USA VOLLEYBALL RULES WILL BE USED FOR OUR LEAGUES AS FollowS:

- All league play will consist of (3) games to 21 points (rally scoring)
- Teams may not “attack” a serve
- Teams must win by 2 up to 25 points. (First team to 25 will win game)
- Teams may play up to 6 players at one time
- Teams must have at least 3 players to start a game.
- Teams must rotate after the first service. (If team A serves to start the game, team B must rotate before they can serve.)
- Players may only be on one roster and may not “sub” for other teams.
- Forfeit time is the scheduled game time for all matches.

If your team must forfeit, please call the captain of the opposing team. Cell phone numbers for all team captains are available on the standings page for your league at crystallakeparks.org or email Joe Davison at jdavison@crystallakeparks.org.

CO-REC RULES
Teams must have equal or fewer males on the court.

- Teams may not have more than two males in the front row at anytime.
- A back row male may come up to block but may not leave his feet to hit.
- Back row players may not leave their feet to hit in front of the 10’ line
- A female must always touch the ball if there is more than one hit on the side

Keep up to date when adverse weather affects our programs or events. Sign up for Rainout Line:

RAINOUT LINE APP
Download the Rainout Line app and search for the Crystal Lake Park District. Get up to the minute alerts on programs and events.

PHONE
Call 815.410.4475 and follow the prompts for the Crystal Lake Park District.