personal experience. This does not replace a doctor's advice and to contact your physician prior to doing the workshop to see if this class could be a good fit. Included in the workshop is working the muscles around the knee, how to work the fascia (netting under our skin), and to keep everything healthy there with healthy blood flow. Please dress comfortably and bring a mat. Instructor: Rae Lynne Morvay/JP **Location: Spoerl Park**



DY	DATES	TIMES	R/NR	CODE
Sa	2/24	12-1:30 pm	\$15/\$20	231022-10

"Rae Lynne is also a great instructor for our Fit @ 55+ class. She is always changing things to make it fresh. I feel like I've really worked out after every class." Cathy P.

# ADULT TRIPS



ADULT TRIP POLICY

In order to keep trips affordable, the CLPD co-ops with other Park Districts. Departure location is dependent on number of participants from each Park District. Every effort is made to leave for the trip from **Veteran Acres-Rotary Building**. Transportation may be in a Park District van/bus or motor coach. Motor coach trips are noted in the trip description. If we have not met our registration minimum by the deadline date (if one is listed), then the trip will be cancelled and a full refund will be issued. All payments are required paid in full at time of registration.

**REFUNDS ARE ONLY GIVEN UNDER THE FOLLOWING CIRCUMSTANCES:**

- Trip is cancelled by the CLPD
- Person asking for a refund finds a replacement for the trip
- Park District has a waiting list and is able to sell your ticket

If a trip fills up, please put your name on the waitlist. Some trips may be allowed the opportunity to add another van/bus if enough people show interest.

FTP

**FREQUENT TRAVEL PROGRAM (FTP)**

Trip goers will start a Frequent Travel Program (FTP) card when they check-in for a trip. At the start of each trip, you will receive a punch on your FTP card. After 12 punches, you can use the card to take \$10 off your next trip registration of \$20 or more. Only one discount may be applied at a time.

Please contact Jennifer Peterson at 815-459-0680 x 1219 or [jpeterson@crystallakeparks.org](mailto:jpeterson@crystallakeparks.org) with any questions.

**TRIP TIMES MAY BE ALTERED SLIGHTLY AS WE GET CLOSER TO THE TRIP**

**ALL TRIPS LEAVE FROM VETERAN ACRES PARKING LOT, 431 N. WALKUP ROAD**



**CARY, IL  
LOVE IS IN THE AIR**

**Ages 55 & Up** **1 Class**  
Do you feel the love in the air? Be sure to join us as we travel to the Cary Park District to enjoy our special crooner, David Mehner, as he fills the room with love songs. Dessert included! Transportation via CLPD bus/van. **Minimum walking.**  
**Reg deadline: Feb 1**

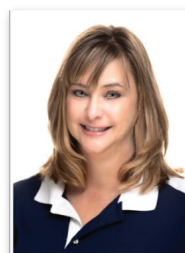
DAY	DATES	TIMES	R/NR	CODE
Th	2/8	10:45 am-2 pm	\$10/\$12	230119-01

**WHITWATER, WI  
OUT AND ABOUT-  
THE FUZZY PIG**

**Ages 21 & Up**  
The Fuzzy Pig is a hidden experience located one mile south of Whitewater. It's a hand renovated barn lovingly converted into a distinct country mall. The mall complex is home to many unique shops and features hundreds of unique products, including an eclectic giftware selection, rugs, table linens, clocks, pictures, lamps, and more. It's not only a place to shop, but also a place to dine, boasting some of the finest woodfire pizza and wine. Enjoy some time shopping, then relax and enjoy a few slices of pizza. Lunch is included. Transportation via CLPD bus/van. **Minimum walking (some stairs).** **Reg deadline: Feb 2**



DAY	DATES	TIMES	R/NR	CODE
F	2/16	9 am-3 pm	\$29/\$34	231511-01



**JENNIFER PETERSON**  
RECREATION SUPERVISOR  
[jpeterson@crystallakeparks.org](mailto:jpeterson@crystallakeparks.org)

**REGISTRATION DEADLINES ARE BASED ON SPACE PERMITTING.**

**WAITING LISTS ARE AVAILABLE FOR SOME TRIPS. INQUIRE WHEN REGISTERING.**

# Choose Your MILWAUKEE ADVENTURE

## POTAWATOMI CASINO

**Ages 21 & Up**

Lucky Leap Day-Potawatomi Casino goers will be treated like Royalty with a complimentary \$10 voucher for play and \$10 meal voucher too. Spend the day pressing your luck at the beautiful Casino and try your hand at Bingo, Table Games, Poker, and Slots. Transportation via CLPD bus/van. **Moderate walking. Reg deadline: Feb 12**

DAY	DATES	TIMES	R/NR	CODE
Th	2/29	8:30 am-5 pm	\$29/\$34	231501-01

## MILWAUKEE ART MUSEUM

**Ages 21 & Up**

Milwaukee Art Museum goers will go on a 1-hour docent led tour. Then use the remaining time to roam the museum, eat at the cafe, and enjoy the beautiful architecture of this amazing building. Transportation via CLPD bus/van. **Heavy walking. Reg deadline: Feb 12**

DAY	DATES	TIMES	R/NR	CODE
Th	2/29	8:30 am-5 pm	\$53/\$58	231501-01

## AURORA, IL PARAMOUNT'S BILLY ELLIOT

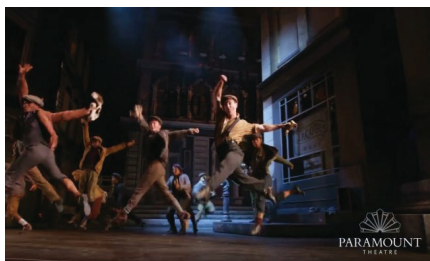
**Ages 21 & Up**

The winner of 10 Tony Awards, including Best Musical, the music of Elton John brings to life the story of Billy Elliot. He is an 11-year-old English boy who stumbles upon a ballet class during his weekly boxing lesson. His surprise love for dance must be hidden at all costs, especially from his coal miner father. With the help from his sharp-tongued teacher, Mrs. Wilkinson, Billy gets the chance to attend a prestigious ballet school and must decide what is most important: doing what he loves or doing what other people want. Billy Elliot is a coming-of-age story that inspires us all to do what you love no matter what other people think. Lunch will be self-paid at a restaurant that is on our way to the Paramount.

You will be notified of the restaurant 1 week before the trip. Transportation via CLPD bus/van.

**Minimal walking.**

**Reg deadline: Feb 15**



DAY	DATES	TIMES	R/NR	CODE
W	3/6	10:30 am-5:45 pm	\$55/\$60	231532-01



## CHICAGO, IL MULTI-CULTURAL FOOD TOUR

**Ages 21 & Up**

Back by popular demand! Motorcoach into the city where we will meet our tour guide (Gilbert) for our tasty tour. We will visit China Town, a rich and vibrant neighborhood steeped in tradition. While here, you will enjoy your favorite appetizer. Time permitting, you may stroll along the main street to take in the sights and sounds of China Town. Next up is a stop in the quaint neighborhood of Little Italy. Immerse yourself in the exquisite aromas and multi-layered flavors of Italy as you enjoy a savory sampling of traditional favorites! Our day concludes in Greektown, one of Chicago 's most recognized neighborhoods. Fanciful dessert and authentic flaming Cheese (Saganaki) await as you are transported to the Mediterranean. Opa! Your tummy will be left full, and you will learn about each neighborhood's unique history. You would not want to miss this tour! Transportation via CLPD bus/van to Barrington where we will catch the motor coach. **Minimum walking but many on/off steps at each location. Reg deadline: Feb 14**

DAY	DATES	TIMES	R/NR	CODE
Th	3/14	8:15 am-4:30 pm	\$140/\$145	231505-01

## LONG GROVE, IL LUNCH AT ENZO & LUCIA

**Ages 55 & Up**

Join us and our friends at the Cary Park District as we head over to Long Grove for a delicious authentic Italian lunch and a little time for shopping. Lunch is self pay. Transportation via CLPD bus/van. **Moderate walking. Reg deadline: Mar 10**



DAY	DATES	TIMES	R/NR	CODE
Tu	3/19	11 am-2:30 pm	\$5/\$6	231531-01

**THE CRYSTAL LAKE PARK DISTRICT PROUDLY  
OFFERS TRIPS THAT FILL UP QUICKLY.  
RESERVE YOUR SPOT ASAP!**

**TIMES MAY BE ALTERED AS WE GET CLOSER TO THE TRIP**





**CHICAGO, IL  
OUT AND ABOUT FOR LUNCH-JOLLY INN**

**Ages 21 & Up**

Leave the driving to us and enjoy the skilled Jolly Inn chefs that pour their heart and soul into crafting over twenty-four delectable traditional Polish dishes on their famous buffet. Whether it is savory pierogis, hearty goulash, or mouthwatering kielbasa, every bite will take you on a culinary journey to the heart of Poland. Don't forget salad and fruit bar and indulge your sweet tooth at the dessert bar. Transportation via Park District bus/van. **Minimal walking. Reg deadline: Mar 7**

DAY	DATES	TIMES	R/NR	CODE
Th	3/28	9:45 am-2:30 pm	\$40/\$45	231514-01

**DELA VAN, IL  
DANCING HORSES AND PIZZA RANCH**

**Ages 21 & Up**

The Dancing Horses Theatre in Lake Geneva is home to the most amazing Vegas-style show in the area. The show was created from one vision, and an infinite love for horses. A talented team of creative, artistic, and technical professionals has come together to create a magical experience for visitors. Prior to the show, we will have a lunch buffet at The Pizza Ranch in Elkhorn. Transportation via CLPD bus/ van. **Minimal walking. Reg deadline: Mar 14**



DAY	DATES	TIMES	R/NR	CODE
Th	4/4	10 am-3:45 pm	\$81/\$86	231525-01

**LISLE, IL  
OUT AND ABOUT FOR LUNCH-SCHMALTZ DELI**

**Ages 21 & Up**

Leave the driving to us when you want to enjoy a classic New York Style Jewish Delicatessen much closer to home. Here you can enjoy premium quality sandwiches, homemade soups, salads, and bakery selections. Can't make up your mind what to try? You can bring items home from their full-service deli counter. We will order off their lunch menu and it will be self-pay. If you would like to take a look ahead of time, visit their website at schmaltzdeli.com. We hope you come hungry! Transportation provided via park district bus/van. **Minimal walking. Reg deadline: Mar 27**



DAY	DATES	TIMES	R/NR	CODE
W	4/10	10 am-2 pm	\$12/\$15	231515-01

**PRAIRIE DU SAC, WI  
WISCONSIN'S WINE, CHEESE AND MUSTARD**

**Ages 21 & Up**

Travel with us through the lovely countryside of southwestern Wisconsin. Our first stop will be at the Mustard Museum where we will take a guided tour and have time to learn about the history of mustard and have some delicious tastings along the way. We then venture off to Wisconsin's award-winning wines at the Wollersheim Winery which is in the beautiful hillsides of Wisconsin overlooking the Wisconsin River. At the winery, we will tour the grounds and have a tasting of three of their wines. Lunch will be at their bistro with your choice of a large 1/2 sandwich of ham, turkey roast beef along with chips, cookie, and water. You will have time to shop for your favorite wines

before we head off to the Mouse House Cheese House for shopping to go with your wine. Transportation via CLPD bus/van. **Extensive walking. Reg deadline: Feb 28**

DAY	DATES	TIMES	R/NR	CODE
Th	4/25	7:45 am-7 pm	\$70/\$75	231526-01





**OTTAWA, IL  
UNDERGROUND RAILROAD TOUR**

**Ages 21 & Up**

Journey down to Ottawa, IL to explore the rich history of the underground Railroad for the "History Machine" tour vehicle. Learn about the journey of slaves through Ottawa to Canada and how the I & M Canal was used for transporting slaves on this dangerous journey. Additionally, you will learn about the Fugitive Slave Law Federal Court Case of John Hossack and James and Joseph Stour. Ottawa is also included in the Green Book-travel book. You will also have time to shop in Ottawa and have lunch on your own before we head back. Transportation via CLPD bus/van. **Moderate walking. Reg deadline: Apr 10**

**\*Times for this trip are subject to change depending on registration numbers.**

DAY	DATES	TIMES	R/NR	CODE
W	5/8	7:45 am-4:30 pm*	\$60/\$65	231506-01

**ARLINGTON HEIGHTS, IL  
9 TO 5 MUSICAL AT THE METROPOLIS**

**Ages 21 & Up**

We are headed to downtown Arlington Heights for a self-paid lunch at one of the many excellent restaurants near the theater. Then we are gathering at the Metropolis Theater for the hilarious musical 9 to 5 to watch three unlikely friends take control of their office and learn there is nothing they can't do, even in a man's world. Set in the late 1970s, this hilarious story of friendship and revenge in the Rolodex era is outrageous, thought-provoking, and even romantic. Pushed to the boiling point, three female coworkers concoct a plan to get even with the sexist, egotistical, lying, hypocritical bigot they call their boss. In a hilarious turn of events, Violet, Judy, and Doralee live out their wildest fantasy giving their boss the boot! While Hart remains otherwise engaged, the women give their workplace a dream makeover, taking control of the company that had always kept them down. Transportation via CLPD bus/van. **Moderate walking. Reg deadline: May 1**

DAY	DATES	TIMES	R/NR	CODE
Th	5/16	10:45 am-6:15 pm	\$60/\$65	231520-01



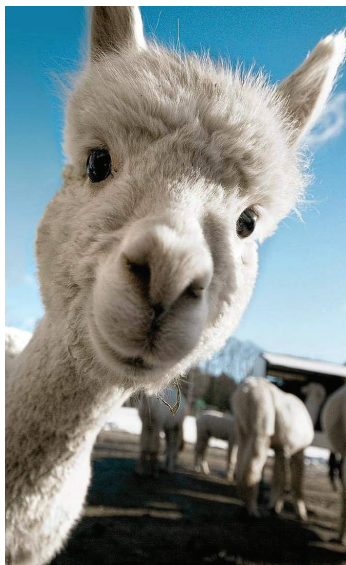
**AURORA, IL  
BEAUTIFUL: THE CAROLE KING MUSICAL**

**Ages 21 & Up**

Before she was the Carole King we know today, she was a young songwriter from Brooklyn trying to make a name for herself. Beautiful, the Carole King Musical tells the inspiring true story of King's remarkable rise to stardom as part of the hit songwriting team with her husband Gerry Goffin and going on to become one of the most successful singer, songwriter, and musicians in popular music history. Her credits include songs such as *You've Got a Friend*, *You Make Me Feel Like A Natural Woman*, *Too Late*, *Feel the Earth Move*, *Will You Love Me Tomorrow*, *So Far Away*, and many more. Along the way, she made more than beautiful music, she wrote THE SOUNDTRACK TO A GENERATION. Transportation via CLPD bus/van. **Minimal walking. Reg deadline: May 1**

DAY	DATES	TIMES	R/NR	CODE
W	5/22	10:30 am-5:45 pm	\$55/\$60	231533-01





**PROPHETSTOWN, IL  
FARM TO TABLE TO  
DIETRICK'S ALPACA  
RANCH**

**Ages 21 & Up**

This trip is a great way to get out of the hustle and enjoy the open spaces. We begin with a country style breakfast at The Machine Shed. Enjoy cinnamon rolls, scrambled eggs, bacon, sausage, biscuits and gravy, and hash brown casserole. Then we journey on to Dietrick's Alpaca Ranch. Come and enjoy the alpaca lifestyle on a 50-acre farm in scenic

Prophetstown, Illinois. These 72 gentle and curious alpacas will delight and charm as you feed, learn, and play. You can also peruse the ranch store for yarn, hats, scarves, and other fun items. Transportation via CLPD bus/van. **Heavy walking. Reg deadline: May 14**



**UTICA, IL  
STARVED ROCK LAND AND WATER CRUISE  
TOUR**

**Ages 21 & Up**

Join us to visit the #1 attraction in the State of Illinois! We begin our day at the rustic Starved Rock Lodge for lunch in the Main Dining Room. You will have the opportunity to make a menu selection from several savory options. Hot or iced tea, lemonade, or a soft drink are included. Next, we board a trolley to take us to the boat. This is the perfect way to learn about the rich history of the Starved Rock Area. We will then take a boat tour of the Illinois River and conclude with one more stop at the Lodge. There is a gift shop on site. Transportation via CLPD bus/van. **Moderate walking. Reg deadline: May 29**

DAY	DATES	TIMES	R/NR	CODE
Tu	5/28	7:30 am-4 pm	\$50/\$55	231544-01

DAY	DATES	TIMES	R/NR	CODE
W	6/12	8:45 am-5:30 pm	\$85/\$90	231541-01

# Drive Change, One Ride at a Time!

Empower Our Seniors: Your Time, Your Schedule, Our Gratitude.

Discover the joy of giving back right in your own backyard. By volunteering with us, you're not just offering a ride; you're gifting moments of connection, joy, and independence to our cherished seniors.

- Flexibility First: Whether you have an hour a week or an hour a month, you decide when and how often you volunteer.
- Community Connection: Be part of a dedicated network of volunteers, all driven by the same passion – to care for our seniors.
- Mileage Matters: We value your commitment. That's why we offer mileage reimbursement for every journey you undertake.



Join us today and make every ride a journey of love and care.  
(815) 455-3120 | [scvnmchenrycounty.org](http://scvnmchenrycounty.org)



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Scan or visit [BCU.org/Community](https://www.bcu.org/Community) for exclusive promotions or stop by your local branch at 415 S Main St, Crystal Lake, IL 60014

Become a member and get **\$25\***



\*Open to legal U.S. residents who are 18 years or older. To qualify for the offer, the individual must open a new membership with the Credit Union. Membership must be opened in branch or via the website at BCU.org, and select promotion code "COM25" in the "Additional Questions" section of the online member application. To be eligible to join the Credit Union, an individual must submit a membership application in a Credit Union Service Center or online, in which he or she agrees to conform to BCU's bylaws and amendments and subscribe for at least one share (\$1.00). The \$1 in the Share-01 Regular Savings account required to open a membership will be deposited by the Credit Union on behalf of the member. The \$1 balance must be maintained in the Share-01 Regular Savings account for the duration of the membership. A person seeking Credit Union membership must also meet at least one of the criteria found at [www.bcu.org/Membership-Eligibility](https://www.bcu.org/Membership-Eligibility). The \$25.00 well-being deposit will be made into the new member's Share-01 Savings account within 30 days of account open date. One (1) deposit per new member. Existing memberships do not qualify for the offer. No substitution for offer allowed. BCU employees and immediate family members are not eligible.

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# CJM ROOFING

## 224-363-2696

**PROUD SUPPORTER OF THE CRYSTAL LAKE PARK DISTRICT**

# HONORING OUR VETERANS

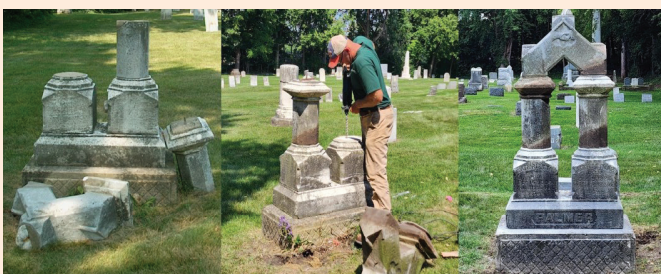
By Diana Kenney

Veterans Day was originally known as Armistice Day to honor and celebrate the end of WWI. As years passed, the significance of the name of this holiday changed. In 1954, President Dwight D. Eisenhower called on all citizens to observe the day by honoring servicemen who fought in all of America's wars. The name of the holiday was then officially changed to "Veterans Day" and is celebrated each November 11<sup>th</sup> to honor all veterans.

The Crystal Lake Cemetery is the oldest public burial ground in Crystal Lake and Algonquin Township. Since it was established in 1840, nearly 1,200 burials have taken place at the cemetery. 54 veterans are buried at the Crystal Lake Cemetery, broken down as follows: 1- Patriot's War, 6-War of 1812, 45-Civil War, 2-WW1.

To acknowledge and honor those veterans, trained volunteers of the Crystal Lake Historical Society and Preservation Commission have teamed up to clean 60+ veteran and non-veteran headstones using approved methods so as not to damage the stones. The work of cleaning headstones is ongoing and is making a significant difference in the appearance of this historic cemetery.

The S.O.S. (Save Our Stones) fund was established by the Crystal Lake Historical Society to raise the necessary funds to repair the historic headstones of Crystal Lake Cemetery. First priority for the use of the funds is to repair headstones of veterans buried at the cemetery.



With the assistance of Warner & Troost Monument Co. in East Dundee, Phase 1 of the repair project was completed this past summer with the repair and restoration of three veteran headstones: Colonel Gustavus Palmer, Dr. James Graves and Colonel William Huffman.

Colonel Palmer (the "Colonel" is a title of respect, not a military rank) served in a New York militia unit during the little-known Patriot War (1838). The Palmer family travelled in 1840 from New York State to northern Illinois, settling at today's corner of Route 176 and Terra Cotta. The Colonel Palmer House, built in 1858, is used by both the Crystal Lake Historical Society and Crystal Lake Park District.

The Palmer family's unique headstone was a tumble of pieces that sorely needed put back together! The repair required pins and epoxy to

reset the upright monument. Special equipment was brought in to lift the heavy pieces back into place. The stones are made of white marble and should clean up beautifully. Now that they're stabilized, the cleaning will begin!



## CAN YOU HELP?

Help us to continue our efforts to repair broken headstones at the Crystal Lake Cemetery. Our next focus for Phase 2 will be to repair some of the obelisk headstones (including that of Civil War veteran James Best) where the base is in place, but the obelisk on top is laying on the ground. Our stonemason indicates these are the most likely repairs to successfully stay in place for the next century. Getting the obelisks off the ground is helpful for the landscapers when cutting grass and also prolongs the life of the engravings.

Let's join together to honor our veterans. For additional information or to donate to the S.O.S. project, visit the Crystal Lake Historical Society's website [cl-hs.org](http://cl-hs.org). Donations are tax-deductible.

*About the Author: Diana Kenney is an appointed member of the City of Crystal Lake's Historic Preservation Commission, and President of the Crystal Lake Historical Society. To contact Diana email [info@cl-hs.org](mailto:info@cl-hs.org).*



# ACTIVE ADULT

## MOVE IT, SHAKE IT, LIFT IT!

**Ages 55 & Up**

Come and get those bodies moving in this 30-minute fun class designed for those seniors with less stamina and mobility or those just getting started in their fitness program. This class will use light hand weights, balance exercise, core strengthening on chairs and fun cardio games. A great way to keep up with your mobility and cardio. Instructor: Rae Lynne Morvay/JP

**Location: Grand Oaks (W) Main Beach (F) \*no class 3/6, 3/8**

DY	DATES	TIMES	R/NR	CODE	WKS
W	1/10-3/27*	10:15-11am	\$71/\$93	231008-02	11 wks
W	4/3-5/22	10:15-11am	\$51/\$67	431003-05	8 wks
F	1/12-3/29*	10:15-11 am	\$71/\$93	231008-04	11 wks
F	4/5-5/24	10:15-11 am	\$51/\$67	431003-06	8 wks

## SIT, STAND AND SWING!

**Ages 18 & Up**

Join Brenda in this fun, energetic dance/fitness class to help get you up and moving! Various fitness styles will be incorporated in this class including Qi Gong, Tai Chi, Pilates, Zumba, bands, weights as well as working on balance, strength and stretching to fun music! Whether you use the chair for the whole class or part of class or can do the class without the chair, you will feel an invigorating workout to keep you moving throughout your week! Instructor: Brenda Law/JP

**Location: West Beach**

DY	DATES	TIMES	R/NR	CODE	WKS
Th	1/11-3/21	2-3 pm	\$94/\$99	231039-01	11 wks
Th	4/4-5/23	2-3 pm	\$68/\$73	431009-02	8 wks

## FIT @ 55 & BEYOND PUNCH PASS

**Ages 55 & Up**

We've got a great workout designed specifically for active older adults! During this hour long class, you will be stretching, strengthening and completing a light cardio workout while using exercise equipment, participating in fun activities and implementing various exercise techniques. Doors open at 8:45 am. Register for Fitness @ 55 Punch Pass at the Admin Office. Instructor: Rae Lynne Morvay/JP

**\*does not qualify for 25% off promo**

**Location: Grand Oaks**

**\*no class 12/22, 12/25, 12/29, 1/1, 2/19, 5/27**

**12/27: class will be moved to West Beach**

DAY	DATES	TIMES	R/NR	CODE
M,W,F	12/4-5/6*	9-10 am	\$60/\$78	131000-01

## Make GIVING BACK Your SECOND ACT

Make a positive difference in your community.

## VOLUNTEER TODAY

**What if you were no longer able to drive?  
What if you lived alone with no family or friends to visit you?**

At Senior Services, we provide programs and opportunities to keep everyone socially engaged.

### AmeriCorps Seniors

Pairing thousands of Americans age 55+ with organizations creating change in your community.

### Transportation Program

Providing rides to seniors with the help of volunteers. Do you have time to help your neighbors?

### Friendly Visiting Program

Social isolation is a serious risk for seniors. Do you have one hour a week to spend while making a new friend?

Senior Services would love to hear from you. Call or email us to learn more and **VOLUNTEER!**



### CONTACT INFORMATION

Deborah Danitz,  
Director of Volunteer Services  
AmeriCorps Seniors – RSVP  
Kane/Kendall/McHenry Counties  
P: 815.344.3555  
E: ddanitz@seniorservicesassoc.org



www.seniorservicesassoc.org





**ACTIVE ADULT REC CENTER**

1401 W. ROUTE 176, CL  
815.356.2414

**DROP-IN ACTIVITIES**

<b>MON</b>	<b>TUE AM</b>	<b>TUE PM</b>
12-3 PM	10 AM -12 PM	12-3 PM
SAMBA PINOCHLE MAH JONGG	\$5 BINGO (2ND OF THE MONTH)	DOMINOS SAMBA TRIPLE PLAY  WALKING CLUB 1ST TUE OF THE MONTH IN AUDITORIUM THRU APRIL 2024 *Jan 2 will be held Jan 9 due to holiday
<b>WED</b>	<b>THU</b>	<b>FRI</b>
	9 AM-12 PM	
GAMES START AT 10 AM UNLESS OTHERWISE NOTED		
TRIPLE PLAY (9:30 AM)	SAMBA (9 AM)  TRIPLE PLAY (9:30 AM)  DROP-IN LINE DANCING *NO CLASS 1/4 & 2/8  BEGINNERS (10-11 AM)  EXPERIENCED (11 AM-12 PM)	PICK YOUR PLAY OR MAH JONGG  SAMBA TRIPLE PLAY BEANBAG BASEBALL *NO CLASS 1/5 & 2/9



ACTIVITIES ARE SUBJECT TO CHANGE  
CHECK THE WEBSITE FOR UP-TO-DATE  
INFORMATION

**CENTER CLOSED**

DEC 16-JAN 1  
MON FEB 19



WANT TO START A GROUP?  
CONTACT JENNIFER PETERSON



JPETERSON@CRYSTALLAKEPARKS.ORG  
815.459.0680 X1219



**PLEASE ARRIVE PRIOR TO  
THE START OF THE GAMES**

# How To REGISTER

 **WEBSITE**  
CRYSTALLAKEPARKS.ORG

 **DRIVE UP WINDOW**

A drive up window is located on the east side of the Administration Building.

YEAR ROUND M-F 8:30 AM-12 PM

 **WALK IN MAIL IN** 

CRYSTAL LAKE PARK DISTRICT  
1 E. Crystal Lake Avenue  
Crystal Lake, IL 60014  
815.459.0680

MONDAY-FRIDAY 8:30 AM - 5 PM  
SAT (APR-JUL) 9:30 AM - 12 PM

*include signed registration form and payment*

 **24 HOUR DROP BOX**

Download a registration form and place in the 24 hour drop box with a signed waiver from and check made payable to the Crystal Lake Park District.

Drop box is located on the east side of the Park District Administration Building, next to the drive up window.

## ALERTS

Keep up to date when adverse weather affects our programs or events. See below for directions on how to personalize your connections with the Crystal Lake Park District Rainout Line.

### TEXT/EMAIL

Visit [rainoutline.com/subscribe/notify/8154104475/0](http://rainoutline.com/subscribe/notify/8154104475/0) and choose the text or email tab from the top of the page. Supply your contact information and select the program/event/facility you want to receive notifications about.

### APP

To download the app for the Crystal Lake Park District, simply go to the market on your phone and search Rainout Line. Download the Rainout Line app and search for the Crystal Lake Park District. When it appears, click the star on the right side of the page. In order to view updates, you will have to open the Rainout app.

### WEB

To view the status of all available programs/events/facilities, click the raindrop icon in the top right of the web landing page.

### PHONE

The Rainout Line number is 815.410.4475. Call the number and select the extension of the program or facility.

Adult Softball Leagues	Ext. 1
Adult Volleyball League	Ext. 2
Barlina House Preschool	Ext. 13
Dance	Ext. 15
Fitness Classes	Ext. 7
Hot Shot Sports	Ext. 14
Lippold Family Golf Center	Ext. 8
Lippold Family Golf Driving Range	Ext. 17
Luminaria Walk	Ext. 18
Main Beach Summer Info	Ext. 3
Main Beach Swim Lessons	Ext. 21
Public Safety	Ext. 11
Skating Conditions	Ext. 16
Sled Hills	Ext. 9
Special Events	Ext. 6
Summer Camps	Ext. 5
Summer Tennis @ Veteran Acres	Ext. 12
The Racket Club	Ext. 10
West Beach Summer Info	Ext. 4
Youth Basketball Leagues	Ext. 20
Youth Sports	Ext. 19

**RAINOUTLINE.COM**  
**815.410.4475**

EXPLORE | PLAY | EXPERIENCE



1 E. Crystal Lake Ave | Crystal Lake, IL 60014 | 815-459-0680

REGISTER NOW

Head of Household Information - Please Print

Last Name	First Name	DOB
Address	City	State Zip
Primary Phone#	Email Address	
Emergency Phone#	Contact Person	

Special Accommodations Needed:

Participant and Activity Information - Please Print

Activity Code #	Description	Last Name	First Name	Gender	DOB	Fee

Cash / Credit Card / Check Payments -BLACK OR BLUE INK ONLY      Total Payment Received: \$

Please Complete When Registering for Extended Time, Preschool

School Attending \_\_\_\_\_ Start Date \_\_\_\_\_ # Days \_\_\_\_\_ AM \_\_\_\_\_ PM \_\_\_\_\_ BOTH \_\_\_\_\_

Auto Debit Option is Available for Extended Time, Preschool, Dance and Theatre

Do you agree to enroll in the Audit Debit Payment Option? Yes \_\_\_ No \_\_\_

Cardholder's Signature: \_\_\_\_\_ Print Name: \_\_\_\_\_

Crystal Lake Park District Waiver and Release of All Claims and Assumption of Risk

**Important Information:** The Crystal Lake Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The Crystal Lake Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for programs/activities must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs. You are solely responsible for determining if you or your minor child/ward is physically fit and/or skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity. **Warning of Risk:** Recreational activities are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activity, participants must understand that certain risks, dangers and injuries due to inclement weather, slip and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and all other circumstances inherent to indoor and outdoor recreational activities exist. In this regard, it must be recognized that it is impossible for the Crystal Lake Park District to guarantee absolute safety. **In the event of an emergency,** I authorize the Crystal Lake Park District to secure any/all necessary medical attention from my accredited hospital and/or ward and further agree that I will be responsible for any and all medical services rendered. I further understand that my signature is required below in order to participate in Crystal Lake Park District programs.

**PARTICIPATION WILL BE DENIED** if the signature of adult participant or parent/guardian and date are not on this waiver. **I have read and fully understand** the Important Information, Warning of Risk and Release of all Claims & Assumption of Risk located on the of this form.

<b>X</b>	
Signature of Parent/Guardian /Participant (18 years and older)	Date



SATISFACTION GUARANTEE POLICY

The Crystal Lake Park District guarantees that you will be satisfied with the recreation program and activities in which you participate. If you are not satisfied for any reason, tell us and we will arrange the best course of action for you. Our goal is to satisfy ALL customers.



Refund Policy

- 1. The Crystal Lake Park District reserves the right to cancel any class with insufficient enrollment. When that occurs, an automatic and total refund is issued to each participant in the program.
2. Refund requests must be submitted in writing by filling out the request form.
3. All refunds are subject to a \$5 Administration Service Fee except under the following circumstances:
- Request for refund due to satisfaction issue
- Refund is initiated by the Park District
- Doctor's note is submitted with request
- Refund request is made PRIOR to registration deadline (refer to the deadline listed in the activity guide)
4. Refund requests are approved by the Recreation Supervisor. If the request is made after the registration deadline, a \$5 administrative service fee will apply and the remaining refund will be prorated.
5. Overpayments or refunds less than \$5 will not be issued unless the CLPD has cancelled the program.
6. Participants may transfer money from one program to one other program within the current brochure, minus money retained for classes that may have taken place, or the participant attended. Extended Time, Summer Camp, Extended Time Summer Camp and Preschool tuitions may not be transferred to other programs.
7. Programs/events at the Racket Club, Preschool, Extended Time, Summer Day Camp and Adult Trips are excluded from this refund policy and have their own separate policy.
8. Refunds will not be given after a program has ended.
9. Refunds will be processed and issued within 14 business days. Payments made by charge cards are credited to the credit card.

SCHOLARSHIPS

The Crystal Lake Park District recognizes that there are families in our community who suffer economic setbacks which prevent their children from joining our programs. We offer class scholarships for Park District residents to help those in need. One week notice is required for review of scholarship application.

For more information, please call 815.459.0680 x 1216 or email Heidi Stolt at hstolt@crystallakeparks.org.

EMPLOYMENT

The Crystal Lake Park District is continually searching for talented individuals to instruct classes in all areas. If you or someone you know has a particular skill or area of expertise, please call the Park District at 815-459-0680 x 1213.

The Park District employs a large percentage of young adults in McHenry County. For seasonal work, visit crystallakeparks.org and click the APPLITRACK tab to apply online.

College students majoring in parks and recreation are welcome to contact us for an internship. Please email Heidi Stolt at hstolt@crystallakeparks.org

IL SPORTS LICENSES

Illinois Hunting, Fishing, and Trapping Licenses, Stamps and Permits



As of March 1, 2019 the Crystal Lake Park District will no longer sell Illinois licenses through the Illinois Department of Natural Resources (IDNR). Patrons can purchase their Illinois licenses on the IDNR website beginning March 1.

There is a list of agencies in the area for the purchase of special permits on the IDNR website, dnr.illinois.gov/LPR/Pages/default.aspx.

AMERICAN DISABILITIES ACT
The Crystal Lake Park District continues to renovate facilities and parks, as well as change procedures and programs to make them accessible to people with disabilities. The CLPD is compliant with the American's Disabilities Act (ADA) of 1990, which prohibits discrimination on the basis of disability.
Notification is required a minimum of one week prior to start of class. Some programs indicate that participants must be toilet-trained. If diapers or incontinent aids are used, the participant or parent must be able to provide personal care. The park district makes reasonable accommodations in recreation programs, parks and facilities.
For more information, please contact Kurt Reckamp, Superintendent of Recreation and Facility Services at kreckamp@crystallakeparks.org or call 815-459-0680 x 1216.

CODE OF CONDUCT

All patrons are expected to exhibit appropriate behavior at all times. The following Code of Conduct has been developed to help make programs safe and enjoyable for all participants. Additional rules may be developed for specific programs as deemed necessary by staff.

The Crystal Lake Park District insists that all participants comply with the Crystal Lake Park District Code of Conduct. All patrons shall:

1. Show respect to all participants, staff and volunteers.
2. Follow rules and take direction from staff.
3. Restrain from using abusive or foul language.
4. Refrain from threatening or causing bodily harm to self, other participants or staff.
5. Show respect for equipment, supplies and facilities.
6. Not possess any weapons.

**A positive approach will be used regarding discipline.**

If inappropriate behavior occurs, a prompt resolution will be sought specific to each individual's situation. The Crystal Lake Park District reserves the right to dismiss a patron whose behavior endangers his or her own safety or the safety of others.

**If the participant exhibits inappropriate actions:**

1. Staff will determine the severity of the action and immediately take steps to correct it. These may include but are not limited to:
  - \* A verbal warning
  - \* A supervised time-out from the program.
  - \* A suspension of the program for a designated time period.
  - \* Dismissal from the program or activity.
2. Depending on the age of the patron and the offense/activity, the parent/guardian may be notified. The inappropriate behavior that staff observed will be explained to the parent/guardian. Communication between the staff and parent/guardian will be ongoing regarding any further incidences of inappropriate behavior.
3. Appeals by the patron and/or patron's parent/guardian should be directed to the Executive Director or the Manager of Recreation Programs.

PARK POLICE

The Crystal Lake Park District's full-time, year-round park police department works closely with the Crystal Lake and Village of Lakewood police to keep parks and facilities safe. We need your help in protecting these properties.

If any time you see suspicious activities, call Chief Longo at 815.356.1114 or Erik Jakubowski at 815.477.5007 x2101.

After business hours, call the Crystal Lake Police Department 815.455.2313 to report any problems. Our officer will receive a radio message from the Crystal Lake Police Department and report to the problem.

DOMESTIC ANIMAL ORDINANCE

**PLEASE BE ADVISED OF THE CRYSTAL LAKE ANIMAL ORDINANCE (11.15)**

**Fine: \$50/\$75**

- A. Dogs and cats are only permitted in the park areas when kept on a leash (with the exception of Hound Town Dog Park.)
- B. Dogs and cats are not allowed within playground borders or areas as otherwise marked (qualified service animals are exempt.)
- C. All other animals, including horses are prohibited unless authorized by the Park Board of Commissioners.
- D. The person escorting the animal into the park area is responsible to remove any defecation created by that animal.
- E. Per the McHenry County Health Department, ANIMALS ARE PROHIBITED AT MAIN BEACH PARK AND WEST BEACH PARK (qualified service animals are exempt.)

**TO REPORT UNLEASHED DOGS IN THE CRYSTAL LAKE PARK DISTRICT PARKS, PLEASE CALL 815.459.0680 DURING BUSINESS HOURS OR 815.455.2313 AFTER BUSINESS HOURS.**

PHOTOS

Our staff or designees often take pictures or video at programs, events, or on park district property for: brochures and other marketing materials, website and other print, electronic and online publicity where the district deems necessary. Most people are delighted to see pictures of themselves or their family members in our publicity. Photographers from print or other media outlets may also take pictures or video on occasion.

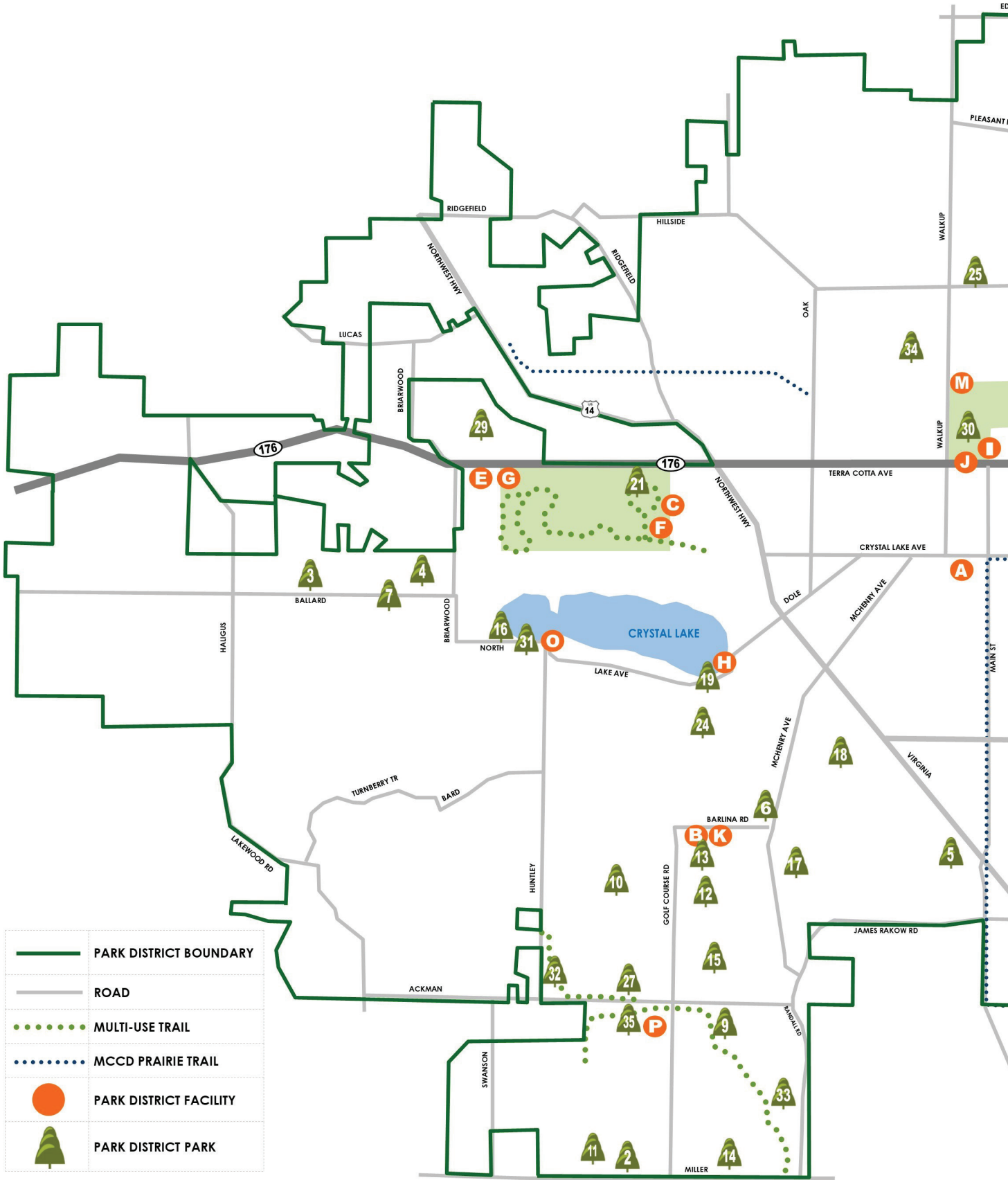
In addition, the Crystal Lake Park District is using social media platforms (Facebook and Twitter). You may see staff and volunteers taking pictures more often at







programs. We will continue to protect the privacy of participants by maintaining anonymity in photos posted on the internet.

NOTE: If you do see a photo posted to our website, social media, or other Park District site of you or your family member that you would like removed, just request the photo to be taken down by commenting on the picture or email us at [info@crystallakeparks.org](mailto:info@crystallakeparks.org)



# BOUNDARY MAP



	PARK DISTRICT BOUNDARY
	ROAD
	MULTI-USE TRAIL
	MCCD PRAIRIE TRAIL
	PARK DISTRICT FACILITY
	PARK DISTRICT PARK





# CRYSTAL LAKE PARK DISTRICT PARKS



- |                          |                                    |
|--------------------------|------------------------------------|
| 1 Asbury Park            | 19 Lake Park/Main Beach            |
| 2 Bird Park              | 20 Lapins Park                     |
| 3 Brighton Oaks Park     | 21 Lippold Park                    |
| 4 Butternut Preserve     | 22 Oak Hollow Park                 |
| 5 Canterbury Park        | 23 Prairie Ridge Conservation Area |
| 6 Cress Creek Property   | 24 Seminary Field                  |
| 7 Della Street Park      | 25 Shamrock Hills Park             |
| 8 Feinberg Park          | 26 Spoerl Park                     |
| 9 Fetzner Park           | 27 Sterling Meadows Park           |
| 10 Four Colonies Park    | 28 Sterne's Woods & Fen            |
| 11 Hampton Park          | 29 Sunset Meadows Park             |
| 12 Hidden Pond Bike Path | 30 Veteran Acres Park              |
| 13 Hill Farm Park        | 31 West Park                       |
| 14 Indian Prairie Park   | 32 Willows Edge Park               |
| 15 Johns Park            | 33 Winding Creek Park & Bike Path  |
| 16 Kamijima Park         | 34 Woodland Estates Park           |
| 17 Knaack Park           | 35 Woodscreek Park                 |
| 18 Ladd Park             | 36 Wyndwood Park                   |

# CRYSTAL LAKE PARK DISTRICT BUILDINGS



- |                              |                               |
|------------------------------|-------------------------------|
| A Administrative Offices     | I Nature Center               |
| B Barlina House Preschool    | J Oakwoods Lodge              |
| C Boncosky Softball Fields   | K Park District Police Office |
| D Colonel Palmer House       | L Racket Club Tennis Facility |
| E Grand Oaks Rec Center      | M Rotary Building             |
| F Hound Town Dog Park        | N Spoerl Park Building        |
| G Lippold Family Golf Center | O West Beach Building         |
| H Main Beach Pavilion        | P Woodscreek Building         |

ADDRESSES AND AMENITIES LOCATION ON THE NEXT PAGE  
 FOR MORE DETAILED INFORMATION, VISIT OUR WEBSITE  
 AT [CRYSTALLAKEPARKS.ORG](http://CRYSTALLAKEPARKS.ORG) OR CALL 815.459.0680 X0

# PARKS



			ADA ACCESSIBLE	BASKETBALL COURT	GRILLS	LAKE/POND/CREEK	PICNIC AREA	PLAY EQUIPMENT	RESTROOMS	SHELTER/PAVILION	SPORTS FIELD AREA	SWIMMING/SPLASH PAD	TENNIS	TRAIL	SAND VOLLEYBALL COURT	PICKLEBALL COURTS	OPEN AREA
1	Asbury Park	550 Blackthorn Drive	•			•	•										•
2	Ken Bird Park	1800 Thomasville Lane	•	•		•	•			•	•		•	•		•	•
3	Brighton Oaks Park	9818 Ballard Road	•	•		•	•			•			•				
4	Butternut Preserve	1540 Ballard Road	•			•	•							•			•
5	Canterbury Park	875 Canterbury Drive	•			•	•	•		•							•
6	Cress Creek Property	510 Barlina Road				•								•			
7	Della Street Park	5 Della Street	•			•	•	•									
8	Feinberg Park	701 Juniper Lane	•	•		•	•						•	•		•	•
9	Fetzner Park	690 Alexandra Boulevard	•	•		•	•	•		•	•			•			•
10	Four Colonies Park	925 Sarasota Lane	•	•		•	•	•		•	•		•	•			•
11	Hampton Park	1000 Saddle Creek Lane															•
12	Hidden Pond Bike Path	760 Bedford Drive												•			
13	Hill Farm Park	705 Barlina Road	•			•	•	•									•
14	Indian Prairie Park	600 West Miller Road							•		•						•
15	Samuel Johns Park	1270 Westport Ridge	•	•		•	•	•		•				•			•
16	Kamijima Park	1294 North Avenue	•			•	•	•									•
17	Knaack Park	407 Buckingham Lane	•					•		•							•
18	Ladd Park	556 Coventry Lane				•	•			•							•
19	Lake Park/Main Beach	300 Lakeshore Drive	•	•	•	•	•	•	•	•	•	•					•
20	Lapins Park	6400 Scott Lane	•					•									•
21	Lippold Park	851 West Route 176	•			•	•	•	•	•	•			•	•		•
22	Oak Hollow Park	844 (LT) Oak Hollow Road	•											•			
23	Prairie Ridge Conservation Area	No address				•								•			
24	Seminary Field	671 Country Club Road	•			•								•			•
25	Shamrock Hills	6204 Hillside Road				•								•			•
26	Spoerl Park	7610 Pingree Road	•	•		•	•									•	•
27	Sterling Meadows Park	1261 Amberwood Drive	•	•		•	•							•			•
28	Sterne's Woods & Fen	5617 East Hillside Road				•	•	•						•			
29	Sunset Meadows Park	1350 W. Route 176															
30	Veteran Acres Park	431 North Walkup Road	•	•	•	•	•	•	•	•	•	•	•	•		•	•
31	West Park	2330 Lake Ave, Lakewood	•			•	•	•	•		•						
32	Willows Edge Park	1000 West Ackman Road	•			•		•						•			•
33	Winding Creek Park & Bike Path	1621 Penny Lane	•			•								•			•
34	Woodland Estates Park	180 Midlane Drive	•	•		•	•	•		•	•		•	•	•		•
35	Woods creek Park	1420 Willow Tree Drive	•	•		•	•	•	•	•	•	•	•	•	•		•
36	Wyndwood Park	4201 Wyndwood Drive	•	•				•					•			•	•

# FACILITIES



ADA ACCESSIBLE	BASKETBALL COURT	LAKE/POND/CREEK	PICNIC AREA	PLAY EQUIPMENT	RESTROOMS	SHELTER/PAVILION	SPORTS FIELD AREA	SWIMMING/SPLASH PAD	TENNIS	TRAIL	SAND VOLLEYBALL	OPEN AREA
----------------	------------------	-----------------	-------------	----------------	-----------	------------------	-------------------	---------------------	--------	-------	-----------------	-----------

Administration Offices	1 East Crystal Lake Avenue	•										
Barlina House Preschool	705 Barlina Road				•	•						
Boncosky Softball Fields	851 West Route 176	•		•	•	•	•				•	•
Colonel Palmer House	660 East Terra Cotta Avenue	•										•
Grand Oaks Recreation & Active Senior Ctr	1401 West Route 176	•										
Lippold Family Golf Center	1251 West Route 176	•		•	•	•	•				•	•
Main Beach Pavilion	300 Lakeshore Drive	•	•	•	•	•	•	•				•
Nature Center	330 North Main Street	•		•								•
Oakwoods Lodge	46 East Terra Cotta Avenue	•		•	•							•
Racket Club	9101 South Route 31, Alg	•										•
Rotary Building	431 North Walkup Avenue	•	•	•	•	•			•		•	•
Spoerl Park Building	7610 Pingree Road	•	•		•	•	•		•			•
West Beach	2330 Lake Avenue, Lakewood	•		•	•	•	•					•
Woods creek Park Building	1420 Willow Tree Drive	•	•	•	•	•	•	•	•	•	•	•

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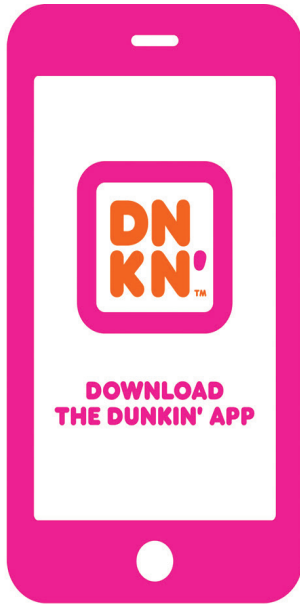
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CONTACT JACQUI WEBER AT [JWEBER@CRYSTALLAKEPARKS.ORG](mailto:jweber@crystallakeparks.org)



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