



CRYSTAL LAKE PARK DISTRICT  
CRYSTALLAKEPARKS.ORG

# ADULT VOLLEYBALL LEAGUE RULES

USA VOLLEYBALL RULES WILL BE USED FOR OUR LEAGUES AS FOLLOWS:

- All league play will consist of (3) games to 21 points (rally scoring)
- Teams may not “attack” a serve
- Teams must win by 2 up to 25 points. (First team to 25 will win game)
- Teams may play up to 6 players at one time
- Teams must have at least 3 players to start a game.
- Teams must rotate after the first service. (If team A serves to start the game, team B must rotate before they can serve.)
- Players may only be on one roster and may not “sub” for other teams.
- Forfeit time is the scheduled game time for all matches.

If your team must forfeit, please call the captain of the opposing team. Cell phone numbers for all team captains are available on the standings page for your league at [crystallakeparks.org](http://crystallakeparks.org) or email Joe Davison at [jdavison@crystallakeparks.org](mailto:jdavison@crystallakeparks.org).

## CO-REC RULES

Teams must have equal or fewer males on the court.

- Teams may not have more than two males in the front row at anytime.
- A back row male may come up to block but may not leave his feet to hit.
- Back row players may not leave their feet to hit in front of the 10' line
- A female must always touch the ball if there is more than one hit on the side

Keep up to date when adverse weather affects our programs or events. See below for directions on how to personalize your connections with the Crystal Lake Park District Rainout Line.

### APP

To download the app for the Crystal Lake Park District, simply go to the market on your phone and search Rainout Line. Download the Rainout Line app and search for the Crystal Lake Park District. When it appears, click the star on the right side of the page. In order to view updates, you will have to open the Rainout app.

### PHONE

The Rainout Line number is 815-410-4475. Call the number and select EXTENSION 1 FOR ADULT SOFTBALL.

